Contents

Preface xiii
Acknowledgments xxi
About the Author xxiii

1 An Introduction to the Competency-Based Assessment 1
   Perspectives on the Assessment 2
   Overview of the Diagnostic and Statistical Manual of Mental Disorders 3
   Setting the Stage for Competency-Based Assessments 24
   The Competency-Based Assessment 24
   The Partnership With Strengths, Empowerment, and Resilience 31
   Summary 37

2 Formulating the Competency-Based Assessment: Some Basics 39
   Introduction 39
   Understanding the Case Studies 41
   The Competency-Based Assessment 45
   Formulating the Competency-Based Assessment 46
   The Competency-Based Assessment for Agnes Absinthe 50
   Assessment Guidelines 51
   Summary 56

3 Disorders in Infancy, Childhood, or Adolescence 57
   Introduction 57
   Overview of the Major Characteristics of the Diagnostic Classifications 59
   Incidence and Prevalence 62
The Pervasive Developmental Disorders  63
Beginning With Autistic Disorder  65
Autistic Disorder  67
Beginning With Asperger’s Disorder  68
Asperger’s Disorder  70
The Attention Deficit and Disruptive Behavior Disorders  71
Attention Deficit/Hyperactivity Disorder  74
 Tic Disorders  76
The Elimination Disorders  78
Other Disorders  80
Beginning With Selective Mutism  80
Separation Anxiety  83
Final Thoughts  83
Practicing the Competency-Based Assessment  84
Practical Applications  90
Appendix: Competency-Based Assessments for Chapter 3
Case Examples: Listing of Case Diagnoses  93
Case Review for Anthony Moretti  93
Case Review for Paulie Merkel  96

4  The Cognitive Disorders: Delirium and Dementia  99
Introduction  99
Incidence and Prevalence  100
Overview of the Major Characteristics of the Diagnostic Classifications  100
Delirium  101
Beginning With Dementia  106
Dementia  110
Beginning With Amnestic Disorder (Amnesia)  114
Amnestic Disorder  116
Final Thoughts  117
Practicing the Competency-Based Assessment  121
Practical Applications  126
Appendix: Competency-Based Assessments for Chapter 4
Case Examples: Listing of Case Diagnoses  129
Case Review for Myrna Joy Bilbus   129
Case Review for Mary James   132

5  The Substance-Related Disorders   133
Introduction   133
Incidence and Prevalence   133
Overview of the Major Characteristics of the Diagnostic Classifications   135
Adding Diagnostic Specificity   138
Looking at the Specific Substances   141
Final Thoughts   159
Practicing the Competency-Based Assessment   160
Practical Applications   164

Appendix: Competency-Based Assessments for Chapter 5
Case Examples: Listing of Case Diagnoses   165
Case Review for Georgette Turnbull   166
Case Review for Frankie Singer   168

6  Schizophrenia and Other Psychotic Disorders   169
Introduction   169
Incidence and Prevalence   170
Overview of Major Symptoms   171
The Path of Schizophrenia   173
Paranoid-Type Schizophrenia   185
Disorganized-Type Schizophrenia   187
Catatonic-Type Schizophrenia   188
Undifferentiated-Type Schizophrenia   191
Residual-Type Schizophrenia   192
The Other Psychotic Disorders   193
Final Thoughts   199
Practicing the Competency-Based Assessment   200
Practical Applications   204

Appendix: Competency-Based Assessments for Chapter 6
Case Examples: Listing of Case Diagnoses   209
Case Review for John Potter   209
Case Review for Hubert Estevez   212
7 The Mood Disorders  213
   Introduction  213
   Incidence and Prevalence  213
   Building Blocks for the Mood Disorders  215
   The Depressive Disorders  218
   The Bipolar Disorders  226
   The Other Mood Disorders  233
   Final Thoughts  236
   Practicing the Competency-Based Assessment  237
   Practical Applications  243

Appendix: Competency-Based Assessments for Chapter 7
Case Examples: Listing of Case Diagnoses  245
Case Review for L. C. Jones  246
Case Review for Marilyn Greene  248

8 Anxiety Disorders  249
   Introduction  249
   Incidence and Prevalence  250
   Overview of the Major Characteristics of the Diagnostic Classifications  251
   Generalized Anxiety Disorder  252
   Panic Disorder  254
   The Phobias  258
   Obsessive-Compulsive Disorder  262
   Posttraumatic Stress Disorder  265
   Final Thoughts  269
   Practicing the Competency-Based Assessment  271
   Practical Applications  275

Appendix: Competency-Based Assessments for Chapter 8
Case Examples: Listing of Case Diagnoses  277
Case Review for Marybeth McKenna  277
Case Review for Tom Donohue  280

9 Somatoform, Factitious, and Malingering Disorders  281
   Introduction  281
   Incidence and Prevalence  282
Overview of the Major Characteristics of the Diagnostic Classifications 282
Somatization Disorder 283
Conversion Disorder 286
Pain Disorder 289
Hypochondriasis 291
Body Dysmorphic Disorder 294
Somatoform Disorder Not Otherwise Specified (NOS) 296
Related Disorders Causing Somatic Complaints: Malingering and Factitious Disorder 297
Final Thoughts 300
Practicing the Competency-Based Assessment 301
Practical Applications 305
Appendix: Competency-Based Assessments for Chapter 9
Case Examples: Listing of Case Diagnoses 307
Case Review for James LaDuke 308
Case Review for June Dwyer 310

10 The Dissociative Disorders 311
Introduction 311
Incidence and Prevalence 312
Overview of the Major Characteristics of the Dissociative Disorders 312
The Dissociative Disorders 318
Final Thoughts 328
Practicing the Competency-Based Assessment 329
Practical Applications 333
Appendix: Competency-Based Assessments for Chapter 10
Case Examples: Listing of Case Diagnoses 335
Case Review for Christopher Columbo 335
Case Review for Illeana Rodriguez 338

11. Eating Disorders 339
Introduction 339
Incidence and Prevalence 342
Overview of Major Symptoms 343
Anorexia Nervosa 344
Bulimia Nervosa 348
Binge-Eating Disorder 353
Final Thoughts 357
Practicing the Competency-Based Assessment 358
Practical Applications 364
Appendix: Competency-Based Assessments for Chapter 11
Case Examples: Listing of Case Diagnoses 367
Case Review for Nell Jordan 367
Case Review for Carlie Walker 370

12 The Personality Disorders 371
Introduction 371
Incidence and Prevalence 372
Overview of the Major Characteristics of the Personality Disorders 373
The Cluster A Disorders—Odd and Eccentric 376
The Cluster B Disorders—Emotional, Dramatic, or Erratic 380
The Cluster C Disorders—Anxious and Fearful 385
Final Thoughts 394
Practicing the Competency-Based Assessment 396
Practical Applications 400
Appendix: Competency-Based Assessments for Chapter 12
Case Examples: Listing of Case Diagnoses 401
Case Review for Melvin Myers 401
Case Review for Denise McMinville 404

References 405
Author Index 431
Subject Index 439