# Contributors

**Contributor List** ix

**Chapter 1. The Necessity of an Evidence-based Approach to Diagnosis and Treatment** 3
*Paul Farsai and Thomas Van Dyke*
Problems with Introducing EBD 5
Advantages of EBD 5

**Chapter 2. Classification of Periodontal Diseases and Conditions** 7
*Serge Dibart and Melanie Campese*
I. Gingival Diseases 7
II. Chronic Periodontitis (Discarded Old Terminology: Adult Periodontitis) 14
III. Aggressive Periodontitis (Discarded Old Terminology: Early Onset Periodontitis) 15
IV. Periodontitis as a Manifestation of Systemic Diseases 18
V. Necrotizing Periodontal Disease 19
VI. Periodontal Abscess 20
VII. Periodontitis Associated with Endodontic Lesion 21
VIII. Developmental or Acquired Deformities and Conditions 22

**Chapter 3. Periodontal Risk Factors and Modification** 25
*Clemens Walter, Christoph Ramseier, and Thomas Dietrich*
Non-modifiable Risk Factors 25
Modifiable Risk Factors 27
Risk Factor Modification 32

**Chapter 4. Scaling and Root Planing** 43
*Rahman Kohli*
Instrumentation 43
Scaling and Root Planing 46
Root Surface Smoothness 49
Full-Mouth Debridement 49
Practical Aspects 50

**Chapter 5. Occlusion** 55
*Steven Morgano, Adnan Ishgi, and Carlos Sabrosa*
Centric Relation and Centric Occlusion 55
Balanced Articulation 55

**Chapter 6. Systemic and Local Drug Delivery of Antimicrobials** 69
*Dimitra Sakellari*
Evidence-based Outcomes 69
Indications 72
Techniques 72
Author’s Views/Comments 74

**Chapter 7. Periodontal Osseous Resective Surgery** 77
*Luca Landi*
Indications and Endpoints 77
Physiologic and Pathologic Alveolar Bone Anatomy 77
Principles 79
Technique 80
Modifications to the Original Surgical Approach 83
Soft Tissue Management 85
Effect of Surgery on the Alveolar Bone 86
Evidence-based Outcomes 87
Author’s Views/Comments 97

**Chapter 8. Regenerative Periodontal Therapy** 99
*Joseph Fiorellini and Mehmet Ilhan Uzel*
Periodontal Regenerative Techniques 100
Future of Periodontal Regenerative Therapy 105
Future Regenerative Therapy with rhPDGF 109

**Chapter 9. Surgical vs. Non-surgical Treatment of Periodontitis** 115
*Thomas Dietrich*
Evidence-based Outcomes 115
Author’s Views/Comments 115

**Chapter 10. Supportive Periodontal Therapy** 121
*Geoff Bateman*
Indications 121
Technique 121  
Evidence-based Outcomes 123  
Author’s Views/Comments 125

**Chapter 11. Dental Implants Therapy** 127  
*Serge Dibart*  
Indications 127  
Evidence-based Outcomes 127

**Appendix 1. A Little Slice of History: The Periodontal Condition of Napoleon’s Grand Army: A Forensic Evaluation** 137  
*Yves Macia*

**Chapter 12. Inflammation and Bone Healing Around Dental Implants** 131  
*Thomas Van Dyke and Sheilesh Dave*  
Bone Function and Structure 131  
Bone Healing Following Implant Placement 132  
Inflammatory Bone Loss Around the Integrated Implant 133

**Appendix 2. How to Write and Read a Scientific Paper** 147  
*Cataldo Leone*

**Index** 165