# Contents

Notes on Contributors ix  
Acknowledgements xi  
About the Companion Website xii  
Introduction xiii  

*Dilyse Nuttall and Jane Rutt-Howard*

## 1 Prescribing in Context

*Dilyse Nuttall*

The prescribing journey 1  
Defining non-medical prescribing 2  
The non-medical prescribing vision 3  
Changes in clinical practice 6  
The economic context 7  
The private sector 8  
The public health context 9  
Need and expectations 10  
Differentiating between prescribers 11  
Nurse non-medical prescribers 19  
Pharmacist non-medical prescribers 23  
Allied health professional non-medical prescribers 24  
Access to education programmes 27  
Summary of the context of prescribing 29  
References 31

## 2 Professional, Legal and Ethical Issues in Prescribing Practice

*Ruth Broadhead*

Part 1: Professional issues 36  
The regulatory framework for prescribing 36  
Part 2: Legal issues 47  
The UK legal system 47  
Part 3: Ethical issues 77  
Conclusion 82  
Table of cases 84
# Contents

References 84  
Acts and statutory instruments 88  

## 3 Factors Influencing Prescribing 89  
*Val Lawrenson*  
The prescriber 89  
The patient 96  
The product 102  
References 110  

## 4 Effective Consultations and ‘the Consultation Umbrella’ 113  
*Jane Rutt-Howard*  
Presenting the consultation umbrella 114  
The value of therapeutic communication 115  
Consultation models in context 124  
The consultation umbrella – a consultation model 126  
CDM 138  
Conclusion 144  
References 145  

## 5 Essential Pharmacology: Therapeutics and Medicines Management for Non-medical Prescribers 148  
*Jane Alder, Alison Astles, Anne Bentley, Janice Davies, David Kelly and Samir Vohra*  
Pharmacology as part of prescribing practice 149  
Brief introduction to pharmacological terms 150  
Guide through processes to build and develop one’s own formulary, with examples 160  
BNF: Practise using this essential resource 165  
Prescribing in co-morbidity 165  
Management and avoidance of drug interactions 167  
Management and avoidance of adverse medicine reactions 169  
Drugs with a narrow therapeutic index or range 174  
Medicines management 177  
Medicines optimisation 178  
Other resources to support your learning 179  
References 180  

## 6 The Multidisciplinary Prescribing Team 183  
*Dawn Eccleston*  
Defining ‘the multidisciplinary prescribing team’ 183  
The benefits to prescribing 185  
Understanding roles 188  
Non-medical prescribing lead 194
7 Clinical Skills
Jane Rutt-Howard

- Vital signs
- Conscious level
- Respiratory rate
- Temperature
- Pulse rate
- Blood pressure
- Additional vital signs
- Clinical examination
- Examination of body systems
- Numeracy skills
- Medication review
- Conclusion

8 Prescribing for Specific Groups
Janice Davies and Dilyse Nuttall

- Prescribing in liver disease
- Prescribing in renal disease
- Prescribing in pregnancy
- Prescribing for older people
- Prescribing for children and young people
- Other groups

9 Enhancing Non-medical Prescribing
Jean Taylor and Anne Lewis

- Current practice in prescribing
- UK history of prescribing
- Non-medical prescribing in other countries
- The impact of prescribing
- Issues emerging from the introduction of non-medical prescribing
- Medicines management

References
### Patient Case Studies

<table>
<thead>
<tr>
<th>Case study</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Harold</td>
<td>305</td>
</tr>
<tr>
<td>2: Barbara</td>
<td>306</td>
</tr>
<tr>
<td>3: Meihui</td>
<td>306</td>
</tr>
<tr>
<td>4: Julie</td>
<td>307</td>
</tr>
<tr>
<td>5: Annette</td>
<td>307</td>
</tr>
<tr>
<td>6: Yasmin</td>
<td>307</td>
</tr>
<tr>
<td>7: Amy</td>
<td>308</td>
</tr>
<tr>
<td>8: Louis</td>
<td>308</td>
</tr>
<tr>
<td>9: Viktor</td>
<td>308</td>
</tr>
</tbody>
</table>

### Health Professional Case Studies

<table>
<thead>
<tr>
<th>Case study</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>A: Debbie</td>
<td>310</td>
</tr>
<tr>
<td>B: Mark</td>
<td>311</td>
</tr>
<tr>
<td>C: Sabina</td>
<td>311</td>
</tr>
<tr>
<td>D: Farhad</td>
<td>312</td>
</tr>
<tr>
<td>E: David</td>
<td>312</td>
</tr>
<tr>
<td>F: Andrew</td>
<td>313</td>
</tr>
<tr>
<td>G: Andrea</td>
<td>313</td>
</tr>
<tr>
<td>H: Lisa</td>
<td>313</td>
</tr>
<tr>
<td>I: Christine</td>
<td>314</td>
</tr>
<tr>
<td>J: Simon and Janice</td>
<td>314</td>
</tr>
</tbody>
</table>

### Index

<table>
<thead>
<tr>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>315</td>
</tr>
</tbody>
</table>