Contents

Contributors xi
Preface xv

1 Family Therapy at the Beginning of the Twenty-First Century 1
   Jay L. Lebow

PART I
Problems in Children and Adolescents

2 Attachment-Based Family Therapy for Depressed and Anxious Adolescents 17
   Guy S. Diamond

3 Family Therapy for Attention-Deficit/Hyperactivity Disorder (ADHD) 42
   Karen C. Wells

4 Brief Strategic Family Therapy for Adolescents with Behavior Problems 73
   Viviana E. Horigian, Lourdes Suarez-Morales, Michael S. Robbins, Mónica Zarate, Carla C. Mayorga, Victoria B. Mitrani, and José Szapocznik

5 Multisystemic Therapy for Adolescents with Serious Externalizing Problems 103
   Sonja K. Schoenwald and Scott W. Henggeler

6 Multidimensional Family Therapy: A Science-Based Treatment for Adolescent Drug Abuse 128
   Howard A. Liddle, Rosemarie A. Rodriguez, Gayle A. Dakof, Elda Kanzki, and Francoise A. Marvel

7 Functional Family Therapy for Externalizing Disorders in Adolescents 164
   Thomas L. Sexton and James F. Alexander
PART II
Problems in Adults

8 | Psychoeducational Multifamily Groups for Families with Persons with Severe Mental Illness 195
William R. McFarlane

9 | Optimizing Couple and Parenting Interventions to Address Adult Depression 228
Maya Gupta, Steven R. H. Beach, and James C. Coyne

10 | Couples Therapy for Alcoholism and Drug Abuse 251
Gary R. Birchler, William Fals-Stewart, and Timothy J. O’Farrell

11 | Making Treatment Count: Client-Directed, Outcome-Informed Clinical Work with Problem Drinkers 281
Scott D. Miller, David Mee-Lee, William Plum, and Mark A. Hubble

12 | Family Therapy: Working with Traumatized Families 309
Michael Barnes and Charles R. Figley

PART III
Couple Relationship Difficulties

13 | Integrative Behavioral Couple Therapy 329
Brian Baucom, Andrew Christensen, and Jean C. Yi

14 | Brief Integrative Marital Therapy: An Interpersonal-Intrapsychic Approach 353
Alan S. Gurman

15 | Creating Secure Connections: Emotionally Focused Couples Therapy 384
Scott R. Woolley and Susan M. Johnson

16 | Domestic Violence-Focused Couples Treatment 406
Sandra M. Stith, Eric E. McCollum, Karen H. Rosen, Lisa D. Locke, and Peter D. Goldberg

17 | Treating Affair Couples: An Integrative Approach 431
Donald H. Baucom, Kristina C. Gordon, and Douglas K. Snyder

18 | Couple Sex Therapy: Assessment, Treatment, and Relapse Prevention 464
Barry W. McCarthy and L. Elizabeth Bodnar
PART IV
Relationship Difficulties in Families

19  Family Therapy with Stepfamilies  497
   James H. Bray

20  Integrative Family Therapy for Families Experiencing High-Conflict Divorce  516
   Jay L. Lebow

21  Differentiation and Dialogue in Intergenerational Relationships  543
   Mona DeKoven Fishbane

22  An Integrative Approach to Health and Illness in Family Therapy  569
   Anthony R. Pisani and Susan H. McDaniel

23  Families in Later Life: Issues, Challenges, and Therapeutic Responses  591
   Dorothy S. Becvar

Author Index  611
Subject Index  621