Index

A
Abusive men, group work with, 291–300
challenging sexist attitudes, 295
cognitive restructuring in, 297–299
contract for nonviolence, 294
and couples therapy, 293
family-of-origin issues, 298
importance of social sanctions, 299
intake process, 292–293
interpersonal skills training, 295–296
involuntary nature of work, 291–292
peer confrontation, 295
refocusing, 294–295
time-outs, 294
Acceptance and Commitment-Based Therapy, 184
Accountability, 337
Action-focused assessments, 9
Active listening, 118
Adaptedness, 36
Adaptive behaviors, 84
ADD. See Attention deficit disorder (ADD)
Addams, Jane, 1
Adderall, 160
Addis, M. E., 370
Administrative function, 98
Adolescent girls. See also Go Grrrls program
challenges for, 235–237
recognizing stereotypes, 244–246
social skills training, 190, 235–247
Adolescent inpatient psychiatric setting, 79–86
Adoption:
addressing individual member concerns, 72–73
assessing adult partner subsystem, 69
assessing family system dynamics, 68–69
considerations with special needs child, 69–71
cultural issues in, 65–74
family systems theory in, 65–74
impact of adoption on family system, 69–70
incorporating new family member, 70
kinship adoption issues, 69–70
and sexual abuse, 80–86
strengthening parental subsystem, 71–72
trauma processing through storytelling, 73
Adoption and Safe Families Act (ASFA), 87
Adoptive Families Together (AFT), 71
Adult partner relationships, 69
Agoraphobia, 47
Aid to Families with Dependent Children (AFDC), 22
AIDS patients, 250, 253–265
Alcoholism. See Substance abuse
Alexopoulos, G. S., 228
Alignment, 351
Allen, S., 116
American Psychiatric Association, 47
American Psychological Association (APA), 57, 350
Anchors, 174
Andrews, G., 49
Anger management, in family therapy, 115–128
Anger thermometer, 122–123
Anticipatory empathy, 272
Anxiety, 59, 60, 181–188. See also Phobic disorders
Anxiety disorder, generalized, 59
Aponte, J. J., 351
Areán, P.A., 228, 233
Areas of focus, 41
Ashford, J. B., 302
Ashley, O. M., 90
Assertiveness skills, 240–241
Assets Mapping, 23
Attachment theory, 65
Attention deficit disorder (ADD), 160, 163
Automatic Thoughts Questionnaire (ATQ), 153, 155
Bartolomeo, F., 274
Bathrick, D., 297
Batten, S. V., 183
Baumgardner, B., 73
Beck, A. T., 152, 153
Beck, J., 153, 157
Behavior modification, 32. See also Cognitive behavior therapy
Bejerot, S., 49
Bell, A. C., 228
Bellamy, J., 337
Benard, B., 23
Bennis, W. G., 256
Berk, R. A., 292
Berman-Rossi, 269
Bermudez, D., 183
Besaq, V., 236
Bigg, D., 95
Bion, W. R., 260
Blake, D, 330
Bledsoe, S. E., 370
Blyta, A., 183
Blythe, B. J., 116
Body image, 239
Boettiger, C. A., 183
Bogner, H. R., 227
Bogo, M., 99
Bograd, M., 293
Borden, W., 56
Bornstein, D., 219
Bostrom, A., 233
Brandell, J. R., 56
Brief Stress and Coping Inventory (BSCI), 193
Brief Symptom Inventory (BSI), 193
Broken window policing model, 220
Brooks-Gunn, J., 236
Brown, L. M., 236
Bruckstein, D. C., 183
Brygger, M. P., 299
Burns, D., 153, 154, 155
Bytyqi, M., 183
C
Campbell, B. N., 48
Caregiver stress, 190, 225–234
Carey, S. M., 88, 90
Carr, A, 66
Carroll, K. M., 351
Case management:
  case management needs list, 229–232
  child and family welfare, 79–86, 205–215
  child welfare supervision, 97–106
  for depression in caregiving context, 225–234
  emergency mental health workers, 143–150
  gerontology, 6–11
  goals and stages of, 227–228
  hospital setting, 79–86
  and larger-systems intervention, 129–135
  mediation and, 205–215
  medical social work, 13–20
  and practice evaluation, 359–365
Case workers:
  emergency mental health workers, 143–150
  from insurance companies, 16
Change agent roles, 22–23, 29
Chawla, N., 183
Child and family welfare. See also Child welfare supervision
  case management of interdisciplinary team, 79–86
  family drug court, 87–96
  mediation and facilitation in, 205–216
  parent management training, 115–128
  roles for social workers, 75
Child inpatient psychiatric case, 79–86
Child Protective Services (CPS):
  avoiding involvement with, 14, 16, 17
  and consensual adoption, 214–215
  in Facilitated Settlement Conference (F-Set), 206–210
  Homebuilders referrals, 116
Child welfare supervision, 97–106
  cross-cultural supervision, 105
  Family-Centered Practice principles, 100
  group supervision, 103–104
  individual supervision, 104–105
Child’s Attitude Toward Mother (CAM) scale, 352
Chronic illness:
  case management for, 13–20
  failure-to-thrive diagnosis, 15, 17
  long-term benefits for, 16
  out-of-home placement during, 18
Chronic pain, 181–188
Clark, D. M., 49
Client strengths, 7
Clinical case management. See Case management
Clinical relevance, 83
clinical social worker (LCSW), 82. See also Case workers; Social worker
Cognitions, 153
Cognitive behavior therapy:
  in depression, 151–158
  exposure therapy for, 60
  overview, 152–153
  in phobic disorders, 45–53
  and relational therapy, 60–64
  relaxation and mindfulness strategies, 60
  self-talk, 60
  sessions framework, 153
  and social anxiety, 60
Cognitive distortions, 153
Cognitive restructuring, 201–202, 297
Cohen, B., 100
Cohen, J., 88
Communication skills, 60
Communication skills training, 351, 352
Community development, 21–30
Communication skills training, 351, 352
Assets Mapping, 23
Baby Box project, 26
ideal goal of, 23
Needs Mapping, 22
neighborhood interviews, 24–25
neighborhood meetings, 25–26
outreach, 28
planning sessions, 27
Community-based work, 3
Concrete metaphors, 172–179
Conditioned fear reactions, 48
Conflict resolution, 205–216
Contracting, 75–76
Corcoran, J., 113, 352
Corcoran, K., 352
County Designated Mental Health Professionals (CDMHPs), 144
Couples therapy:
in abusive relationships, 293
interracial couples, 313–317
Court-ordered group work, 291–300
Covell, K., 242
Covi, L., 152
Coyne, J. C., 193
Cross-cultural competence, 303
Cross-cultural supervision, 105
Cross-cultural work, 329–335
cultural consultation, 330,
332–333, 334
defining, 330
vs. translation/interpreting, 334
Cultural aspects of environments, 36
Cultural consultation, 330,
332–333, 334
Cultural environments, 41

Davis, R., 49
Deane, F. P., 352
Deblinger, E., 88
Decentering, 184
Department of Developmental Disabilities (DDD) services, 16
Dependency petitions, 206–210
Dependency Treatment Courts. See Drug court
Depression, 163–170
in adolescents, 349–356
cognitive behavior therapy for,
151–158
and Mindfulness-Oriented Recovery Enhancement, 181–188
multisensory interventions for,
171–179
in older adults, 190, 225–234
and relational therapy, 55–64
from sex abuse, 341–348
and transition to independent living,
39–44
Derogatis, L. R., 193
Developmental stage, 6
Developmental supervision, 99
Dialectical Behavioral Therapy, 184
DiClemente, C. C., 222
Difficult life transition, 40–44
Dill, K., 99
Dion, K. K., 243
Dion, K. L., 242
Directive therapy, 139
Disclosures, high-stake, 81
Disposition relevance, 83
Diversity. See also Relational theory and cross-cultural competence,
329–335
and dual perspective, 302–303
interracial couples, 313–317
minimizing as barrier with clients,
301–304
same-sex couples, 305–311 (see also Same-sex couples)
urban poor clients, 319–327
Dorado, J., 73
Dore, M. M., 66
Douglas, U., 297
Drug addiction. See Substance abuse
Drug court, 87–96
Dual perspectives, 302–303
Dudley, R., 153
Duncan, B. L., 57
Dutton, M. A., 183
Dysfunctional transactions, 41
D’Zurilla, T. J., 228

E
Ecological perspective, 36–37
Ecological theory, 2, 32
larger-systems intervention, 129–135
and life model approach, 35, 37–44
(see also Life model approach)
and life transitions, 5–11, 38–44
team approach, 8–10
Ecomap, 131, 132
Edleson, J., 297
Edleson, J. L., 299
Educational function, 98
Edwards, S. M., 352
Effexor, 168
Ego psychology, 32
Elderly. See Senior adults
Ellis, A., 125
Emergency mental health workers, 143–150
Emery, G., 153
Emotional support, 98
Empathic listening, 344
Empathic relationships, 32
Empathy, 56, 75
Empirical clinical practice. See Practice evaluation
Environmental manipulation, 344
Environmental stressors, 40–41, 272, 273, 275, 276
Environmental supports, 9
Erickson, Milton, 139

Ethnic-sensitive practice principles, 302–304
Evidence-based practice (EBP), 52, 337–339, 369–380
evaluation and learning from, 378–379
evidence-based practice process, 372
evidence-supported intervention (ESI) approach, 371–372
examining the evidence, 376–377
identifying current practices, 373–374
implementation, 377–378
organizational change to, 369–380
research-practice gap, 370–371
starting point, 374–376
Exposure therapy, 48–51, 60
respondent conditioning, 48, 50, 52
scheduled exposures, 49–51
self-exposures, 51

F
Facilitated Settlement Conference (F-Set), 206–210
Facilitative confrontation, 260
Failure-to-thrive diagnosis, 15, 17
Family Networker Symposium, 320
Family Reconciliation Services (FRS), 116
Family systems theory, 32
and adoption with cultural transition, 65–74
strengths-focused approach to family violence, 107–112
in urban poor clients, 319–327
Family therapy:
in adolescent depression, 349–356
alignment, 351
anger management, 115–128
approaches and concept overviews, 114
background and history of, 113
boundaries, 351
chore charts, 120–122
communication skills training, 351
grief and loss, 137–140
Family therapy: (continued)
   Homebuilders model, 115–128
      (see also Homebuilders model)
   homework assignments, 351–352
   mutual goal-setting, 117–120
   power, 351
   structural, 351, 353–354
   substance abuse issues, 115–128
   and suicide, 137–140
   and violence, 107–112
Family violence, 107–112
   responsibility and control, 109
   safety first, 109
   victim rights, 110
Family-Centered Practice principles, 97, 99–106
Feasibility of discharge assessment, 8
Feeling Good (Burns), 153, 157
Ferguson, M., 372
Ferguson, S., 99
Fessler, P., 219
Fidele, N., 262
Fight or flight responses, 260
Fischer, J., 337, 352
Flashbacks, treating, 341–348
Fleming, T., 116
Follette, V. M., 183, 184
Foster care:
   and substance abuse, 87–96
   transition to independent living, 39–44
Foster care drift, 87
Fraser, M. W., 116
Fredrickson, B. L., 183, 184
Freedberg, S., 56
Friendships, 62–63, 242
Fulton, P. R., 183
Garvin, C., 249, 302
Gay couples. See Same-sex couples
Gaylord, S. A., 183, 184
Gelles, R. J., 292
Gender-specific treatment, adolescent girls, 235–247
Generalist practice:
   in child welfare supervision, 97–106
   cognitive behavior therapy in, 151–158
   defining, 1–2
   and ecological theory, 2, 6–11, 35–44, 129–135
   family therapy, 107–112
   grief and loss, 137–140
   homelessness, 217–224
   and medical social work, 13–20
   practice evaluation in, 357–367
   strengths-focused approach (see Strengths-focused approach)
   three-level model of, 2
Generalized anxiety disorder, 59
Generalized Contentment Scale, 343, 344, 345, 346–347
Geriatric depression, 225–234. See also Senior adults
Germain, C. B., 2, 32, 36, 37, 271, 272
Germer, C. K., 183
Gerontology. See Senior adults
Gifford, E. F., 183, 184
Gilligan, C., 236
Girard, E. C., 370
Gitterman, A., 2, 32, 36, 37, 249, 250, 269, 270, 271, 272
Givens, J. L., 227
Go Grrrls program, 235–247
   Assertiveness Skills, 240–241
   Being a Girl in Today’s Society, 238–239
   Body Image, 239–240
   content, 238
   Making and Keeping Friends, 242
   Problem-Solving Strategies, 240, 241
   program implementation, 244–246

G
Gaines, Ed, 72
Galanke, M. J., 249
Gallo, J. J., 227
Gard, T., 183, 184
Garland, E. L., 183, 184

bindex.indd   390
0x0 12/19/2013   8:56:29 PM
Qualities of a Friend, 242
Rethinking Self-Statements, 239
Review and Closure, 244
sessions overview, 237
Straight Talk About Drugs, 242–243
Visions for a Strong Future, 243
Where to Go to Get More Help, 243
Goal-setting:
for adolescent girls, 243
in family therapy, 115–128
for life transitions, 9
in phobic disorders, 42–43
Goldstein, A. P., 76
Goldstein, E. G., 55
Gondolf, E., 292, 293
Gordon, J. S., 183
Gordon, T., 125
Graber, J. A., 236
Gray, J. A. M., 372
Greene, G. J., 39
Griffen-Wiesner, J., 22, 23
Griffith, D. P., 116
Groleau, D., 330
Group cohesion, 194
Group supervision, 103–104
Group work. See also Mutual-aid support groups
for abusive men, 291–300
and AIDS patients with substance abuse issues, 253–265
mutual-aid support groups, 253–265, 267–279
overview, 249–251
resocialization groups, 291–300
stress management, 191–204 (see also Group-based stress management)
structured groups, 281–289
for support of family/friends of nursing home residents, 267–279
for teaching social skills in children, 281–289
Group-based stress management, 191–204
booster session, 202
group cohesion, 194
increasing self-disclosure, 197–198
multi-method approach, 199–202
personal maintenance plans, 202
problem-solving and modeling, 198–199
relaxation strategies, 196
role-play, 200
self-defeating/self-enhancing thoughts, 196–197
treatment contract, 193
troubleshooting problems within group, 201
Guerney, B., 351
Gum, A. M., 233
Gutierrez, L. M., 249
Guzder, J., 330

H
Haapala, D. A., 116
Haitian culture, 66–70, 72–74
Hanson, M. J., 330
Hardcastle, D. A., 23
Harkness, D., 98
Harper, R. A., 125
Hartman, Ann, 131, 132
Hassles Scale, 193
Hauck, P. A., 125
Hayes, S. C., 183, 184
Haynes, R. B., 372
Hazelden Foundation Staff, 125
Henderson, N., 23
Hepworth, D., 32, 76
Heterosexism, 305, 308–310
High-stake disclosures, 81
Hoffman, S. G., 48
Hollon, S. D., 153, 155
Holzel, B. K., 183, 184
Home Health services, 17
Home-based treatment, 115–128
Homebuilders model, 115–128
Homelessness, 190, 217–224
Homework assignments, 351–352
Homophobia, internalized, 305, 311
Homosexual relationships. See Same-sex couples
Horizontal exploration of thoughts, 156
Hospital environment, 2, 79–86
adolescent psychiatric facility, 79–86
helping families in, 13–20
transition to residential program, 83
Housing first model, 190, 219. See also
Project Home Base
Hubble, M. A., 57
Hudson, W. W., 49, 343, 346, 352
Hugdahl, K., 48
Hull, G. H., 2
Huss-Ashmore, R., 227

I
Ibrahim, F. A., 302
ICPC. See Interstate Compact on the Placement of Children (ICPC)
Illness, case management for, 13–20
I-messages, 126, 127
Impact Therapy, 172
Index of Family Relation (IFR), 352
Index of Parental Attitudes (IPA), 352
Information gathering, in family therapy, 117–120
Institute for Family Development (IFD), 115
Institute of Medicine, 370
Institutionalized elderly, 267–279
Insurance case workers, 16
Integrating theory and practice, 31–33
family systems theory, 65–74
life model approach, 37–44
relational theory, 55–64
social learning theory, 45–53
Interagency coordination, 83, 129–135
Interdisciplinary team approach:
adolescent psychiatric facility, 79–86
background, 81–82
crisis of disclosure, 80–81
family interventions, 84–86
social worker role, 83–84
treatment goals and interventions, 82–83
Internalized homophobia, 311
Internet-based treatment, 49
Interpersonal interactions, 9
Interpersonal perspectives, 56
Interpersonal problems, 55–64
friendships, 58, 62–63
maternal, 59, 61
sexual, 61–62
work-related, 57, 60, 62–63
Interpersonal skills training, 295–296
Interpersonal stressors, 272, 275
Interpreting/translation, vs. cultural consultation, 334
Interracial couples, 303, 313–317
Interstate Compact on the Placement of Children (ICPC), 212–213
Interventions, preventive. See Prevention programs

J
Jacobs, Ed, 172
Jarvis, E., 330
Jayaratne, S., 352
Jean-Baptiste, Odette, 67
Jenkins, L., 2
Johnson, L. C., 2
Julian, L. J., 228
Junior Achievement, 28

K
Kabat-Zin, J., 183, 184
Kadushin, A., 98
Kanellopoulos, D., 228
Kanner, A. D., 193
Kazantzis, N., 352
Kazdin, A. E., 351
Kelling, G. L., 220
Kendall, P. C., 153, 155
Kerr, K. L., 236
Kessler, M. L., 370
King, G., 15
Kinney, J. M., 116
Kinship adoption, 65–74
Kiosses, D. N., 228
Kirk, R. S., 116
Kirk, S. A., 370
Kirmayer, L. J., 330
Kiser, L. J., 73
Knott, K., 227
Koehler, R., 183
Kretzmann, J., 22
Krist-Ashman, K. K., 2
Kristeller, J. L., 183
Kübler-Ross, E., 263
Kushner, K., 183
Kuyken, W., 153

L
L'Abate, L., 352
Lacher, D. B., 73
Landon, P. S., 1
Larger-systems intervention, 129–135
Larsen, J., 32, 76
Lau, M. A., 184
Lazar, S. W., 183, 184
Lazarus, A. A., 350
Lazarus, R. S., 193
LeCroy, C. W., 236, 237, 246, 250, 283, 302
Lee, M. Y., 39
Lesbian couples. See Same-sex couples
Levis, D. J., 48
Levy, R. L., 352
Lietz, C., 99
Lietz, C. A., 99
Life model approach, 35, 37–44
Life stressors, 7
  assessing for, 39–42
  identification of, 37, 38
  interventions for, 38
Life transitions:
  adoption, 65–74
  foster care to independent living, 39–44
  senior adult, 6–11
Life-transitional stressors, 272, 275, 277–278
Linehan, M. M., 183, 184
Lipman, R. S., 152
Living with Fear (Marks), 47
Lo Dolce, B., 88
Long-term care, 16, 305–311
Lum, D., 302
Lynch, A. A., 59
Lynch, E. W., 330

M
Mackin, R. S., 228
Madsden, B., 116
Majid, H., 183
Malloy, P., 48
Mannarino, A., 88
Mannes, M., 116
Marital subsystem, 69
Marital therapy:
  in abusive relationships, 293
  interracial couples, 313–317
Marks, I. M., 47, 48, 49
Marlatt, A., 183
Marlowe, D. B., 88, 90
Matas, A., 183
Maternal relationships, 61
Matrix Model of dual diagnosis treatment, 222
Maxmen, J. S., 142
McCave, E. L., 190
McCulloch, C., 228
McEvoy, P. M., 48
McKnight, J., 22
Mediation, 190
  in child welfare cases, 205–216
  Facilitated Settlement Conference (F-Set), 206–210
  in group work, 250
  Reunification at Risk sessions, 210–213
Medical social work:
  finding resources for families, 13–20
  illness, 13–20
  practice evaluation in, 359–365
Medicare, 307, 308, 310
Meditation, 184. See also Mindfulness strategies
Mental disorders overview, 141–142
Metro Home and Hospital for Aged (MHHA), 267–279
Meyer, K., 15
Miller, L. S., 227
Miller, M., 116
Miller, S. D., 57
Miller, W. A., 88, 90
Mindfulness strategies, 60, 181–188
conditions used for, 183
overview, 183–184
techniques and results, 186
Mindfulness-Based Cognitive Therapy, 184
Mindfulness-Based Stress Reduction, 184
Mindfulness-Oriented Recovery Enhancement, 184–188
Minuchin, S., 351
Moersch, M. S., 15
Montalvo, B., 351
Mortberg, E., 49
Motivational interviewing theory, 90, 222
Mullen, E. J., 372
Multisensory interventions, 171–179
Murphy, R., 183
Murray, G. F., 227
Mutual aid process
for AIDS patients in early substance abuse recovery, 253–265
in group work, 249–250
for relatives and friends of the institutionalized aged, 267–279
Mutual-aid support groups:
alliances in, 255
assessing need and interest, 268–269
authority theme, 256–257
confidentiality in, 275
gaining supports and sanctions for, 269–270
handling confidentiality in, 255
intimacy issues, 276–277
inviting participants, 270–271
phases of work, 254–265, 271–278
(see also Phases of work)
stressors-in-living, 272
substance abuse, 253–265
for support of family/friends of nursing home residents, 267–279
working agreement and structure, 272–273
Mutuality, 56
Myers, N., 183
N
Narcissism, 61
Nathan, P., 48
National Alliance to End Homelessness, 219
National Association of Social Workers, 75, 329
National Registry of Evidence-Based Programs and Practices (NREPP), 222
Needs Mapping, 22
Negative reinforcement, 48
Negative self-talk, 297
Nelson, K., 116
Newhouse, R. P., 372
Nezu, A. M., 230
Nich, C., 351
Nichols, M., 73
Nichols, T., 73
Nolan, Jim, 130
Norcross, J. C., 57
Normalizing feelings, 344
O
Object relations, 56
O’Leary, K. D., 296
Operant conditioning, 50, 52
Optimal social functioning, 250
Organizational change, 369–380
Organizational development, 378–379
Orsillo, S. M., 183
Index 395

Oslin, D. W., 227
Ost, L., 48
Ott, U., 183, 184

P
Padesky, C., 153
Pain management, and mindfulness strategies, 181–188
Palm, K. M., 184
Papsdorf, J. D., 49
Parent aides, 16
Parent management training, 115–128
Parnell, M., 322
Patrick, DL, 233
Pavlovian theory. See Respondent conditioning process
Pecora, P. J., 116
Pence, E. L., 299
Perkins, R., 183
Perlman, F. T., 56
Perry, P. A., 297
Person: environment fit, 36, 40
Person-and-environment concept, 36
Petersen, A. C., 236
Pfizer, 229
Phases of work, 271–273
  anticipatory (tuning in) phase, 272
  beginnings (initial) phase, 272–274
  ongoing work, 274–278
Phobic disorders, 45–53
PHQ-9, 229
Physical environment assessment, 9
Physical environments, 36, 41
Pignotti, M., 48
Pipher, M., 236
Poertner, J., 370
Poor clients. See Urban poor clients
Position of curiosity, 39
Positive reappraisal, 184
Posttraumatic stress disorder (PTSD), 67
Poverty-stricken clients. See Urban poor clients
Powell, C., 88
Power, 351
Practical support, 98
Practice evaluation:
  case acuity and high-risk assessment, 363–365
  and family therapy, 349–356
  fitting tools to setting, 358–367
  intervention, 344–345
  limited-contact intervention, 361–363
  ongoing treatment and case management, 359–360
  overview, 337–339
  results, 345–347
  in sexually abused child, 341–348
Precontemplative phase, 90
Preliminary Protective Hearing, 206
Preparatory empathy, 302
President’s New Freedom Commission on Mental Health, 330
Prevention programs:
  for adolescent girls, 235–247
  characteristics of successful programs, 189–190
  geriatric depression, 225–234
  group-based stress management, 191–204
  and homelessness, 217–224
  mediation in child welfare cases, 205–216
Primary prevention, 189
Problem solving, 10
Problem-solving strategies, 240
Problem-solving therapy, 190
Problem-Solving Treatment (PST), for depression, 225–234
Professional partnerships, 159–170
Professional/Parent Advocacy League (P/PAL), 71
Project Home Base, 217–224
Psychiatric medication, 159–170
  for ADD, 160, 163
  for depression, 163–170
Psychodynamic, 56
Psychoeducation, 344
INDEX

Q
Quillian-Wolever, R., 183

R
Rabagto, D., 183
Rachman, S., 157
Rahe, R. H., 193
Rapee, R. M., 48
Rapid assessment tools, 352–353
Rasmussen Hall, M. L., 184
Rational-emotive therapy (RET), 125, 127
Raue, P., 228
Raue, P. J., 228
Real-life exposure therapy, 48–49
Reconstructed baseline, 343
Recreational therapist (MS, RTC), 82
Reflective listening, 118
Reflective supervision, 99
Reid, W. J., 351, 370
Reitz, M., 74
Relational theory, 55–64
assumptions of, 56, 57
diagnostic impressions, 59–60
diagnostic process, 59
interventions in, 60–64
personal history, 58–59
presenting problems, 57–58
transference in, 59
worker/client relationship, 57
Relationship building, 75–76, 115–128
Relaxation strategies, 60, 196, 344–345
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS), 222
Research-based knowledge. See Evidence-based practice (EBP)
Residential drug treatment programs, 79–86, 91–95
Resocialization groups, 249
Resources, gathering, 27–28
Respondent conditioning process, 48, 50, 52
Reunification at Risk sessions, 210–213
Reviving Ophelia (Pipher), 236
Richard, Emile, 72
Richards, A. D., 59
Richardson, W. S., 372
Richmond, M. E., 66
Richmond, M. W., 358
Richmond, Mary, 1, 66, 113, 249
Rishel, C. W., 190
Ritalin, 160
Rivas, R. F., 250
Rodgeway, V. A., 184
Rogers, A., 236
Role changes, 7
Role reframing, 345
Role-play, 200, 284–285
Ronan, K. R., 352
Rooney, G. W., 32, 76
Rooney, R. H., 32, 76
Rosenbaum, A., 296
Rosenberg, W. M. C., 372
Rosman, B., 351
Roth, D., 152
Rounds, T., 99
Rubin, A., 337
Ruckdeschel, K., 227
Rush, A.J., 153

S
Sackett, D. L., 372
Safran, J. D., 156
Saleebey, D., 23
Salus, M., 99
Same-sex couples:
heterosexism against, 308–310
legal and estate planning, 309
and medical care issues, 305–311
Sandau-Beckler, P., 116
Satterfield, J. M., 372
Savoring, 185–186
Schaefer, C., 193
Schatz, M., 2
Index 397

Schemata, 153
Schiller, L. Y., 274
Schulz, R., 227
Schuman-Olivier, Z., 183, 184
Schurer, F., 351
Schwartz, W., 254, 260, 263, 271
Schweitzer, D., 116
Seabury, B., 302
Seabury, B. A., 302
Segal, Z. V., 156, 184
Seidman, I., 25
Self-defeating/self-enhancing thoughts, 196–197
Self-development, 56
Self-disclosure, 56, 197–198
Self-statements, 239
Self-talk strategies, 60, 123, 125, 344–345
Senior adults:
caregiver stress and depression, 190, 225–234
life transitions and, 5–11
long-term care and same-sex couples, 305–311
nursing home patient family support group, 267–279
Sexual abuse, 80–86, 341–348
Sexual relationships, 61–62
Shaw, B. F., 153, 156
Sheafor, B., 2
Shepard, H. A., 256
Shepard, M. F., 299
Sherman, L. W., 292
Shroff, H., 236
Shulman, L., 100, 249, 250, 254, 259, 260, 269, 302
Siegel, R. D., 183
Simon, G., 233
Sinclair, K., 88
Single-system designs, 338
Smith, G. R., 227
Sobriety calendar, 222
Social anxiety, 59, 60
Social environments, 9, 36, 41
Social learning theory, 32, 282
conceptual framework, 48–49
and phobic disorders, 45–53
treatment process, 49–51
Social phobia, 45–53
Social skills training:
adolescent girls, 235–247 (see also Go Grrrls program)
in children, 281–289 (see also Teaching social skills in children)
Social work supervision, 97–98
administrative role, 98
child welfare cases (see Child welfare supervision)
developmental, 100
educational role, 98
general responsibilities, 98
individual vs. group, 99
reflective, 100
strengths-based supervision (SBS), 99–100
supportive role, 98
task-centered, 99–100
three functions of, 98
Social worker, role in interdisciplinary team approach, 83–84, 85, 86
Socialization groups, 249
Soulsby, J. M., 184
Special needs children, 65–74
Special Needs Trust, 231–232
The Split Horn, 332
Spring, B., 372
Stages of change theory, 222
Staples, J. K., 183
Status changes, 7
Steer, R., 88
Steinmetz, S., 293
Stevens, S., 88
Stevens, S. M., 94
Storytelling, 73
Strand, V., 99
Stratera, 163
Straus, M. A., 292
Strengths-based supervision (SBS), 99–106
Strengths-focused approach:  
in child welfare conflict mediation, 205–216  
in community development, 21–30  
with family violence, 107–112  
Stress management, group-based approach, 190, 191–204  
Stress triggers, 184  
Stressors-in-living, 272, 273  
Strom-Gottfried, K., 32, 76  
Strosahl, K., 183, 184  
Structural family therapy, 351, 353–354  
Structure, 351  
Subjective anxiety scale, 49  
Substance abuse:  
  counteracting, in adolescent girls, 242–243  
  drug court, 87–96  
  family therapy and, 115–128  
  foster care and, 87–96  
  and homelessness, 221–223  
  Matrix Model of dual diagnosis treatment, 222  
  mutual-aid support group, 253–265  
  sobriety calendar, 222  
  in urban poor clients, 321–326  
Sue, D. W., 303  
Sue, S., 330  
Suicidal behavior, 331–336  
Suicide, 137–140  
Suicide attempts, responding to, 143–150  
Supervision, of child welfare workers, 97–106  
Supervision meeting, 103  
Support groups. See Group work  
Supportive function, 98  
Surber, R., 227  
Surface competence, 59  
Swenson-Smith, C., 88  
Systemic eclecticism, 32  

T  
Talk-centered supervision, 99  
Teaching social skills in children, 281–289  
  discussing the social skill, 284  
  group process examples, 286–288  
  modeling the skill, 285  
  natural environment practice, 288–289  
  practice complex situations, 285–286  
  role-play and rehearsal of skill, 285  
  selecting skills and situations, 283  
  selection and recruitment, 283  
  setting up the role-play, 284–285  
Teasdale, J. D., 184  
Teater, B., 40  
Theory and practice, integrating, 31–33  
  Theory of chaos, 320–327  
  Theory validity, 31–32  
  Theory-intervention fit, 32  
  Thompson, J. K., 236  
  Thyer, B. A., 48, 49, 51  
  Time-outs, in abusive relationships, 294  
  Tintinalli, J. K., 91  
  Titov, N., 49  
  Tolles, R. L., 193  
  Tolman, R., 297  
  Tompkins, M., 153  
  Toseland, R. W., 250  
  Tracy, E. M., 116  
  Transference, 59  
  Transition to adulthood/independent living, 39–44, 190  
  Transitional housing, 95  
  Translation/interpreting, vs. cultural consultation, 334  
  Traube, D., 370  
  Trauma-Focused Cognitive Behavioral Therapy, 94  
  Treatment contract, 193  
  Triple column technique, 155  
  12-step groups, 256, 257
Unützer, J., 233
Urban poor clients, 13-20, 303, 319–327. See also Child and family welfare, Child welfare supervision
U.S. Department of Health and Human Services, 100, 330

V
Vago, D. R., 183, 184
Vallecorsa, S., 49
Vallis, T. M., 156
Van Deusen, John, 131
VanderKloot, J., 322
Vertical exploration of thoughts, 156
Violence:
  family therapy for, 107–112
  group work with men who batter, 291–300

W
Walsh, F., 66, 114
Walsh, J., 56
Walters, B., 116
Walton, E., 116
Wampold, B. E., 57
Ward, N., 142
Waters, V., 123
Watson, K. W., 74
Well-being, 23
Wheeler, M., 88
Whole person, 9
Williams, J. M., 184
Williamson, G. M., 227
Wilson, A. T., 183
Wilson, K. G., 183, 184
Wittink, M. N., 227
Wong, S. E., 48
Work relationships, 62–63
Worker/client relationship, 57
Worldview of client, 302–303

Y
Yanca, S. J., 2
Young, N. G., 88
Young, N. W., 88
Youtube, 352

Z
Zgierska, A., 183
Zubritsky, C., 227