Index

Page numbers in italics represent figures or boxes, those in bold represent tables.

accidental metaphor 288
accountability 158
Acheson Report 131
actual inquiries 262
Adams, Douglas
   Dirk Gently's Holistic Detective Agency 288
   The Hitch Hikers' Guide to the Galaxy 288
aesthetic response 226
alienation 285
Amélie 111
ancient wisdom 15–16
Anderson, Marjorie, Dropped threads: what we aren't told 96
anger 126–7
animal energy 192
apramada 15
Arrien, Angeles 48
arts 45–8, 47, 78–9
assertiveness 114
Atwood, Margaret 95–6, 104, 110
audiencing 256–61
authenticity 188–91, 262–3, 266
autobiography 18–19
autoethnography 18–20, 288
   see also ethnography
autonomy 276
avoidance 118, 119, 219, 221–2, 240
awareness 130, 226

background 14–15, 14
behaviour
   reflection on 180
   strips of 180
   twice-behaved 179
being available template 73–5, 217, 226, 260, 293–4
   fundamental qualities 294
being narrative 2
Benner, Patricia 7
Bentz, Valerie M., Mindful inquiry in social research 16–17
Bimadisiwin 17
bipolar disorder 146
Blackwolf, Earth Dance Drum 17
Blunn, Helen 280
Boal, Augusto 182, 183
Bochner, Art 3
brain freeze 148
breast cancer 164–77
Climbing walls 77, 78, 79, 164–77, 185–93, 266, 276–7
Brooks, Martha, ‘One woman’s experience with the ecstatic’ 102
Brooks, Susan 32, 280–81
Buddhism 13, 15–16, 63
   ensos 79–80, 236
   self-realisation within 16
Buddhist psychology 4, 15–16
bullying 201, 206–7
Burford cues 140–41, 225, 228
Butala, Sharon, ‘Seeing’ 102–3
Butler, Judith, Gender trouble: feminism and the subversion of identity 179
camp-fire teaching 260
Care Programme Approach 156
Carmichael, Mary 87
   Life’s Adventure 86–7
Carroll, Lewis
   Alice Through the Looking Glass 285
   Alice in Wonderland 288
catalytic validity 268
catharsis 114, 126
chaos 191
   edge of 205
   self-inquiry as 23–4
chemotherapy 167
   hair loss 168–70
child abuse 134
child protection issues 123–44
Child Protection Register 124, 137, 138
Children Act (1989) 123, 135
Cixous, Helene 88–9

*Climbing walls* 77, 78, 79, 164–77, 266, 276–7

- performance 185–93
- embodiment 186–7
- energy vs technique 191–3
- moving into 185–6
- rejecting naturalism 187–8
- towards authenticity 188–91

co-creating meaning 57, 58–9

co-guidance 61

*see also* guidance

coherence 262–83

- six dialogical movements 266–74

collaboration 53, 56

collaborative relationships 55

collaborative research 5–6

 collusion 134

column technique 45

commitment 31

communal confirmation 263

communities of inquiry 6, 53, 54, 55

community psychiatric nurse 156

compliant patients 222–4

core 217, 226

- nurturing 226–7
- confidentiality 275
- conflict 114, 278
- connected voices 91

Conquergood, Dwight 181, 188, 189–90

consciousness

- dwelling 23
- false 11

constructed knowing 91

constructed voice 141, 297

contracting 54

conversation 28–9, 76

*see also* dialogue

*Crash* 82

crisis intervention 156

critical analysis 270

critical perception 133

critical social theory 4, 9–12, 10

Crozier, Lorna 103

Dalai Lama 262

defamiliarisation 287

deliberate self-harm 78–9, 215–35

- attitudes to 215–16, 232–3
- avoidance 219, 221–2, 240
- concern 226–7
- confronting resistance 224
- connection 221–2
- creating environment 232–3
- exploration of 218–19

*Jane’s rap* 23, 77, 78, 79, 236–55, 275–6

- knock back 228–30, 247–8
- right attitude 227–8
- description 29–34, 35
- dialogue 28–9, 51, 56–8
- six movements 27, 28

- coherence through 266–74, 266
- first 29–34, 266
- second 34–5, 267
- third 42–3, 42, 267
- fourth 51–2, 267–8
- fifth 268–72, 269
- sixth 272–4

Didion, Joan 106

Diedrich, Antje 6, 164, 185

difficult patients 222–4, 241

disempowerment 134

disorienting dilemmas 11

doing narrative 2

Doty, Mark 30

double helix 189

dumbness, pressure of 87

duty of care 150

dwelling consciousness 23

Ellis, Caroline 259

emancipation 10

embodiment 10, 186–7

emerging insights 51

emotional work 117

empathy 225

empiricism 259, 263

empowerment 4, 10, 11, 53, 67, 127, 141

- voice as 127

energy 191–3

enlightenment 10, 63

ensos 79–80, 236

era of advancement 220, 227, 296

era of commitment 220, 296

era of entry 220, 296

- era of incorporation 220, 296

essential oils 167–8

ethical hangover 286

ethical mapping 39, 130–31, 131

ethical objectivity 90

ethical tension 279–81

ebics 274–81

ehthnography 18–20, 270, 286

- performance 4

- evidence-based practice 39

- experience 29, 58–9

- external enabler 53

- eyes of knowing 263

- face value 76

‘Falling Through the Net’ 146–61

false consciousness 11
Index

fear 126
feelings 37
felt problematic 19
feminist viewpoint 85–112
see also women
First Nations 17–18
force 10
Fordham, Maria 5
fore-conception 14
fore-having 14
fore-sight 14
forum theatre 182, 183
Foster, Lei 5
fragility 115
frameworks 68
framing
of narrative 260
parallel process 42, 43
perspectives 42–3, 42
temporal 43
Frank, Arthur 82, 273
Freire, Paulo 214
fusion of horizons 126, 258
gender development as social performance 179
ghost within the machine 9
Goffman, Erving 178, 182
Goodwin, Shirley 131
group inquiry 54–6
guidance 51–4
morality of 61
necessity for 59–60
parenting response 62
guidance traps 52, 62–4

habits of mind 11
Hall Report 131
health visiting 123–44
Hegel, Georg Wilhelm Friedrich, The Phenomenology 287
hermeneutic spiral 12–14, 258, 262, 265
hermeneutics 4, 12–15, 27
high challenge 60–62
high support 60–62
holding hands 118
holistic practice 5, 67, 293
Holman Jones, Stacy 271
home and away 286
Homeless Health Initiative 145
homelessness 146–53
horizon 13–14, 58
hostility 253
Huggan, Isabelle 92
humour 126
Huntington’s chorea 149–50

idealised influence 197
identity
personal 115
self-identity 90
strips of 180
imagery 79–80
Improving access to health services for homeless people 153
individual concentration 197
influences grid 38
inquiry
actual 262
communities of 6, 53, 54, 55
group 54–6
mindful 17
narrative 4, 265
self see self-inquiry
insight 41, 51–65
emerging 51
inspirational motivation 197
instrumental injunction 263
intellectual stimulation 197
internal censor 34
interpretations 53
intuition 7
intuitive apprehension 263
involvement, four phases of 129
ironic validity 269

James, Philomena 80
Jane’s rap 23, 77, 78, 79, 236–55, 275–6
Jarrett, Louise 5, 47, 55, 71–5
Johns, Christopher, Engaging reflection in practice 81
Johnson, Mark, The body in the mind: the bodily basis of meaning, imagination, and reason 183
Joiner, Aileen 113–22
Jones, Gina, Earth Dance Drum 17
journalling 29–34, 59
judgement 52

Kellner-Rodger, Myron, A simpler way 70
Kingsley, Jessica, Being mindful, easing suffering 81, 260–61
knock back 228–30, 247–8
knowing 51, 95–6
constructed 91
eyes of 263
four quadrants of 7–8, 7
lower left 9
lower right 8–9
upper left 8
upper right 8
the person 225
personal 6–9
Index

knowledge
- new 67
- tacit 181

lakhanas 15
Latchford, Yvonne 43
Lather, Patti 268–70

leadership
- becoming a leader 195–7
- idealised influence 197
- individual consideration 197
- inspirational motivation 197
- intellectual stimulation 197
- transformational see transformational leadership

liminal experience, performance of 183–5
liminality 184
living contradictions 55, 268
living narrative 2
local area agreements 157
loneliness 146
Lorde, Audre 175
Lynn, Fiona 218, 239

McKenzie, Jon, Perform or else: from discipline to performance 181
Madden, Bella 88–9, 90, 270
Madison, Sonyi 21
Mamet, David 190
marginal native 286
marginalisation 114
Marlin, Colleen 91–112, 236
masculine perspective 85–6, 89
mastectomy 164–77
meaning, co-creating 57, 58–9
medical language 256
memory 102
Menzies-Lyth, Isabel 118
metaphor 80–81
methodolatry 3
Mezirow, Jack 9
- perspective transformation 273
mindful inquiry 17
mindfulness 2, 15–16
Model for Structured Reflection 35
- commentary on 36–43
- reflections on using 43–5
Model for Structured Reflection and Framing 267
More than eggs for breakfast 195–214
Morgan, Ruth 9, 31, 45, 258
- coherence 273
moulding 62
movement 27
- narrative as 69
Multi-Agency Panel 159
My mum’s death 23

narration 51–2
narrative 1–4, 66–84
- as art 259
- doing 2
- framing of 260
- gender of narrator 88
- masculine tradition of 86
- as movement 69
- reflexive 27–48
- tinkering 70–71
- value of 291
narrative analysis 259
narrative fit 68
narrative inquiry 4, 265
narrative structure 298
narrative style 82–3
narrative thread 81–2
narrative turn 1
naturalism, rejection of 187–8
naturalistic problem 77
new knowledge 67
non-malevolence 277
non-reflective performance 179–80
normality 178
not knowing 186
Nunes, April 6

objective fact 274
Okri, Ben 258, 272
- A way of being free 82–3, 257
Olsen, Tillie, I stand here ironing 97
oppression 128, 135
Our healthier nation 218

paradox 57
parallel process framing 42, 43
paralogic validity 269
parent–child communication 249
Park-Fuller, Linda 256
participation 53
participatory competence 67, 129, 246
attainment of 220–21, 220
development of 295–6, 296
patients
- compliant 222–4
- difficult 222–4, 241
- stigmatisation of 219–20
pattern match 68–70
peer support 54, 55
perception 37
- Climbing walls 77, 78, 79, 164–77, 185–93, 266, 276–7
definition of 178–9
as efficacy 182–3
Jane’s rap 23, 77, 78, 79, 236–55, 275–6
liminal experience 183–4
My mum’s death 23
and nature of reflection 180–82
reflective/non-reflective 179–80
value of 291
performance ethnography 4
performance of possibilities 21–3
performance turn 20–21, 270–72
performativity 21
personal identity 115
personal knowing 6–9
perspective transformation 273
phenomenology 4
plot 3, 66, 69
pluralism 3
poetry 46–7, 290
poise 217, 226, 243
positionality 286
powerlessness 127
practice 2, 6, 31
praxis 6
pressure of dumbness 87
Price, Amanda 6, 164, 185
Priest, John-Marc 82
problem posing 43
problem solving 42
procedural voice 297
projection 257
proprioception of thought 57
pseudonym, use of 276
psycho-cultural assumptions 11
Quarrington, Paul 99
Quindlen, Anna 98
rationality 37
technical 34
RAW 76–7
re-visiting 285
readers 272
readiness 191–3
reality perspective 42
reality wall 41
received voice 297
reflection 1, 6, 13–14, 16, 34–5, 57, 113, 267, 279
description of 35
and performance 180–82
structured see structured reflection
reflective performance 179–80
reflective seeing 116
reflective turn 1
reflexive narrative 27–48
reflexive spiral 70
reflexivity 42, 66–8, 265, 268
reflexology 166
essential oils 167–8
representation 76–7
research 125–6
collaborative 5–6
rhizomatic validity 269, 269
Richardson, Laurel 261, 271
right attitude 227–8
risk assessment 125
rites of passage 184
role 42
Roth, Gabrielle 169
sacred space 251
Safeguarding of Vulnerable Adults 151
sangharakshita 15
Saunders, Ann 33, 63
Schechner, Richard 179, 180, 181
Schuster’s capacities for transformational leadership 294–5, 295
Seboulisa 175
self-determination 119, 134
self-harming see deliberate self-harm
self-identity 90
self-imposed limitations 11
self-inquiry 18, 61, 264, 266, 275
as chaos 23–4
as research 275, 278
self-knowing 55
self-perception 128
self-realisation 1, 6, 16, 61, 66
self-sacrifice 115
separate voices 91
shadow maps 38
Shapiro, Jeremy J., Mindful inquiry in social research 16–17
Shaw-MacKinnon, Margaret 97
silence 127
social science 3, 4
critical 9–12, 10
Spaghetti Junction 146–53
spirals 48
squares 48
stigmatisation of patients 219–20
Stoppard, Tom, The Real Thing 93
stories 83
see also narrative
storytelling 258
see also narrative
strips of behaviour 180
strips of identity 180
structured reflection 35–45, 36
commentary on 36–43, 38, 39, 42
ethical mapping 39, 40, 130–31, 131
framing perspectives 42–3, 42
influences grid 38
reflections on using 43–5
stumbling 3
subjective voice 141, 297
suffering 159, 228, 246
suicide 218
  decriminalisation 252
supervision 136
Supporting families 123, 131
Sure Start 132
Susuki, Shunryu 208
synchronised talk dance 46
systems 8–9
tacit knowledge 181
technical rationality 34
temporal contract 270
temporal framing 43
textual distortion 268
The Accidental Tourist 284
The Spider's Web 153–61
Thelma and Louise 108
typed 42
Thomas-Kilmann Conflict mode instrument 42
tought, proprioception of 57
tINKing 70–71
tradition 10, 14
transactional leadership 202
transformational leadership 67, 70, 196
  images associated with 196–7
  Schuster’s capacities 294–5, 295
trust 55–6
trustworthiness 264, 274
truthfulness 119
Tucker, April Nunes 164, 185, 192–3
Turnbull, Colin 184
Turner, Victor 184
Turner-Vesselago, Barbara 102
twice-behaved behaviour 179
understanding 14, 58, 257
validity 262, 264, 267
  approaches to 269
  catalytic 268
  ironic 269
  voluptuous 269
Van Gennep, Arthur 184
vision 42
voice
  constructed 141, 297
  as empowerment 127
  as metaphor 127, 296–7
  procedural 297
  received 297
  subjective 141, 297
  types of 127
  voluptuous validity 269
vulnerability 125
Walker, Alice 104
walls of resistance 147
well family service 132
Wheatley, Margaret 213
A simpler way 70
Whitman, Walt 267
Wilber, Ken 7
  hermeneutic spiral 12–13
Winterson, Jeannette, The Passion 90
women
  attitude to other women 86
  empowerment of 87–8
  feminist viewpoint 85–112
  stereotypical role of 93–4
Woolf, Virginia 85, 97, 105
  A room of one’s own 95, 107
workload 131
worthiness 263
writing see journalling; narrative
Wylie, Betty Jane, ‘The imaginary woman’ 105
Zizek, Slavoj 287