abducens nerve (cranial nerve VI)
palsy 143–5
acanthamoeba keratitis 68
acid injury 201–2
Action for Blind People 315
acute glaucoma 93–5
    pain, differentiation of 243
Adults with Incapacity (Scotland)
    Act 2000 268, 269–70
advance refusal of treatment 275
age-related macular degeneration
    (ARMD) 117–20
    intravitreal injection procedures 127–31
    pathway 287, 289, 291
‘air-puff’ non-contact tonometer 103
Alger Brush 194
alkali injury 201
amblyopia 187
amethocaine 177, 178
anaesthesia
    corneal foreign body removal 193
    irrigation 183–4
    subtarsal foreign body removal 191–2
    surface ocular trauma 213
topical 177–9
triage 243
Anaesthesia for ENT, Ophthalmic,
    Dental and Facial Surgery 316
analgesia, surface ocular trauma 213–14
angiography
    fluorescein 121–3
    fundus fluorescein (FFA)
    age-related macular degeneration 128
    nausea and vomiting, management of 243
    indocynanine green 125–6
    angle assessment 97–101
    anisocoria 147
anti-VEGF agents 118–19, 127
application of evidence xiv–xvi
aqueous layer of PCTF,
    abnormalities of the 18–19
astigmatism 76
atropine 166
Avastin 127
axial length measurement 110–11
axis, focimetry 229, 230
bacterial conjunctivitis 51–2
bacterial corneal ulcers 59–61
Bamford Review of Mental Health
    and Learning Disability 268
bandage contact lenses 63–4
basal cell carcinoma (BCC) 3–5
battery 265, 272
BD8 254
benefits system 255, 262–3
Benoxinate (oxybuprocaine) 177, 178
Best’s disease 154
bezacizumab (Avastin) 127
biometry 109–14
blepharitis 7–8
    chalazia 14
    heat treatment 233
    marginal ulcers and keratitis 83, 84
blepharospasm, and driving 279
Bolam test 272
breastfeeding
    fluorescein angiography 121
    indocyanine green angiography 125
British Blind Golf Association 315
British Blind Sport 315
buffer solutions 183
bullous keratopathy 63
burns 201–5
    heat treatment risk 234
burrs, foreign body removal 194
buying instruments 237
cannulation 223–5
capacity to consent 268–70
capsicum spray 208–9
cataracts
    pathway 287, 288
    surgery
        intraocular lens implantation calculation 109
        protection of the eye 188
cellulitis 9–12
CE mark 237
Certificate of Visual Impairment (CVI) 254
chalazion (meibomian cysts) 13–16
    heat treatment 233
change xvii
chemical injury 201–4
    sprayed chemicals 207–10
Childhood Eye Cancer Trust (CHECT) 317
children
    conjunctivitis 51, 52
    consent issues 270–1, 273–4
    corneal abrasion, padding in 189–90
    cranial nerve VI palsy 143–4
    electroretinogram 152
    hyphaema 198
    infestation of lashes 33
    orbital cellulitis 10, 11–12
    rest 198
    topical anaesthetics 177
    see also infants
Children’s National Service Framework 297
chlamydial conjunctivitis 52–3
2-chlorobenzalmalonitrile (CS gas) 207–8, 209
Choosing Health 297
choroidal neovascularisation (CNV) 117, 119
Christian Blind Mission International (CBMI) 313
cicatricial ectropion 26
cicatricial entropion 29, 30
cleaning
    contact lenses 70–1
    hands 235
    instruments 237
clinical experience xv–xvi
clinical management plans (CMPs) 171
Clostridium difficile 235
colour blindness, and driving 279
community pharmacist programmes 284
congenital cranial nerve III palsy 138
congenital ectropion 26
congenital entropion 29, 30
conjunctival foreign bodies 191
conjunctival injury, treatment of 211, 213
conjunctivitis 51–4
  differential diagnosis 227
  herpes simplex conjunctivitis 79–81
consensual response, pupils 147
consent to treatment 265, 273–5
  capacity to consent 268–70
  children 270–1
  forms 271
  lack of consent, consequences of 272
  people who can take consent 268
  refusal of treatment 272
  requirements for informed consent 265–8
contact/applanation biometry 110
contact lenses
  bacterial corneal ulcers 59, 61
  bandage 63–4
  biometry 112
  care 65–72
  cases 71
  cleaning 70–1
  corneal scrape 74
  diagnostic, care of 239
  dry eye syndrome 18, 22
  irrigating 183
  keratitis 61
  Schirmer’s tear test 43
  solutions 68–9
  types 66–7
contact sports, eye protection for 199
corneal abrasion
  optimisation of healing 215
  padding for 188–90, 214–15
corneal chemical injury 202
corneal curvature and refractive power, measurement of 111–13
corneal epithelium
  abnormalities of the 19
  breaches of 211–12, 213
  corneal erosion, recurrent 85–9, 215–16
  corneal foreign bodies 192–6
  corneal perforations 63
  corneal scrape 73–4
  corneal topography 75–7
  corneal ulcers
    bacterial 59–61
    differential diagnosis 227
    cranial nerve III palsy 137–40
    cranial nerve IV palsy 141–2
    cranial nerve VI palsy 143–5
    Creutzfeldt–Jakob disease (CJD) 235, 236, 239
    CS gas 207–8, 209
    culture and values xvi–xvii
cyclopentolate (mydriate) 165, 166, 167
cycloplegics 165–7
cylinder (cyl) power 229, 230–1
dacryocystitis 39
dacryocystorhinostomy (DCR) 39
dacryostenosis 40
decontamination of instruments 237–8
dendritic ulcers 79–82
diabetes 138, 139
Diabetes National Service Framework 297
Diabetes UK 315
diagnostic contact lenses, care of 239
dilating eyedrops 165–7
dilator muscle, iris 165

diplopia, and driving 279
direct response, pupils 147

Disability Discrimination Act (DDA)
1995 283, 293–5
2005 293

Disability Rights Commission (DRC) 295
discharge planning, enucleation 244
disinfection of instruments 237
Down syndrome 26
driving 277–9
  padding contraindicated 215, 279
  people who shouldn’t be 279–81
visual standards for 278–9
dry (non-neovascular) age-related macular degeneration 117
  pathway 289
dry eye syndrome 17–23
  Schirmer’s tear test 43

EC mark 237
ectropion 25–7
education
  age-related macular degeneration 119, 120
  bacterial corneal ulcers 61
  bandage contact lenses 64
  cranial nerve III palsy 140
  dry eye syndrome 22
  entropion 27
  entropion 31
  padding the eye 188
  photodynamic therapy 120
  protection of the eye 196
  subconjunctival haemorrhage 55
elderly people
  National Service Framework 297
  stenosis of nasolacrimal duct 39

Electronic Quality Information for Patients (EQUIP) 315
electro-oculogram (EOG) 151, 153–4
electroretinogram (ERG) 151–3
  and visual evoked potential 156
  emailed information 285, 294
emergency procedures, consent issues 266
  children 271, 274
Emergency Triage 217–18, 219
  pain assessment 243
endophthalmitis 211
  infection control 240
  outbreak 240
entropion 29–31
enucleation: pain, nausea or vomiting following 244
epidemic keratoconjunctivitis 52
epilepsy, photosensitive 156
EQUIP (Electronic Quality Information for Patients) 315
equipment, care of 235–7
evaluation of evidence xiv
evidence xii–xiv
  application xiv–xvi
  evaluation xiv
  into practice xviii
evidence-based practice xi–xii, xviii
Eye Cancer Network 316
Eyecare Trust 316
eyedrops 161–2
  administration 162–3
  anaesthesia 177–9
  dilating 165–7
  health-care assistants 169–70
  mydriatics and cycloplegics 165–7
  side effects and cautions 163–4
  eyelashes, infestation of 33–4
eyelids
  abnormalities of the 19
eversion 35–7
  foreign body removal 191–2
Eyesite 316
Eyetext 316
EyeUK 314–15

face saunas 234
Family Reform Act 1969 270
financial issues xvii
fluorescein angiography 121–3
focimetry 229–31
foreign body removal and
treatment 191–6
full-field electroretinogram
151–3
fundus fluorescein angiography
(FFA)
age-related macular
degeneration 128
nausea and vomiting,
management of 243
giant cell arteritis (GCA) 138
Gillick competency 270
glaucoma 93–5
differential diagnosis 227
dilating eyedrops 167
driving 279
medication 164
narrow angle 167
nausea and vomiting 243
pain 243
pathway 287–8, 291
global electroretinogram 151–3
Global Vision 314
gloves, hot 234
Goldmann tonometry 103, 104–6
gonioscopy 97–9, 101
gonococcal conjunctivitis 53
Government policy 297–8

Guide Dogs for the Blind
Association 315

hand hygiene 235
healing, optimisation of 215
health-care assistants, and
eyedrops 169–70
Health Challenge England 297
health education see education
Healthlink Worldwide 313
heat treatment 233–4
hemianopia, and driving 279
herpes simplex keratitis 79–82
homatropine 165, 166, 167
hospital-acquired infection (HAI)
235
hot gloves 234
hot spoon bathing 234
hyphaema 197–9

Illiterate E Test 247
Imbert–Fick principle 103
Independent and Supplementary
Prescribing programme 172
independent prescribing 171–2,
174–5
indirect gonioscopy 97–8
indocyanine green angiography
125–6
infants
  conjunctivitis (neonates) 52, 53
dacryostenosis 40
electroretinogram 152
visual evoked potentials 155

see also children
infection control 235
diagnostic contact lenses 239
endophthalmitis 240
equipment and instruments
  235–7
decontamination stages 237–8
non-surgical 239
surface ocular trauma 211–12
Tonometry 239
Infestation of lashes 33–4
Information recommendations
Low vision services 260
For visually impaired people 283–6
Disability Discrimination Act 294
Informed consent see consent to treatment
Inspection of instruments 238
Instruments
Buying 237
Care of 235–7
Decontamination stages 237–8
Non-surgical 239
Single-use 237, 239
International Agency for the Prevention of Blindness (IAPB) 314
International Council of Ophthalmology 316–17
International Glaucoma Association (IGA) 318
International Resource Centre (IRC) 313
Internet information 285–6
Intraocular lens implant (IOL) calculation 109–14
Intraocular pressure (IOP) 103–6
Intravitreal injection procedures in ARMD treatment 127–31
Involutional ectropion 26
Involutional entropion 29, 30
Irrigation 183–5
Of lacrimal ducts 39–41
Keratitis 61
Herpes simplex 79–82
Infective 211
Marginal ulcers 83–4
Topical anaesthesia 177
Keratoconjunctivitis, epidemic 52
Keratoconjunctivitis sicca (KCS) 18
Schirmer’s tear test 43
Keratoconus 76
Keratometry 111–13
Keratoplasty, penetrating 63
Knowledge xii–xiv
Lacrimal ducts, irrigation of 39–41
Lacrimal scintigraphy 43
Landholt C tests 247
Laser photocoagulation 117
Lashes, infestation of 33–4
Lensmeters 229–30
Letter of Visual Impairment 253
Lidocaine 177, 178
Lids see eyelids
Lipid layer of PCTF, abnormalities of the 19
LogMAR charts 247–8
Conversion scales 249
Low Vision Leaflet (LVL) 253
Low vision pathway 287, 289, 290, 291
Low vision registration 253–6
Low vision services, recommendations for 257–63
Lucentis (ranibizumab) 127
Macugen (pegaptanib sodium) 127
Manchester (Emergency) Triage 217–18, 219
Pain assessment 243
Marcus–Gunn pupil, testing for 147–50
Marginal ulcers 83–4
Mechanical ectropion 26
Medical devices, care of 235–7, 239
Medicinal Products: Prescription by Nurses, etc. Act 1992
Medicines Act 1968 171
pharmacy-only medicines 170
prescription-only medicines 169–70
supplying drugs 172
Medicines and Healthcare products Regulatory Agency (MHRA) 236
Medicines (Pharmacy and General Sale – Exemption) Order 1980 170
meibomian cyst (chalazion) 13–16
heat treatment 233
meibomitis 7
marginal ulcers and keratitis 83, 84
Mental Capacity Act 2005 268–9
Mental Health Act 1983, patients detained under the 275
meta-analyses xiii
meticillin-resistant Staphylococcus aureus (MRSA) 10, 235
Mohs’ procedure 4
monocular vision and driving 278, 280
Morgan lens 183
MRSA 10, 235
mucin layer of PCTF, abnormalities of the 19
mydriatics 165–7
mydrilate (cyclopentolate) 165, 166, 167
narrow angle glaucoma 167
nausea, management of 243–4
near response, pupils 147
negligence, and lack of consent 272
neonates, conjunctivitis 52, 53
neovascular (wet) age-related macular degeneration 117–20
intravitreal injection procedures 127–31
pathway 289, 291
night blindness, and driving 279
Nonivamide (PAVA) 208, 209
non-medical prescribers 171
non-neovascular (dry) age-related macular degeneration 117
pathway 289
non-surgical instruments, care of 239
OC gas (pepper spray) 208–9
ocular burns 201–5
oculomotor nerve (cranial nerve III) palsy 137–40
ointment 161–2
administration 162–3
side effects and cautions 163–4
Older People’s National Service Framework 297
ophthalmia neonatorum 53
Ophthalmic Hyperguide 316
optimisation of healing 215
ORBIS International Inc. 313
orbital cellulitis 9–12
oxybuprocaine (Benoxinate) 177, 178
packaging of instruments 238
padding the eye 187–90
corneal abrasion 188–90, 214–15
driving contraindicated 215, 280
pain management 243–4
surface ocular trauma 213–14
Panettone biopsy 4
paralytic ectropion 26
parasympathomimetics 165
partial coherence laser interferometry (PCLI) 111
patching see padding the eye
pathways for common eye conditions 287–91
patient education see education
patient group directions (PGDs) 172–4
patient-specific directions 174–5
PAVA 208, 209
proxymetacaine 177, 178
penetrating keratoplasty 63
peripheral venous cannulation 223–5
Perkins tonometer 104
pharmacy-only (P) medicines 170
pharyngoconjunctival fever 52
phenylephrine 165, 166, 167
photodynamic therapy (PDT) 133–4
age-related macular degeneration 117–18, 119–20
pH paper, and irrigation 42–3
phthiriasis palpebrum 33–4
Positive Vision 316
precorneal tear film (PCTF) 17–22
pregnancy
fluorescein angiography 122
indocyanine green angiography 125
prescribing drugs 171–5
prescription-only medicines (POMs) 169–70
Prescription Only Medicines (Human Use) Order 1997 (POM Order) 169, 170
preseptal cellulitis 9
pressure patching 188
primary acute angle-closure glaucoma 93–5
printed information, recommendations for 284–5
protecting the eye 199
education opportunities 196
see also padding the eye
proxy consent 270, 271
proxymetacaine 177, 178
pupil dilatation, driving 280–1
surface ocular trauma 213
pupil reactions, assessing 147–50
Quickert’s procedure 30
radiation burns 204
ranibizumab 127
reading problems, patients with 247
recurrent corneal erosion (RCE) syndrome 85–9, 215–16
red eye, differential diagnosis of 227
Referral of Vision Impairment (RVI) 253
referral to low vision services 258–9
refusal of treatment
by adults 272, 274–5
advance 275
by children 271
registration of low vision 253–6
relative afferent pupillary defect (RAPD), training for 147–50
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>retinitis pigmentosa, and driving</td>
<td>279</td>
</tr>
<tr>
<td>retinopathy, and driving</td>
<td>279</td>
</tr>
<tr>
<td>Road Traffic Act 1988</td>
<td>277</td>
</tr>
<tr>
<td>rodding</td>
<td>203</td>
</tr>
<tr>
<td>Royal College of Ophthalmologists</td>
<td>315</td>
</tr>
<tr>
<td>Royal National Institute for the Blind (RNIB)</td>
<td>318</td>
</tr>
<tr>
<td>sac wash-out</td>
<td>39–41</td>
</tr>
<tr>
<td>St Dunstan’s</td>
<td>317</td>
</tr>
<tr>
<td>St John Eye Hospital</td>
<td>316</td>
</tr>
<tr>
<td>Schiøtz tonometer</td>
<td>103–4</td>
</tr>
<tr>
<td>Schirmer’s tear test</td>
<td>43–5</td>
</tr>
<tr>
<td>Sense</td>
<td>316</td>
</tr>
<tr>
<td>sickle cell disease</td>
<td>199</td>
</tr>
<tr>
<td>Sight Savers International</td>
<td>313</td>
</tr>
<tr>
<td>single-use instruments</td>
<td>237, 239</td>
</tr>
<tr>
<td>slit-lamp technique, anterior chamber assessment</td>
<td>100, 101</td>
</tr>
<tr>
<td>Snellen testing</td>
<td>245–7</td>
</tr>
<tr>
<td>conversion scales</td>
<td>249</td>
</tr>
<tr>
<td>logMAR charts</td>
<td>248</td>
</tr>
<tr>
<td>social security benefits</td>
<td>255, 262–3</td>
</tr>
<tr>
<td>Social Services</td>
<td>253, 254</td>
</tr>
<tr>
<td>solvent burns</td>
<td>203–4</td>
</tr>
<tr>
<td>SPECS</td>
<td>314</td>
</tr>
<tr>
<td>sphere power</td>
<td>229, 230–1</td>
</tr>
<tr>
<td>sphincter muscle, iris</td>
<td>165</td>
</tr>
<tr>
<td>spoon bathing, hot</td>
<td>234</td>
</tr>
<tr>
<td>sports, eye protection</td>
<td>199</td>
</tr>
<tr>
<td>sprayed chemicals</td>
<td>207–10</td>
</tr>
<tr>
<td>SRK 1 formula</td>
<td>109</td>
</tr>
<tr>
<td>sterilisation of instruments</td>
<td>238</td>
</tr>
<tr>
<td>storage of instruments</td>
<td>238</td>
</tr>
<tr>
<td>strabismus surgery</td>
<td>139</td>
</tr>
<tr>
<td>stroke, and driving</td>
<td>280</td>
</tr>
<tr>
<td>styes, heat treatment</td>
<td>233</td>
</tr>
<tr>
<td>subconjunctival haemorrhage</td>
<td>55–6</td>
</tr>
<tr>
<td>subtarsal foreign bodies</td>
<td>191–2</td>
</tr>
<tr>
<td>supplementary nurse prescribers</td>
<td>171</td>
</tr>
<tr>
<td>supplying drugs</td>
<td>172</td>
</tr>
<tr>
<td>surface ocular trauma, treatment of</td>
<td>211–16</td>
</tr>
<tr>
<td>surgical instruments, care of</td>
<td>236–8</td>
</tr>
<tr>
<td>swinging flashlight test</td>
<td>148</td>
</tr>
<tr>
<td>sympathomimetics</td>
<td>165</td>
</tr>
<tr>
<td>systematic reviews</td>
<td>xiii</td>
</tr>
<tr>
<td>Teaching Aids At Low Cost (TALC)</td>
<td>313</td>
</tr>
<tr>
<td>tear film</td>
<td>47–8</td>
</tr>
<tr>
<td>break-up time (BUT)</td>
<td>47, 48</td>
</tr>
<tr>
<td>tear gas</td>
<td>209–10</td>
</tr>
<tr>
<td>telephone triage</td>
<td>218–20</td>
</tr>
<tr>
<td>temporal arteritis</td>
<td>138</td>
</tr>
<tr>
<td>tetracaine</td>
<td>177, 178</td>
</tr>
<tr>
<td>thermal burns</td>
<td>204</td>
</tr>
<tr>
<td>Thomas Pocklington Trust</td>
<td>317</td>
</tr>
<tr>
<td>tonometry</td>
<td>103–6</td>
</tr>
<tr>
<td>infection control</td>
<td>239</td>
</tr>
<tr>
<td>tonopen</td>
<td>103</td>
</tr>
<tr>
<td>topical anaesthetics</td>
<td>177–9</td>
</tr>
<tr>
<td>torchlight examination of anterior chamber</td>
<td>99–100, 101</td>
</tr>
<tr>
<td>training recommendations for low vision services</td>
<td>261</td>
</tr>
<tr>
<td>transportation of instruments</td>
<td>238</td>
</tr>
<tr>
<td>triage</td>
<td>217–20</td>
</tr>
<tr>
<td>pain assessment</td>
<td>243</td>
</tr>
<tr>
<td>trochlear nerve (cranial nerve IV) palsy</td>
<td>141–2</td>
</tr>
<tr>
<td>tropicamide</td>
<td>165, 166</td>
</tr>
<tr>
<td>Tumbling E Test</td>
<td>247</td>
</tr>
</tbody>
</table>
ulcers
  corneal
    bacterial 59–61
    differential diagnosis 227
  dendritic 79–82
  marginal 83–4
ultraviolet light damage 204
Unite for Sight 317
uveitis
  differential diagnosis 227
  heat treatment 233

Valsalva’s manoeuvre 55
values and culture xvi–xvii
van Herrick anterior chamber
  assessment 100–1
variant Creutzfeldt–Jakob
  disease (vCJD) 235, 236, 239
vascular endothelial growth
  factor (VEGF) 118–19, 127
verteporfin 133–4
video-keratoscopy 75–6
viral conjunctivitis 51, 52
Vision 2020 314
Vision Aid Overseas (VAO) 314

visual acuity (VA)
  conversion scales 249
  standards for driving 278, 281
  testing 245–50
visual evoked cortical potentials
  (VECPs) 155
visual evoked potentials (VEPs)
  155–7
visual inspection of instruments
  238
vomiting, management of 243–4
web information 285–6
Weiss sutures 30
welding 204
wet (neovascular) age-related
  macular degeneration
  117–20
  intravitreal injection procedures
  127–31
pathway 289, 291
World Health Organization (WHO)
  314
written information, guidelines for
  284–5
x-pil 284