# Contents

*Preface*  

1  **The physiology of wound healing**  
   Introduction  
   Definitions associated with wounds  
   The structure of the skin  
   Wound healing  
   Impaired wound healing  
   Conclusion  

2  **The management of patients with wounds**  
   Introduction  
   Physical care  
   Psychological care  
   Spiritual care  

3  **General principles of wound management**  
   Introduction  
   Wound assessment  
   Managing wounds  
   Documentation  
   Evaluating the dressing  

4  **Wound management products**  
   Introduction  
   The development of dressings through the ages  
   Traditional techniques  
   The use of lotions  
   Clinically effective wound management products  
   Modern wound management products  

5  **The management of patients with chronic wounds**  
   Introduction  
   The prevention and management of pressure ulcers  
   The management of leg ulcers  
   Diabetic foot ulcers  
   The management of fungating wounds