Diagnosis 76
Treatment 77
TMJ locking 78
Further reading 80

7 I've Got a Grating Joint 81
Examination 81
Diagnosis 82
Treatment 82
Final treatment plan 85
Further reading 88

8 You've Changed My Bite 89
History 89
Examination 92
Treatment 92
Discussion 93
Further reading 97

9 I've Got Pain in My Face 98
History 98
Examination 99
Differential diagnosis 100
Treatment 103
Questions to ask patients regarding pain in general 104
Further reading 105

10 I've Got a Dislocated Jaw 106
Examination 107
Likely diagnoses 107
Management 108
Further reading 110

11 My Teeth Are Worn 111
History 111
Examination 112
Diagnosis 114
Treatment 114
Important considerations in tooth surface loss 116
Further reading 123

12 I've Got a Headache 125
Examination 126
Radiographs 126
Articulatory system exam 126
Likely diagnosis 128
Management 129
Patient journey 131
Further reading 131

13 I’ve Got Whiplash 132
Examination 133
Record keeping 134
Are TMD and whiplash related? 134
Likely diagnosis 136
Management 136
Further reading 137

14 What’s of Use to Me in Practice? 138
Counselling and reassurance 138
Drug therapy 139
Physiotherapy 139
Splint therapy 139
Mouth prop 141
Occlusal adjustments 143
Radiographs 145
Further referral 145
Further reading 146

15 You and the Lawyer 148
Case scenario 1: note and record keeping 149
Case scenario 2: a medical report request 151
Case scenario 3: a disgruntled patient 154
Further reading 157

16 The Referral Letter 158
Details 158
History 158
Request 159
Further reading 160

17 How to Make a Splint 161
How do you make a stabilisation splint? 161
Fitting a stabilisation splint 172
How do you make an anterior repositioning splint? 177
Further reading 182

18 Patient Information 183
Stabilisation splint 183
Anterior repositioning splint 183
General advice for patients with a TMD 185
Exercise programme for patients with TMD 185
19  Glossary of Terms 187  
    Further reading 206  
20  Short Answer Questions 207  

Index 209

See the supporting companion website for this book: www.wiley.com/go/gray