Contents

About the author ix
List of illustrations xi
Acknowledgements xv
An old Jewish tale xvi

Mind that child! 1

1 RICAP: a description of the intervention 5
2 RICAP and aggression: sometimes it helps to be bad 23
3 RICAP and reflection: are these children mindless? 41
4 RICAP and attachment: fighting to feel safe 69
5 RICAP and avoidance: a useful defence or a habitual ploy? 95
6 RICAP and emotions: why does everything have to be reduced to anger? 119
7 RICAP and memory: what I remember tells me who I am 145
CONTENTS

8 RICAP and problem solving: do solutions matter? 165

9 RICAP and metaphor: the use and usefulness of metaphor 197

10 Marc: a case study 219

Appendices 281
References 293
Index 297