Contents

Preface 6  
Acknowledgements 7

1 Applied anatomy of the ear 8  
2 Physiology of hearing 10  
3 Testing the hearing 12  
4 Hearing loss 14  
5 The pinna 16  
6 Earwax and foreign bodies in the ear 18  
7 The external auditory canal 20  
8 Acute otitis media 22  
9 Perforated eardrum 24  
10 Otitis media with effusion 26  
11 Tinnitus 28  
12 Physiology of balance 30  
13 Balance disorders 32  
14 The facial nerve 34  
15 The nose and paranasal sinuses: applied anatomy and examination 36  
16 Epistaxis 38  
17 The nasal septum 40  
18 ENT trauma: I 42  
   ENT trauma: II 44  
19 Acute rhinosinusitis 46  
20 Chronic rhinosinusitis and nasal polyposis 48  
21 The pharynx and oesophagus: basic science and examination 50  
22 The nasopharynx and adenoids 52  
23 Pharyngeal infections 54  
24 Tonsillectomy 56  
25 Swallowing disorders 58  
26 The oral cavity and tongue 60  
27 Snoring and obstructive sleep apnoea 62  
28 The neck 64  
29 Neck lumps 66  
30 Head and neck cancer 69  
31 The larynx 72  
32 Voice disorders 74  
33 Acute airway obstruction 76  
34 Tracheostomy 78  
35 Salivary glands 80  
36 The thyroid gland 82  

MCQs 84  
EMQs 86  
Answers to MCQs 88  
Answers to EMQs 90  

Index 92