Index

A

Ability variable, expertness as, 107
Ableism, 122, 124, 125, 432, 438
Abnormality, 77, 78–79
Abu-Salha, Razan Mohammad, 382
Abuse: child, 217–218; elder, neglect and, 465–466, 470; trauma history and, in culturally sensitive intake interview, 292–293. See also Alcohol and substance abuse
ACA. See American Counseling Association
Acceptance stage, of Hardiman White Racial Identity Development model, 261
Acculturation, 317, 332, 339, 398
Acculturation conflicts: of AI/AN, 323–324; of Arab Americans and Muslim Americans, 388; of Asian Americans, 340, 345; of Latinx population, 356–359, 360
Acculturation stress, 351, 357
Accuracy, of communication, 170
ACES. See Association for Counselor Education and Supervision
ACLU. See American Civil Liberties Union
Activity dimension, in MCT, 160–161
Activity schedules, 193
Acupuncture, 220
ADA. See Americans with Disabilities Act
Adamson, R., 482
Adelson, S. L., 452
Adoption, by LGBTQ, 446
Advocacy: counseling roles, 92, 484; feminist relational, 495–496; for organizational change, 90–91
Advocate, 179
Affective/experiential component, in curriculum and training, 80
Affordable Care Act, 480
African Americans, 301; Asian Americans conflicting relationships with, 54; characteristics and strengths of, 303–309; communication styles of, 173, 179, 181; counseling of, 311–312; as criminals, media on, 309–310; cultural strengths of, 308–309; Dee case study and, 306; educational characteristics of, 306–307; extended family of, 304, 308; family structure of, 304–305; Galton and Rushton on inferiority of, 81; incarceration of, 303, 310; interaction of four sets of factors in Jones model, 310–311; Jackie case study and, 306–307; Johnny case study and, 305; kinship bonds of, 160, 304, 308; Latinx Americans conflicting relationships with, 55–56; LGBTQ, 448; medical experiments on, 75–76; Michael case study and, 307; overview, 302–303; poverty of, 303; present-time orientation of, 158; racial and ethnic identity of, 303–304; racism and discrimination of, 303, 305, 306–307, 309–311; spiritual and religious values of, 222–223, 306; stereotypes of, 50; women scientists, 302; worldview of, 37; youth, 307–308. See also Black Lives Matter movement
Afrocentric attitudes, 304
Ageism, 462, 463, 470; women and, 496–497, 500
AI/AN. See American Indians and Alaska Natives
Alaska Natives. See American Indians and Alaska Natives
Alcohol and substance abuse: of AI/AN, 318, 322, 324–325; history, in culturally sensitive intake interview, 294; of Latinx population, 356; of LGBTQ individuals, 445, 447, 450, 452; older adults and, 466–467
Alcorn, Leelah, 447
Aldarondo, E., 483
Allison, Dorothy, 478
Allport, Gordon, 270
AlterNative Education Program, 323
Alzheimer's Association, 463
Alzheimer's disease, 463, 464
American Association of People with Disabilities, 427
American Civil Liberties Union (ACLU), 396
American Community Survey, of Census Bureau, 426
American Counseling Association (ACA): on end-of-life care provision, 469; LGBTQ and, 452; MSJCC and, 51, 85
American Indian Life Skills Development Program, 204
American Indians and Alaska Natives (AI/AN), 316, 426; acculturation conflicts of, 323–324; alcohol and substance abuse of, 318, 322, 324–325; characteristics and strengths of, 318–320; communication styles, 152, 181; counseling of, 327; cultural and spiritual values of, 319–320, 325, 328; cultural strengths of, 222, 320; domestic violence of, 325–326; educational concerns of, 322–323; extended family of, 319, 320, 321, 322; family structure of, 319; HC-MC

© 2019 John Wiley & Sons, Inc. Published 2019 by John Wiley & Sons, Inc.
Companion website: www.wiley.com/go/sue/ccd8e
ritual of, 205–206; historical and political relationships between groups of color and, 56; historical and sociopolitical background of, 321–322; kinship bonds of, 159–160; Mary case study and, 322; overview, 317–318; patriarchal roles and, 319; present-time orientation of, 158; self-disclosure and, 150; suicide of, 326–327; sweat lodge ceremony, 222–223, 320; tribal social structure of, 318. See also Indigenous healing

American Psychiatric Association, 29, 214, 291

American Psychological Association (APA): on discrimination, 131; Division 29 Psychotherapy Task Force, 195–196; ESRs focus by, 203; ESTs list and ethnic minority practice guidelines, 192; Multicultural Competency in Geropsychology of, 452; Multicultural Guidelines of, 76–77; Presidential Task Force on Evidence-Based Practice, 80, 191; Presidential Task Force on Immigration, 398, 399; Presidential Task Force on Preventing Discrimination and Promoting Diversity, 270; Report of the Task Force on Gender Identity and Gender Variance, 452; Report of the Task Force on Resources for the Inclusion of Social Class in Psychology Curricula, 482; Task Force on Socioeconomic Status, 147, 153; Thorsndike Prize of, 81; on violence against women, 493

Americans with Disabilities Act (ADA), 427–428

Amok (attacking furiously), 215

Anger, meaning of, 18–19

Animal Farm (Orwell), 74

Anti-Defamation League, 417

Antigay harassment, 123, 126

Antithomophobia, curriculum on, 79–80

Anti-Latínx sentiments, 349

Antiracism, 92; curriculum on, 79–80

Antiracist, 20

Antiracist White identity, 267–273

Anti-Semitism, 125, 411, 414, 416, 417, 418–419, 420

Antisexism, curriculum on, 79–80

Anxiety, meaning of, 17–18

APA. See American Psychological Association

Aponte, H. J., 482

Appropriate Therapeutic Responses to Sexual Orientation, in APA Multicultural Competency in Geropsychology, 452

Appropriateness, of communication, 170

Arab American Community Coalition of Washington State, 385

Arab American Institute, 382, 383

Arab Americans and Muslim Americans, 381; acculturation conflicts in, 388; characteristics and strengths of, 382–385; collectivistic orientation of, 384, 385; counseling of, 389; cultural and religious values of, 384; cultural strengths of, 385; family structure and values of, 384–385; identifying Muslim Americans, 383–384; patriarchal roles of, 384, 390; stereotypes, racism, and discrimination, 385–388

Arabs, 382

Arthur Ashe Courage Award, 442

Asian American identity development models, 240–242

Asian Americans and Pacific Islanders, 331; academic and occupational goal orientation of, 338, 345; acculturation conflicts of, 340, 345; African Americans conflicting relationships with, 54; CBT and, 341–342; characteristics and strengths, 333–339; collectivistic orientation of, 37, 148, 334–335, 342; communication styles of, 152, 172, 181; counseling of, 343; cultural strengths of, 338–339; depression of, 332, 335–336; emotionality and, 337, 345; expectations regarding counseling, 341–342; hierarchical relationships of, 335–336, 345; holistic view on mind and body of, 220, 337–338; Katherine case study, 334; Latinx Americans conflicting relationships, 55; overview of, 332; parenting styles of, 336, 345; past-present orientation of, 158; patriarchal roles of, 335, 342, 343; racial identity issues of, 339–340; racism and discrimination of, 333–334, 342; self-disclosure and, 150; stereotypes of, 50, 80; as success story, 333–334; worldview of, 37

Asertiveness, 149

Asertiveness training, 193, 498

Assessments: clinical, 291–294; collaborative and culturally responsive, 282, 295; diversity-focused, 294. See also Culturally competent assessment

Assimilated cultural orientation, 324

Assimilation, 332, 339

Association for Counselor Education (ACES), 223

Association of Black Psychologists, 79

Asylum, 395, 403

Ataques de nervios (attack of the nerves), 29, 30, 215

Atkinson, D. R., 238

Arman, in India, 147

Attack of the nerves (ataques de nervios), 29, 30, 215

Attacking furiously (Amok), 215

Attorney’s Office, U.S., 302

Attractiveness, 117; of counselor, 107–110

Attribution errors, 283–284, 295–296

Authority set, 108

Autobiography of Malcolm X (Haley), 241

Autonomy, 147

Autonomy status, of Helms White Racial Identity Development model, 263

Aversive racism, 123

Awareness, 29, 39–40, 43; integrative awareness phase, 239, 245–246, 249, 251, 267; sociocultural, of racism, 100. See also Self-awareness

Azalea, Iggy, 30

B

Baby Boomers, 459, 467

Banyard, V., 477

Barakat, Deah Shaddy, 382

Bát Gió (catching the wind), 218
Behavioral expressiveness, 149
Behavioral resistance, to multicultural training, 20–21
Benedict XVI (pope), 386
Bertrand, M., 309
Betty Ford Center, 366
Bias: class, 154; in culture-bound training systems, 77; heterosexual, 451, 452, 454; interracial and interethnic, 49, 52–54; MCT individual and universal, in mental health, 36; nonverbal as reflections of, 177–178, 185; nonverbal as triggers to fear and, 178–181, 185; therapeutic class, 153–154; therapy gender, 498–499, 500; unintentional expressions of, 131
Bicultural orientation, 324, 357; of Arab Americans, 388
Bicultural values, 357
Biculturalism, 55, 147, 290, 340, 358
Bieber, Justin, 125
BigFoot, D. S., 191, 205–206
Bilingualism, 55, 103, 156, 163, 323, 359
Bill of Rights, 104; multiracial, 374
Biracial, 365, 366, 368
Bisexual, 442, 444, 449, 454
Black Lives Matter (BLM) movement, 75, 120, 126, 131, 269, 302, 309
Bland, Sandra, 309
BLM. See Black Lives Matter
B’nai Brith, 92
“Booty” pop music video, of Lopez, 30
Boston Marathon bombing, 386
Brain fag, 213
Brewer, R., 482
Brinkley, D., 220
Broaching, 61
Brown, Jerry, 443
Brown, Michael, 237, 242, 262
Brunari, D., 482
Bullock, H. E., 478, 482
Burt, Cyril, 81
Butler, K., 41–42

C
CACREP. See Council for Accreditation of Counseling &
Related Educational Programs
California Assembly Bill 775, 155
Candid Camera television show, 177
Cao Gió (scratching the wind), 218
Caregivers, women as, 489, 490–491
CARRP. See Controlled Application Review and Resolution Program
Carson, Andre, 382
Carter, R. T., 293
Castile, Philando, 302
Catching the wind (Băt Gió), 218

CBT. See Cognitive behavioral therapy
CCD. See Counseling the Culturally Diverse
Census Bureau, U.S.: American Community Survey of, 426; on multiracial category, 366; on poverty rate, 476
CFL. See Cultural Formulation Interview
Chakras, 220, 221
Characteristics: counseling and psychotherapy standard, 146–147; of dissonance phase, 241–242; Latinx populations cultural values and, 350–351; White culture normative, 102
Charlie Hebdo magazine, 386
Chicago Police (CPD), 302
Chicano-Filipino United Farm Workers Movement (1930s), 55
Child abuse, 217–218
Chinese Americans. See Asian Americans and Pacific Islanders
Cisgender, 443, 444, 452
Civil rights movement, 54, 396
Clark, Le Ondra, 13–14
Class bias, 154
Class-bound values: poverty impact and, 152–153, 163; therapeutic class bias and, 153–154
Classism, 152, 477–478, 482; poverty and minimum wage, 480–481
Classist microaggressions, 483
Clients: of color, overidentification with, 62; ethnic group, counselor preferences by, 197; marginalized group counselors working with majority and marginalized group, 51; stereotyping, 108, 162; systems, 38; therapy resistance, 15; victim blaming of, 30, 78, 100, 122; White, counselors of color challenges with, 58–62, 67; worldview, MSJCC on, 42
Clinical assessments: CFI, 288, 291; culturally sensitive intake interview, 291–294; diversity-focused assessment, 294
Clinical clues, attuning to, 30–31
Clinton, William “Bill,” 74, 75, 76
Closing prayer (pule ho’opau), 222
Coates, Ta-Nehisi, 75, 256
Co-construction, 341
Cognitive and behavioral distancing, 482
Cognitive behavioral therapy (CBT), 189; Asian Americans and, 341–342; Horrell on, 194; TF-CBT, 205–206
Cognitive empathy, 198, 199, 200
Cognitive resistance, to multicultural training, 16–17, 80
Cognitive restructuring, 193
Collaboration, 198, 208
Collaborative approach, 287–288, 295
Collaborative assessment, 282, 295
Collaborative conceptualization model, 287, 288; principles of, 289–290
Collectivism, 38, 56, 147–149, 335
Collectivistic cultures, 30, 159
Collectivistic orientation: of Arab Americans, 384, 385; of Asian Americans, 37, 148, 334–335, 342
Colom, Alvaro, 76
Color blindness, 126, 199–200, 259
The Color of Wealth (Lui, Leondar‐Wright, Brewer, and Adamson), 482
Columbia University, 323
Colville, Rupert, 394
Coming out process, of LGBTQ, 443, 447–449, 451–452, 453, 454
Commitment to antiracist action phase, of White racial identity development model, 267
Communication styles, 65, 67; accuracy and appropriateness of, 170; of African Americans, 173, 179, 181; of AI/AN, 152, 181; of Asian Americans and Pacific Islanders, 152, 172, 181; counseling and psychotherapy impacted by, 168–185; counseling and therapy as, 181–184; differences in, 57, 181; differential counseling skills in, 181–182; immigrants and refugees linguistic, 402; implications of, for MCT, 152, 182–184; of Latinx Americans, 152, 173, 181; therapeutic practice and, 63–64; verbal, 170; of Whites, 179. See also Nonverbal communication
Competencies, MSCJJ on, 42
Confidentiality, 109, 359; interpreters and, 155–156
Confirmatory strategy, 283, 295
Conformity phase: of R/CID, 239–241, 244, 246, 247, 249, 251; of White racial identity development, 264–265
Confucian philosophy, 157–158
Connectedness, for therapeutic alliance, 196
Consciousness‐raising component, in curriculum and training, 80
Conservative Judaism, 413
Contact status, in Helms White Racial Identity Development model, 262
Contemporary forms, of oppression, 75–77
Contextual viewpoint, 288
Control. See Locus of Control
Controlled Application Review and Resolution Program (CARRP), 396
Cooperation, of AI/AN, 319, 328
Council for Accreditation of Counseling & Related Educational Programs (CACREP), 51
Counseling and psychotherapy: of African Americans, 311–312; of AI/AN, 327; of Arab Americans and Muslim Americans, 389; of Asian Americans and Pacific Islanders, 341–342, 343; client resistance to, 15; communication styles impacted by, 168–185; credibility and attractiveness in, 59, 107–110, 117; differential skills, for communication styles, 181–182; EBP and diversity issues in, 203–206; emotional expressiveness and, 149; family, for PWD, 434–435; of immigrants and refugees, 403, 405–406; individual‐centered, 99, 113, 147, 183; interracial relationships in, 49–50; interventions in, 85, 86; of Jewish Americans, 418–419; of Latinx populations, 359–360; of LGBTQ, 452–453; of marginalized groups, 66; mental health definitions, 77–80; mental health impact from sociopolitical oppression, 75–77; mental health literature, 80–83; of multiracial populations, 374–375; of older adults, 468–469; political and social justice implications of, 73–94; of poverty individuals, 482–483; of PWD, 435–436, 437; social justice advocacy and roles of, 91; standard characteristics of, 146–147; of women, 499–500. See also Multicultural counseling and therapy; Social justice counseling: Therapeutic alliance
Counseling the Culturally Diverse (CCD) (Sue), reactions to reading, 6–8
Counselor credibility and attractiveness, 59, 117; expertness and, 107–109; trustworthiness and, 109–110
Counselors of color and dyadic combinations: challenges associated with, 62–65, 67; challenges associated with counselors of color and White client dyads, 58–62, 67
Countertransference, 62; of counselors of color, 60; management of, 198, 201–202, 208
Covert racism, 11–12
Covert sexism, 123, 492, 499
CPD. See Chicago Police
Credibility, 117; of counselors of color, 59; expertness and, 107–109; trustworthiness and, 109–110
Criminalization of poverty, 478
Criminals, media on African Americans as, 309–310
Cross nigrescence model, 303; encounter stage, 237; immersion‐emersion stage, 237; internalization stage, 237; internalization‐commitment stage, 237; preencounter stage in, 236, 304
Cullors, Patrisse, 302
Cultural adaptations, 202; to ESTs, 194, 195; of TF‐CBT, 205–206
Cultural and spiritual values, of AI/AN: cooperation, 319, 328; noninterference, 319–320, 328; nonverbal communication, 320, 328; sharing, 319, 325, 328; spirituality, 320, 328; time orientation, 320, 328
Cultural clues, attuning to, 30–31
Cultural competence: behavioral resistance to, 20–21; cognitive resistance to, 16–17, 80; cultural humility and, 41; cultural knowledge and, 286; defined, 38–42, 75; emotional resistance to, 17–20; emotions and, 21–23; multicultural skills and, 287; obstacles to, 5–24; self‐awareness and, 285–286; social justice and, 41–42; understanding resistance to multicultural training and, 13–21. See also Multicultural counseling competence
Cultural deficit models, 147
Cultural deprivation, 82–83
Cultural encapsulation, 102
Cultural Formulation Interview (CFI), in DSM-5, 288, 291
Cultural humility, 38, 43–44; cultural competence and, 41; obstacles to, 5–24; social justice advocacy and, 91
Cultural incompetence, 32
Cultural insensitivity, 32
Cultural knowledge, 286
Cultural mistrust, 304
Cultural oppression, 113
Cultural orientation: assimilated, 324; bicultural, 324, 357, 388; marginal, 323; pantraditional, 324; traditional, 323
Cultural paranoia, 78
Cultural racism, 102
Cultural relativism, 31
Cultural strengths: of African Americans, 308–309; of AI/AN, 222, 320; of Arab Americans and Muslim Americans, 385; of Asian Americans and Pacific Islanders, 338–339; of immigrants and refugees, 399; of Jewish Americans, 415; of Latinx populations, 355
Cultural syndromes, worldview and, 214–218
Cultural values, 56–57, 63, 65, 67
Culturally competent assessment, 281, 295–296; collaborative conceptualization principles and, 289–290; contextual and collaborative, 287–290; cultural relevance in, 290–294; diagnostic errors prevention, 284–287; diversity-focused, 294; Erica case study and, 289; overview of, 282–283; standard clinical assessments, 290–294; therapist variables influencing diagnosis, 283–284
Culturally deficient model, 82–83, 93
Culturally Deprived Child (Riessman), 82–83
Culturally diverse model, 83, 93
Culturally responsive, 6, 29, 36, 38
Culturally responsive assessment, 282, 295
Culturally sensitive intake interview, 291; abuse and trauma history in, 292–293; history of presenting problem in, 292; identifying information in, 292; medical history in, 293; presenting problem in, 292; psychosocial history in, 292; risk of harm to self or others in, 294; strengths in, 293; substance abuse history in, 294
Culture: defined, 147; externality and, 111
Culture bound syndromes: *Amok* (attacking furiously), 215; *ataques de nervios* (attack of the nerves), 29, 30, 215; *Dhat, Shen-K’uei, Shenkui*, 215; in DSM-5, 214; ghost sickness, 213–214, 215; *Koro*, 215; *nervios* (nervousness), 215; *susto* (fright), 215
Culture-bound training, 77
Culture-bound values: distinction between mental and physical functioning in, 151–152; focus on individual and, 147–149, 163; insight use of, 78, 149–150, 154, 163; patterns of communication in, 152; scientific empiricism and, 151; self-disclosure openness and intimacy, 150–151; verbal/emotional/behavioral expressiveness and, 149, 163
Culture-specific. See Emic formulations
Culture-universal. See Etic formulations
Curriculum and training deficiencies, in mental health, 79–80

D

DACA. See Deferred Action for Childhood Arrivals
Darwin, Charles, 81
Daryl social justice counseling case study, 84
Davuluri, Nina, 385
DBT. See dialectical behavioral therapy
Deaf community, 426
Declaration of Independence, 105
Dee African American case study, 306
Defensiveness, meaning of, 18–19
Deferred Action for Childhood Arrivals (DACA), 394; Obama authorization of, 397
Dementia, 463, 464–465
Denial, 16–17
Department of Health and Human Services (DHHS), U.S., 467
Department of Homeland Security, 395
Department of Justice, U.S., 302, 321
Depression, 475; of Asian Americans, 332, 335–336; of Latinx population, 193, 355–356; of LGBTQ, 445; Marshall case study, 120–121; of older adults, 467–468; poverty and, 478–479; women and, 497–498
*Dhat, Shen-K’uei, Shenkui*, 215
DHHS. See Department of Health and Human Services
*Diagnostic and Statistical Manual of Mental Disorders*–5 (DSM-5), of APA, 121; CFI in, 288, 291; cultural concepts of distress and, 29, 214; culture-bound syndromes in, 214; gender dysphoria in, 443–444
Diagnostic errors, in culturally competent assessment: attribution error, 283–284, 295–296; confirmatory strategy, 283, 295; diagnostic overshadowing, 284, 285, 295; judgmental heuristics, 284, 295; prevention of, 284–287
Diagnostic overshadowing, 284, 285, 295
Dialectical behavioral therapy (DBT), 189, 190
*Dignidad* (dignity), 161, 162
Disability: defined, 427; minority and moral models regarding, 429, 437. See also People with disabilities
Disabled individuals. See People with disabilities
Discrimination: of African Americans, 303, 305, 306–307, 309–311; APA on, 131, 270; of Arab Americans and Muslim Americans, 385–388; of Asian Americans and Pacific Islanders, 333–334, 342; of immigrants and refugees, 400–401; inter racial and interethnic, 52–54; of Jewish Americans, 416–417; of Latinx populations, 354; of LGBTQ, 449–451; of multiracial populations, racism and, 373–374; of older adults, 462–463; politics of interethnic and inter racial bias and, 49, 52–54; of PWD, 123, 124, 432–434; racism and, 75; religious, 122, 124, 125; of transgender, 124; of women, 489, 492–493, 497, 500
Disintegration status, of Helms White Racial Identity Development model, 262
Dissonance phase: characteristics of, 241–242; of R/CID, 239, 241–242, 248, 251; of White racial identity development, 265–266
Distress, cultural concepts of, 29, 214
Diversity, among African Americans, 311
Diversity training, 285
Diversity-focused assessment, 294
Division 29 Psychotherapy Task Force, of APA, 195–196
Domains, MSJCC on, 42
Domestic violence, 492–493; of AI/AN, 325–326; of immigrants and refugees, 398–399
Dominant group: belief in superiority of, 102; power to impose standards of, 103
Dreamers, 397
Driving while Black, 122
DSM‐5. See Diagnostic and Statistical Manual of Mental Disorders‐5
Duke, David, 415
Dumont, M. P., 483–484
Durbin, Dick, 394

E
Eadie, B. J., 220
EBP. See Evidence-based practice
EC. See External locus of control
EC-ER. See External locus of control-external locus of responsibility
EC-IR. See External locus of control-internal locus of responsibility
Economic and employment barriers, of women, 494–496
Education, 223; AI/AN concerns in, 322–323; immigrants levels of, 395; poverty inequalities of, 478–479; undocumented immigrants and higher, 401; women barriers to, 493–494
Egalitarian roles, 157, 164, 335
Ego statuses, 262
Ehrenreich, B., 478
Elder abuse and neglect, 465–466, 470
Elderly. See Older adults
Elderspeak, 465, 469
Ellis, Albert, 181
Embraced by the Light (Eadie), 220
Emic (culture-specific) formulations, 38; etic formulations balancing with, 31; etic formulations versus, 29–31
Emotional affirmation, emotional invalidation versus, 11–13
Emotional bond, 196, 198–202, 207–208
Emotional empathy, 198–199, 200
Emotional expressiveness, 149
Emotional invalidation, emotional affirmation versus, 11–13
Emotional resistance, to multicultural training: anxiety and fear meaning in, 17–18; defensiveness and anger meaning in, 18–19; guilt, regret, and remorse meaning in, 19–20; Winter on, 17
Emotional self-revelation, fears and, 9–11
Emotionality, 337, 345
Emotions: cultural competence and, 21–23; nested or embedded, 10
Empathy: cognitive, 198, 199, 200; emotional, 198–199, 200; therapeutic alliance and, 196, 208
Empirically supported relationships (ESRs), 195; APA focus of, 203; EBP compared to, 204; variables of, 196
Empirically supported treatment (EST): APA list and ethnic minority practice guidelines for, 192; cultural adaptations for, 194, 195; EBP compared to, 204; examples of, 192; implications of, 194; shortcomings of, 193
Encounter stage, in Cross nigrescence model, 237
Enculturation, 340, 343
End-of-life provisions, 469
Energy Transfer Partners, 317
Engagement strategies, 193
Enlightenment, 221
Environmental injustice, poverty and, 480
Environmental Protection Agency (EPA), U.S., 479
Erica culturally competent assessment case study, 289
Espiritismo (spiritism), 221
ESRs. See Empirically supported relationships
EST. See Empirically supported treatment
Ethnocentric monoculturalism, 116, 235; historical manifestations of, 104–105; inferiority of others belief in, 103; invisible veil and, 104, 259; manifestation in institution, 103; power to impose standards and, 103; superiority of dominant group belief in, 102
Ethnocentricity, 77
Etic (culture-universal) formulations, 38; emic formulations balancing with, 31; emic formulations versus, 29–31
Eureka, California, 317
Evidence-based practice (EBP): client focus of, 204; diversity issues in counseling and, 203–206; ESRs and, 195–196; EST, ESR compared to, 204; ESTs and, 192–194; multicultural, 188–208; TF-CBT as, 205–206; therapeutic alliance and, 196–203, 204; three pillars of, 203
“Evidence-Based Practices with Ethnic Minorities: Strange Bedfellows No More” (Morales and Norcross), 191
Executive Order 13769 (Muslim ban), of Trump, 382, 387
Experiment, 151
Expertness: as ability variable, 107; credibility and, 107–109
Extended family, 159, 160; of African Americans, 304, 308; of AI/AN, 319, 320, 321, 322; of Latinx populations, 350, 355, 358
External locus of control (EC), 111
External locus of control-external locus of responsibility (EC-ER), 112, 113, 114–115
External locus of control-internal locus of responsibility (EC-IR), 112, 113–114
Externality: culture and, 111; sociopolitical factors and, 112
Externality, locus of control and, 111, 112
Eye contact, 173, 320

F
Familismo (family), 56–57, 350–351, 352, 357, 358, 360
Family approaches, to individualism, 159–160
Family counseling, for PWD, 436–437
Family structure: of African Americans, 304–305; of AI/AN, 319; of Arab Americans and Muslim Americans, 384–385; of Latinx populations, 351–352; LGBTQ individuals and, 446–447. See also Extended family
Family systems, 156, 164; Confucian philosophy and, 157–158
Family Therapy with Ethnic Minorities (Ho), 157
Farley, Melissa, 490
Fatalismo (fatalism), 161, 353
Fears: emotional self-revelation and, 9–11; meaning of, 17–18; nonverbals as triggers to biases and, 178–181, 185
Fellowship United Methodist Church, 453
Feminism, 489, 500
Feminist relational advocacy, 495–496
Friedman, M. L., 413
Fright (susto), 215

G
Galton, F., 81
Gambrill, E., 288
Garner, Eric, 237
Garrett, M. T., 323–324
Garza, Alicia, 302
Gay, 442–444, 449, 454
Gay and Lesbian Association of Retiring Persons (GLARP), 452
Gay-Straight Alliance, 445
Gender: bias, in therapy, 498–499, 500; issues and domestic violence, of immigrants and refugees, 398–399; -related considerations, of Jewish Americans, 414; role expectations, of Latinx populations, 352–353
Gender dysphoria, 443–444
Gender microaggressions, 498
Gender roles, 352–353, 497
Gender Spectrum, 445
General Electric, 158
Genetically deficient model, 81–82, 93
George III (king), 104
Gerontophobia, 459
Ghost sickness, 213–214, 215
Giác Hoi (pressure massage), 215
Gibson, Mel, 125, 417
Gini coefficient, 476
GLARP. See Gay and Lesbian Association of Retiring Persons
Glum, J., 309
Goal consensus, 196–197, 202–203, 208
de Gobineau, A., 81
Gone, J. P., 195, 286
Goodman, L. A., 483
Group level of identity, 35, 36, 37, 38
Groups: acknowledging differences in, 30; cultural values, of racial and ethnic, 56–57; dominant, 102, 103; ethnic, therapeutic alliance and, 197; identities, MCT impact on, 37; interracial and interethnic relations of, 54–56; socially marginalized, 8, 50. See also Marginalized groups
Guatemalan prisoners experiments, 76
Gutman, Amy, 76

H
Hale, Greta, 459–460
Haley, A., 241
Hall, Edward, 106, 175
Hall, G. Stanley, 81
Hardiman, Rita, 260–261
Hardiman White racial identity development model, 260–261
Harlins, LaTasha, 54
Harmony, 219–220
HC. See High-context
HC-MC. See Honoring the Children, Mending the Circle
Health care inequities, poverty and, 481
Helms, Janet, 261–263
Helms White Racial Identity Development model, 261; autonomy status of, 263; contact status of, 262; disintegration status of, 262; immersion and emersion status of, 262; pseudo-independence status of, 262; reintegration status of, 262
Helplessness, 20
Hernandez, Daisy, 349
Heterosexism, 123, 124
Heterosexist bias, 451, 452, 454
Heterosexual, 13, 443, 444, 449, 452
The Hidden Dimension (Hall, E.), 175
Hierarchical relationships, 335–336, 345
High-context (HC) communication, 175–176, 183, 185
High-context (HC) cultures, 175–176
Hijab, 385
Hispanics. See Latinx population
Historical loss, for AI/AN, 325, 326
Historical relationships, between people of color, 54–56
Historical stereotypes, 50
History of presenting problem, in culturally sensitive intake interview, 292
Hmong Sudden Death Syndrome, 213–214
Ho, M. K., 157
Holocaust, 414, 415, 416, 417, 420
Holocaust denial, 415, 416
Homelessness, 477
“Homes Not Handcuffs” report, 478
Homonegativity, 123, 126
Homophobia, 75, 126
Homosexuality, 442
Honoring the Children, Mending the Circle (HC-MC), American Indian ritual of, 205–206
hooks, b., 482
Ho’oponopono, 222
Hopelessness, 20–21
Horrell, S. C. V., 194
Howard-Pitney, B., 326
Huey, S. J., 202
Human Genome Project, 34, 35
Hypodescent, 367, 375
Hypothesis, 289–290

IC. See Internal locus of control
ICD-10. See International Statistical Classification of Diseases and Related Health Problems
ICE. See Immigration Customs Enforcement
IC-EC. See Internal locus of control-external locus of control
IC-ER. See Internal locus of control-external locus of responsibility
IC-IR. See Internal locus of control-internal locus of responsibility
Identifying information, in culturally sensitive intake interview, 292
Identification: group level of, 35, 36, 37, 38; individual level of, 34, 36, 38; Jewish, 414, 416, 418–419; tripartite framework for understanding dimensions of, 32–35; universal level of, 35, 36, 38
Immersion and emersion status, of Helms White Racial Identity Development model, 262
Immersion-emersion stage, of Cross nigrescence model, 237
Immigrants: defined, 407; education levels of, 395; populations of, 394
Immigrants and refugees, 393–407; barriers to seeking treatment among, 401; counseling of, 403, 405–406; cultural and acculturation issues for, 398; cultural strengths of, 399; gender issues and domestic violence of, 398–399; historical and sociopolitical factors for, 396–397; linguistic and communications with, 402; post persecution, torture, trauma influence on, 403, 404; prejudice and discrimination of, 400–401; safety issues and coping with loss among, 404–405; Trump on, 394, 396; undocumented, 349, 394–395, 397, 400, 401, 405–406
Immigration Act, of 1965, 396
Immigration Customs Enforcement (ICE), U.S., 396
Incarnation, of African Americans, 303, 310
Inclan, J., 159
India, atman in, 147
Indian Child Welfare Act, 321, 322
Indian Health Services, 327
Indigenous healing, 212, 226–228; Bát Gió (catching the wind), 218; belief in metaphysical levels of existence, 220–222; Cao Gió (scratching the wind), 218; cultural syndromes and, 214–218; espiritismo, 221; examples of, 224–225; ghost sickness, 213–214, 215; Giác Hơi (pressure massage), 218; HC-MC, 205–206; holistic outlook, interconnectedness, and harmony in, 219–220, 223; ho’oponopono, 224; mahiki, 222; non-western methods of, 219; ‘oia‘i‘o (truth telling), 222; principles of, 218–223; pule ho‘opau (closing prayer), 222; pule weke (opening prayer), 222; shaman as therapist commonalities, 215–216; spirituality dangers and benefits in, 226; spirituality in life and cosmos of, 222–223; sweat lodge ceremony, 222–223, 320; Thùôc Nam, 217, 218
Individual level of identity, 34, 36, 38
Individual-centered counseling, 99, 113, 147, 183
Individualism, 38, 56; family approaches to, 159–160; U.S. culture and, 147, 159
Individuals: culture-bound values focus on, 147–149, 163; social justice counseling focus on, 85; worldview, 110–112
Inferiority: Galton and Rushton on African American, 81
Integration/Biculturalism, 340
Integrative awareness phase, of R/CID, 239, 245–246, 249, 251, 267
Interconnectedness, 219–220, 223
Internal locus of control (IC), 111
Internal locus of control-external locus of control (IC-EC) dimensions, 111
Internal locus of control-external locus of responsibility (IC-ER), 112, 113, 115
Internal locus of control-internal locus of responsibility (IC-IR), 112, 113
Internalization stage: of Cross nigrescence model, 237; of Hardiman White Racial Identity Development model, 261
Internalization-commitment stage, 237
Internalized racism, 240
International Statistical Classification of Diseases and Related Health Problems (ICD-10), 214
Interpersonal distance zones, 171
Interpreters, 336, 359, 400, 402, 406; confidentiality and, 155–156
Interracial and interethnic bias, 49, 52–54
Interracial and interethnic conflicts, 51
Interracial and interethnic discrimination, 52–54
Interracial and interethnic group relations, 54–56
Interracial marriage, 365, 366, 368
Interventions, counseling: foci of, 85; levels of, 86
Intimate interpersonal distance zone, 171
Introspection phase: of R/CID, 239, 244–245, 246, 249, 251; of White racial identity development, 266–267
Invisible veil, 104, 259
Islam, 383, 384, 390
Islamophobia, 124
Ivey, A. E., 182
Jackie African American case study, 306–307
Jackson, Lisa, 479
Jefferson, Thomas, 104
Jenner, Caitlin, 442
Jenny, Sansei (third generation) Japanese American case study, 234–235
Jewish Americans, 410; anti-Semitism, 125, 411, 414, 416, 417, 418–419, 420; characteristics and strengths of, 412–415; counseling of, 418–419; cultural strengths of, 415; ethnic identity issues of, 413–414; gender-related considerations, 414; historical and sociopolitical background of, 415–416; overview of, 411–412; patriarchal roles and, 414; prejudice and discrimination of, 416–417; spiritual and religious values of, 412–413
Jewish identity, 414, 416, 418–419
Jewish Issues in Multiculturalism: A Handbook for Educators and Clinicians (Langman), 418
Johnny African American case study, 305
Jones, A. C., 310–311
Jones, Doug, 302
Jones, J. M., 103
Jones Model, 310–311
Jordan, Vernon E., 75
Journal of Counseling Psychology, 250
Judaism, 411, 414; Conservative, 413; Orthodox, 413, 415, 418, 419; Progressive, 413, 420; Reform, 413
Judgmental heuristics, 284, 295
Katherine, Asian American case study, 334
Katz, J., 147, 259
Kemp, N. T., 436
Kinesics, 172–173, 183, 185
King, Rodney, 54
Kinsley bonds: of African Americans, 160, 304, 308; of Al/AN, 159–160
Kiselica, Mark, 9–11
Kluchkohn, F. R., 157, 164
Knowledge, 32, 40, 43; component, in curriculum and training, 80
Koro, 215
Kozol, Jonathan, 479
Ku Klux Klan, 415
LaFromboise, T., 326
Lakota Sioux, 222
Langman, P. F., 418–419
Language barriers, MCT and, 155–156, 163
Larry P. v. California, 79
Latinx Americans: African Americans conflicting relationships with, 55–56; Asian Americans conflicting relationships with, 55; communication styles of, 152, 173, 181; depression of, 193, 335–336; emotional expressiveness of, 149; past-present orientation of, 158
Latinx populations, 348, 361; acculturation conflicts of, 356–359, 360; alcohol and substance abuse of, 356; American identity development models, 241–242; characteristics and strengths of, 350–355; counseling of, 359–360; cultural strengths of, 355; cultural values and characteristics of, 350–351; educational characteristics of, 354–355; extended family of, 350, 355, 358; family structure of, 351–352; gender role expectations of, 352–353; LGBTQ, 448; linguistic issues of, 359; overview of, 349–350; racism and discrimination of, 354; spiritual and religious values of, 353–354; stigma associated with mental illness of, 355–356; time orientation of, 159; Trump on, 349
LC. See Low-context
Learned helplessness, 114
Leondar-Wright, B., 482
Lesbian, 442–444, 450, 454
Lesbian, gay, bisexual, transgender, queer (LGBTQ) individuals, 12, 441; ACA and, 452; adoption by, 446; African American, 448; aging and, 451–452; characteristics and strengths of, 443–444; coming out of, 443, 447–449, 451–452, 453, 454; counseling of, 452–453; couples and families, 446–447; microaggressions against, 123, 132–133; Obama on rights of, 442–443; oppression of, 101; prejudice, discrimination and misconceptions about, 449–451; sexual and gender identity issues of, 443–444; social isolation, depression, and suicide of, 445; strengths of, 447; substance abuse of, 445, 447, 450, 452; universal-diversity orientation and, 200; youth, 444–446
Levels of intervention, 86
LGBTQ. See Lesbian, gay, bisexual, transgender, queer
Lindsey, E. S., 448
Linguistic barriers, for Latinx populations, 359
Locus of control, 113–115, 117; externality and culture factors of, 111; externality and sociopolitical factors on, 112; powerlessness and, 112; worldview and, 111–112
Locus of responsibility, 112–115, 117–118
Lopez, Jennifer, 30
Los Angeles Police Department, 54
Los Angeles Riots, of 1992, 52, 54
“Losing Ground” report, by National Center for Public Policy and Higher Education, 479
Lott, B., 482
Low-context (LC) communication, 175–176, 183, 185
Low-context (LC) cultures, 175–176
Lui, M., 482
Lynch, Loretta, 309
Machismo, 356, 357, 360, 448
Mahiki, 222
Mallinckrodt, B., 436
Marcos, L. R., 359
Marginal cultural orientation, 323
Marginalized groups: African American and Asian American relationships, 54; American Indians and Black, Latinx and Asian Americans, 56; Asian and Latinx Americans relationships, 55; counseling of, 66; counselors from, working with majority and other marginalized group clients, 51; counselors of color and dyadic combinations, 58–66; historical and political relationships between groups of color, 54–56; interracial counseling relationships, 49–50; Latinx Americans and Black Americans relationships, 55–56; mental health underutilization by, 77; politics of interethnic and interracial bias and discrimination, 49, 52–54; racial/ethnic groups differences, 56–58; stereotypes held by socially marginalized group members, 50; “who’s more oppressed” game of, 50
Marianism, 352, 360
Marshall depression case study, 120–121
Martin, Trayvon, 75
Mary AI/AN case study, 322
Massacres: Pulse nightclub, 442; Wiyot tribe, 317
May, Genevieve, 466
McCullough, R. J., 41–42
McDonald, Laquan, 302
MCO. See Multicultural orientation
MCT. See Multicultural counseling and therapy
Media: on African Americans as criminals, 309–310; people of color inferiority and, 240; poverty and, 478; women sexualization and marginalization of, 490
Medical experiments, on African Americans, 75–76
Medical history, in culturally sensitive intake interview, 293
Medical model, regarding disability, 429, 437
MENA. See Middle Eastern and North African
Mental disorders: CFI on, 288, 291; cultural expression of, 406; poverty and, 152–153, 479–480; PWD and, 428; science and research on treatment of, 189. See also Depression; specific disorders
Mental functioning, physical functioning distinction from, 151–152
Mental health: abnormality as presence of certain behaviors, 78–79; curriculum and training deficiencies, 79–80; definitions of, 77–80; MCT and, 36; normality as ideal, 78; normality as statistical concept, 77–78; sociopolitical oppression impact on, 75–77
Mental health literature, 80; culturally deficient model and, 82–83, 93; culturally diverse model and, 83, 93; genetically deficient model and, 81–82, 93; pathology and persons of color in, 81–83
Mental health services, marginalized groups underutilization of, 77
Merchant of Venice (Shakespeare), 35
Mestizos, 56
Metaphysical levels of existence, 220–222
#MeToo campaign, 49, 489
Mexican Americans. See Latinx Americans
Michael African American case study, 307
Microaggressions, 12, 119–121, 137–138; classist, 483; defined, 122, 124–125; dynamics and dilemmas of, 129–133; evolution of isms and, 124–126; examples of, 127–129; gender, 498; against LGBTQ, 123, 132–133; microassault and, 125; microinsult and, 125–126; microinvalidation and, 126; response to, 132–133; therapeutic implications, 133–136; therapeutic practice examples, 135–136
Microassault, 125
Microinsult, 125–126
Microinterventions, 137
Microinvalidation, 126
MID. See Minority Identity Development
Middle Eastern and North African (MENA) descent, 383
Migration, 394
Milano, Alyssy, 489
Miller, J. B., 483
Mini-Mental State Examination (MMSE), 464
Minority Identity Development (MID) model, 238
Minority model, regarding disability, 429, 437
Minority standard time, 153–154
Miranda, A. O., 357
Miscegenation, 365
MMSE. See Mini-Mental State Examination
Model minority myth, 50, 332, 344
Mohammed, Yusor, 382
Monoracial, 367, 371, 374
Montana Indian Reservation, 326
Moore, Roy, 302
Moral model, regarding disability, 429, 437
Morales, E., 191
Morato, Clara, 356
Morita therapy, 220
Mosavi, Abraham, 394
Mosque, 386
The Mother to Son Program, 306
Motivation variable, trustworthiness as, 107
Moua, Ker, 155
Moynihan Report, 83
MSJCC. See Multicultural and Social Justice Counseling Competencies
Muhammad, 384
Mullainathan, S., 309
Multicultural and Social Justice Counseling Competencies (MSJCC) (Ratts, Singh, Nassar-McMillan, Butler, and McCullough), 41; ACA and, 51, 85; quadrants, domains, client worldview, and competencies in, 42
Multicultural Competency in Geropsychology, of APA, 452
Multicultural counseling, 51; APA Multicultural Guidelines on, 76–77
Multicultural counseling and therapy (MCT), 75, 258, 260; activity dimensions of, 160–161; communication styles implications for, 152, 182–184; defined, 37–38; differential communication skills in, 181–182; etic versus emic formulations for, 29–31; group identities impact, 37; individual and universal biases in psychology and mental health, 36; language barriers and, 155–156, 163; nature of people dimension in, 161–162; overgeneralizing, stereotyping, and, 162; patterns of American cultural assumptions, 156–162; people-nature dimension in, 157–158; relational dimension in, 159–160; time dimension in, 158–159; tripartite framework on multiple identity dimensions, 32–35
Multicultural counseling competence: cultural incompetence harm and, 32; culturally responsive counseling and, 32; nature of, 31–32; superordinate nature of cultural competence and, 31
Multicultural Guidelines, of APA, 76–77
Multicultural orientation (MCO) framework, 133–134
Multicultural skills, 287
Multicultural training: behavioral resistance to, 20–21; cognitive resistance to, 16–17, 80; emotional resistance to, 17–20; recognizing and understanding resistance to, 13–21
Multiculturalism, 21; evidence-based practice and, 188–208
Multiracial, 365; Census Bureau on category of, 366
Multiracial populations, 364, 376; characteristics and strengths of, 366–369; counseling of, 374–375; discrimination and racism of, 373–374; intermarriage, stereotypes and myths about, 372–373; multiracial bill of rights and, 374; multiracial strengths and, 368–369; multiracialism in U.S. and, 366–367; one drop of blood rule, 367–368; overview of, 365–366; racial and ethnic ambiguity, 369–370; racial identity invalidation, 370–372
Murdock, Timothy, 256–257
Muslim Americans. See Arab Americans and Muslim Americans
Muslim ban (Executive Order 13769), of Trump, 382, 387
Muslim religion, 382, 383, 384

N
NAACP. See National Association for the Advancement of Colored People
Nadella, Satya, 489
Naikan therapy, 220
Naïveté stage: of Hardiman White Racial Identity Development model, 261; of White racial identity development, 264
Nassar-McMillan, S., 41–42
National Alliance for Caregiving, 491
National Association for the Advancement of Colored People (NAACP), 92, 366
National Center for Education Statistics, 394
National Center for Public Policy and Higher Education, 479
National Child Traumatic Stress Network, 205
National Coalition for the Homeless, 478, 480
National Coalition for Women and Girls in Education, 493
National Conference of Christians and Jews, 50
National Conference of State Legislatures, 322
National Council on Disability, 427
National Council on Interpreting in Health Care, 155
National Crime Victims Research and Treatment Center (NCVC), 205
National Economic Council, 81
National Immigration Law Center, 400
National Indian Child Welfare Association, 321
National Institute of Alcohol Abuse and Alcoholism, 466
National Law Center on Homelessness and Poverty, 479
National Registry of Evidence-based Programs and Practices (NREPP), 204
Native Americans. See American Indians
Naturalized citizens, 396, 397
Nature of Prejudice (Allport), 270
NCVC. See National Crime Victims Research and Treatment Center
Nelson, G., 483
Nervios (nervousness), 215
Nested or embedded emotions, 10
Netanyahu, Binyamin, 417
Nguyen family case study, 216–218
Nigrescence, 236, 237, 303, 304
Noninterference, of AI/AN, 319–320, 328
Nonracist, 20
Nonracist White identity, 259, 263, 274; developing, 267–273; principles of prejudice reduction and, 270–273
Nonverbal communication, 170; of AI/AN, 320, 328; HC and LC communication, 175–176, 183, 185; kinesics and, 172–173, 183, 185; nonverbalas as reflections of bias in, 177–178, 185; nonverbalas as triggers to biases and fears, 178–181, 185;
paralanguage and, 174–175, 183, 185; proxemics and, 171–172, 183, 185; sociopolitical facets of, 176–181
Nonverbals as bias reflection, 177–178, 185
Nonverbals as triggers to bias, 178–181, 185
Norcross, J. C., 191
Normality: as ideal mental health, 78; as statistical concept, 77–78
#NotYourAsianSidekick, 342
NREPP. See National Registry of Evidence-based Programs and Practices
Nuclear families, 157, 159, 160, 164, 305

O
Obama, Barack, 76, 309; DACA authorization by, 397; on LGBTQ rights, 442–443
Office of Minority Health, 317
"Oia'i'o (truth telling), 222
Older adults, 458; characteristics and strengths of, 459–462; counseling of, 468–469; cultural values and, 57; elder abuse and neglect, 465–466, 470; mental deterioration of, 463–465; overview of, 459–460; physical and economic health of, 459–460; prejudice and discrimination regarding, 462–463; sexuality and, 460–461; social isolation, depression, and suicide, 467–468; substance abuse, 466–467
On the Origin of Species by Natural Selection (Darwin), 81
One Drop Rule, 375
Opening prayer (pule weke), 222
Oppression: contemporary forms of, 101–107, 123–124; cultural, 113; ethnocentric monoculturalism, 102–104; historical manifestations of ethnocentric monoculturalism, 104–105; LGBTQ, 101; sociopolitical, 75–80; systemic, 98–117; “who’s more oppressed” game, 50
Organista, K. C., 193
Organizational focus, of social justice counseling, 85
Orthodox Judaism, 413, 415, 418, 419
Orwell, George, 74
Our Bodies, Ourselves, Lindsey chapter in, 448
Overgeneralizing, stereotyping and, 162
Overt racism, 11–12
Overt sexism, 123, 492, 499

P
Pacific Islanders. See Asian Americans and Pacific Islanders
Pan, D., 202
Pani (termination ritual), 222
Pantraditional cultural orientation, 324
Paralanguage, 174–175, 183, 185
ParentCenterHub.org, 435
Parenting styles, of Asian Americans and Pacific Islanders, 336, 345
Parents, Families, and Friends of Gays and Lesbians (PFLAG), 445
Past-present orientation, 158
Pathology and persons of color, 81–83
Patriarchal roles: AI/AN and, 319; of Arab Americans, 384, 390; of Asian Americans, 335, 342, 343; Jewish Americans and, 414; in U.S., 489, 500
People of color: historical and political relationships between, 54–56; media on inferiority of, 240; values and beliefs of, 157. See also Racial, ethnic, cultural identity
People with disabilities (PWD), 425, 438; ADA and, 427–428; characteristics and strengths, 427–432; counseling of, 435–436, 437; family counseling for, 436–437; life satisfaction and, 430; mental disorders and, 428; myths about, 428–429; overview of, 426–427; prejudice, discrimination and, 123, 124, 432–434; sexuality, reproduction and, 431; spirituality, religiosity and, 431; suicide and, 430; supports for, 434–435; things to remember when interacting with, 434
Peoplehood, 62, 160, 223, 306
People-nature dimension, in MCT, 157–158
Personalismo, 182, 355
Person-Centered Counseling, of Rogers, 181
Person-environment interactions, 87, 90
Pew Research Center, on LGBTQ adults, 449
PFLAG. See Parents, Families, and Friends of Gays and Lesbians
Physical functioning, distinction between mental and, 151–152
Pichette, E. F., 323–324
Pierce, Chester, 122
Pinckney, Clementa, 309
Playing it cool, 105, 106
Playing the dozens, 180
Plessy v. Ferguson, 367
Police violence, African Americans and, 302, 309
Political relationships, between people of color, 54–56
Politics, counseling implications and, 73–94
Politics, of interethnic and interracial bias and discrimination, 49; Los Angeles riots, of 1992, 52, 54; Trump and, 52–53
Positive regard, respect, warmth and genuineness, 196, 200–201, 207–208
Post-traumatic stress disorder (PTSD), 205, 214, 217, 404
Poussaint, Alvin, 367
Poverty, 474–477, 484–485; of African Americans, 303; Census Bureau on rate of, 476; class-bound values impact and, 152–153, 163; classism and minimum wage, 480–481; counseling of, 482–483; criminalization of, 478; cultural invisibility and social exclusion of, 478; depression and, 478–479; disparities in judicial system and, 480; educational inequalities, 478–479; environmental injustice and, 480; health care inequities and, 481; media and, 478; mental disorders and, 152–153, 479–480; negative attitude and beliefs regarding, 481–482; strengths of, 477–478; women in, 477
Powerlessness, locus of control and, 112
Preencounter stage, in Cross nigrescence model, 236, 304
Prejudice, 304, 308; against immigrants and refugees, 400–401; against Jewish Americans, 416–417; against LGBTQ, 449–451; against older adults, 462–463; principles of reduction for, 270–273; against PWD, 123, 124, 432–434
Pre-migration trauma, of refugees, 403, 404
Presenting problem, in culturally sensitive intake interview, 292
Present-time orientation, 158
Presidential Task Force on Evidence-Based Practice, of APA, 80, 191
Presidential Task Force on Immigration, of APA, 398, 399
Presidential Task Force on Preventing Discrimination and Promoting Diversity, of APA, 270
President's Initiative on Race, 1998, 74, 270
President's Initiative on Race, 1999, 270
President's New Freedom Commission on Mental Health, 288
Pressure massage (Giác Hoi), 218
Prilleltensky, I., 483
Problem-solving set, 107–108
Professional focus, of social justice counseling, 85
Progressive Judaism, 413, 420
Proxemics, 171–172, 183, 185
Pseudo-independence status, of Helms White Racial Identity Development model, 262
Psychological survival, 178
Psychology and Economic Injustice (Lott and Bullock), 482
Psychosocial history, in culturally sensitive intake interview, 292
Psychotherapy. See Counseling and psychotherapy PTSD. See Post-traumatic stress disorder
Public Health Service, U.S., Tuskegee experiment by, 75–76
Public interpersonal distance zone, 171
Pule ho'opau (closing prayer), 222
Pule weke (opening prayer), 222
Pulse nightclub massacre, 442
PWD. See People with disabilities

Q
Al Qaeda, 385
quadrants, MSJCC on, 42
Queer, 442, 447
Qur'an, 384, 387, 390

R
Rabbi, 418
Race, defining, 82
Race salience, 238
Race-Based Traumatic Stress Symptom Scale, 293
Racial, ethnic, cultural (REC) identity, in people of color, 233–235, 251–252; foundational models of, 236–238, 250; R/CID model of, 238–250
Racial and ethnic groups, cultural values of, 56–57
Racial and ethnic identity, 233–252, 312; of African Americans, 303–304; issues regarding stage of, 58; Jewish Americans issues with, 413–414
Racial animosity, receiving and expressing, 64–65
Racial awakening, 234–235
Racial identity attitudes, 52
Racial identity invalidation, 370–372
Racial microaggressions. See Microaggressions
Racial profiling, 122
Racial socialization, 310
Racial/Cultural Identity Development model (R/CID):
Racial-cultural microcosm, counseling as, 99–100
Racial/ethnic ambiguity, 369–370
Racism, 263; of African Americans, 303, 305, 306–307, 309–311; of Arab Americans and Muslim Americans, 385–388; of Asian Americans and Pacific Islanders, 333–334, 342; aversive, 123; covert and overt, 11–12; cultural, 102; discrimination and, 75; institutional, 103; internalized, 240; of Latinx populations, 354; of multiracial populations, 373–374; scientific, 80, 81, 82; sociocultural awareness of, 100; unintentional, 259, 263
Ramadan, 384
Rapport, 101
Rational Emotive Behavior Therapy (REBT), of Ellis, 181
Ratts, M. J., 41–42
R/CID. See Racial/Cultural Identity Development model
Reaching Out About Depression (Road) project, 475
REBT. See Rational Emotive Behavior Therapy
REC. See Racial, ethnic, cultural identity
Redefinition stage, of Hardiman White Racial Identity Development model, 261
Reform Judaism, 413
Refugees: counseling of, 403; defined, 407; pre-migration trauma of, 403, 404; Trump cap on settlements of, 397. See also Immigrants and refugees
Regan, Judith, 417
Regret, meaning of, 19–20
Rehabilitation approach, 434–435
Reiman, J., 479
Reintegration status, of Helms White Racial Identity Development model, 262
Relational dimension, in MCT, 159–160
Religion, spirituality versus, 226
Religious discrimination, 122, 124, 125
Remorse, meaning of, 19–20
Report of the APA Task Force on Gender Identity and Gender Variance, of APA, 452
Report of the Task Force on Resources for the Inclusion of Social Class in Psychology Curricula, of APA, 482
Reservation, 317, 318, 321, 322, 326
Resistance: behavioral, to multicultural training, 20–21; client therapy, 15; cognitive, to multicultural training, 16–17, 80; emotional, to multicultural training, 17–20; recognizing and understanding, 13–21
Resistance and immersion phase: of R/CID, 239, 242–244, 248, 251; of White racial identity development, 266
Resistance stage, of Hardiman White Racial Identity Development model, 261
Respeto (respect), 161, 162
Responsibility, locus of. See Locus of Responsibility
Richards, Michael, 125
Ridley, C. R., 259
Riessman, F., 82–83
Risk of harm to self or others, in culturally sensitive intake interview, 294
Road. See Reaching out about depression
Rogers, Carl, 181
Root, Maria, 374
Rose, T., 483
Rushton, J. P., 81

S

SAGE. See Senior Action in a Gay Environment
Saloy, Mona Lisa, 180
Same-sex marriage, 442
Sansei (third generation) Japanese American case study, 234–235
Sant-Barker, S. M., 293
Saved by the Light (Brinkley), 220
Schlosser, L. Z., 414
Schmidt, S. R., 191, 205–206
Scholfield, W., 147
Scientific empiricism, 151
Scientific racism, 80, 81, 82
Scratching the wind (Cao Gió), 218
Seinfeld television show, 125
Selective serotonin reuptake inhibition (SSRIs), 468
Self-awareness, 285–286, 287
Self-directed, 335
Self-disclosure, 61–62, 78, 183; of AI/AN, 150; of Asian Americans and Pacific Islanders, 150; culture-bound values and, 150–151; therapeutic alliance and, 198, 201
Self-reflection, 9–10, 80, 99, 153
Self-silencing, 132
Senior Action in a Gay Environment (SAGE), 452
September 11, 2001 terrorist attacks, 75, 124, 386–387, 390; immigrants and refugees impacted by, 400
Sexism, 75, 81, 493; covert, 123, 492, 499; curriculum on anti, 79–80; hetero-, 123, 124; overt, 123, 492, 499; subtle, 123, 492, 498, 499
Sexual harassment, 489, 492–493
Sexual objectification, 490, 492
Sexual orientation, 443; LGBTQ youth and, 445
SFBT. See solution-focused brief therapy
Shabbat, 414
Shakespeare, William, 35
Shaman, 213, 215–216, 227–228
Shame of the Nation (Kozol), 479
Sharing, of AI/AN, 319, 325, 328
Shenkui, 215
Shiite, 383
Silence, 174
The Silent Language (Hall, E.), 175
Simpatico, 355
Simpson, O. J., 417
Singh, A. A., 41–42
Situation-centered approach, 111, 112
Skills, 31, 37, 38, 40, 43; component, in curriculum and training, 80; differential, in communication styles, 181–182
Slavery, 105, 114, 256, 367
Smith, L., 173
Social class, 152, 154, 475
Social class privilege, 475, 479, 483
Social class stratification theory, 475, 483
Social interpersonal distance zone, 171
Social justice, counseling and implications of, 73–94
Social justice advocacy: counseling roles and, 92, 484; cultural humility and, 91
Social justice counseling, 84, 86–89, 93, 483; advocacy and cultural humility, 91; advocacy counseling roles and, 92, 484; advocacy for organizational change and, 90–91; goals of, 90; individual focus of, 85; organizational focus of, 85; professional focus of, 85; societal focus of, 85
Social rhythm, 170
Social sciences, Asians study ignored by, 80
Socially marginalized groups, 8, 50
Societal focus, of social justice counseling, 85
Societal roles and expectations, of women, 490–491
Sociocultural awareness, of racism, 100
Sociopolitical factors, externality and, 112
Sociopolitical oppression: mental health impacted by, 75–77; mental health professionals training and, 77–80
Solution-focused brief therapy (SFBT), 189–190; Asian Americans and, 341–342
Somnatic complaints, 337–338
Soopermexican, 442
Southern Education Foundation, 478
Southern Poverty Law Center, 92, 396
Spiritual and religious values: of African Americans, 222–223, 306; of Jewish Americans, 412–413; of Latinx populations, 353–354; of PWD, 431
Spirituality: of AI/AN, 320, 328; dangers and benefits of, in indigenous healings, 226; indigenous healings, in life and cosmos, 222–223; religion versus, 226
Spokesperson, 179
SSRIs. See Selective serotonin reuptake inhibition
Standing Rock Sioux pipeline, 317
Stanford Binet intelligence test, 79
Stereotype threat, 494
Stereotypes, 106, 282–284, 295; of African Americans, 50; of Arab Americans and Muslim Americans, 385–388; of Asian Americans and Pacific Islanders, 50, 80; cultural self-awareness and, 285–286; culturally related responses and, 100, 101; historical, 50; about multiracial populations, 372–373
Stereotyping, 108; overgeneralizing and, 162
Stiver, I. P., 483
Strengths: in culturally sensitive intake interview, 293; gender, 491; poverty and, 477–478. See also Characteristics and strengths; Cultural strengths
Strodbeck, F. L., 157, 164
Strong Black Woman image, 308–309
Substance abuse. See Alcohol and substance abuse
Subtle sexism, 123, 492, 498, 499
Sue, Derald Wing, 74
Suicide: of LGBTQ youth, 445; of older adults, 467–468; PWD and, 430
Summers, Larry, 81
Sunní, 383
Survival, 177–178
Survivor’s guilt, 403, 405
Susto (fright), 215
Sweat lodge ceremony, American Indian, 222–223, 320
Swinomish Tribal Mental Health Project, 325
Symbolic logic, 151
Synagogue, 411
Systemic oppression: impact of, 98–117; surviving, 105–107
Systemic worldview, 110–112

T
Talbot, Gary, 430
Tam, Ruth, 342
Task Force on Socioeconomic Status, of APA, 147, 153
Tatum, B. D., 268, 269
Temporary Protected Status (TPS), 397
Termination ritual (Pani), 222
TF-CBT. See Trauma-focused cognitive-behavioral therapy
Therapeutic alliance, 61, 195, 287; communication styles and, 63–64; connectedness, 196; countertransference management and, 198, 201–202, 208; emotional or interpersonal bond and, 196, 198–202, 207–208; empathy and, 196, 208; ethnic group clients counselor preferences for, 197; goal consensus and, 196–197, 202–203, 208; microaggressions and, 133; positive regard, respect, warmth, and genuineness and, 196, 200–201, 207–208; self-disclosure, 198, 201
Therapeutic bond, 198
Therapeutic class bias, 153–154
Therapeutic style, 183
Thin ideal, for women, 490
Thomas, Charles W., 75
Thomas, Helen, 411
Thorndike Prize, of APA, 81
Thùơc Nam, 217, 218
Time dimension, in MCT, 158–159
Time orientation: of AI/AN, 320, 328; of Latinx populations, 159; minority standard time, 153–154; in White culture, 158–159
Tometi, Opal, 302
Torah, 412
Toxic rain, 129
TPS. See Temporary Protected Status
Traditional cultural orientation, 323
Transference, 62
Transgender, 442, 443, 444, 452, 453, 454; discrimination of, 124
Transphobia, 124
Trauma, 293; pre-migration, of refugees, 403, 404; PTSD, 205, 214, 217, 404
Trauma-focused cognitive-behavioral therapy (TF-CBT): cultural adaptations of, 205–206; HC-MC adaptation to, 205–206
Trevor project, 445
Tribal social structure, of AI/AN, 318
Tribe, 317, 318, 321, 325
Tripartite framework, for understanding identity dimensions, 32–35
Trump, Donald: on immigrants, 394, 396; on Latinx population, 349; on LGBTQ rights, 443; micro assault of, 125; Muslim ban of, 382, 387; race relations and, 52–53; refugee settlements cap by, 397; Standing Rock Sioux pipeline and, 317
Trustworthiness: confidentiality and, 109; credibility and, 109–110; as motivation variable, 107
Tur, Zoey, 442
Tuskegee experiment, 75–76

U
Umhoefer, D. L., 357
Unbiased person, 20
Uncle Tom Syndrome, 104, 106
Undocumented immigrants, 349, 394–395, 397, 400; counseling of, 405–406; higher education and, 401
Unintentional expressions, of bias, 131
Unintentional racism, 259, 268
United Cerebral Palsy, 434
United States (U.S.): Attorney’s Office, 302; Census Bureau, 366, 426, 476; Department of Justice, 302, 321; DHHS, 467; EPA, 479; ICE, 396; individualism and, 147, 159; multiracialism in, 366–367; patriarchal roles in, 489, 500
Universal level of identity, 35, 36, 38
Universal shamanic tradition, 219
Universal-diversity orientation, 200
University of California, Berkeley, 234
U.S. See United States

V

Values: bicultural, 357; class-bound, 152–154, 163; cultural, 56–57, 63, 65, 67; of people of color, 157; of White culture, 104, 147, 148, 157. See also Cultural and spiritual values, of AI/AN; Culture-bound values; Spiritual and religious values
Van Dyne, Jason, 302
Verbal communication, 170
Verbal skillfulness, 180
Verbal/emotional/behavioral expressiveness, 149, 163
Victim blaming, 30, 78, 100, 122
Victimization, 492–493, 497, 500
Vision quest, 221–222, 320

W

WAIS intelligence test, 79
Weber, S. N., 180
Weinrach, Stephen, 416
Welfare queen, 477, 483
Western healing, 219, 228
Where We Stand: Class Matters (hooks), 482
White alliance, 269–270
White culture: communication styles, 179; components of, 148; Katz on, 147; normative characteristics of, 102; time orientation in, 158–159; values and beliefs of, 104, 147, 148, 157; worldview of, 104
White deception, 178
White fragility, 100–101
White Freedom Riders, 412
White genocide, 257
White guilt, 19
White privilege, 257, 258, 267, 339
White racial identity development descriptive model, 263; seven-step process of, 264–267
White social science, 80
White supremacy, 52, 82, 100, 258–259, 263, 268, 273
Whiteness, 263; understanding dynamics and, 258–260
“Who’s more oppressed?” game, 50
Williams, W. R., 478
Winter, Sara, 17
WISC intelligence test, 79
Wiyot tribe, massacre of, 317
Women, 352, 488; African American scientists, 302; ageism and, 496–497, 500; APA on violence against, 493; as caregivers, 489, 490–491; characteristics and strengths, 490–491; counseling of, 499–500; depression and, 497–498; discrimination, harassment, and victimization regarding, 489, 492–493, 497, 500; economic and employment barriers regarding, 494–496; educational barriers and, 493–494; gender bias in therapy, 498–499, 500; in poverty, 477; societal roles and expectations of, 490–491
Worldview, 8, 10, 15, 101; of African Americans, 37; of Asian Americans and Pacific Islanders, 37; cultural syndromes and, 214–218; differences in, 28–29; EC-ER and, 112, 113, 114–115; EC-IR and, 112, 113–114; formation of individual and systemic, 110–112; graphic representation of, 113; IC-ER and, 112, 113, 115; IC-IR and, 112, 113; locus of control and, 111–112; locus of responsibility and, 112; MSJCC on client, 42; White culture, 104
Wyche, K. F., 478

Y

Yanez, Jeronimo, 302
Yannick Diouf, Jean, 394
YAVIS syndrome, 147
“Yes means yes” law, 493
Yom Kippur, 411, 413, 416, 418
Youth: African American, 307–308; LGBTQ, 444–446
YouTube, 372

Z

Zaweidah, Rita, 385
Zuni Tribal High School suicide intervention program, 326–327