Contents

Foreword, ix
Preface, xi
Acknowledgements, xii

Part 1: Alcohol

Psychosocial interventions

Chapter 1: Effectiveness of brief alcohol interventions in primary care populations, 1
Chapter 2: Brief interventions for heavy alcohol users admitted to general hospital wards, 5
Chapter 3: Alcoholics Anonymous and other 12-step programmes for alcohol dependence, 8
Chapter 4: Mentoring adolescents to prevent substance use disorders, 10
Chapter 5: Universal school-based prevention programmes for alcohol misuse in young people, 12
Chapter 6: Universal multicomponent prevention programmes for alcohol misuse in young people, 15
Chapter 7: Universal family-based prevention programmes for alcohol misuse in young people, 17
Chapter 8: Social norms interventions to reduce alcohol misuse in university or college students, 19
Chapter 9: Psychosocial interventions for women enrolled in alcohol treatment during pregnancy, 22

Pharmacological interventions

Chapter 10: Benzodiazepines for alcohol withdrawal, 24
Chapter 11: Anticonvulsants for alcohol withdrawal, 27
Chapter 12: Acamprosate for alcohol dependence, 31
Chapter 13: Baclofen for alcohol withdrawal, 34
Chapter 14: Gamma-hydroxybutyrate for treatment of alcohol withdrawal and prevention of relapse, 36
Contents

Chapter 15: Psychotropic analgesic nitrous oxide for alcohol withdrawal, 40
Chapter 16: Efficacy and safety of pharmacological interventions for the treatment of alcohol withdrawal, 43
Chapter 17: Opioid antagonists for alcohol dependence, 46
Chapter 18: Pharmacologic interventions for pregnant women enrolled in alcohol treatment, 49

Part 2: Drugs

Psychosocial interventions

Chapter 19: School-based prevention for illicit substance use disorders, 51
Chapter 20: Interventions for prevention of substance use disorders by young people delivered in non-school settings, 54
Chapter 21: Case management for persons with substance use disorders, 56
Chapter 22: Motivational interviewing for substance use disorders, 59
Chapter 23: Therapeutic communities for substance use disorders, 62
Chapter 24: Interventions for drug-using offenders in the courts, secure establishments and the community, 64
Chapter 25: Psychosocial interventions for pregnant women in outpatient illicit drug treatment programmes compared to other interventions, 67

Cocaine dependence

Chapter 26: Psychosocial interventions for cocaine and psychostimulant amphetamine related disorders, 69
Chapter 27: Antidepressants for cocaine dependence, 71
Chapter 28: Antipsychotic medications for cocaine dependence, 74
Chapter 29: Anticonvulsants for cocaine dependence, 76
Chapter 30: Dopamine agonists for cocaine dependence, 78
Chapter 31: Disulfiram for the treatment of cocaine dependence, 82
Chapter 32: Efficacy of psychostimulant drugs for cocaine dependence, 84
Chapter 33: Auricular acupuncture for cocaine dependence, 87
Contents

Opioid dependence

Chapter 34: Psychosocial treatment for opiate dependence, 89
Chapter 35: Psychosocial and pharmacological treatments versus pharmacological treatments for opioid detoxification, 91
Chapter 36: Psychosocial combined with agonist maintenance treatments versus agonist maintenance treatments alone for treatment of opioid dependence, 94
Chapter 37: Alpha₂-adrenergic agonists for the management of opioid withdrawal, 96
Chapter 38: Buprenorphine for the management of opioid withdrawal, 99
Chapter 39: Buprenorphine maintenance versus placebo or methadone maintenance for opioid dependence, 102
Chapter 40: Methadone at tapered doses for the management of opioid withdrawal, 105
Chapter 41: Methadone maintenance at different dosages for opioid dependence, 108
Chapter 42: Methadone maintenance therapy versus no opioid replacement therapy for opioid dependence, 110
Chapter 43: Opioid antagonists under heavy sedation or anaesthesia for opioid withdrawal, 113
Chapter 44: Opioid antagonists with minimal sedation for opioid withdrawal, 115
Chapter 45: Oral naltrexone maintenance treatment for opioid dependence, 118
Chapter 46: Sustained-release naltrexone for opioid dependence, 121
Chapter 47: Heroin maintenance for chronic heroin-dependent individuals, 123
Chapter 48: LAAM maintenance versus methadone maintenance for heroin dependence, 126
Chapter 49: Detoxification treatments for opiate-dependent adolescents, 129
Chapter 50: Maintenance treatments for opiate-dependent adolescents, 131
Chapter 51: Maintenance agonist treatments for opiate-dependent pregnant women, 133
Chapter 52: Pharmacological treatment for depression during opioid agonist treatment for opioid dependence, 135
Chapter 53: Inpatient versus other settings for detoxification for opioid dependence, 138
Contents

Other drugs

Chapter 54: Psychotherapeutic interventions for cannabis use or dependence in outpatient settings, 140
Chapter 55: Pharmacological interventions for benzodiazepine mono-dependence management in outpatient settings, 142
Chapter 56: Treatment for amphetamine dependence, 145
Chapter 57: Treatment for amphetamine withdrawal, 147
Chapter 58: Treatment for amphetamine psychosis, 149
Chapter 59: Treatment for methaqualone dependence in adults, 151

Index, 153