## Contents

**Contributor List** ix  

**Chapter 1. The Necessity of an Evidence-based Approach to Diagnosis and Treatment** 3  
*Paul Farsai and Thomas Van Dyke*  
Problems with Introducing EBD 5  
Advantages of EBD 5

**Chapter 2. Classification of Periodontal Diseases and Conditions** 7  
*Serge Dibart and Melanie Campese*  
I. Gingival Diseases 7  
II. Chronic Periodontitis (Discarded Old Terminology: Adult Periodontitis) 14  
III. Aggressive Periodontitis (Discarded Old Terminology: Early Onset Periodontitis) 15  
IV. Periodontitis as a Manifestation of Systemic Diseases 18  
V. Necrotizing Periodontal Disease 19  
VI. Periodontal Abscess 20  
VII. Periodontitis Associated with Endodontic Lesion 21  
VIII. Developmental or Acquired Deformities and Conditions 22

**Chapter 3. Periodontal Risk Factors and Modification** 25  
*Clemens Walter, Christoph Ramseier, and Thomas Dietrich*  
Non-modifiable Risk Factors 25  
Modifiable Risk Factors 27  
Risk Factor Modification 32

**Chapter 4. Scaling and Root Planing** 43  
*Rahman Kohli*  
Instrumentation 43  
Scaling and Root Planing 46  
Root Surface Smoothness 49  
Full-Mouth Debridement 49  
Practical Aspects 50

**Chapter 5. Occlusion** 55  
*Steven Morgano, Adnan Ishgi, and Carlos Sabrosa*  
Centric Relation and Centric Occlusion 55  
Balanced Articulation 55

**Chapter 6. Systemic and Local Drug Delivery of Antimicrobials** 69  
*Dimitra Sakellari*  
Evidence-based Outcomes 69  
Indications 72  
Techniques 72  
Author’s Views/Comments 74

**Chapter 7. Periodontal Osseous Resective Surgery** 77  
*Luca Landi*  
Indications and Endpoints 77  
Physiologic and Pathologic Alveolar Bone Anatomy 77  
Principles 79  
Technique 80  
Modifications to the Original Surgical Approach 83  
Soft Tissue Management 85  
Effect of Surgery on the Alveolar Bone 86  
Evidence-based Outcomes 87  
Author’s Views/Comments 97

**Chapter 8. Regenerative Periodontal Therapy** 99  
*Joseph Fiorellini and Mehmet Ilhan Uzel*  
Periodontal Regenerative Techniques 100  
Future of Periodontal Regenerative Therapy 105  
Future Regenerative Therapy with rhPDGF 109

**Chapter 9. Surgical vs. Non-surgical Treatment of Periodontitis** 115  
*Thomas Dietrich*  
Evidence-based Outcomes 115  
Author’s Views/Comments 115

**Chapter 10. Supportive Periodontal Therapy** 121  
*Geoff Bateman*  
Indications 121
Contents

Technique 121
Evidence-based Outcomes 123
Author’s Views/Comments 125

Chapter 11. Dental Implants Therapy 127
Serge Dibart
Indications 127
Evidence-based Outcomes 127

Chapter 12. Inflammation and Bone Healing Around Dental Implants 131
Thomas Van Dyke and Sheilesh Dave
Bone Function and Structure 131
Bone Healing Following Implant Placement 132
Inflammatory Bone Loss Around the Integrated Implant 133

Appendix 1. A Little Slice of History: The Periodontal Condition of Napoleon’s Grand Army: A Forensic Evaluation 137
Yves Macia

Appendix 2. How to Write and Read a Scientific Paper 147
Cataldo Leone

Index 165