Index

AAI see Adult Attachment Interview
actuarial risk assessment 107–10
ADHD see attention deficit hyperactivity disorder
adolescent offenders
  Psychopathic Checklist: Youth Version (PCL:YV) 45–6
  psychopathic traits 45–6
Adult Attachment Interview (AAI) 76
Adult Self-Expression Scale 112, 249
alcohol abuse 154–62
  see also Integrated Risk–Need–Responsivity (RNR-I) Model;
  substance abuse
anxiety disorders 160
negative emotionality 155, 159–62
recidivism rates 154–62
RNR-I model 159–62, 177–85
stress 160–1
theoretical considerations 159–62
anger management 58–9
social skills component,
  RTCSOTP 139–41
antisocial personality disorder (APD)
  defining 3–5
  vs. psychopathy 3–5
  treatment outcome 31
anxiety, clinical 149–50
anxiety disorders, alcohol abuse 160
APD see antisocial personality disorder
arousal management training,
  treatment step 174–5
arousal management training 174–5
control-no control trial 173–4
discussion with client 172–3
fantasy scripts 174
medications 175–6
multi-step approach 172–6
phallometric testing/assessment in 172–6

Jeffrey Abracen and Jan Looman.
© 2016 John Wiley & Sons, Ltd. Published 2016 by John Wiley & Sons, Ltd.
assertiveness, social skills component, RTCSOTP 138–9
attachment theory 74–9
   Adult Attachment Interview (AAI) 76
   attachment types 74–6
   Integrated Risk–Need–Responsivity (RNR-I) Model 83–96
   promiscuous sexual behavior 77–8
   violent behavior 78–9
attention deficit hyperactivity disorder (ADHD) 91–2
autobiography assignment RTCSOTP 12, 118–19, 181–3
   self-management 118–19

BDHI see Buss–Durkee Hostility Inventory
behavioral progression (or offense chain) module
   RTCSOTP 13–14, 122, 123–4
   self-management 122, 123–4
Bumby MOLEST scale 248
Bumby RAPE scale 248
Bumby’s Child Molester and Rape Cognitive Distortions Scales 111, 115
Buss–Durkee Hostility Inventory (BDHI), negative emotionality assessment 111
Buss–Durkee Hostility–Guilt Inventory 249

California Sex Offender Treatment and Evaluation Project (SOTEP) 112–13
Cambridge Study in Delinquent Development, complex post-traumatic stress disorder (PTSD) 88–9
CAMH see Centre for Addiction and Mental Health
CCCs see community correctional centers
Central District (Ontario) Sex Offender Maintenance Program 210–14
Central District Sex Offender Maintenance (SOMP) program 211–12, 214–15
Centre for Addiction and Mental Health (CAMH) 210–11, 214–15
Child Molester and Rape Cognitive Distortions Scales 111, 115
Circles of Support and Accountability (COSA), community management 214–15
CISS see Coping in Stressful Situations Scale
Clearwater Sex Offender Treatment Program, treatment outcome 44
clinical anxiety 149–50
cognitive distortions module RTCSOTP 14–15, 120–1
   self-management 120–1
cognitive-behavioral approaches, effectiveness 21
communications skills, social skills component, RTCSOTP 135–6
community correctional centers (CCCs) 67–8
   high-risk offender populations 191–5
   mental illness 91–2
   community management 186–215
Central District (Ontario) Sex Offender Maintenance Program 210–14
Central District Sex Offender Maintenance (SOMP) program 211–12, 214–15
Centre for Addiction and Mental Health (CAMH) 210–11
Circles of Support and Accountability (COSA) 214–15
community-based research, high-risk offender populations 191–5
employment plans 203
Good Lives Model (GLM) 204–6
initial assessment in the community 195–204
institutionally based treatment programs 207–10
integrated care 207–10
Integrated Risk–Need–Responsivity (RNR-I) Model 204–7
intimacy and relationships 213–14
outcome research 214–15
social support 202
violent behavior 208–10
community-based support, intimacy and relationships 145
co-morbidity
complex post-traumatic stress disorder (PTSD) 80–1
management 187
mental illness 92–3
complex post-traumatic stress disorder (PTSD) 79–82
Cambridge Study in Delinquent Development 88–9
co-morbidity 80–1
Integrated Risk–Need–Responsivity (RNR-I) Model 83–96
National Survey of Adolescents 88
prevalence 81
RTCSOTP 87–8
Coping in Stressful Situations Scale (CISS) 111, 115
Coping Using Sex Inventory (CUSI) 111–12, 115, 250
Correctional Service of Canada (CSC) 1, 8
COSA see Circles of Support and Accountability
CSC see Correctional Service of Canada
CUSI see Coping Using Sex Inventory
DAST see Drug Abuse Screening Test
decision matrix 53–4, 246
definitions 2–7
deviance indices, phallometric testing/assessment 171
deviant sexual arousal 163–76
phallometric testing/assessment 164–76
sexual preference hypothesis 163–4
suspending clients 201
disclosing personal information, intimacy and relationships 142–4
disclosures module RTCSOTP 118–19
self-management 118–19
discrepancy creation, motivational interviewing 55–6
drug abuse see also substance abuse
tetrahydrocannabinol (THC)-based drugs, motivational interviewing 55
Drug Abuse Screening Test (DAST) 114, 251
mental illness 90
RTCSOTP 10, 157–8
emotions, negative see negative emotionality
emotions management module
RTCSOTP 15, 121
self-management 121
empathy, social skills component,
RTCSOTP 137–8
employment plans, community
management 203
etiological factors 72–82
attachment theory 74–9
complex post-traumatic stress
disorder (PTSD) 79–82

GLM see Good Lives Model
goals for professional growth and
development 252–4
goal-setting, social skills
component, RTCSOTP 136
Good Lives Model (GLM) ix, 7,
97–105, 218
community assessment 204–6
desistance perspective 101–3
vs. risk–need–responsivity
(RNR) approach 51–3,
103–5, 204–7
treatment outcome 45
group sizes, RTCSOTP 126

Hare Psychopathy Checklist-
Revised (PCL-R) see
Psychopathy Checklist-Revised
harm reduction techniques 106–7
HCR-20 see Historical-Clinical-
Risk Management-20
high-risk offender populations
community-based research 191–5
initial assessment in the
community 199
suspending clients 201

High-Risk Situations Test
(HRST) 112–13, 250
Historical-Clinical-Risk
Management-20 (HCR-20),
recidivism risk/prediction 94
humanistic orientation, Good Lives
Model (GLM) vs. risk–need–
responsivity (RNR)
approach 103–4

individual vs. group therapy,
RTCSOTP 127–9
initial assessment in the
community 195–204
inpatient-based program,
RTCSOTP 16–17
institutionalization 66
institutionally based treatment
programs 207–10
integrated care, community
management 207–10
Integrated Risk–Need–Responsivity
(RNR-I) Model 69–71, 73,
83–96, 177–85, 216–22
see also risk–need–responsivity
(RNR) approach
alcohol abuse 159–62
assessment 177–9
attachment theory 83–96
community assessment 204–7
complex post-traumatic stress
disorder (PTSD) 83–96
mental illness 89–95
practical implications 221–2
theoretical considerations 159–62
theories of sexual offending 83–96
intimacy and relationships 141–9
“cognitively deconstructed”
state 148
community management 213–14
community-based support 145
disclosing personal information 142–4
ending relationships 144
loneliness issues 146–8
rejection issues 142–3, 147–8
relationship skills, motivational interviewing 54–5
Relationship Styles
  Questionnaire (RSQ) 114
sexuality following treatment 146
social skills component, RTCSOTP 141–9
substance abuse 155
intimacy deficits, motivational interviewing 54–5
introductory module
  RTCSOTP 118
self-management 118
introductory sessions, social skills component, RTCSOTP 134–5
Level of Supervision Inventory-Revised (LSI-R) 109
loneliness issues
  intimacy and relationships 146–8
  UCLA Loneliness Scale 112, 115
  UCLA Loneliness Scale – Revised 249
long-term supervision orders (LTSOs) 186–7
community-based research, high-risk offender populations 191–2
LSI-R see Level of Supervision Inventory-Revised
LTSOs see long-term supervision orders
manipulative behaviors, psychopathy 63
manualized approaches to therapy 59–61
MAST see Michigan Alcohol Screening Test
MAU see Millhaven Assessment Unit
MCMI-III see Millon Multi-Axial Inventory
medications, treatment 175–6
mental health professionals involvement 60
mental illness
  attention deficit hyperactivity disorder (ADHD) 91–2
  community correctional centers (CCCs) 91–2
  co-morbidity 92–3
  Drug Abuse Screening Test (DAST) 90
  Historical-Clinical-Risk Management-20 (HCR-20) 94
  Integrated Risk–Need–Responsivity (RNR-I) Model 89–95
  Michigan Alcohol Screening Test (MAST) 90
  recidivism risk/prediction 90–5
  Short-Term Assessment of Risk and Treatability (START) 94
  Michigan Alcohol Screening Test (MAST) 113–14, 220–1, 251
  mental illness 90
  RTCSOTP 10, 157–8
  Miller Social Intimacy Scale (MSIS) 112, 248
  Millhaven Assessment Unit (MAU) 9
  Millon Multi-Axial Inventory (MCMI-III), risk appraisal 110
motivational interviewing 53–7, 106, 181, 187, 191
discrepancy creation 55–6
intimacy deficits 54–5
relationship skills 54–5
“rolling with resistance” 55
tetrahydrocannabinol (THC)-based drugs 55
therapist knowledge/training 57–61
MSI see Multiphasic Sex Inventory
MSI-II see Multiphasic Sex Inventory
MSIS see Miller Social Intimacy Scale
Multiphasic Sex Inventory (MSI) 113, 115
Multiphasic Sex Inventory (MSI-II) 247–8
multi-step approach, addressing deviant arousal 172–6

National Survey of Adolescents, complex post-traumatic stress disorder (PTSD) 88
need areas 5
negative emotionality 77, 86–7, 146–7, 180–1, 188–90
alcohol abuse 155, 159–62
assessment 111
Buss–Durkee Hostility Inventory (BDHI) 111
non-compliance, RTCSOTP 17–18

obsessive-compulsive thoughts and behavior 17–18
offense chain (or behavioral progression) assignment, RTCSOTP 13–14
outcome, treatment see treatment outcome
paraphilia 90–1, 92, 194–5
pathways to offending 219–20
Paulhus Deception Scales (PDS) 247
PCL-R see Psychopathy Checklist-Revised
PCL:YV see Psychopathic Checklist: Youth Version
penile plethysmography (PPG) see phallometric testing/assessment
phallometric testing/assessment 6–7, 164–76
audiotape assessments 166
deviance indices 171
rapists 166–71
RTCSOTP 169–76
standardized stimuli 169–70
stimulus sets 165–8
use in treatment 172–6
post-traumatic stress disorder see complex post-traumatic stress disorder
post-treatment measures 247–51
PPG (penile plethysmography) see phallometric testing/assessment
pressures, vs. triggers 86
pre-treatment measures 247–51
problem-solving, social skills component, RTCSOTP 136–7
promiscuous sexual behavior, attachment theory 77–8
psychiatric disorders, recidivism rates 194
psychometric assessment 110–16
Adult Self-Expression Scale 112
Bumby’s Child Molester and Rape Cognitive Distortions Scales 111, 115
Buss–Durkee Hostility Inventory (BDHI) 111
California Sex Offender Treatment and Evaluation Project (SOTEP) 112–13
Coping in Stressful Situations Scale (CISS) 111, 115
Coping Using Sex Inventory (CUSI) 111–12, 115
Drug Abuse Screening Test (DAST) 10, 90, 114
High Risk Situation Test 112–13
Michigan Alcohol Screening Test (MAST) 10, 90, 113–14
Miller Social Intimacy Scale (SIS) 112
Multiphasic Sex Inventory (MSI) 113, 115
pre-post changes 115
Relationship Styles Questionnaire (RSQ) 114
Sex Offender Treatment and Evaluation Project (SOTEP) 112–13
Social Intimacy Scale (SIS) 112
UCLA Loneliness Scale 112, 115
psychometric test results evaluation, treatment outcome 26–7
Psychopathic Checklist: Youth Version (PCL:YV) 45–6
psychopathic traits adolescent offenders 45–6
Psychopathic Checklist: Youth Version (PCL:YV) 45–6
psychopathy vs. antisocial personality disorder (APD) 3–5
detached approach 62
manipulative behaviors 63
as a responsivity factor 61–4
social skills component, RTCSOTP 150–3
treatment outcome 33–46
Psychopathy Checklist-Revised (PCL-R) defining 3–4
treatment outcome 31–2, 38–46
PTSD see complex post-traumatic stress disorder
Rapid Risk Assessment of Sexual Offense Recidivism (RRASOR) 43
recidivism rates 43
recidivism research, critical review 21–30
recidivism risk/prediction see also risk/risk appraisal
Historical-Clinical-Risk Management-20 (HCR-20) 94
mental illness 90–5
Rapid Risk Assessment of Sexual Offense Recidivism (RRASOR) 43
sexual preference hypothesis 163–4
Short-Term Assessment of Risk and Treatability (START) 94
Regional Treatment Centre High Intensity Sex Offender Treatment Program (RTCSOTP) 1, 4, 8–18
see also treatment outcome advantages 218–19
autobiography assignment 12, 118–19, 181–3
behavioral progression (or offense chain) module 122, 123–4
changes 11–14

Psychopathic Checklist: Youth Version (PCL:YV) 45–6
psychopathic traits adolescent offenders 45–6
Psychopathic Checklist: Youth Version (PCL:YV) 45–6
psychopathy vs. antisocial personality disorder (APD) 3–5
detached approach 62
manipulative behaviors 63
as a responsivity factor 61–4
social skills component, RTCSOTP 150–3
treatment outcome 33–46
Psychopathy Checklist-Revised (PCL-R) defining 3–4
treatment outcome 31–2, 38–46
PTSD see complex post-traumatic stress disorder
Rapid Risk Assessment of Sexual Offense Recidivism (RRASOR) 43
recidivism rates 43
recidivism research, critical review 21–30
recidivism risk/prediction see also risk/risk appraisal
Historical-Clinical-Risk Management-20 (HCR-20) 94
mental illness 90–5
Rapid Risk Assessment of Sexual Offense Recidivism (RRASOR) 43
sexual preference hypothesis 163–4
Short-Term Assessment of Risk and Treatability (START) 94
Regional Treatment Centre High Intensity Sex Offender Treatment Program (RTCSOTP) 1, 4, 8–18
see also treatment outcome advantages 218–19
autobiography assignment 12, 118–19, 181–3
behavioral progression (or offense chain) module 122, 123–4
changes 11–14
Regional Treatment Centre High Intensity Sex Offender Treatment Program (RTCSOTP) (cont’d)
cognitive distortions module 14–15, 120–1
complex post-traumatic stress disorder (PTSD) 87–8
disclosures module 118–19
Drug Abuse Screening Test (DAST) 10, 157–8
drug management module 15, 121
goal 17
group sizes 126
individual vs. group therapy 127–9
inpatient-based program 16–17
institutionally based treatment programs 207–10
introductory module 118
Michigan Alcohol Screening Test (MAST) 10, 157–8
non-compliance 17–18
offense chain (or behavioral progression) assignment 13–14
pathways to offending 219–20
phallometric testing/assessment 169–76
program refinements 11–14
recidivism rates 42–5, 127–32
resistance to treatment 17–18
self-management component 12–15, 117–25
social skills component 15–16, 134–53, 181
violent behavior 209–10
rejection issues, intimacy and relationships 142–3, 147–8
Relapse Prevention Assessment 250
relationship skills
see also intimacy and relationships motivational interviewing 54–5
Relationship Styles Questionnaire (RSQ) 114
research
community-based research, high-risk offender populations 191–5
outcome research, community management 214–15
recent research evidence, treatment outcome 30–46
recidivism research, critical review 21–30
Rice and Harris (2003), critical review of recidivism research 21–30
sexual offenders research, treatment outcome 37–45
resistance to treatment, RTCSOTP 17–18
responsivity factors 6
Rice and Harris (2003), critical review of recidivism research 21–30
Risk Appraisal Guide-Sex Offender Version (SORAG) 108
risk–need–responsivity (RNR) approach 96, 98
see also Integrated Risk–Need–Responsivity (RNR-I) Model vs. Good Lives Model (GLM) 51–3, 103–5, 204–7
risk/risk appraisal 2–5
see also recidivism risk/prediction
actuarial risk assessment 107–10
categorizing clients 5
definitions 2–3
initial assessment in the community 195–204
Level of Supervision Inventory-Revised (LSI-R) 109
Rapid Risk Assessment of Sexual Offense Recidivism (RRASOR) 43
Risk Appraisal Guide-Sex Offender Version (SORAG) 108
Static-99/99R 2–3, 10, 43, 107–8
Violence Risk Appraisal Guide (VRAG) 2–3
RNR see risk–need–responsivity approach
RNR-I model see Integrated Risk–Need–Responsivity Model
“rolling with resistance”, motivational interviewing 55
RRASOR see Rapid Risk Assessment of Sexual Offense Recidivism
RSQ see Relationship Styles Questionnaire
RTCSOTP see Regional Treatment Centre High Intensity Sex Offender Treatment Program
self-management
autobiography 118–19
behavioral progression (or offense chain) module 122, 123–4
cognitive distortions module 120–1
disclosures module 118–19
emotions management module 121
introductory module 118
RTCSOTP 12–15, 117–25
self-management module 122–5
self-regulation, alcohol abuse 159–60
setting, treatment 64–8
Sex Offender Treatment and Evaluation Project (SOTEP) 112–13
sexual offenders research, treatment outcome 37–45
sexual preference hypothesis 163–4
sexuality following treatment 146
Short-Term Assessment of Risk and Treatability (START), recidivism risk/prediction 94
Social Intimacy Scale (SIS) see Miller Social Intimacy Scale (MSIS)
social skills component,
RTCSOTP 15–16, 134–53, 181
anger management 139–41
assertiveness 138–9
clinical anxiety 149–50
communications skills 135–6
empathy 137–8
goal-setting 136
intimacy and relationships 141–9
introductory sessions 134–5
problem-solving 136–7
psychopathy 150–3
social skills deficits 129–34, 211, 221
recidivism rates 129–32
social support, community management 202
SOMP see Central District Sex Offender Maintenance program
SORAG see Risk Appraisal Guide-Sex Offender Version
SOTEP see Sex Offender Treatment and Evaluation Project
START see Short-Term Assessment of Risk and Treatability
stress, alcohol abuse 160–1
substance abuse 10, 154–62
see also alcohol abuse; Integrated Risk–Need–Responsivity (RNR-I) Model
literature review 156–8
recidivism rates 154–62
suspending clients 201
tetrahydrocannabinol (THC)-based drugs, motivational interviewing 55
therapist characteristics 49–61
Good Lives Model (GLM) vs. risk–need–responsivity (RNR) approach 51–3
motivational interviewing 53–7
therapeutic alliance 50–1
therapist flexibility 49–50
therapist knowledge/training 57–61
anger management 58–9
manualized approaches to therapy 59–61
mental health professionals involvement 60
motivational interviewing 57–61
therapist ratings evaluation, treatment outcome 26–7
training see therapist knowledge/training
treatment outcome 19–47
antisocial personality disorder (APD) 31
Clearwater Sex Offender Treatment Program 44
Good Lives Model (GLM) 45
outcome research, community management 214–15
psychometric test results evaluation 26–7
psychopathy 33–46
Psychopathy Checklist-Revised (PCL-R) 31–2, 38–46
recent research evidence 30–46
recidivism research, critical review 21–30
sexual offenders research 37–45
therapist ratings evaluation 26–7
treatment refusers 24–6
Warkworth Sexual Behaviour Clinic (WSBC) 37–9
treatment refusers 24–6
treatment setting, characteristics 64–6
triggers, vs. pressures 86
UCLA Loneliness Scale 112, 115
UCLA Loneliness Scale – Revised 249
Violence Risk Appraisal Guide (VRAG) 2–3
violent behavior
attachment theory 78–9
community management 208–10
RTCSOTP 209–10
VRAG see Violence Risk Appraisal Guide
Warkworth Sexual Behaviour Clinic (WSBC), treatment outcome 37–9