Index

Note: page numbers in italics refer to figures, those in bold refer to tables

α fibers 39, 41
Aβ fibers 39, 41
trigeminal nerve sensory nucleus 44
Aδ fibers 39, 41
dorsal horn entry 44
nociception 42
abdomen, liposuction indications 452–3
Ablative Affirm Carbon Dioxide resurfacing 396, 402
ABS nail tips 216, 217
acetaminophen 287
acetone 219
nail polish remover 213
acids, strong 56–7
acne
adhesive pads 492
alpha-hydroxyacids 490
antimicrobials 491
benzoyl peroxide 489–90, 491
beta-hydroxyacids 490–1
cleansing 488–9
cleansing brushes 492
cleansing cloths 491–2
electronic heating device 492
essential oils 492
gluconolactone 491
isotretinoin 493
lactobionic acid 491
mechanical treatments 492
microdermabrasion 420–1
mild cleansing 84–5, 86
nicotinamide 493
oral vitamins 492–3
over-the-counter treatments 488–93
polyhydroxyacids 491
retinoids 491
salicylic acid 490–1
scarring 426–7
scrubs 492
soaps 488–9
sulfur 491
syndet treatment 488–9
triclosan/tricloerocarbon 491
vitamin A 493
acneiform eruptions 57
acrylates 217
actinic keratoses, chemical peel 390, 391
activator protein 1 (AP-1) 16, 17, 19
activation
by phenolic compounds 283
by retinoic acid receptors 483
corticosteroid mechanism of action 286, 287
MAP kinase signaling pathway 302
microdermabrasion effects 419
Active and Deep FX Lumenis fractionated carbon dioxide laser 396–8, 399, 400
procedures/technique 407
adhesive pads 492
advanced glycation endproducts (AGEs) 339
adverse reactions
antiperspirants 154–5
artificial nails 219–20
calcium hydroxylapatite hand contouring 477
collagen fillers 369–72
cosmetics 55
dermabrasion 154–5
hair permanent waving 245, 245, 246
nail cosmetic prostheses 219–20
nail grooming 203–4
aerosol sprays, sunscreen vehicles 147
afferent nerves, synapses 43–4
African-American skin
aging 31–2
ashy skin 92
self-perceived sensitive skin 24–5
UV irradiation 18
aging
African-American skin 31–2
Asian skin 31–2
brow ptosis 31
Caucasian skin 31–2
chronic 13–14
cytokines 304–5
ethnic skin 31–2
face evaluation 362
facial tissue sagging 32
free radical theory 312–13
growth factors 304–5
hair 237–8
hands 473–9
Hispanic skin 32
inflammatory process 286
pathophysiology 409
physiology 302–5
reversal 304–6
see also antiaging products; photoaging; wrinkles
alcohol
hand sanitizers 108, 111
waterless cleansers 104
aldobionic acids 328
alexandrite laser, long pulsed 435
alkalis, strong 57
alkaloids, plant 272
allergens 56–60
IgE antibodies 60
self-perceived sensitive skin 23
allergic contact dermatitis 55–6
irritant contact dermatitis differential diagnosis 56
allergy/allergic reactions 58–60
antibacterials 111
bovine collagen 366
collagen fillers 60, 370–1
fragrances 111
hair dyes 59, 234
nail cosmetics 203, 204
sensitive skin 23
UV cured nail lacquer 212
Alloderm 364, 365
aloe 275–6
alpha-hydroxyacids (AHA) 327, 328, 329
acne treatment 490
antiaging 483, 486
antioxidant 329
chemical peels 377–8
peels 332–3, 500–1
rosacea 500–1
water binding 329
aluminium compounds, antiperspirants 152, 153
aluminium oxide, microdermabrasion 418
Alzheimer’s disease 154
amino acids  
definition 292  
hair 238  
protein chain 292  
side chains 292, 293  
5-aminolevulinic acid (5-ALA) 436  
ammonium thioglycolate 250–1  
anesthesia  
dermabrasion 428, 429  
fractionated carbon dioxide laser  
resurfacing pretreatment 407  
liposuction 450  
neck 466–7  
polyalactic acid fillers 373  
angiogenesis 19  
antiiaging products  
antioxidants 484–6  
botanicals 274  
coenzyme Q10 485, 486  
cytokines 304–5, 307  
ferulic acid with vitamins C and E 485, 486  
genistein 486  
yuralic acid fillers 352–5, 474  
alpha-lipoic acid 485, 486  
retinoids 312–13  
skin health 336  
skin penetration 284  
topical 11, 281  
formulation 283–4  
sun protection 482–3  
combinations 338  
vitamin C 281, 282, 283, 324  
vitamin E 281, 282, 283, 325  
topical formulation 284  
antiperspirants 150–5  
actives 152  
adverse effects 154–5  
algum compounds 152, 153  
chemistry 153  
crystal products 153  
definition 152  
delivery systems 153–4  
formulation 153  
sweating control 155  
Wetness Inhibiting Performance 153  
antiwrinkle performance, facial foundation  
effect measurement 173  
apocrine glands 150, 151, 152  
apoptosis  
photoaging 32  
UV-induced 7–8  
aquaporins 135–6, 137  
arbutin 272  
arms, liposuction indications 454–5  
antioxidant 329–30  
averoid hydroxyacids 328–9  
receptor pili muscle 157  
Artecoll 366, 367  
Artefill 366, 367  
ascorbic acid  
skin 18  
averoid proteases 7  
aspirin 287  
astaxanthin 338  
atopic dermatitis  
body washes 92, 94  
facial 128  
mild cleansing 84, 85  
moisturizer use 128  
topical corticosteroids 128  
Autologen 364, 365  
avobenzone 147, 148  
sunscreen 481, 482  
azaic acid 500, 501  
B cells, corticosteroid prolonged use 287  
bar cleansers 77–87, 104  
barrier function  
microdermabrasion 418  
panthenol effects 323  
repair 506  
see also epidermal barrier  
behynyl alcohol 126  
benzoyl peroxide 489–90, 491  
alpha-hydroxyacids (BHA) 327–8, 329  
averoid treatment 490–1  
antiiaging 483, 486  
antioxidant 329  
water binding 329  
betaines, facial cleansers 97  
bionic acids 328, 329  
bibiop, brittle nails 203  
black henna tattoos 234  
black skin  
dermis 31  
dystpigmentation 33  
irpurpmentation 33  
iritant contact dermatitis 30  
photoaging 33  
transpidermal water loss 30  
UVA protective factor 29  
UVB protective factor 29  
see also African–American skin  
blade shaving  
see shaving, blade  
bleaches  
alergic reactions 59  
see also hair bleaches  
blepharopigmentation 194  
body washes 88–94  
antioxidants 90  
averoid skin 92  
averoid dermatitis 92, 94  
cheijing agents 90  
cleansing ability 90  
color 90  
componets 89–90  
consumer understanding 90–1
exfoliation aids 90
fragrances 90
in-use performance 90–2
moisturization from 91–2, 93
moisturizing 88–91
people benefiting 92, 93, 94
regular 88
skin benefit agents 89–90
specialty 89
surfactants 89
syndets 89
types 88–9
water content 89

bombesin 295
botanicals 269–79
antiaging 274
anti-inflammatory 289
emollients 274
lighteners 276
photoprotection 276
studied 273
tighteners 276

Botox 342
advantages 343
complications 350–1
contraindications 344
indications 343
injection techniques 344, 345, 346–9
lower face treatment 348–9
side-effects 350–1
midface treatment 347
precautions 344
product stability 343
treatment sites 344, 345, 346–9
upper face treatment 344, 345, 346–7
side-effects 350

botulinum neurotoxin type A (BoNTA) 342–3
filler combination 349, 350
immunogenicity 350
upper face treatment 344, 345, 346–7
botulinum neurotoxin type B (BoNTB) 342

botulinum toxin 299, 342–51
allergic reactions 60
fractionated carbon dioxide laser resurfacing pretreatment 407
marginal mandibular branch of facial nerve damage 470
mechanism of action 343
physical characteristics 343
brain activation with self-perceived sensitive skin 25
thalamocortical afferents 44, 45
breast cancer, antiperspirants 154–5
breasts, liposuction 456
brighteners 276

bromelain 276
brow lift, lateral 347
brow ptosis 31
bruising
Botox 349–50
collagen fillers 370
buffer salts, hair permanent waving 242
bunny lines 347–8
buttocks, liposuction indications 453–4
buttery methoxy dibenzoyl methane (BMDM) 147, 148
caffeine 276–7
calcineurin inhibitors 288
calcitonin gene-related peptide (CGRP) 294–5
calcium gradient, stratum corneum 9
calcium hydroxylapatite 356–60
anaesthesia 359
areas for correction 357
complications 359
hand recontouring 473–9
adverse events 477
injection technique 474–7
lidocaine 474–5, 478–9
post-injection hand massage 475–6
post-treatment care 476–7
results 477, 478
indications 356–7, 358, 359
microspheres 356, 357, 474
pharmacology 356
physical properties 356
techniques 356–7, 358, 359
camouflage makeup 176–83
application 176–8
color matching 177
definition 176
goals 176
indications for 179
melasma 180
neutralizers 177
peri orbital hyperpigmentation 179
postsurgical scars 179
quality of life 182–3
removal 178
skin matching 177
telangiectasia 182
texture abnormalities 177
vascular malformation 181
vitiligo 179, 180
camouflage therapists 181–2
camphor 208
cancer risk
growth factors 306
hair dyes 234
capsaicin test 23–4
carboxyls 73
carbon dioxide, solid 378, 380
carbon dioxide laser resurfacing 393–408
fractionated 394–8, 399, 400–3, 404, 405–7
thermal necrosis 394
carnosine 294, 296
beta-carotene 337, 339
carotenoids
antioxidant 281
skin appearance improvement 338
UV damage protection 337
castor oil, lipsticks 187
catagen phase of hair growth 157–8, 433
catalase 8
cationic phase, shampoo conditioning
aids 116
Caucasian hair 33–5, 264
Caucasian skin
aging 31–2
self-perceived sensitive skin 24
UV irradiation 18, 29
cell signaling pathways, antioxidants 282
central nervous system (CNS), self-perceived sensitive skin 25
central projections 43–4
cerebides
microdermabrasion effects 419
skin barrier building 103
cervicomental angle (CMA) 463, 464
reduced after liposuction 468
C-fibers 23, 39, 41
dorsal horn entry 44
itch 42–3
nociception 42
pleasure sensation 43
self-perceived sensitive skin 25
chamomile, German 277, 492
cheilitis 186
chelating agents, body washes 90
chemical peel, microdermabrasion comparison 422–3
chemical peels
advantages 380, 385
combination 384–5
complications 382
contraindications 385, 386
depth 377, 378
disadvantages 380, 385
fluor-hydroxy pulse peel 381
 formulation 377–80, 384–5
frosting 388
histologic changes 377
indications 377, 385–6
long-term skin care 390
medium-depth 384–91
analgesia 387
complications 388, 390
granulation 388, 389
long-term skin care 390
patient preparation 387
post-procedure 388
sedation 387
set-up 386
technique 386, 387–8
wound healing 388, 389
post-care 381
priming 380
procedure 380–1
scar chemical reconstruction 381–2
superficial 377–83
techniques 380–2, 386, 387–8
chemical reconstruction of skin scars (CROSS) 381–2
chemokines 285
chest liposuction, male 456
chin
Botox treatment of dimple 348
implants 471
Chinese herbal medicines, toxicity 271
chromophores 146
UV absorption 14
Chrysanthellum indicum 500
ciclosporin 288
citric acid 483
clays, hair styling aids 262
cleansers
allergic reactions 58
antiaging 480–1
antibacterials 480–1, 491
bar 77–87, 104
exfoliants 481
foaming liquid 104
formulation 480–1
fragrances 104
lipid-free 104
low-foam 102–5
mechanisms 104–5
mildness 103–4
production 103
types 102–4
non-foam 102–5
mechanisms 104–5
types 102–4
personal 88–94
preservatives 104
rosacea 497, 498
skin barrier building ingredients 103
skin disease 84–5, 86
types 104
waterless 104
see also body washes; facial cleansers; hand sanitizers; hand washes; shampoos
cleansing
acne 488–9
antiaging regimen 480–1
body wash ability 90
mechanisms 104–5
procedure 481
skin barrier damage 105
see also facial cleansing
cleansing bars 77–87
formulation 77–8
manufacturing processes 78
non-soap detergent 79
preservatives 79
skin structure/function impact 79–81
soap 78–9
see also syndets/syndet bars
cleansing brushes 492
cleansing cloths 98–9
acne treatment 491–2
dry lathering 99
wet 99
cleansing milks 98
climbazole 117, 118
Clostridium botulinum 342
C-mechano-heat (CMH) nociceptors 42
coacervate 116
coal tar 118
coenzyme Q10 (CoQ10) 284
antiaging 485, 486
nanoemulsions 505
skin appearance 339
wound healing 340
coffee 276–7
coffeeberry extract 277
cold-sensitive fibers 41, 42
collagen
bovine 366
degradation stimulation 16
dermis 31
laser treatment 409
photaging 15, 409
skin fibroblast stimulation by hyaluronic acid fillers 354–5
synthesis by fibroblasts 16, 17
collagen fibers, photoaging 14
collagen fillers 361–72
adverse reactions 369–72
allergic reactions 60, 370–1
anaesthesia 367
animal-derived 365–6
bioengineered animal-derived 366
cross-hatching 367
facial augmentation 367–9
fanning 367
granuloma formation 371
hand rejuvenation 369
infections 371–2
injection techniques 366–7
injection-related events 370–1
materials 363, 364–5, 365–6
nodule formation 371
‘potential face’ 362–3
vascular compromise 371
color
additives in sunless tanning products 141
appraisal of facial foundation 173, 174
body washes 90
coordinates 177
matching 177
color charts 49
Color Index (CI) number 209
color stabilizers, nail lacquer 209
color standard chips 49
coloration, sunless tanning products 141–2
colored cosmetics
 camouflage techniques 176–83
facial foundation 167–74
coloring agents
lipsticks 187, 188
nail polish 208–9
combination gels, allergic reactions 60
comedones 57
benzoyl peroxide treatment 489
salicylic acid treatment 491
compartment syndrome, risk with liposuction 454
complexion 167
history of makeup 167–9
Complexion Analysis Software 49–50
conditioners (hair) 225
after hair relaxing 253
allergic reactions 58–9
colored hair 234
rinse-off 121
conditioning polymers, hair permanent waving 242
confocal Raman microspectroscopy (CRS) 68–9
consumers
facial moisturizer testing 128
understanding of body washes 90–1
contact dermatitis 55–61
diagnosis 60
skin of color 30
treatment 60
see also allergic contact dermatitis; irritant contact dermatitis
contact urticaria 56, 57–8
contouring see skin contouring techniques
copper, UV damage protection 338
corneocytes 3, 5, 6
cohesion 7
desquamation 8
dry lips 186
lip labial epidermis 185
maturation 8
melanin particles 7–8
visualization 10
corneodesmosomes 5, 7
desquamation 10
Corneometer® 10
Index

corneometry 127
cornified envelope (CE) 5, 6
lipid–protein cross-links 5
cortex 44, 45
corticosteroids
anti-inflammatory action 286–7
eczema treatment 502
mode of action 286
psoriasis 508, 509, 510
topical
allergic reactions 59
atopic dermatitis 128
contact dermatitis treatment 60
cosmeceuticals
anti-inflammatory actives 289
botanicals 269–79
growth factors 302–8
nutrients 335–40
peptides 296–7, 298, 299
polylactic acid fillers 373–6, 474
product development 273–4
proteins 293, 299–300
see also anti-inflammatory agents;
antioxidants; hydroxyacids;
retinoids; vitamin(s)
cosmetic(s)
adverse skin reactions 55
allergic contact reactions 11
hypersensitivity reactions 55–6
product development 10–11
rosacea 498–9
skin irritation 11
cosmetic actives
composition 62–3
delivery assessment 68–9
emulsions 63
formulation 63–4
molecular weight 62–3
natural 500–1
occlusion of skin 64
patch formulations 67
penetration enhancement 64–8
percutaneous delivery 62–9
rosacea 500–1
skin barrier 62
skin partition coefficient 64
transdermal delivery 62
vehicle effect 63–5
cosmetic intolerance syndrome 57
cosmetic product evaluation
bio-instrumentation 47–8
non-invasive 47–54
digital photography 48–51
methods 48
cosmetic surgery, lips 186
CosmoDerm 364, 365, 367
hands 473
CosmoPlast 364, 365, 367, 369
hands 473
creams 71–4
active ingredients 73
composition 72–3
definition 71
elevated temperature testing 74
oil-in-water 72–3
stability 74
sunless tanning product delivery 140–1
water-in-oil 73
critical wavelength method, UVA radiation 148
cross-linking agents 353
crystal products, antiperspirants 153
C-tactile afferents 43
curcumin 282–3, 284, 289
curl, degree of 248
cuticle remover 200
irritant reactions 203–4
cyanoacrylate monomers 217, 218, 219
cyclo-oxygenase (COX) 287

cyclo-oxygenase 2 (COX-2) inhibitors 287–8
Cymetra 364, 365
cysteine proteases 7
cytokeratins, lip labial epidermis 184–5
cytokines 285
aging reversal 304–5
anti-aging 307
skin function 304–5
dandruff 115, 116
therapeutic shampoos 117, 120–1
year-round treatment 121
deodorants 150–5
adverse effects 154–5
delivery systems 153–4
odor control 153
soap bars 79
depigmentation
niacinamide 323
reinaldehyde 314–15
retinoids 313
vitamin B, 323
dermabrasion 426–31
advanced technique 429–30
advantages 427
complications 430–1
disadvantages 427
Fitzpatrick skin types 428
full-face 429–30
indications 426–7
instrumentation 428
mechanism of action 426
patient selection 427
postoperative wound care 430
preoperative consultation 427–8
preoperative photographs 428

technique 428–30
dermatomyositis, bovine collagen 366
dermis 4
collagen 31
grenz zone 32–3
hydroxyacids effects 329
microdermabrasion effects 420
photoaging 14
skin of color 31
desmosomes 4, 5
desquamation 7, 8, 124
assessment 9–10
corneodesmosomes 10
pathogen protection mechanism 6
detergent bars
non-soap 79
stratum corneum interactions 80–2
detergents, synthetic see syndets/syndet bars
diathesis factors, sensitive skin 23
dibutyl phthalate 208
diclofenac 287, 288
diet 335–40
deficiency 335
digital photography
cosmetic product evaluation 48–50
terminology 50–1
dihydroxyacetone (DHA)
mechanism of action 139–40
moisturizers 142
processing 140
stability checks 140
storage 140
structure 140
sunscreen addition 140
sunless tanning products 139
vitiligo camouflage 179
dimethicone 506
dimethyl urea, nail hardening 211
diode laser, long pulsed 435
diode laser 1450 nm 410, 411, 414
dirt, facial cleansing 101
DNA, UV damage 7, 8
dorsal horn 44
double-chin formation 32
Dove bar 79
dry ice peel 378, 380
dry skin
cleanser mildness 101
facial 123–4
flaking 124
hydroxyacids use 330, 332
lactic acid treatment 133
lips 186
moisturizer use 91
urea treatment 133
dryness of skin 30
assessment 127
D-squames 127
dyes see hair dyes
Index

dyspigmentation 29
black skin 33
hydroxyacids 332
see also hyperpigmentation; hypopigmentation
East Asian skin, UV irradiation 18
eccrine glands 150, 151, 152
eczema
etiology 502
facial moisturizers 128
hygiene 505–6
moisturizer use 128, 502–6
occupational 60
regimens 502–6
syndet use 505–6
elastic fibers, photoaging 32
elastic recovery time 31
elasticity of skin 31
nutrient effects 339
elastosis 32
elevated temperature testing 74
emollients 11, 73
botanicals 274

cleansers 97
facial moisturizers 125, 126–7
hair styling aids 259, 260
moisturizers 125
emulsification, emollient/lathering

cleansers 97
emulsifiers/emulsifying agents 71
cationic 72
creams 72
facial foundation 169
moisturizers 131
facial 125
emulsions 71, 72

cosmetic actives 63

facial foundation 169

hair 261–2, 263
styling aids 259
moisturizers 504, 505
multivesicular 504, 505
oil-in-water 73, 104, 131
sunscreen vehicles 147
water-in-oil 73, 131
enhanced glycerol derivatives 136–7
enkephalin 295
environmental factors
irritants 57
sensitive skin 23
environmental toxins, stratum corneum
protective function 7
epidermal barrier 3–11
antimicrobial 6
building ingredients in cleansers 103


cosmetic product development 10–11
damage in cleansing 105
disruption 6
functions 5–8, 124
regulation 9
herbal product penetration 271–2
homeostasis 7, 8–9
immune protection 6
mechanical 6
microdermabrasion 418
oxidative stress 8
permeability 5–6
restoration by cosmetics 10–11
self-perceived sensitive skin 25
structural components 3, 4, 5
study methods 9–10
topical products 10
UV barrier 7–8
water evaporation 5–6

epidermal nerves 25
epidermis
hydroxyacids effects 329
photoaging 32–3
skin of color 29
thickening with retinoids 483–4
thickness measurement 10
erbium:glass 1540 nm laser 410, 411, 413–14
Er:YAG lasers 394
fractionated 396
erythema
intense pulsed light laser 446
laser-assisted hair removal complication 437
UV-induced 447
essential oils, skin treatment 492
ethnic skin
see skin of color
ethyl acetate, nail polish remover 213
etodolac 287
eumelanin 27, 229
cuticletic blends 64
Evolence® filler 365, 366, 367
exfoliants/exfoliation aids
body washes 90
chemical 481
mechanical 481
exfoliation
antiaging 481, 482
facial cleansers 95, 96, 101
extensibility of skin 31
extracellular matrix (ECM), degradation
effects of UV irradiation 19
extrazymes 300
eye(s)
microdermabrasion side-effects 424
protection against laser beams 434
eye cosmetics 190–6
history 190–1
microbiological contamination protection 195
safety/regulatory consideration 195
virtual modeling 196
see also modeling
eyebrow ptosis with Botox treatment 349
eyelashes
aillments 191
curling 195
digital simulation 196
extensions 194
false 193
growth stimulation 194, 196
perming 194
physiology 191

tinting 193–4
transplantation 194
see also transplantation
eyelids
nail cosmetic allergic reactions 204
ptosis with Botox treatment 349–50
rejuvenation 441
tattooing 194
eyeliners 194–5
eyeshadow 194, 195
face
ageing evaluation 362
full-face volume restoration 471
tapering of lower 470
facial augmentation, collagen fillers 367–9
facial cleansers 95–101
exfoliation 95, 96, 101
function 96–7
makeup removal 98, 101
mildness 101
pH 96
scrubs 98
selection 99–101
solvents 97
surfactants 96, 97
types 97–9


cosmetic actives 63


eating evaluation 362
full-face volume restoration 471
tapering of lower 470
facial augmentation, collagen fillers 367–9
facial cleansers 95–101
exfoliation 95, 96, 101
function 96–7
makeup removal 98, 101
mildness 101
pH 96
scrubs 98
selection 99–101
solvents 97
surfactants 96, 97
types 97–9
facial cleansing
chemistry 96–7
dirt 101
form 100
friction 97
history 95–6
physical 97
ritual 100
skin problems 100–1
surfactants 96, 97
facial foundation 167–74
antiwrinkle performance measurement 173
application 171–2
color appraisal 173, 174
color creation 170
compact 169–70
coverage 170–1
design 172
fillers 171, 172
fluid 169
formulation 169–71, 172
history 167–9
iron oxides 170
manufacturing development 169
moisturizing effect measurement 173
performance 172–3
pigments 170
powders 170
product categories 171
silicone oils 169
facial moisturizers 123–8
dihydroxyacetone content 142
formulation 125
inflammatory dermatoses 128
ingredients 126–7
testng 127–8
facial nerve, marginal mandibular branch 463–4
damage during liposuction 469–70
facial skin
cell differentiation/maturation 124
dry 123–4
water content 124
facial tissue sagging 32
fast adapting (FA) receptors 39
fat transfer, autologous 471
hand recontouring 473, 474
fern, golden 277
ferulic acid with vitamins C and E 485, 486
feverfew 277
fibroblasts
collagen I 297
collagen synthesis 16, 17
growth factor source 307
inflammatory mediator release 285
microdermabrasion 420
UV radiation effects 17
fillers
allergic reactions 60
botulinum neurotoxin type A combination 349, 350
calcium hydroxyapatite 356–7, 358, 359–60
collagen 60, 361–72
facial foundation 171, 172
following radiofrequency treatment 441
hand 473
hyaluronic acid 352–5
persistence 354–5
polyactic acid 373–6
fish oils, skin health 336
Fitpatrick skin types, dermabrasion 428
flaking, dry skin 124
flavonoids 272
skin health 336
topical 325–6
UV damage protection 338
fluor-hydroxy pulse peel 381
flushing
response to vitamin B₁ 323
rosacea 500
foamng liquid cleansers 104
follicular inflammation 121
follicular plugging 57
foot, moisturization of skin 130–1
foot moisturizers 130–8
commercially available 132
lactate efficacy 133–4, 135
urea efficacy 133–4, 135
forearm controlled application test (FCAT), soap and syndet bars 83, 84
forehead
Botox treatment 344, 345, 346
brow ptosis 31
lateral brow lift 347
foreign body reactions 56
formaldehyde 211–12
allergy 58, 211
formalin 211
fractionated carbon dioxide laser resurfacing 394–8, 399, 400–3, 404–7
Ablative Affirm Carbon Dioxide resurfacing 396, 402
Active and Deep FX Lumenis 396–8, 399, 400–3, 404–7
aesthetic 407
botulinum toxin neuromodulator 407
complications 407
Fractionated Pearl 396, 406–7
Fraxil Re:Pair 396, 398, 400
Lux 2940 396, 396, 406
MedArt FrX 396, 401–2
Mixto SX Slim Evolution 396, 400–1
Mosaic Lutronic eCO₂ 396, 402–3
Paxel 396, 406
Pixel 2940 396, 405–6
Pixel Carbon Dioxide 396, 401
postoperative treatment 407
preoperative treatment 407
procedures 407
Sciton ProFractional resurfacing 396, 403, 404, 405
SmartXide DOT resurfacing 396, 402
technique 407
Fractionated Pearl (Cutera) resurfacing 396, 406–7
fragrances
allergic reactions 58
allergy 111
body washes 90
cleansers 104
facial moisturizers 127
lipsticks 188
Frankfurt plane 464
Franz cell 68, 284
Fraxil Re:Pair (Reliant) 396, 398, 400
free radical scavengers
retinoids 313
see also antioxidants
free radicals 281–2
aging theory 312–13
antioxidant protection against damage 282
friction, facial cleansing 97
gallic acid 328–9
gel fillers 56
gels/gelees
hair 258–9, 261, 263
sunless tanning products 141
genistein 486
Gentlewaves® photomodulation 445, 446
German chamomile 277, 492
Ginseng, delivery 271
glabella, Botox treatment 342, 344, 345, 346
glabrous skin 38, 39
low threshold mechanoreceptors 41
structure 40
gluconolactone 483, 491
glutathione 294
glycation 339
glycerin
cleanser humectant 103
keratinocyte maturation 128
moisturizer humectant 125, 126
glycerol 7
glycerol monotheioglycolate 242
glycic acid
acne treatment 490
antiaging 483
medium depth peel 384–5
microdermabrasion comparison 423
rosacea 501
glycols 73
glycosaminoglycans (GAGs) 319–20, 331
glyoxal, nail hardening 211
Goekerman treatment for psoriasis 511
golden fern 277
golden mean 363
granulation
medium depth chemical peel 388, 389
nail 204, 204
wound healing 303
granuloma formation, collagen fillers 371
grape products 277
green tea, skin appearance 339
grenz zone 32–3
growth factors 302–8
aging reversal 304–5
delivery methods 307–8
natural 306–7
product quality 308
risks 306
skincare 304–5
stem cell 307
synthetic 307
wound healing 303–4

hair 33–5, 222–5
African 263, 264
aging 237–8
biology 157–9
bonds 248
care of colored 233
chemical structure 238–9
color 224, 227
natural 229–30
cortex 224
curl 244
degree of 248
retention 258
curliness spectrum 33, 34–5
cuticle 223, 236, 237
ethnic types 264
eyelashes 191
fiber 222–4, 236
water hydrophilicity 237
geometry 236–7
graying 229
grooming 224–5
growth 236, 433
anagen phase 157, 236, 433
catagen phase 157–8, 433
telogen phase 158, 433
hydration 158, 161
keratin 34, 35, 224
loss 121
medulla 224
melanin 224, 229, 230
peptide application 297, 298, 299
physiology 222–4, 236, 256
pigmentation 229–30
properties 158–9
racial differences 33–4
shape 33
stabilization 257
shedding 236
split ends 238
structure 33–4, 248
stabilization 257
terminal 33, 433
thermal behavior 237
water interaction 237
waving 239, 240
weathering 238
wet setting 258
hair bleaches 229, 232
allergic reactions 59
chemistry 230
growth cycle 157–8
hair cosmetics 222
see also conditioners (hair); hair dyes; shampoos
hair creams 261–2
hair dyes 227–35
advantages 231–2
allergic reactions 59, 234
application 232–3
cancer risk 234
care of colored hair 233
chemistry 229–31
couplers 231
definition 227
demi-permanent 228, 229, 232
disadvantages 232
fiber damage 233
formulation 231, 232, 233
growth cycle 157–8
hair structure 233–4
occupational safety 234
oxidative dye formation 230–1
permanent 59, 228–9, 232
chemistry 230–1
precursors 230
product types 227–9
regulation 234
safety 234
semi-permanent 228
sensitization 233, 234
skin sensitivity test 233, 234
temporary 228
hair emulsions 261–2
hair emulsions 261–2
hair follicles 157, 222, 223–4
biology 432–3
innervation 158
keratins 222, 223–4
melanocytes 229
peptide application 298
hair gels 258–9, 261
hair mousses 258–9, 261
hair permanent waving 236–46
acidic 243
adverse reactions 245, 245
alkaline perms 243
alkalizing additives 242
buffer salts 242
carriers 242
complexing agents 242
conditioning polymers 242
disulfide cleaving 239, 240
ingredients 240–3
neutral 243
neutralizers 243
opacifiers 243
practise 243–4
products 240–3
reducing agents 240–1
regulatory aspects 243
safety 244–5
solubilizing agents 243
solutions 239
steps 241
sulfite 243
surfactants 242
thermal waves 243
thickeners 243
types 240–3
hair pomades 261–2
hair relaxers 251–5
application 253
effects 253–4
hair removal 156
laser-assisted 432–7
see also shaving
hair setting lotions 258–9, 261
hair spray gels 261, 263
hair straightening 248–55
hydroxides 251–2
reducing agents 250–1
relaxers 251–5
sulfites 251
terminology 252
thermal processing 249–50
thiol with heat 255
hair styling 256–65
consultations 264–5
hair styling aids 258
African hair 263–4
applications 259–64
clays 262
curl retention 258
definition 256
emollients 259, 260
emulsions 259
film-forming active ingredients 259
formulations 258–9
polymer formulations 258–9
product forms 259–64
silicone 262
silicone pump sprays 262–3
silicone serums 262–3
smoothness improvement 257
technologic developments 265
uses 259–64
volume improvement 257
wax formulations 259
waxes 260, 262, 263
hairdressers, occupational hand eczema 60
hairsprays 258–9, 259–61, 263
aerosol 259–60, 261
formation 260–1
propellants 260–1
pump 260
spot welds 260
hairy skin 38, 39, 41
structure 40

Index

521
Index

hand(s)
- aging 473–9
- microbiota 106–7, 110
- moisturization of skin 130–1
- pH 108
- physiology 473
- polyactic acid fillers 375
- rejuvenation with collagen fillers 369
- skin damage 108
- volume restoration 473
- washing 108

hand flora 107

hand hygiene 107–8
- compliance 108
- effectiveness in community 110–11
- guidelines 107–8
- hospital epidemiology nosocomial studies 111

nail cosmetics 206

hand moisturizers 130–8
- commercially available 132
- lactate efficacy 133, 134
- urea efficacy 133, 134

hand recontouring
- autologous fat 473, 474
- calcium hydroxyapatite 473–9
- adverse events 477
- injection technique 474–7
- lidocaine 474–5, 478–9
- post-injection hand massage 475–6
- post-treatment care 476–7
- results 477, 478

hand sanitizers 106–12
- alcohol-based 108
- safety 111
- efficacy 108–10
- formulations 112
- safety 111–12
- skin irritation 111

hand washes 106–12
- efficacy 108–10
- formulations 112
- safety 111–12
- skin irritation 111

- in vitro measurement 108–9
- in vivo models 109

headache, Botox treatment side-effect 350

heating device, electronic 492

heliodermatitis 14

henna, allergic reaction 59

herbal extracts 270

herb-based products 269–79
- active ingredients 270
- cross-reactivity with other herbs 271
- delivery of therapeutic concentration 271
- effectiveness 271–2

extraction methods 270
- mechanism of action 272
- quality control 270–1
- regulation 269
- safety 271
- secondary metabolites 272, 273
- variability 270

herbs
- esthetic utility 273–9
- wildcrafting 270

herpes simplex virus (HSV)
- antiviral prophylaxis 427–8
- dermabrasion 427–8, 431
- pretreatment for medium-depth chemical peel 387

hips, liposuction indications 453–4

Hispanic skin
- aging 32
- self-perceived sensitive skin 24, 25
- homeostasis, epidermal barrier 7, 8–9
- homogenous gels, allergic reactions 60
- humectants 73
- cleansers 103
- facial moisturizers 125, 126
- moisturizers 125, 131, 132
- hyaluronic acid fillers 352–5, 474
- chemical composition 352–3
- collagen stimulation 354–5
- complications 354
- concentration 353
- cross-linking 353
- indications 353
- injection techniques 354
- persistence 354–5
- properties 352–3
- hyaluronan 313–14, 315
- hydration of hair 158, 161
- hydration of skin 6–7, 9, 124
- measurement 10
- microdermabrasion 418
- panthenol effects 323
- surface 124
- hydrocortisone, psoriasis 508, 509, 510
- hydrogen peroxide 230, 231
- allergic reaction 59
- hair structure alteration 232
- regulatory aspects 243
- hydrophilic substances, delivery through sweat glands 62
- hydroquinone, allergic reactions 58
- hydroxy acid straighteners 251–2
- hydroxyacids 327–33
- antiaging 483, 486
- antioxidant 329–30
- biological properties 329–30
- chemical peels 377–8
- clinical uses 330, 331, 332–3
- efficacy 483
- gel matrix formation 329

groups 327–9
- matrix metalloproteinase inhibition 330
- natural occurrence 327–9
- physicochemical properties 329–30
- sensory responses 330
- skin effects 330, 331
- sun sensitivity 330
- topical drug synergy 333
- water binding 329
- wrinkle treatment 332, 333

hyperhidrosis 155
- Botox use for palmar 342

hyperkeratinization, hydroxyacids use 330, 332

hypertension
- black skin 33
- dermabrasion postoperative 431
- laser-assisted hair removal complication 437
- microdermabrasion 421
- side-effects 424
- periorbital 179
- postinflammatory 29

hypeinocytodermatitis 55–6

hypersensitivity reactions 55–6
- collagen fillers 370–1
- diagnosis 60
- immediate (type I) 56, 58
- hypopigmentation
- dermabrasion postoperative 431
- laser-assisted hair removal complication 437
- postinflammatory 29

ibuprofen 287

immune protection, epidermal barrier 6

immuno-allergologic pattern of sensitive skin 23

immunoglobulin E (IgE) antibodies, allergens 60

immunomodulators 288–9

immunosuppressants 60

immunosuppression 20

indomethacin 287

nano-encapsulated 66

induration, neck liposuction 468

infections/infectious diseases
- artificial nails 220
- collagen fillers 371–2
- epidemiology 106
- epidermal barrier for pathogens 6
- hand hygiene efficacy 111
- nails 204–5, 205
- staining 220
- transmission 106

inflammation
- acute 284, 285
- chronic 284, 285–6
monocytes, inflammatory process 285
moisturizers 10–11
multivesicular emulsions 504
mucilages 272
myristoyl-nicotinate 323
nanosomes 271
nasolabial fold
nasoporex 287
natural moisturizing factor (NMF) 5, 6–7,
131, 133, 503
natural actives 500–1
see also cosmetic actives
natural moisturizing factor (NMF) 5, 6–7,
131, 133, 503
aerosols 292
composition 131
epigermal barrier 9
Nd:YAG 1064 nm laser
hair removal 435
Q-switched 410, 411, 413
Nd:YAG 1320 nm laser 410, 411, 412
neck
anatomy 463–4
liposuction 463–71
advanced/ancillary techniques 470–1
anesthesia 466–7
complications 468–70
cosmetology 463
ethical considerations 464
fat augmentation 471
French tape application 468
indications 455–6
induration 468
overresection 470
patient selection 464–5
physical examination 463
postoperative course 468
preoperative markings 466, 467, 468
procedure 466–8
standard operative techniques 467–8
submental fold development 470
tapering of lower face 470
skin retraction 468
neuropeptides 294–5, 299
neutralizers, camouflage makeup 177
Neutrogena soap bar 78–9
neutrophils, inflammatory process 285
niacinamide (nicotinamide) 321
depigmentation 323
formulation 323
mechanisms of action 322–3
structure 322
topical effects 323
nicotinamide 493
nicotinate esters 321
nicotinic acid 321
formulation 323
mechanisms of action 322–3
niosomes
moisturizers 504, 505
penetration enhancement 65–6
nitrocellulose, nail resins 208
nociception 42–3
non-steroidal anti-inflammatory drugs (NSAIDs) 287–8
nuclear factor of activated T cells (NFAT) 288
nuclear factor-κB (NFκB) 283
corticosteroid mechanism of action 286, 287
microdermabrasion effects 419
skin damage 302
nutrients 335–40
appearance improvement of skin 338–9
dermatological disorder effects 339–40
moisture/elasticity of skin 339
UV-induced damage protection 335, 336, 337–8
wound healing 339–40
oat products 278
occlusion of skin 64
occlusives
facial moisturizers 125, 126
moisturizers 125, 131, 132
occupational hand eczema 60
occupational safety, hair dyes 234
octopirox 117, 118
odor control 153
oils, lipsticks 187
ointments 71–4
definition 71–2
elevated temperature testing 74
moisturizers 504
natural 73–4
psoriasis 509
semi-solid 63
stability 74
omega-3 fatty acids, skin health 336
onycholy sis 198, 199, 203, 204
onychomycosis 203
onychorrhexis 198
onychoschizia 198, 204
opacifiers, hair permanent waving 243
optical coherence tomography (OCT) 81
optical profilometry, wrinkles 51–2, 53
oral supplements 335–40
oxidative stress, epidermal barrier 8
4-oxoretinoids 309, 315
oxygen radical absorbance capacity (ORAC) assay 282
oxytalan fibers 32
Pacinian corpuscles 39, 41
pain fibers, dorsal horn entry 44
pain primary afferents 44
pain sensation 42–3
panthenol 323–4
pantothenic acid 323
para-toluenediamine (pTD) 234
paronychia 198, 204
patch test antigens, skin of color 30
patch testing, contact dermatitis 60
patches, penetration enhancement 67
pathogens, epidermal barrier 6
Paxel (Wavelight) resurfacing 396, 406
Pears soap 78
pedicure 202
peeling agents
hydroxyacids 332–3
see also chemical peels
penetration enhancement 64–8
devices 66–8
vectors 65–6
penetration enhancers 65
Penfield's somatosensory homunculus 45
peptides
acylation 296
analysis 296
antiaging applications 296–7, 298, 299
antioxidant 294
biological functions 293–5
cost 296
definition 292–3
lipophilic chain attachment 295–6
mechanism of action 293–4
skin penetration 295–6
stability 296
toxicity 296
use in cosmetics 295–6
percutaneous absorption 64
percutaneous delivery of cosmetic actives 62–9
perfume
lipsticks 188
see also fragrances
periocular fine lines, assessment 51–2
perioral lines, Botox treatment 348
periorbital injection, Botox 346–7
peripheral nervous system 38–9, 40, 41–3
pain 42–3
pleasure sensation 43
temperature sensing 41–2
touch 38–9, 40, 41
Perlane filler 353
permanent hair dyes 59
peroxisome proliferator activator receptor (PPAR) 9
personal care products
antiperspirants 150–5
blade shaving 156–62
deo dorants 150–5
personal cleansers 88–94
petrolatum
moisturizer occlusive 126, 506
ointments 73, 74
white 506
phagocytes 6
phenolics 272, 283
phenylalanine 293
p-phenylenediamine (PPD) 59, 234
pheomelanin 27, 229
photaging 13–20
antioxidants in prevention 19–20
definition 13
dermis 14
epidermis 32–3
ethnic skin 18, 32–3
histopathology 32–3
hydroxyacids 332
immunosuppression 20
inherent defense mechanisms 20
mechanism 127
medium depth chemical peel 390
microdermabrasion 422
molecular mechanisms 15–16, 17
neck liposuction 465
pathophysiology 409
physiology 13–15
prevention 18–20, 127
retinoids 19, 483–4
reversal 486
skin microvasculature 15
sun protection 18–19
UV stimulation 14–16, 17
vitamin E in reversal 484
see also antiaging entries
photodynamic therapy 447–8
hair removal 436
photopleilation 432–7
photography 48–51
photodynamic therapy evaluation 48–50
cross-polarized 50, 51
guide 51
polarized 50, 51
UV fluorescence 50–1
UV reflectance 50, 51
visible light 50
photomodulation 444–8
photoprotection
botanicals 276
facial moisturizers 127
nutrients 335, 337–8
photoreju velation 444
LED photomodulation 445–6
photosensitivity reactions, retinoids 57
phototherapy, psoriasis 510–11
photothermolysis, laser-assisted hair removal 433
phytokinins 307
phytosomes 271
phytosteroids 272
pigmentation 27–35
dryness of skin 30
hair 229–30
inflammation effects 29
lips 186
melanosomes 28
retinoid effects 313
see also depigmentation; dyspigmentation; hyperpigmentation; hypopigmentation
pigments
facial foundation 170–1
lipsticks 188
pilosebaceous unit 157
pimecrolimus 288
eczema treatment 502
pineapple 276
Pixel 2940 (Alma) resurfacing 396, 405–6
Pixel Carbon Dioxide (Alma Lasers) 396, 401
plant alkaloids 272
plant extracts, skin barrier building 103
plasticizers, nail lacquers 208
platysma muscle 463, 465, 468, 470
Botox treatment 349
platysmaplasty 470
pleasure sensation 43
polyhydroxyacids 328, 329
acne treatment 491
antiaging 483
antioxidant 329
roacea 501
water binding 329
polylactic acid fillers 373–6, 474
advantages 373–4
anaesthetic 373
complications 375–6
cross-hatching technique 374
disadvantages 373–4
fan technique 374
formulation 373
hands 375
injection techniques 374–5
tear troughs 375
polypeptides, cleansers 480
polypheonols 283
skin health 336
pomegranate 278
pore cleansing, toners 98
postinflammatory hyperpigmentation (PIH) 29
postinflammatory hypopigmentation 29
potassium alum 153
potassium titanyl phosphate (KTP) 532nm laser 410, 411
preservatives
allergic reactions 58
cleansers 104
cleansing bars 79
eye cosmetics 195
facial moisturizers 127
lips 188
nail lacquer 209–10
vitamin E 325
prick tests 60
primary sensory afferents 39, 41
procollagen
induction by trans-retinoic acid 19
inhibition by UV radiation 16
Propionibacterium acnes 489, 492
UV fl uorescence photography 50
prostaglandin analogs, eyelash growth stimulation 194
prostaglandin E_2 283
NSAID mechanism of action 287–8
primary sensory afferents 39, 41
procollagen
induction by trans-retinoic acid 19
inhibition by UV radiation 16
Propionibacterium acnes 489, 492
UV fl uorescence photography 50
prostaglandin analogs, eyelash growth stimulation 194
prostaglandin E_2 283
NSAID mechanism of action 287–8
primary sensory afferents 39, 41
prick tests 60
primary sensory afferents 39, 41
radiotherapy 510–11
tar 508, 509, 510, 511
topical medication 508–9
treatment compliance 508–9
urea 508, 509, 509
UV light therapy 510–11
pulsed dye laser 410–12
pustular eruptions 57
PUVA (psoralen and UVA) 510
pycnenogenol 278
pyrithione zinc (PTZ) 117, 118
chemical availability optimization 119
distribution on scalp 118–19
particle size 118, 119
types 118
pyrivic acid chemical peel 378
quality of life, camoufage makeup 182
quercitin 289
radiation dermatitis, LED photomodulation 446–7
Radiesse® fi ller 356
hands 474–9
indications 359
see also calcium hydroxylapatite
radio allergo-sorbent tests (RASTs) 60
radiofrequency
bipolar 441–2
and light 441–2
and unipolar 442
and vacuum 442
monopolar 439–41
comlications 440
eyelid rejuvenation 441
unipolar 442
radiofrequency devices
bipolar 439, 440
monopolar 439, 440
skin tightening 439–42
radiofrequency non-ablative resurfacing devices 410, 411, 415
Raking Light Optical Profi lometry (RLOP) 48
wrinkle improvement detection 51–2, 53
razors
blade edge 160
blade spacing 160
cutthroat 156
development 157
double-edge 159
electric 157
gometry control 159–60
lubricating strips 160–1
safety 156
Index

shaving 159–61
skin guard 161
system 159–60
reactive oxygen species (ROS)
  inflammation 302
  photochemical generation 15
  UVA-induced 14, 15–16
reactivity of skin, skin of color 30
reducing agents
  hair permanent waving 241–2
  hair straightening 250–1
reducing sugars, sunless tanning products 140
refl ectance confocal microscopy (RCM) 30
remodeling of skin 303
resorcinol, sulfur combination 491
resorcinol peel
  378, 380
Restylane filler 353, 354
resurfacing
  carbon dioxide laser 393–408
  dermabrasion 426–31
  following neck liposuction 471
  microdermabrasion 418–24
  non-ablative 409–16
  see also chemical peels; fractionated carbon dioxide laser resurfacing; peeling agents
retina protection, LED photomodulation 447
retinaldehyde 319
  acne treatment 491
  antiaging 484
  antibacterial activity 312
  cosmeceuticals 314–15
  depigmentation 313, 314–15
  structure 320
  wrinkle treatment 320–1
see also vitamin A
retinyl esters 309, 313
  cosmeceuticals 314
  topical 319, 321
retinyl palmitate 312, 313
  acne treatment 491
  structure 320
  wrinkle treatment 321
retinyl propionate
  acne treatment 491
  wrinkle treatment 320, 321
rhinophyma, dermabrasion 427
rhinoplasty 470
rosacea
  alpha-hydroxyacids 500–1
  antibiotic therapy 499–500
  azelaic acid 501
  Chrysanthellum indicum 500
  cleansers 497, 498
  cosmetics 498–9
  erythromelalgic 495, 497
  flare 496, 499
  flushing 500
  glycolic acid 501
  licochalcone A 500
  light therapies 500
  mild cleansing 84–5, 86
  moisturizers 497, 498
  natural actives 500–1
  ocular 495, 497
  over-the-counter products 496–9
  papulopustular 495, 497, 499
  phymatous 495, 497
  physiology 495, 496
  polyhydroxyacids 501
  prescription agents 499–500
  regimens 495–501
  subtypes 495, 497
  sun protection 496, 499
  sunscreens 499
  topical therapy 500
  vitamin C 500
ruby laser, long-pulsed 434–5
Ruffi ni endings 39, 41
safety
  eye cosmetics 195
  occupational for hair dyes 234
salicylic acid 118, 328–9
  acne treatment 490–1
  antiaging 483
  psoriasis 508, 509, 509
salicylic acid peel 378, 379, 382
salicylism 379, 491
sarcosinates, facial cleansers 97
scalp 115, 116
  sebaceous lipids 115
scalp care products 118–20
scars
  abrasion 427
  chemical reconstruction 381–2
  formation with dermabrasion 431
  microdermabrasion 421
  postsurgical 179
SciCon ratio 124
Sciton ProFractional resurfacing 396, 403, 404, 405
scrub particles 98
scrubs
  acne treatment 492
  facial cleansers 98
Sculptra® filler 373
sebaceous lipids, scalp 115
sebaceous oil, cleaning of excess 100
seborrheic dermatitis see dandruff
secondary metabolites, herb-based products 272, 273
selenium 339
  antiaging 485, 486
  UV damage protection 338
selenium sulfide 117, 118
L-selenomethionine 485, 486
self-perceived sensitive skin (SPSS) 22–5
  barrier functions 25
  clinical features 24–5
  clinical signs 22
  clinical subgroups 22–3
  CNS involvement 25
  diagnosis 23–4
  epidemiology 24
  neurogenic origin 25
  physiologic mechanisms 25
  provocative tests 23–4
sensitive skin 57
  allergy 23
  clinical signs 22
  clinical subgroups 22–3
  crisis phases 22
  diathesis factors 23
  environmental factors 23
  hyperreactivity 23
Index

immuno-allergologic pattern 23
provocative factors 22
severe 22
somatosensory system 38–45
topical factors 23
sensitization
antiperspirants 154
deo dollars 154
hair dyes 233, 234
sensory axons 39, 41
serine proteases 7
serums, moisturizers 504
shampoos 115–21, 224–5
allergic reactions 58–9
attributes 118–20
chemical availability optimization 119
colored hair 234
conditioning 121, 225
conditioning aids 116
cosmetic 116
alternating with therapeutic 120
cosmetically-optimized 116, 120
effective use 120–1
formulation 115–18, 224–5
irritation prevention 119–20, 121
products 115–18
rinse-off conditioner 121
surfactants 116–17
therapeutic 116–17
advantages/disadvantages 120
benefit 121
cost 120
effective use 120–1
shaving, blade 156–62
females 156–7, 162
hair properties 158–9
irritation 158
males 156–62
moisturizer use 162
process 161–2
razors 159–61
rinsing skin 162
skin cleansing 161
technology 156
shaving creams 161
shaving gels 161
signal transduction pathway activation 15
silicone
allergic reactions 60
hair conditioners 225
hair styling aids 262–3
silicone derivatives, moisturizer occlusive 126
silicone oils, facial foundation 169
skin
color 172
discoloration with collagen fillers 370
hairy 38, 39, 40, 41
hyperreactivity 23
pH 96, 108
topography 158–9
type and facial cleanser selection 99, 100
skin barrier
building ingredients in cleansers 103
damage in cleansing 105
see also barrier function; epidermal barrier
skin benefit agents 89–90
skin cancer
immunomodulator association 288
immunosuppression 20
PGE-2 288
skin contouring techniques
hand recontouring with calcium hydroxylapatite 473–9
liposuction 450–60
neck 463–71
skin disease
nutrient effects 339–40
psychosocial aspects 182
skin modulation techniques
laser-assisted hair removal 432–7
LED photomodulation 444–8
radiofrequency devices 439–42
skin of color 27–35
aging of skin 31–2
contact dermatitis 30
dermis 31
dryness 30
epidermis 29
facial cosmetics 167
hair differences 33–4
makeup shades 172
mast cells 30
melanin photoprotection 33
melanosomes 27–8
patch test antigens 30
photoaging 18, 32–3
reactivity 30
self-perceived sensitive skin 24
stratum corneum 29
transdermal water loss 30
UV irradiation 18
protective factors 29
see also black skin; named racial groups;
white skin
skin partition coefficient, cosmetic actives 64
skin problems, facial cleansing 100–1
skin tightening
expectations 440
monopolar radiofrequency 439–41
patient selection 440
radiofrequency devices 439–42
skincare, growth factors 304–5
slowly adapting (SA) receptors 39
SmartXide DOT resurfacing 396, 402
smile
downturned 351
Botox treatment 348, 349
gummy 348
smoking, lip pigmentation 186
soap 57, 77
acne treatment 488–9
basic 78
drying potential on skin 80
pH 81
superfatted 81
transparent 78–9
soap bars 78–9
antibacterial 79
deo dollars 79
market share 79
mildness 82–4
skin condition treatment 84–5, 86
stratum corneum interaction 80
superfatted 78
sodium cocoyl isethionate 505
sodium lactate, moisturizer clinical efficacy 133–4
sodium laureth sulfate (SLES) 103
sodium laurel sulfate (SLS) 103
damage protection 323
soft tissue augmentation 361–2
allergic reactions 60
calcium hydroxylapatite 356–60
see also fillers
solid lipid nanoparticles (SNP) 66
solvents
cosmetic actives 65
facial cleansers 97
irritants 57
nail lacquers 208
nail polish remover 213
somatosensory cortex 44, 45
somatosensory system 43–4
central projections 43–4
pain 42–3
pathways 45
pleasure sensation 43
sensitive skin 38–45
temperature 41–2
touch 38–9, 40, 41
South Asian skin, UV irradiation 18
South-East Asian skin, UV irradiation 18
soy isoflavones 338–9
spinal cord 43–4
spinal nucleus of V 44
spinothalamic tract 44
stabilizers, vitamin E 325
Staphylococcus aureus 107
Staphylococcus epidermidis 107
status cosmunicus 22
stem cell, growth factors 307
stinging, burning and itching (SBI) score 24
stratum basale 4
stratum corneum 3, 4, 5
barrier function assessment 127
barrier to cosmetic actives 62
calcium gradient 9
components 4
detergent bar interactions 80–2
environmental toxin protection 7
facial skin 123–4
hydration function 7
maintenance 126
hydroxyacids effects 329
integration 9–10
intercellular spaces 10
lipids 82
moisturization function 7
pH 9
proteases 7, 8
skin of color 29
soap bar interactions 80
surfactant interaction 80
topical drug penetration protection 7
ultrastructural details 10
urea 133
see also desquamation
stratum corneum chymotryptic enzyme (SCCE) 124
stratum granulosum 4
stratum spinosum 4
stress, psoriasis 508
striae, microdermabrasion 422
submandibular glands, ptotic 470
submandibular region 463
submental fat 465
submental fold, development after neck liposuction 470
submicron delivery systems (SDS) 65
substrate cleansers, facial 98–9
sulfacetamide sulfur 500
sulfites
hair permanent waving 243
hair straighteners 251
sulfur 118, 491
sun exposure, psoriasis 510
sun protection
clothing 482–3
photoaging prevention 18–19
rosacea 496, 499
sun protection factor (SPF) 18–19, 144, 481–2
evaluation 147
sunburn, NSAID use 288
sunscreens 481–3
regulatory status 144–5
sunless tanning products 140
SunGuard 483
sunless tanning products 139–42
active ingredients 139
buffers 140
color additives 141
coloration 141–2
creams 140–1
definition 139
delivery vehicles 140–1
evaluation 142
formulation 140
gels/gelees 141
labeling 141
lotions 140–1
moisturization 142
nitrogen-containing compounds 140
no-rub mists 142
pH 140
product attributes 141–2
regulatory aspects 141
screens 140
trends 142
UV protection 142
sunlight, premature aging of skin 32
sunscreen 18, 144–8, 146–7
classification 144–5
development 145–7
efficiency 147–8
efficacy evaluation 144–5
facial moisturizers 127
formulation 147
migration over face 51
moisturizers 506
rosacea 499
UV protection 144
vehicles 147
superficial musculo-aponeurotic system (SMAS) 32
superoxide dismutase (SOD) 8, 300
supersaturation 64
surfactants
body washes 89
cleansers 480
cleansing bars 77–8
facial cleansing 96, 97
groups 96
hair permanent waving 242
hair styling products 262
lipid interactions 105
low-foam cleansers 102–3
mild 103
non-foam cleansers 102–3
pH 96
shampoos 116–17
skin barrier damage 105
skin interactions 80
stratum corneum interaction 80
substrate cleansers 98
waterless cleansers 104
see also soap; syndets/syndet bars
surgical scars, dermabrasion 427
sweat glands 150, 151, 152–3
hydrophilic substance delivery 62
sweating 155
cold 155
physiology 151, 153
swelling
Botox 349–50
collagen fillers 370
sympathetic nerves 43
sympathetic nerves, afferent nerve 43–4
syndets/syndet bars 79
acne treatment 488–9
body washes 89
eczema 505–6
mildness 82–4
pH 81
skin condition treatment 84–5, 86
stratum corneum interactions 80–2
synthetic polymers, cleansers 480
T cells, corticosteroid prolonged use 287
T4 endonuclease V 299–300
tacrolimus 288
eczema treatment 502
tactile perception, psychophysical channels 39
tactile primary afferents 43
tanning 139
see also sunless tanning products
tanning beds, psoriasis treatment 510–11
tannins 272
tape stripping 68
tar, psoriasis 508, 509, 510, 511
tattooing, medical 179
tattoos, black henna 234
tea tree oil 492
tear troughs, polylactic acid fillers 375
telangiectasia, camouflage makeup 182
telogen phase of hair growth 158, 433
temperature sensing 41–2
temperature-sensitive fibers 41–2
terminal hair 33, 433
terpenes 272
texturing agents, lipsticks 187–8
thalamocortical afferents 44, 45
Thermacool device 440
Thermafrax procedure 441
thermal primary afferents 44
thermosensitive mechanoreceptors 41–2
thickeners 73
thighs, liposuction indications 453–4
thioglycolate hair straighteners 241–2, 243, 245
thiol hair straightening 250–1
with heat 255
thixotropic agents, nail lacquer 209
tighteners, botanicals 276
Time and Extent Application (TEA), UV filters 145
tissue inhibitors of metalloproteinase (TIMP), skin damage 302
titanium dioxide 146, 481
sunscreen 482
TNS Recovery Complex 305–6
tocopherol see vitamin E
d-alpha-tocopherol, topical 484
tocopherol acetate 325
toluene, nail lacquer solvent 208
para-toluenediamine (pTD) 234
toners, facial cleansers 98
topical drugs, stratum corneum protective function 7
topical factors, sensitive skin 23
topical products
antioxidant protection 52–3, 54
epidermal barrier 10
tosylamide/formaldehyde resin 211–12
touch 38–9, 40, 41
touch receptors 39
transepidermal delivery, cosmetic actives 62
transepidermal water loss (TEWL) 10, 124
urea
see also retinoic acid
triangle of youth 362–3
trichloracetic acid 378, 379
depth-controlled peel 381
medium depth peel 384–5, 389, 390, 391
microdermabrasion comparison 423
techniques 386, 388
microdermabrasion combination 421
triclosan 491
triclocarban 491
trigeminal nerve 44
tropic acid 483
tumescent local anesthesia (TLA), liposuction 450, 451–2
neck 466–7
technique 456–7
turmeric 278–9
Tyndall effect 353
tyrosinase 28
tyrosinase-related protein (TRP) 28
ubiquinone see coenzyme Q10 (CoQ10)
ultrasound waves, penetration enhancement 66–7
ultraviolet A (UVA) radiation 14, 144
critical wavelength method 148
protection antiaging 481
level determination 147–8
protective factor in black skin 29
reactive oxygen species induction 14, 15–16
sunscreens 144
ultraviolet B (UVB) radiation 14–15, 144
antiiaging protection 481
exposure 13
excess skin 18
exocellular matrix degradation effects 19
fibroblast effects 17
keratinocyte effects 17
pigmentation induction 28
nutrient protection 335, 336, 337–8
photodamage 14–16, 17
protection 481–3
protective antioxidant product 53
psoriasis therapy 510–11
retinol absorption 314
retinyl ester absorption 314
skin damage protection 11
spectrum 14–15
vitamin E protection 325
see also photoaging
ultraviolet light (UV) barrier 7–8
sunless tanning products 142
ultraviolet light protection factor (UPF) 18, 483
ultraviolet (UV) reflectance photography 50, 51
urea
dry skin treatment 133
moisturizers 131
clinical efficacy 133–4
psoriasis 508, 509, 509
stratum corneum 133
urticaria, contact 56, 57–8
UV gel nails 216–17
vascular cell adhesion molecules (VCAM) 285
vascular compromise, collagen fillers 371
vascular endothelial growth factor (VEGF) 15, 19
vascular malformation, camouflage makeup 181
vellus hair 33
vermillion border, collagen filler injection 368
vibrotactile stimulation 39
VISIA CR® system 49–50
vitamin(s)
oral 492–3
topical 319–26
vitamin A
acne treatment 493
formulation 321
irritation 321
mechanisms of action 319–20
photodegradation 312
stability 321
structure 320
topical 319–21
UV damage protection 337
see also retinol
vitamin B1, 321–3
depigmentation 323
forms 321
formulation 323
mechanisms of action 322–3
structure 322
topical effects 323
wrinkle treatment 323
vitamin B2, 323–4
vitamin C
antiaging effects 325, 484, 486
antioxidant 281, 282, 283, 324
topical formulation 284
collagen synthesis co-factor function 484
forms 324
formulation 325, 484
mechanisms of action 324–5
photodamage mitigation 20
rosacea treatment 500
topical 324–5
UV damage protection 337
with vitamin E 484–5
vitamin D
skin health 336
topical 325
vitamin E
antiaging 484, 486
antioxidant 281, 282, 283, 325
topical formulation 284
formulation 325
isomers 484
photoaging reversal 484
skin changes 339
skin diseases 339–40
topical 325
UV damage protection 337
with vitamin C 484–5
wound healing 339–40
vitamin K, topical 325
vitamin P see flavonoids
vitiligo, camouflage 179, 180
warm-sensitive fibers 41, 42
water vapor flux measurement 10
waterless cleansers 104
waterpacts 169–70
waxes
hair styling aids 259, 260, 262, 263
lipsticks 187
waxy pastes, lipsticks 187
wetness control 152–3
Wetness Inhibiting Performance, anti-perspirants 153
white petrolatum 506
white skin
dermis 31
irritant contact dermatitis 30
photoaging 33
whitening of skin 295
wound healing
dermabrasion postoperative 430
granulation 303
growth factors 303–4
inflammatory phase 303
medium depth chemical peel 388, 389
nutrient effects 339–40
physiology 302–5
re-epithelialization 303
wrinkles
Botulinum neurotoxin injections 299
facial foundation effect measurement of anti-wrinkle performance 173
formation with photoaging 33
hydroxyacids 332, 333
improvement detection 51–2, 53
optical profilometry 51–2, 53
peptide application 298
Raking Light Optical Profilometry 51–2, 53
retinaldehyde treatment 314
retinoid treatment 320–1
skin around lips 186
topical product evaluation 48
vitamin B3, treatment 323
zeaxanthin 337, 339
zinc
deficiency 340
UV damage protection 338
zinc oxide 146
microdermabrasion 418
sunscreen 481, 482
zinc sulfonate 492
Zyderm II® filler 362, 364, 365–6, 367
hands 473
Zyplast® filler 362, 364, 365–6, 367, 369
hands 473