Index

<table>
<thead>
<tr>
<th>Term</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>'ABCDE' approach</td>
<td>8–9</td>
</tr>
<tr>
<td>acute kidney injury</td>
<td>62, 63</td>
</tr>
<tr>
<td>alcohol misuse</td>
<td>78, 79</td>
</tr>
<tr>
<td>carbon monoxide poisoning</td>
<td>76</td>
</tr>
<tr>
<td>children</td>
<td>106, 107, 111, 113, 119, 150, 151</td>
</tr>
<tr>
<td>gastrointestinal bleed</td>
<td>59</td>
</tr>
<tr>
<td>head injury</td>
<td>119, 137</td>
</tr>
<tr>
<td>heart failure</td>
<td>39</td>
</tr>
<tr>
<td>lowered consciousness</td>
<td>47</td>
</tr>
<tr>
<td>older adults</td>
<td>148</td>
</tr>
<tr>
<td>overdose</td>
<td>74, 75</td>
</tr>
<tr>
<td>pregnancy</td>
<td>148</td>
</tr>
<tr>
<td>pre-hospital</td>
<td>5</td>
</tr>
<tr>
<td>see also individual components</td>
<td></td>
</tr>
<tr>
<td>abdomen</td>
<td>56, 142, 145</td>
</tr>
<tr>
<td>abdominal aortic aneurysms</td>
<td>57</td>
</tr>
<tr>
<td>abdominal pain</td>
<td>56–57, 67</td>
</tr>
<tr>
<td>abdominal trauma</td>
<td>142–143, 145</td>
</tr>
<tr>
<td>abrasion</td>
<td>124, 125</td>
</tr>
<tr>
<td>abuse, children</td>
<td>108, 109, 147</td>
</tr>
<tr>
<td>acetaminophen (paracetamol)</td>
<td>13, 74, 75, 141</td>
</tr>
<tr>
<td>acid-base balance/disorders</td>
<td>19</td>
</tr>
<tr>
<td>activated charcoal</td>
<td>72, 73</td>
</tr>
<tr>
<td>acute abdomen</td>
<td>56, 57</td>
</tr>
<tr>
<td>acute coronary syndromes (ACS)</td>
<td>36–37</td>
</tr>
<tr>
<td>acute kidney injury (AKI)</td>
<td>62–63</td>
</tr>
<tr>
<td>acute laryngotraceobronchitis (croup)</td>
<td>112, 113</td>
</tr>
<tr>
<td>acute otitis media</td>
<td>129</td>
</tr>
<tr>
<td>adrenaline</td>
<td>41, 113, 115</td>
</tr>
<tr>
<td>advance decision</td>
<td>159</td>
</tr>
<tr>
<td>advanced life support (ALS)</td>
<td>40–41, 114–115, 139</td>
</tr>
<tr>
<td>airway</td>
<td>9, 15–23</td>
</tr>
<tr>
<td>acute kidney injury</td>
<td>63</td>
</tr>
<tr>
<td>assessment</td>
<td>9, 16–17</td>
</tr>
<tr>
<td>with cervical spine control</td>
<td>135, 151</td>
</tr>
<tr>
<td>children/infants</td>
<td>106, 107, 111, 114, 115, 150, 151</td>
</tr>
<tr>
<td>gastrointestinal bleed</td>
<td>59</td>
</tr>
<tr>
<td>lowered consciousness</td>
<td>9, 47</td>
</tr>
<tr>
<td>management</td>
<td>16–17</td>
</tr>
<tr>
<td>obstruction</td>
<td>9, 17, 47, 111, 151</td>
</tr>
<tr>
<td>paediatric advanced life support</td>
<td>114, 115</td>
</tr>
<tr>
<td>pregnant trauma patient</td>
<td>148, 149</td>
</tr>
<tr>
<td>Airway, Breathing, Circulation, Disability, Exposure see 'ABCDE' approach</td>
<td></td>
</tr>
<tr>
<td>alcohol use/misuse</td>
<td>53, 77, 78–79, 95</td>
</tr>
<tr>
<td>alcohol withdrawal syndrome</td>
<td>78, 79</td>
</tr>
<tr>
<td>Alert, Voice, Pain, Unresponsive (AVPU) scale</td>
<td>9, 44, 45, 47, 111, 135</td>
</tr>
<tr>
<td>alteplase, stroke</td>
<td>49</td>
</tr>
<tr>
<td>amiodarone</td>
<td>41, 115</td>
</tr>
<tr>
<td>analgesia</td>
<td>13</td>
</tr>
<tr>
<td>burns</td>
<td>147</td>
</tr>
<tr>
<td>headache</td>
<td>52, 53</td>
</tr>
<tr>
<td>injuries</td>
<td>121, 139</td>
</tr>
<tr>
<td>obstetrics</td>
<td>67</td>
</tr>
<tr>
<td>patients declining</td>
<td>13</td>
</tr>
<tr>
<td>trauma patients</td>
<td>143</td>
</tr>
<tr>
<td>anaphylactic shock/anaphylaxis</td>
<td>31</td>
</tr>
<tr>
<td>ankle injuries</td>
<td>120, 121</td>
</tr>
<tr>
<td>antibiotics</td>
<td>31, 57, 61, 83, 85, 87, 129, 141</td>
</tr>
<tr>
<td>antidepressant overdose</td>
<td>74, 75</td>
</tr>
<tr>
<td>antidotes</td>
<td>72, 73</td>
</tr>
<tr>
<td>anti-epileptic drugs (AEDs)</td>
<td>51</td>
</tr>
<tr>
<td>antiplatelet therapy</td>
<td>37, 49</td>
</tr>
<tr>
<td>anxiety</td>
<td>99, 106, 107</td>
</tr>
<tr>
<td>appendicitis</td>
<td>57</td>
</tr>
<tr>
<td>arc eyes</td>
<td>127</td>
</tr>
<tr>
<td>arrhythmias</td>
<td>34–35, 63, 115, 147</td>
</tr>
<tr>
<td>arterial blood gas (ABG) analysis</td>
<td>9, 18, 19, 21, 23</td>
</tr>
<tr>
<td>arterial blood pressure (ABP)</td>
<td>26, 27</td>
</tr>
<tr>
<td>assessment</td>
<td></td>
</tr>
<tr>
<td>asthma</td>
<td>22, 23, 113</td>
</tr>
<tr>
<td>asystole</td>
<td>41, 115</td>
</tr>
<tr>
<td>atrial ectopic beats</td>
<td>35</td>
</tr>
<tr>
<td>atrial fibrillation (AF)</td>
<td>34, 35</td>
</tr>
<tr>
<td>atrial flutter</td>
<td>34, 35</td>
</tr>
<tr>
<td>atrioventricular (AV) blocks</td>
<td>34, 35</td>
</tr>
<tr>
<td>auscultation</td>
<td>18, 19, 111, 134, 135, 138</td>
</tr>
<tr>
<td>AVPU scale</td>
<td>9, 44, 45, 47, 111, 135</td>
</tr>
<tr>
<td>bad news, breaking</td>
<td>158, 159</td>
</tr>
<tr>
<td>bag mask device (BMD)</td>
<td>114, 115</td>
</tr>
<tr>
<td>benign prostatic hypertrophy (BPH)</td>
<td>61</td>
</tr>
<tr>
<td>benzodiazepines</td>
<td>75</td>
</tr>
<tr>
<td>bereavement</td>
<td>158, 159</td>
</tr>
<tr>
<td>bipolar disorder</td>
<td>98, 99</td>
</tr>
<tr>
<td>bites</td>
<td>77, 83, 92, 108, 109, 124, 125</td>
</tr>
<tr>
<td>bleeding</td>
<td></td>
</tr>
<tr>
<td>blood crossmatching</td>
<td>29</td>
</tr>
<tr>
<td>blood glucose (BG)</td>
<td>37, 65, 111, 135</td>
</tr>
<tr>
<td>blood grouping/groups</td>
<td>29, 145, 149</td>
</tr>
<tr>
<td>blood loss</td>
<td>31</td>
</tr>
<tr>
<td>blood pressure (BP)</td>
<td>9, 26, 27, 31, 49, 67, 107, 149</td>
</tr>
<tr>
<td>blood products</td>
<td>29, 59, 145</td>
</tr>
<tr>
<td>blood tests</td>
<td>9, 27, 29, 39, 59, 145</td>
</tr>
<tr>
<td>blood transfusion</td>
<td>29, 145, 149</td>
</tr>
<tr>
<td>blunt trauma</td>
<td>133, 143, 145, 151</td>
</tr>
<tr>
<td>body temperature, children</td>
<td>106, 107, 111, 113</td>
</tr>
<tr>
<td>borderline personality disorder</td>
<td>98, 99</td>
</tr>
<tr>
<td>bowel obstruction</td>
<td>56, 57</td>
</tr>
<tr>
<td>bradycardia</td>
<td>26, 111, 115</td>
</tr>
<tr>
<td>bradynoena</td>
<td>19, 26</td>
</tr>
<tr>
<td>brain injury</td>
<td>51, 137</td>
</tr>
</tbody>
</table>
breathing 9, 15–23
acute kidney injury 63
assessment 9, 18–19, 138
chest injury 138, 139
children 106, 107, 111, 115, 151
gastrointestinal bleed 59
lowered consciousness 47
primary survey, trauma 134, 135
breath sounds 19, 111
bronchiolitis 113
bronchodilators 113
bruising 90, 93, 109, 118, 119, 134, 135, 136
burns 109, 125, 146–147
caesarean, emergency 149
CAGE 79
call for help, advanced life support 41, 115
capillary refill time (CRT) 27, 107, 111
carbon monoxide poisoning 76, 77
cardiac arrest 9, 40, 41, 110, 111, 114, 115
cardiopulmonary resuscitation (CPR) 40, 41, 115
carotid artery dissection 49
CASMEET mnemonic 4
catastrophic haemorrhage 135, 144, 145, 151
cellulitis 82, 83
central pain stimulus 44, 45
central venous catheter (CVC) 26, 27, 28, 29
central venous pressure (CVP) 27
cervical spine control 135, 151
chemical, biological, radiological, nuclear, explosive (CBRNe)
    incidents 152, 153
chemical burns 146, 147
chemical eye injury 126, 127
chest compressions 40, 114, 115
chest drains 138, 139
chest pain 37
chest trauma 138–139, 145
chest X-ray (CXR) 18, 19, 38, 39, 85
child protection, domestic abuse 91
children and young people 3, 105–115
    'ABCDE' approach 106, 107, 111, 119, 150, 151
    abuse/maltreatment 108, 109, 147
    accidental overdose 77
    assessment 111
    burns referral criteria 146
    catastrophic haemorrhage 150
    communication 107
    compensatory mechanisms 106, 107, 110, 111, 151
    consent 109
    critically ill, transfer 157
    domestic abuse 91
    fractures 118, 119, 151
    head injury 118, 119
    loss of consciousness 111
    minor injuries 118–119
    safeguarding see safeguarding
    sick, recognition 110–111
    special considerations 106, 107
    trauma 150–151
    chin-lift manoeuvre 16, 17
    chlamydia 87
    chloramphenicol ointment 127
    cholecystitis 57
    chronic obstructive pulmonary disease (COPD) 21, 23
    circulation 9, 25–41
    acute kidney injury 63
    assessment 9, 26–27
    children 106, 107, 110, 111
    gastrointestinal bleed 59
    with haemorrhage control 135, 151
    interventions 28–29
    lowered consciousness 47
    paediatric advanced life support 115
    clavicular fracture 122, 123
    cling film, burns 147
    clinical decision unit (CDU) 3
    closed fractures 141
    Clostridium difficile 83
    coagulopathy 145
    'Code Red' 143, 144, 145
    collars 136, 137, 151
    Colles fracture 119, 122, 123
    communication
        breaking bad news 158
        children and young people 106, 107
        dementia patients 100, 101
        handover 5
        intellectual disability patients 102, 103
        non-verbal 13, 95, 101, 103, 109
        with parents, childhood trauma 151
        transfer 157
    compartment syndrome 141
    compensated shock 30, 31
    compound fracture 140, 141
    computed tomography (CT) 49, 136, 137, 143, 145, 151
    confidentiality, breaching, domestic abuse 91
    conjunctivitis 126, 127
    consciousness 44, 45, 47
    lowered 9, 27, 46, 47, 79
    consent issues 33, 79, 101, 103, 109
    continuous positive airway pressure (CPAP) 21
    corneal abrasions 127
    coroner 158, 159
    creatinine, acute kidney injury 63
    critical illness 9, 21
    croup (acute laryngotracheobronchitis) 112, 113
    cruciate ligament ruptures 121
    cuts 124, 125
    cyanide poisoning 77
    cyanosis (blueness) 19, 111
    death/deceased, care 159
    debridement 125
    decompensated shock 27, 30, 31
    decontamination 73, 152, 153
    deep vein thrombosis (DVT) 23, 67
defibrillation/defibrillators 40, 41, 115
definitive airway 16, 17
dehydration 107, 113, 147
delirium tremens 78, 79
delivery, emergency 66, 67–68
delusions 98
dementia 100–101
depression 98, 99
deterioration, acute 8, 9
diabetic emergencies 64–65
diabetic ketoacidosis (DKA) 64, 65
diagnostic peritoneal lavage (DAL) 143
diarrhoea 83, 107
difficulty in breathing (DIB) 18, 19, 39
dignity, patient 33, 135
disability 9, 43–53
  acute kidney injury 63
  children 111, 151
  gastrointestinal bleed 59
  lowered consciousness 47
  trauma patients 135, 151
discharge advice 119, 125, 136, 137
dislocations 120, 121, 122, 123
distraction, children 107
diuretics, heart failure 39
documentation 13, 33, 91, 157
domestic abuse 67, 90–91, 93
Do Not Attempt Resuscitation (DNAR) 159
dressings 125, 141, 147
dyspnoea 18, 19, 39
ear conditions 128–129
early pregnancy assessment units (EPAUs) 68
early warning scores (EWS) 11
ECG 32–33, 34, 35
  heart conditions 34, 35, 36, 37, 39
ectopic pregnancy 67, 87
ED see emergency department (ED)
elbow injuries 118, 119, 122, 123
elderly patients 123, 125, 148, 149
electrical burns 147
electrocardiogram (ECG) see ECG
emergency caesarean 149
emergency delivery 66, 67–68
emergency department (ED) 2, 3, 12
  children in see children and young people
  major incidents, role in 153
emergency nursing/nurses 2–3, 39, 46, 48, 51, 79, 109, 157, 159
emergency presentations/conditions 55–68
emergency services 92, 93, 153, 159
end of life care 158–159
endotracheal tube 151
epiglottis (quinsy) 123, 128, 129
epilepsy 51
epinephrine (adrenaline) 41, 113, 115
epiphyseal plate fractures 118, 119
epistaxis (nose bleed) 129
evidence, sexual assault 92, 93
exposure 9
  acute kidney injury 63
  children 111, 151
  gastrointestinal bleed 59
  trauma patients 135, 151
  unconscious patient 47
exudate 125
eye conditions 126–127
face mask 20, 21
falls 119, 123, 149
family 101, 106, 107, 151, 159
FAST campaign 48, 49
febrile convulsions 113
fever, children 113
5Ps 140
flail chest 138, 139
fluid challenge 29
fluid loss 31, 65
fluid replacement, burns 147
flumazenil 75
fluorescein staining 126, 127
flutter waves 34, 35
focused assessment with sonography in trauma (FAST) 135, 139, 143, 145
fomepizole 77
foreign bodies 127, 129
4-hour target 3
fractures 109, 118, 119, 120–123, 149, 151
Fraser guidelines 108, 109
gastric lavage 73
gastrointestinal bleed 58–59
genitourinary conditions 60–61
Gillick competency 108, 109
Glasgow Coma Scale (GCS) 9, 44, 45, 47, 135, 149
  Paediatric 118, 119, 150, 151
glaucoma 52
glucagon 65
glucose 37, 65, 79, 111, 135, 151
glyceril trinitrate 37
gonorrhoea 87
greenstick fracture 118, 119
growth plate fractures 118, 119
gynaecological problems 68
haemodialysis, overdose 73
haemodynamic assessment 26, 27
haemorrhage
  catastrophic 135, 144, 145, 151
  gastrointestinal 58–59
  massive 144–145
  subarachnoid 46, 49, 52, 53, 136
  subconjunctival 126, 127
  trauma patients 134, 141, 143, 145
haemorrhagic shock 31
haemorrhagic stroke 49
haemostatic agents 145
hallucinations 98
hand injuries 122, 123
handover 5, 133
headache 52–53
head injury 79, 109, 118, 119, 136–137
head-tilt manoeuvre 16, 17, 41, 114, 115
heart blocks 34, 35
heart failure 38–39
heart rate (HR) 27, 110, 111, 151
hepatitis 84, 85
herpes simplex virus (HSV) 86, 87
history taking see patient assessment
HIV 83
household substances ingestion 77
4 H’s and 4 T’s (mnemonic) 41
hydrocephalus 46
hyperbaric oxygen therapy (HBOT) 77
hypercalcaemia 67
hyperglycaemia 65
hyperosmolar hyperglycaemic state (HSS) 64, 65
hypoglycaemia 64, 65
hypotension 26, 30, 31, 38, 39, 111, 151
hypothermia 135, 151
hypovolaemic shock 30, 31, 65
hypoxia 19, 111
illicit drug use 75, 95
impetigo 82, 83
infants 107, 114, 115, 150, 151
see also children and young people
infection/infectious diseases 81–87, 129
control/prevention 83, 125, 141
information sharing 92, 93
inhalation burns 147
inhaler 112
injuries see individual injuries
injury severity score 133
intellectual disability 102–103
intracerebral haematoma (ICH) 49
intracranial pressure reduction 136, 137
intraosseous (IO) access/devices 28, 29, 114, 115, 145, 151
intravenous (IV) access/cannula(e) 28, 29, 39, 63, 145, 147, 157
jaw-thrust manoeuvre 16, 17, 114, 115
kidney stones 61
knee injuries 120, 121
Kussmaul breathing 63, 65
labour 67–68
lacerations 119, 124, 125
laryngotraeobronchitis, acute (croup) 112, 113
left ventricular failure 38, 39
lethal triad 144, 145
limb assessment 44, 45, 119, 123, 141
limb injuries 120–123, 140–141
limb trauma 140–141
‘locked knee’ 121
lowered consciousness 9, 27, 46, 47, 79
lower limb injuries 120–121
Lund–Browder diagram, burns 146, 147
lung field sounds 19, 111
major incidents 152–153
maltreatment, children 108, 109, 137
Manchester Triage System (MTS) 6, 7, 12, 13
mass, oxygen therapy 20
massive haemorrhage 144–145
massive haemorrhage protocol 143, 144, 145
massive haemothorax 138, 139, 145
mechanism of injury (MOI) 132, 133, 151
meningitis 52, 82, 83, 85, 113
mental capacity, intellectual disability 103
Mental Health Act 1983 95
mental health patients 5, 79, 94–99
metabolic acidosis 18, 19, 27
metabolic alkalosis 18
migraine 52, 53
minor injuries/conditions 117–129
minors 3
miscarriage 66, 67
monitoring 7, 29, 39, 149, 151
myocardial infarction 37, 41, 75
N-acetylcysteine 75
naloxone 75, 141
nasal injury/problems 129
nasopharyngeal airway 16, 17, 115
National Early Warning Score (NEWS) 10, 11, 37
National Poisons Information Service (NPIS) 73, 75, 77
nebuliser 20, 21, 113
neck injury 123, 136, 137
neck pain 123
needle decompression 139
neurological function assessment 44–45
next of kin, notifying 159
non-accidental injury (NAI), children 109, 137
non-invasive ventilation (NIV) 20, 21, 23
non-prescription drug poisoning 74–75
non-ST elevation myocardial infarction (NSTEMI) 36, 37
non-steroidal anti-inflammatory drugs (NSAIDs) 13, 61
nose bleed (epistaxis) 129
notifiable diseases 84–85
observation 7, 29, 39, 149, 151
observation area 3
obstetrics 66–68
oedema 38, 39, 63
oesophageal varices 58, 59
OLDCARTS chest pain assessment tool 36
older adults 123, 125, 148, 149
‘on the floor and four more’ 134, 135
open fracture 140, 141
open pneumothorax 138, 139
opioids 13, 74, 75, 141
organ donation 159
organophosphates poisoning 77
organ perfusion indicators 27
opharyngeal airway 16, 17, 114, 115
otitis externa 129
Ottawa ankle rules 120, 121
overdose 71–79
oxygenation 19, 21, 31
oxygen therapy 9, 20–21
acute coronary syndromes 37
carbon monoxide poisoning 77
COPD 21, 23
heart failure 39
paediatric advanced life support 115
paediatric advanced life support (PALS) 114–115
Paediatric Early Warning Score (PEWS) tool 110, 111
Paediatric Glasgow Coma Scale 118, 119, 150, 151
paediatric patients see children and young people
pain 12–13
  abdominal 56–57, 67
  burns 147
  chest 37
  management 12, 13, 37, 61, 141
  neck 123
  pelvic, women 68
  renal colic 61
  wounds 125
Pain, Pulseless, Pallor, Paresthesia, Paralysis (5Ps) 140, 141
pain assessment tools 13, 37
pain stimulus 44, 45
palpation 19, 27, 111, 135
pancreatitis 57
PaO₂ 19
paracetamol 13, 74, 75, 141
paraphimosis 60, 61
paroxysmal atrial fibrillation (PAF) 35
paroxysmal nocturnal dyspnoea 39
patella fractures 120, 121
patient assessment 1–13
  abdominal pain 56, 57
  acute coronary syndromes 37
  acute kidney injury 62, 63
  children 107, 109, 111
  dementia patients 100, 101
  dyspnoea 18, 19
  gastrointestinal bleed 58, 59
  head injury 137
  mental health patients 94
  minor injuries 120, 121, 123, 125, 127, 128–129
  neurological function 44, 45
  pain 12, 13
  poisoning 72–73
  pre-hospital 5
  sexual assault 93
  sexually transmitted infections 87
  transfer 157
  trauma 132, 133, 137, 139, 141, 149
  triage see triage
see also ‘ABCDE’ approach
patient transfer 5, 147, 156–157, 159
peak expiratory flow rate (PEFR) 18, 19
pelvic binders 142, 143, 145
pelvic fracture 143
pelvic pain, women 68
pelvic trauma 142–143
penetrating trauma 125, 133, 143, 145
peptic ulcer disease (PUD) 58, 59
percussion 19, 111, 135
peritonitis 57
peritonsillar abscess (quinsy) 128, 129
pertussis (whooping cough) 85
pneumonia 23, 138
pneumothorax 19, 23, 138, 139, 151
poisoning 71–79
potassium 63, 65
pre-eclampsia 67
pregnancy 66, 67, 86, 91, 148, 149
pre-hospital care 4–5, 133, 145
prescription drug poisoning 74–75
primary percutaneous coronary interventions 36, 37
primary survey, trauma 132, 133, 134–135, 149
PR interval 35
5Ps 140, 141
pseudo-epilepsy 51
pseudo-seizures 51
psychosis 79, 98, 99
pulled elbow 118, 119, 123
pulmonary embolism 23, 67
pulse(s) 27, 40, 41, 110, 111, 115
pulseless electrical activity (PEA) 27, 41, 115
pulse oximetry 9, 19, 111
pulse pressure (PP) 27
pupil observations 44, 45, 111
P waves 34
pyelonephritis 60, 61
QRS complex 35
quinsy 128, 129
radial head subluxation 118, 119, 123
rapid infusers 145
rapid sequence induction (RSI) 16, 17
rash 82, 83, 85, 86, 87, 112, 113
realignment, limb trauma 141
record keeping 13, 33, 91, 157
recreational drug use 75
red eye 127
referrals 73, 79, 146, 147, 157
renal calculi 61
renal colic (urethral colic) 61
renal replacement therapy (RRT) 63
respiratory acidosis 18
respiratory alkalosis 18, 19
respiratory compromise, children 107
respiratory conditions 22–23
respiratory failure 18, 19, 110, 111
respiratory illness, children 112, 113
respiratory rate (RR) 19, 27, 110, 135, 151
respiratory syncytial virus (RSV) 83, 113
resuscitation area (‘resus’) 3
return of spontaneous circulation (ROSC) 41
RIPPPAS mnemonic 19, 134, 138
ROSIER scale 48, 49
Rule of 9’s 146
‘Rule of 10’ 19
safeguarding 106, 107, 108–109
  acute alcohol intoxication 79
  poisoning 73
  sexual assault 93
  trauma patients 151
Salter Harris fractures 118, 119
scalds 109, 125, 147
scaphoid fracture 123
schizophrenia 99
screening tools 79, 101
secondary survey, trauma 132, 133
seizures 50–51
self-harm 96–97
Sengstaken–Blakemore tube 58, 59
sepsis 31
septic shock 30, 31
sexual abuse, children 108
sexual assault 92–93
Sexual Assault and Referral Centre (SARC) 93
sexually transmitted infections (STIs) 68, 86–87, 93
shock 30–31, 149
shortness of breath 18, 19, 39
shoulder injuries 122, 123
'sieve and sort,' major incidents 152, 153
sinus arrhythmia 35
sinus bradycardia 35
sinus rhythms 34, 35
sinus tachycardia 35
Situation, Background, Assessment, Recommendation (SBAR) 11
skin assessment 9, 27, 107
skin flap 124, 125
skull fracture 136
social services 92, 93, 109
spacer device 112, 113
spinal injury 136–137
splinting devices 140, 141
spontaneous abortion 66, 67
sprains 121
status epilepsy 51
ST elevation myocardial infarction (STEMI) 36, 37
steristrips 124, 125
stillborn 149
stroke 48–49
stroke volume 27
subarachnoid haemorrhage 46, 49, 52, 53, 136
subconjunctival haemorrhage 126, 127
suicide/suicidal ideation 77, 94, 96–97, 99
support organisations 91, 93
supraventricular tachycardia 34, 35
syphilis 86, 87

T wave 35
T waves 35
tachyarrhythmia 35
tachycardia 26, 111
tachypnoea 19, 26, 110, 111
tension pneumothorax 138, 139, 151
tertiary survey, trauma 133
testicular torsion 60, 61
thermal burns 146, 147
thoracotomy 138
throat problems 129
thromboembolism 67
thrombolysis 23, 37, 48, 49
tissue glue 119, 124, 125
tissue plasminogen activator (tPA) 49
toe injuries 121
tonsillitis 123
torus ‘buckle’ fracture 118, 119
total body surface area (TBSA) burned 147
toxins 72, 77
track and trigger systems 10–11
tranexamic acid 145
transfer 5, 147, 156–157, 159
traumatic amputation 141
trauma 131–153
assessment types 132, 133
children 150–151
older adults 149
during pregnancy 148, 149
pre-hospital 133
unconscious patient 46
trauma systems 133
trauma team 132, 133

trauma 131–153
assessment types 132, 133
children 150–151
older adults 149
during pregnancy 148, 149
pre-hospital 133
unconscious patient 46
trauma systems 133
trauma team 132, 133

tuberculosis 84, 85
tumbler test 82
T waves 35
Tympanic membrane rupture 129

ulcers, gastrointestinal 58, 59
unconscious patient 46–47, 111
unstable angina (UA) 36, 37
upper limb injuries 122–123
urethral colic (renal colic) 61
urgent care centre 3
urinalysis, acute kidney injury 63
urinary catheters 61, 147
urinary retention 60, 61
urinary tract infection (UTI) 60, 61
urine alkalisation 73
urine output (UO) 27
uveitis, acute 127

vaginal bleeding 67, 68
ventilation, trauma patients 134, 135, 151
ventricular ectopic beats 34, 35
ventricular fibrillation (VF) 34, 35, 41, 115
ventricular tachycardia (VT) 34, 35, 41, 115
viral haemorrhagic fever (VHF) 85
visual acuity testing 126, 127
vulnerable patient groups 89–103
safeguarding see safeguarding

Wernicke's encephalopathy 78, 79
wheezing 19, 111, 113
whiplash 123, 137
whole bowel irrigation (WBI) 73
whooping cough (pertussis) 85
wounds 124–125
wrist injuries 119, 122, 123

X-ray 18, 19, 38, 39, 85, 143

young people see children and young people