Contents

Contributors vii
Preface xi
Acknowledgments xv

Part I Foundational Issues and Overview 1
1 Evidence-Based Practice: An Introduction
   Peter Sturmey 3
2 Adaptive Behavior
   Peter Sturmey 29
3 Maladaptive Behavior
   Peter Sturmey 62
4 But Is It Worth It?
   Peter Sturmey 85

Part II Specific Disorders and Challenging Behaviors 101
5 Aggressive Behavior
   Olive Healy, Sinéad Lydon, and Clodagh Murray 103
6 Self-Injurious Behavior
   Jeff Sigafoos, Mark F. O’Reilly, Giulio E. Lancioni, Russell Lang,
   and Robert Didden 133
7 Stereotypic Behavior
   Timothy R. Vollmer, Amanda B. Bosch, Joel E. Ringdahl,
   and John T. Rapp 163
8 Feeding Problems
   Keith E. Williams, Laura J. Seiverling, and Douglas G. Field 198
Contents

9 Sleep Problems 219
Robert Didden, Wiebe Braam, Anneke Maas, Marcel Smits, Peter Sturmey, Jeff Sigafoos, and Leopold Curfs

10 Anxiety Disorders 235
Peter Sturmey, William R. Lindsay, Tricia Vause, and Nicole Neil

11 Mood Disorders 261
Peter Sturmey and Robert Didden

12 Offenders with Developmental Disabilities 280
Peter Sturmey and Klaus Drieschner

Index 292