# Subject Index

- Academic underachievement, ADHD and, 42
- Acute lymphoblastic leukemia (ALL), 574
- Addiction Severity Index (ASI), 292
- Adolescent Alliance Building Task, 23, 26–29
- Adolescent Engagement Interventions (AEI), 134
- Adult developmental theory, BIMT and, 355
- Aeneas myth, 545
- Affect:
  - expression of, EFT and, 22
  - extramarital affairs and, 457–458
  - generic strategies of change and, 4
  - shifting gears, 365
- Agency, medical family therapy, 570
- Aggression:
  - ADHD and, 42
  - See also Violence
- Al-Anon, 255, 262
- Al-Ateen, 255
- Alcohol. See Substance abuse
- Alcoholics Anonymous (AA), 262, 267, 283, 297
- Alcohol Use Disorders Identification Test (AUDIT), 292
- Alliance building, 4
- BIMT and
  - nonstrategic side-taking, 375
  - partner-partner, 375
  - therapist-couple, 374–375
  - therapist-partner, 374
- BSFT and shifting, 87–88
- EFT and creating/maintaining therapeutic, 394–395
- FFT and
  - family-to-therapist, 177
  - within-family, 176
  - high-conflict divorce and, 527–528
  - substance abuse and, 287
  - tasks related to, 23, 26–31
  - three phrases of, 27–28
- Alumni group, DVFCFT and, 425–426
- Ambivalence, extramarital affairs and, 454
- American Society of Addiction Medicine (ASAM), 288
- Amphetamines. See Substance abuse
- Anger management programs, 410–412
  - high-conflict divorce and, 519
- Anhedonia, 228
- Antabuse, 262
- Anticollusive Questioning, 365–367
- Antisocial Personality Disorder (ASPD), substance abuse and, 258
- Anxiety/anxiety disorders:
  - ADHD and, 42, 43
  - erectile dysfunction and, 477
  - high-conflict divorce and, 519
- MDFT and, 136
  - See also Attachment-Based Family Therapy (ABFT)
- Attachment/attachment theory, 10–11
  - ABFT and, 18–20
  - EFT and, 385–387
  - injuries and, 398–399
  - repairing, 20–21
  - strategies: EFT and, 386
  - tasks, 23, 31–33
- Attention-Based Family Therapy (ABFT):
  - for anxious adolescents (ABFT-A), 35–36
  - case study, 17–18, 37–39
  - clinical foundation, 21–23
  - clinical model, 24–34
  - empirical support, 34–37
  - theoretical base, 18–21
- Attention-Deficit/Hyperactivity Disorder (ADHD):
  - adult, 45–47, 48–50, 61–63
  - family therapy for, 42–44, 65–66
  - associated problems, 45–47
  - case study, 63–65
  - cultural diversity and, 50–52
  - gender and, 50–52
  - interactions and dysfunction, 44–45
  - intervention, 54–57
  - possible components of, 57–63
622 Subject Index

Attention-Deficit/Hyperactivity Disorder (continued)
structure and, 47–50
treatment as a family illness, 52–54
medication for, 3
MST and, 113–114, 118–119
parental interventions for, 234
subtypes of, 42
Attributions:
genetic strategies of change and, 4
negative, high-conflict divorce and, 522
Authorship, intergenerational relationships and,
553–554
Autonomic arousal, 3
Autonomy, adolescent, 23
Beck Anxiety Inventory (BAI), 36
Beck Depression Inventory (BDI), 34
Becoming Orgasmic, 483
Behavioral Couples Therapy (BCT), substance
abuse and, 256
Behavioral Marital Therapy (BMT), depression
and, 233–234, 235, 236
Behavior exchange (BE), TBCT and, 330, 343
Behavior problems, adolescent. See Brief Strategic
Family Therapy (BSFT), adolescent behavior
problems and
Biobehavioral-psychosocial foundation, 2–4
Biopsychosocial systems theory, 569–572
Bipolar Disorder:
biological basis of, 2
PMFG and, 202, 221–224, 225
psychoeducation and, 3
Blocking interventions, BIMT and, 364–367
Boundaries:
ADHD and family, 47
BSFT and shifting, 87–88
extramarital affairs and setting, 438–440
Brief Integrative Marital Therapy (BIMT), 353–
355
assessment and treatment formulation, 356–364
case study, 379–382
development of, 355–356
efficacy, 378–379
intervention and therapeutic techniques, 364–373
large families, 377–378
special issues, 373–378
Brief Strategic Family Therapy (BSFT), adolescent
behavioral problems and, 75–77
case study, 95–100
definition and clinical characteristics, 73–75
family characteristics, 75
hard-to-reach families, working with, 90–93
individual family member, 93
intervention strategies
diagnostic assessment, 78–85
therapeutic relationship, 77–78
research evidence, 94–95
termination of treatment, 89
treatment goals, 85–89
Brief Structural Therapy, culture and, 11
Burdens, mental illness and, 198
Cancer, 581–582
Cardiovascular disease, 580
Caring, substance abuse and, 259–260
Catharsis, 533
Causality, BIMT and, 361
Center for the Study and Prevention of Violence
(CSPV), 180
Center for Substance Abuse Prevention (CSAP), 180
Change:
BIMT and mechanisms of, 373–374
durability of, 8–9
EFT and
mechanisms of, 381
three stages and nine steps of, 387–394
recognizing presession, 418–419
Chiasmal effect, 311
Children of Alcoholics (COAs), 255, 269
Children of Divorce Intervention Project, 521
Children of Substance Abusers (COSAs), 269
Cialis, 467, 476
Classical conditioning, 3
Client-directed, outcome-informed therapy. See
Substance abuse, client-directed, outcome-
informed therapy and
Clinical cutoff, 293
Closure, traumatized families and, 324
Cognitions:
genetic strategies of change and, 4
hot, 22
Cognitive Behavioral Couples Therapy (CBCT),
330–331, 334
extramarital affairs and, 433–434
Cognitive Behavioral Therapy (CBT): 
ABFT and, 34
ADHD and, 53
BMT and, 233, 238
MDFT and, 150
substance abuse and, 283
Cognitive restructuring, BIMT and, 365
Cohesion, empirical testing and, 6
Collaborative Family Healthcare Association, 583
Collusion, 357
interruptive and modification of, 364
Commitment:
BIMT and, 361
extramarital affairs and level of, 258
substance abuse and, 259
traumatized families and, 319–320
Communication and problem skills training (CPT), 330, 343
Communication skills:
attachment and, 19
BIMT and the healing role of, 372–373
DVFCT and, teaching and practicing, 421
high-conflict divorce and, 522–523
PMFG and, 206–207
substance abuse and, 260, 265–266
Communion, medical family therapy, 570
Competency promoting task, 23, 33–34
Conduct Disorder (CD):
ADHD and, 42, 43, 44, 46, 50–51, 57
BSFT and, 74, 94
substance abuse and, 46
Confidentiality:
limited, 257
medical family therapy, 584–585
Conflict resolution:
BSFT and, 84, 96, 99–100
substance abuse and, 260–261
Conflict Tactics Scale (CTS):
DVFCT and, 409
IBCT and, 335
Consent, informed, 584–585
Containing, 357
Containment Coaching, 365–366
Continuing Recovery Plan, 267
BCT and, 256
Continuum of care, substance abuse and, 296–297
Contracts:
high-conflict divorce and therapeutic, 523–525
substance abuse and, 259, 261–262
Contraindications, EFT and, 398
Countertransference, BIMT and, 361
Couples therapy:
adult depression and
description of, 228–230
interventions, 228, 230–232, 246
additional considerations, 237–240
guidelines, 233–237
justification for, 232
public health perspectives, 240–246
conjunct
eligibility and exclusion criteria for, 409–410
theoretical basis of, 412–413
extramarital affairs and
case study, 460–461
context and, 444–448
general considerations, 456–459
impact, addressing the, 436–444
integrated approach, 432–436
as interpersonal trauma, 431–432
moving on, 448–452
patterns, differences in, 458–459
preliminary findings, 459–460
special considerations, stages 1–3, 452–456
See also Sex therapy
mutual acknowledgment of the problem, 239
refusal of one partner to attend, 239–240
substance abuse and
assessment, 256–261
BCT and, 256
case study, 273–277
intervention, 256–257, 261–267
overview, 251–252
posttreatment to prevent relapses, 267–268
relationship-based conceptualization, 252–256
research evidence, 272–273
special considerations, 268–272
Crisis, extramarital affairs and, 453–454
Cultural diversity:
ADHD and, 50–52
attending to, 11
BIMT and, 359
EFT and, 397–398
empirical testing and, 7
FFT and, 165
intergenerational relationships and, 544–546, 565–566
medical family therapy, 586
psychoeducation and, 218–220
sex therapy and, 488
substance abuse and, 259, 271–272
See also Gender; Minorities
Custody, child. See Divorce, therapy and high-conflict
Daily Report Card (DRC), ADHD and, 58
De-escalation techniques, 410
Defensiveness, extramarital affairs and, 453
Delinquency:
BSFT and, 74
MDFT and, 152
Delusions, schizophrenia and, 196, 197
Depression:
ADHD and, 42, 46
adolescent (see Attachment-Based Family Therapy (ABFT))
erectile dysfunction and, 477
high-conflict divorce and, 519
maternal, 231
ADHD and, 44
MDFT and, 136
PMFG and, 225
See also Couples therapy, adult depression and
Exposure, BIMT and therapeutic, 371–372
Externalizing problems, adolescent. See Brief Strategic Family Therapy (BSFT), adolescent behavior problems and; Functional Family Therapy (FFT); Multisystemic Therapy (MST); and specific type
Extramarital affairs. See Couples therapy, extramarital affairs and

Faith:
traumatized families and, 323
See also Religion
Faking negative behaviors, 342–343
Family Guidelines, PMFG, 212–213, 217
Family Psychoeducation (FPE), 219
Family systems model, 255
Fatalistic frame of reference, 315
Feedback:
IBCT and, 337–338, 345–348
substance abuse and formal client, 291–296
continuum of care, 296–297
Female Arousal Dysfunction, 466
Fence exercise, 552–553
Fertility problems, 464
Fighting for Your Marriage, 243
Financial stress, alliance building and, 29
Fit circles, 114–115
Flashbacks, extramarital affairs and, 443–444
Focal-functional assessment, BIMT and, 361–363
Forgiveness:
ABFT and repairing attachment, 20
extramarital affairs and approaches based on, 431–433, 449–450, 455, 456
intervention, 243–244
Foundations for violence-free living: A step-by-step guide to facilitating men's domestic abuse groups, 410
Framing:
medical family therapy, 573–575
realistic, 8
See also Reframing
Functional Family Therapy (FFT), 164–168, 189–190
case study, 182–189
scientific foundations, 180–182	
treatment model, 168–169
change map, 169–176
core principles of change, 176
respect and strength-based belief in people, 179–180

Gender:
ADHD and, 50–52
DVFCT and pretreatment groups, 410–412
high-conflict divorce and, 523
medical family therapy, 586
substance abuse and, 271–272
See also Cultural diversity
Go-around, 216–217
Hallucinations, schizophrenia and, 196, 197
Hamilton Anxiety Inventory, 36
Healing theory, developing a, 322–324
Health and Human Services (HHS), 281
Health Information Privacy and Portability Act, 584
Heightening, 396
Hierarchical organization, ADHD and, 47
Holding, 357
Home-based model of service delivery. See Multisystemic Therapy (MST), home-based model
Homosexuality:
Inhibited Sexual Desire and, 478
sex therapy and, 489–490
Honeymoon period, DVFCT and, 424–425
Human Immunodeficiency Virus (HIV):
sex therapy and, 489–490
substance abuse and, 271
Hyperactivity. See Attention-Deficit/Hyperactivity Disorder (ADHD)
Hypertension:
ADHD and medical treatment, 51
erectile dysfunction and, 477
Hypervigilance, attachment injury and, 399
Illness story, 575
Impasses, EFT and dealing with, 400–401
Impulsivity. See Attention-Deficit/Hyperactivity Disorder (ADHD)
Inattention. See Attention-Deficit/Hyperactivity Disorder (ADHD)
Income, low, 36–37
Inculcation of systemic awareness, 373–374
Index crimes, 74
Individual-Based Treatment (IBT), 269
Inhalants. See Substance abuse
Inhibited Sexual Desire (ISD):
female, 466, 480–482
male, 465, 478–479
Injuries, ADHD and accidental, 42, 43, 46–47
Inpatient populations, adult depression and, 238–239
Insight-Oriented Couple Therapy (IOCT), 433, 434–435
Instigative interventions, 368–369, 370
Integrative Behavioral Couple Therapy (IBCT), 239
acceptance-focused strategies, 338–343
assessment, 334–338
Integrative Behavioral Couple Therapy (continued)
BIMT and, 365, 371–372
case study, 345–350
change-focused strategies, 343–344
clinical skills, 344–345
empirical support, 350–351
roots, 329–334
Integrative Multilevel Family Therapy for Disputes
Involving Child Custody and Visitation (IMFT-DCCV), 521
assessment and, 525–526
focus of intervention, 521–523
general considerations, 534–536
intervention strategies, 526–534
therapeutic contracts and, 524–525
Integrative Problem Centered Therapy, 526
Intergenerational relationships, 543–544
case study, 561–564
intervention strategies
loving update, 560–561
spell of childhood, 547–550
differentiation, 550–555
therapeutic witnessing, 555–556
understanding/forgiving parents, 556–558
updating the relationship, 558–560
relational multigenerational perspective, 544–546
research supporting, 566
special considerations/limitations, 564–566
Internal Family Systems (IFS), 555
Internet, couples therapy and, 244
Interpersonal Psychotherapy (IPT):
adult depression and, 239–240
IPT-Conjoint Marital (IPT-CM), 234, 236
Interpretation, EFT tasks and, 396
Intimate partner violence (IPV), 268
Invisible loyalty, 545

Joining, empathic, 339, 348
Joint Commission on Accreditation of Health Care Organizations (JCAHO), 251

Labeling, problems with, 5
Language, solution-oriented, 10
Learning disability (LD), ADHD and, 43
Learning:
covert processes of, 3
generic strategies of change and, 4
Levitra, 476
Listening, reflective, 31
LSD. See Substance abuse

Major Depressive Disorder (MDD), 228–230. See also Depression
Marijuana. See Substance abuse
Marital conflict:
ADHD and, 44, 46, 61–63
alliance building and, 29
predictable patterns of, 354–355
See also Brief Integrative Marital Therapy (BIMT); Couples therapy, extramarital affairs and
Mastery frame of reference, 315
Masturbation, compulsive, 478
Matching, FFT and, 179–180
Matriarchal stepfamilies, 502
Medical family therapy, 569
foundations of, 569–572
intervention strategies
initial sessions, 575–577
middle stages, 577–582
pre-session preparation, 572–575
termination, 582
special considerations, 582–587
Medication, maintaining sobriety with, 262
Medication Contract, 267
Mental Research Institute (MRI), 167
Metadialogue, DVFCT and, 421
Methadone, 262
Michigan Alcoholism Screening Test (MAST), 292
Minorities:
ABFT and, 36–37
See also Cultural diversity
Mirroring, intergenerational relationships and, 547
Modules, MDFT and, 131
Mood disorders:
ADHD and, 43
PMFG and, 225
Motivation:
FFT and, 169–173, 183–186
relationally based, 176–177
MDFT and, 130
schizophrenia and diminished, 197
Motivational Enhancement Therapy (MET), 283
Multidimensional assessment criteria (MDA), 288–290
Multidimensional Family Therapy (MDFT), 128–129, 159–160
ABFT and, 21–22
assessment, 131–133
case study, 153–159
decision-making for individual/joint sessions, 148–149
drug screens, 146–148
evidence supporting, 150–153
intervention, 133–135
clinical guidelines, 144–146
foundation building/engagement, 135–139
sealing changes and exiting, 143–144
themes and requested changes, 139–143
operating principles, 130–131
TA duties, 149–150
Multifamily Groups in the Treatment of Severe Psychiatric Disorders, 209
Multimodal Treatment Study of Children with Attention-Deficit/Hyperactivity Disorder (MTA), 52
Multiple sclerosis, erectile dysfunction and, 477
Multisystemic focus, maintaining a, 8
Multisystemic Therapy (MST), 103–104
case study, 111–119
home-based model, 119–120
implications for clinicians, 124
principles and process, 107–110
implications of, 110–111
quality assurance and improvement, 120–124
theoretical and conceptual foundations, 104–107
Naltrexone, 262
Narcotics Anonymous (NA), 262, 267
Narratives:
generic strategies of change and, 4
intergenerational, 544–546
understanding and building, 10
National Alliance for the Mentally Ill (NAMI), 203, 204
National Center for Posttraumatic Stress Disorder, 309
National Institute of Child Health and Human Development (NICHD), 499
National Institutes of Health (NIH), 499
National Institutes of Mental Health (NIMH): DVFCT and, 407
empirical support for ABFT and, 34
National Longitudinal Alcohol Epidemiologic Survey (NLAES), 253
National Treatment Center (NTC), 288
Negative-reactive response pattern, 44
Negotiation:
high-conflict divorce and, 531
substance abuse and requests for, 266
Neotraditional families, 501–502
Non-orgasmic Response, female: during couple sex, 466, 482–483
primary, 466
Nuclear Family Myth, 502
Object relations theory, BIMT and, 356, 357
Obsessive-Compulsive Disorder (OCD), 225
Oedipus myth, 545
Offenses, status vs. nonstatus, 74
Office of Juvenile Justice and Delinquency Prevention (OJJDP), 180
On the level: Foundations for violence-free living, 410
Operant conditioning, 3
Oppositional Defiant Disorder (ODD):
ADHD and, 42, 43, 45, 46, 50–51, 57
BSFT and, 74
substance abuse and, 46
Oregon Social Learning, 7
Organization, family:
ADHD and, 47
BSFT and, 80–81, 96, 97–98
Outcome-Informed approach, 4
Outcome Rating Scale (ORS), 291–294, 299
Parent Alliance Building Task, 23, 29–31
Parent Management Training (PMT), ADHD and, 57–60
Parent skills training:
ADHD and, 53, 55
competence and MDFT, 148–149
disengagement and, 92–93
interventions and adult depression, 234, 242–243
high-conflict divorce and, 522
Parental Reconnection Interventions, 134
Parentified child, 554–555
Patienthood, identified, 83, 96, 99
Pediatric Symptom Checklist (PSC), 269, 270
Peer relationship issues, ADHD and, 42
Penile injections, 467
Percent days abstinent (PDA), 283
Perpetual problems, marital difficulty and, 354
Perspective-taking skills, attachment and, 19
Postmodern/second-order cybernetics perspective, 592
Posttraumatic Stress Disorder (PTSD):
attachment injury and, 399
EFT and, 399, 402
extramarital affairs and, 431–432, 460
See also Trauma
Power, intergenerational relationships and, 551
Premature ejaculation (PE), 465, 474–476
Premenstrual syndrome (PMS), 427
Preparedness, traumatized families and, 324
Presentation, disguised, DVFCT and, 408–409
Prevention and Relationship Enhancement Program (PREP), 243, 244
Problem centered tenet, 535
Problem-solving skills training:
attachment and, 19
BIMT and the healing role of, 372–373
PMFG and, 215–218
substance abuse and, 267
TBCT and, 330
Project MATCH, 282, 283–285
Promises, substance abuse and relationship, 263–264
Prostitution, 474
Protracted Conflict over Child Custody and Visitation, 519
Psychoeducation:
  ADHD and, 56
generic strategies of change and, 4
  high-conflict divorce and, 517, 529–530
  IMFT-DCCV and, 529–530
  stepfamilies and, 502–505
See also Psychoeducational Multifamily Groups (PMFG)
Psychoeducational Attention Control Treatment (PACT), 269
Psychoeducational Multifamily Groups (PMFG):
  adaptations, 224
  Bipolar Disorder and, 221–224
case study, 220–221
  compared to other family intervention models, 204–207
culture of the consumer and family, 218–220
  family guidelines, 212–213
  joining, 205–206, 209–211
  overview of method, 208–209
  problem-solving, 215–218
  process and techniques, 213–215
  research evidence supporting, 224–226
roots of, 201–204
  schizophrenia and, 195–201
  as a therapeutic social network, 207–208
  workshops, 206, 211–212
Psycho-pathology, extramarital affairs and, 456–457
Psychosomatic Families, 3
Randomized clinical trials (RCTs):
  adult depression and couple/family interventions, 237, 241–242
  MDFT and, 150–152
Rational Recovery, 283
Reattribution:
  high-conflict divorce and, 531–532
  statement and FFT, 172–173
Recovery environment, substance abuse and, 289
Recreational services, MDFT and, 139
Reentry, community, 206, 215
Referral, reasons for, MST and, 109
Reframing:
  ABFT and, 21
  BSFT and, 86–87
  FFT and, 171–172
  tasks related to, 23, 24–26
See also Framing
Rejection, sensitivity to, 458
Relapse:
  DVFCT and, 423–424
  sex therapy and, 487–488
  substance abuse and, 267–268, 289
Relational Reframe Task, 23, 24–26
Relational theory, intergenerational relationships and, 544
Religion:
  sex therapy and, 488
  traumatized families and, 323
Resonance, BSFT and, 81–82, 96, 98
Restructuring, BSFT and:
  boundaries and alliances, 87–88
  process vs. content, 85–86
  reframing, 86–87
  task assignment, 88–89
Retention:
  alliance building and, 29
  BSFT and, 94
  Revised Behavior Problem Checklist, 94
Rheumatologic disorder, 581
Risk, minimizing, DVFCT and, 415–416
Rogers, Carl, 304
Romantic stepfamilies, 502
Rumination, excessive, 399
Schizoaffective Disorder, PMFG and, 220–221
Schizophrenia:
  biological basis of, 2
  biological effects on psychological functioning, 196–198
  experienced burden and, 198
  expressed emotion and, 198–199
  optimal environments and, 200–201
  psychoeducation and, 3
  role of brain abnormalities, 195–196
  social and support networks, 200
  stigma, 199–200
Schizophrenia Patient Outcomes Research Team (PORT), 225
Security. See Attachment theory
Self-care guideline, extramarital affairs and, 440–441
Self-examination, MDFT and, 140
Self-help meetings, substance abuse and, 262
Separation:
  adult depression and, 238
See also Divorce; Marital conflict
Sequencing interventions, 369–371
Service delivery plan, client-directed, outcome-informed therapy and, 286–290
Session Rating Scale (SRS), 291–293, 299
Seven Cs, 258–261, 360–361
Sex in America study, 465
Sex offenders, juvenile, 105
Sex therapy, 464–465
assessment, 468–471
case study, 484–487
culture and religion issues, 488
gay couples, 489–490
guidelines for couples, 473–475
individuals without partners, 490–491
new directions, 491–492
process of, 471–473
relapse prevention, 487–488
resistance to intervention and exercises, 484
sensitive and secret issues, 491
sexual function/dysfunction, 465
biopsychosocial approach to, 467–468
females, 466–467, 480–484
males, 465, 474–480
sexual style, 487
unmarried couples, 488–489
Sexual adjustment problems, ADHD and, 46
Sexually Transmitted Diseases (STDs), 488–490
Sexual pain, 466, 482–484
Shared Rewarding Activities (SRA), 265
Short Bowel Syndrome, 575
Shyness, ADHD and, 42
Sobriety Contract, 267
Sobriety Trust Discussion, 261–262, 267
Social ecology, 104
Social learning theory, MDFT and, 22
Social rehabilitation, PMFG and, 207
Social withdrawal, ADHD and, 42
Socialized Aggression, 94
Solution-Focused Brief Therapy (SFBT), 413–415
addressing pain and anger, 421–422
Somatization, 585–586
S-O-R-C analysis, 363
Special-education services, ADHD and, 42
Stability, substance abuse and, 259
Stepfamilies, family therapy and, 497
case study, 505–513
developmental-systems framework, 500–501
interventions, 501–505
research on, 497–500
Stereotyped ideas, schizophrenia and, 197
Stigma, 37, 199–200
Stress Generational theory, 231
Structural Family Therapy, 317, 318, 325
Substance abuse:
ADHD and, 43, 46, 50–51, 54
BSFT and, 74–75, 94
client-directed, outcome-informed therapy and,
281–282
case study, 298–304
research evidence, 297–298
roots, 282–285
specific strategies, 285–297
defining, 252–253
erectile dysfunction and, 477
intergenerational relationships and, 565
MST and, 105
PMFG and, 223, 225
sex therapy and, 468
violence and, 412
See also Couples therapy, substance abuse and;
Multidimensional Family Therapy (MDFT)
Substance Abuse and Mental Health Services Administra-
tion (SAMHSA), 281
Suicidality, adult depression and, 238
Supervision, MST and, 121–122
Systemic Traumatic Stress Response, 315–316
Systems theory:
BIMT and, 355
overview, 1–11
Target, 297
Task assignments:
BIMT and, 368–369
BSFT and, 88–89
defined, 23
EFT and, 395–397
generic strategies of change and, 4
Teacher consultation, ADHD and, 59
Technology transfer, 153
Testosterone supplements, 467
Themes:
controlling, 359
MDFT, 139–143
Therapist assistant (TA), MDFT and, 149–150
Time-out, extramarital affairs and, 441
Tobacco. See Substance abuse
Tolerance-building strategies, 341–343, 349–350
Traditional Behavioral Couple Therapy (TBCT),
329–334, 343, 351
Transportation studies, MDFT and, 153
Trauma:
ABFT and, 36–37
repairing attachment, 20
EFT and, 22, 399–400
extramarital affairs and, 431–433
families and, 309–314, 324–325
altered worldviews, 314–315
centrality of perceptions, 315
empowerment model, 317, 318–324, 325
overview of therapy, 316–318
safety issues, 318
systemic traumatic stress response, 315–316
high-conflict divorce and, 519
Trauma (continued)
  individual reactions, 314
  primary responses, 310–311
Triangulation, avoiding:
  family therapy with older adults, 599
  medical family therapy, 577–578
Tribal warfare, 516
Triple P Positive Parenting Program, 242–243, 244
Trust, extramarital affairs and rebuilding, 455–456
Twelve Step Facilitation (TSF), 283

Vacuum pumps, 467
Vaginismus, 466, 483–484
Validation:
  EFT tasks and, 395
  FFT and, 171–172
Venting techniques, extramarital affairs and, 441
Viagra, 467, 476, 477
Victim of circumstance, 26–27

Violence:
  adolescent depression/anxiety and, 17
  catharsis and, 533
  high-conflict divorce and, 523, 533
  IBCT and, 337
  sex therapy and, 468
  substance abuse and, 268
  systems theory and, 2
  See also Domestic Violence-Focused Couples Treatment (DVFT)
Vocational rehabilitation, PMFG and, 207

WalMart, 297
Withdrawal:
  medically supervised, 283
  substance abuse and MDA, 289
Witnessing, therapeutic, 555–556
World Schizophrenia Fellowship, 203
Worldview, limited, 9–10