# Contents

Notes on Contributors  xii

1 **The Context of Primary Healthcare Nursing**  1
   - The changing context of service provision  1
   - The changing face of the community healthcare workforce  4
   - The primary care vision for the next decade  8
   - The impact of primary care policy changes on the role of the primary care nurse  14
   - The scope of primary care nursing practice within the context of a changing workforce  15
   - Conclusion  19

2 **Community Development and Building Capacity**  22
   - Introduction  22
   - The current context for community development practice  23
   - Defining the terms
     - Defining community  24
     - Defining social capital  25
     - Defining empowerment  26
     - Defining capacity building  27
     - Defining community development  27
     - Defining community engagement  28
   - The role of community health professionals  29
   - Conclusion  34

3 **Multi-Sector Working and Self-Management, Community Health Care**  37
   - Introduction  37
   - Context for multi-sector working in the United Kingdom  38
   - Key drivers for multi-agency working  41
   - Examples of multi-sector working and self-management initiatives  43
     - Dementia  44
     - Obesity  45
     - Asthma  47
   - Concluding reflections  48

4 **Moving Care Closer to Home**  53
   - Hospital provision: A brief history of the last 50 years  53
   - Health care: What does it mean?
     - Selective definitions of health  58
     - Universal definitions of health  59
Caring and nursing: Where are we now? 61
Nursing at the interface between paid and unpaid care 63
Public health and care closer to home 65
Conclusion 68

5 Evidence-Based Practice and Translational Research Applied to Primary Health Care 71
Introduction 71
Evidence-based practice 72
Designing the study 73
Translational research 73
  Overview 73
Experiments, randomised controlled trials and quasi-experiments 74
Health impact assessments 75
  Surveys 76
  Case studies 77
Different methodologies and methods give you new insights 77
Participatory approaches for community research 78
  Participatory appraisal 78
Data collection methods 79
Data management, analysis and interpretation 79
  A multi-method evaluation of a clinical educational innovation 80
  Example of PA 81
General research issues 81
  Validity, reliability and generalisability 81
Presentation and dissemination 82
The internet or world wide web (www) 83
Research proposals 83
Ethical issues 84
IRAS 85
The NHS research passport 85
  Ethics committees 86
Conclusion 87
Acknowledgments 88
Further reading 88
  Journals 88
  Ethics 89
  Funding 89
  Statutory body 89

6 Integrating the Children’s Public Health Workforce 91
Introduction 91
Health indicators 92
The policy context 95
The role of the specialist community public health nurse 97
The HCP 97
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>The public health outcomes framework (2012)</td>
<td>140</td>
</tr>
<tr>
<td>Improving the determinants of health</td>
<td>140</td>
</tr>
<tr>
<td>Health improvements</td>
<td>141</td>
</tr>
<tr>
<td>Health protection</td>
<td>141</td>
</tr>
<tr>
<td>Healthcare public health and preventing premature mortality</td>
<td>142</td>
</tr>
<tr>
<td>Health promotion versus public health</td>
<td>143</td>
</tr>
<tr>
<td>An upstream approach</td>
<td>145</td>
</tr>
<tr>
<td>Health protection</td>
<td>145</td>
</tr>
<tr>
<td>Community nursing and public health</td>
<td>146</td>
</tr>
<tr>
<td>Conclusions: the future</td>
<td>149</td>
</tr>
<tr>
<td>9 Caring for the Adult in the Home Setting</td>
<td>151</td>
</tr>
<tr>
<td>End of life</td>
<td>152</td>
</tr>
<tr>
<td>The policy context</td>
<td>152</td>
</tr>
<tr>
<td>Managing LTCs in the community</td>
<td>154</td>
</tr>
<tr>
<td>Case Study based upon complexities of patient care in the home setting</td>
<td>155</td>
</tr>
<tr>
<td>Maximising health and well-being: helping people to stay independent</td>
<td>158</td>
</tr>
<tr>
<td>Working with people to provide a positive experience of care</td>
<td>158</td>
</tr>
<tr>
<td>Adult safeguarding</td>
<td>159</td>
</tr>
<tr>
<td>Measuring impact of service through patient feedback</td>
<td>160</td>
</tr>
<tr>
<td>Delivering high-quality care and measuring impact</td>
<td>160</td>
</tr>
<tr>
<td>Building and strengthening leadership</td>
<td>161</td>
</tr>
<tr>
<td>Ensuring we have the right staff, with the right skills in the right place</td>
<td>161</td>
</tr>
<tr>
<td>Technology</td>
<td>164</td>
</tr>
<tr>
<td>Informal carers</td>
<td>164</td>
</tr>
<tr>
<td>Supporting positive staff experience</td>
<td>165</td>
</tr>
<tr>
<td>Conclusion</td>
<td>166</td>
</tr>
<tr>
<td>10 General Practice Nursing in Context</td>
<td>169</td>
</tr>
<tr>
<td>Introduction</td>
<td>169</td>
</tr>
<tr>
<td>Origins</td>
<td>170</td>
</tr>
<tr>
<td>The advent of contemporary general practice nursing</td>
<td>172</td>
</tr>
<tr>
<td>Practice nursing roles and functions</td>
<td>174</td>
</tr>
<tr>
<td>Core skills for the GPN</td>
<td>174</td>
</tr>
<tr>
<td>Education</td>
<td>175</td>
</tr>
<tr>
<td>Scheduled care</td>
<td>176</td>
</tr>
<tr>
<td>Unscheduled care</td>
<td>178</td>
</tr>
<tr>
<td>Chronic disease management</td>
<td>179</td>
</tr>
<tr>
<td>Asthma management</td>
<td>180</td>
</tr>
<tr>
<td>Hypertension</td>
<td>180</td>
</tr>
<tr>
<td>The future</td>
<td>181</td>
</tr>
</tbody>
</table>
### 11 Occupational Health Nursing

- OHNs as specialist practitioners 184
- Historical perspective 185
- Provision of OH services in the United Kingdom 189
- The changing nature of UK workplaces 191
- Changing work patterns 192
- Workplace practices 193
- The domains of OH nursing practice 193
- The professional domain 194
- The environmental domain 197
- The educational domain of practice 197
- Public health strategies 198
- Specialist community public health nursing: Part 3 of the register maintained by the NMC 198

### 12 Caring for the Person with Mental Health Needs in the Community

- Introduction 201
- Background: Why bother with community mental health nursing? 202
- Clinical profile: John 203
- Recovery: Conceptual explanation 203
- Development of therapeutic relationship 205
- Assessment of needs 206
- Instilling hope 207
- Promoting life beyond distress 208
- Promoting connectedness 209
- Promoting personal responsibility 209
- Principles of community mental health nursing 210
  - Examining experience with service users 210
  - Linking experiences 210
  - Acknowledging service users’ wishes 211
  - Working together 211
  - Therapeutic presence 211
  - Risk assessment and management 212
- Conclusion 213

### 13 Caring for the Person with Learning Disabilities in the Community

- Introduction 216
- People with learning disabilities 217
- The number of people who have learning disabilities 218
- Service principles in learning disability services 220
- Moving forward 224
- The health of people with learning disabilities 226
  - Physical health 227
  - Mental health 228
- What community nurses for people with learning disabilities do? 230
The future role of community nursing services for people with learning disabilities 233
Conclusion 236

14 Leadership: Measuring the Effectiveness of Care Delivery 241
Introduction 241
Influences on leadership 242
Government policies 245
Front-line staff 247
Spend some time looking at these four scenarios 251
Measuring the effectiveness of delivery 253
Conclusion 254

15 Social Innovation and Enterprise 257
Introduction 257
What is social innovation? 258
Research on social innovation 259
Characteristics of a social innovator 260
Social innovation and community health 261
Commissioning 263
Approaches to social innovation 264
Social innovation as a concept 265
Conclusion 268

16 Adult Vulnerability in the Community 271
Introduction 271
Adult safeguarding 271
Definitions of abuse of adults 272
Legal framework of adult safeguarding 274
Mental Capacity Act 2005 274
Recent adult safeguarding guidance 275
Domestic violence 276
The prevalence of domestic violence in the United Kingdom 277
Effects of domestic violence 277
Contextual issues 278
Substance and alcohol misuse 279
Conclusion 281

17 End-of-life Care 285
Whole systems approach 286
Assessment: The foundation to providing good care 288
Symptom management 289
Beyond the management of physical symptoms 290
Advance care planning 290
Advance statement/Preferred priorities for care 291
Advanced decisions to refuse treatment (ADRT) 292
Assisted suicide 292
Do not attempt resuscitation orders 293
Care in the last days of life 294
Models of interdisciplinary working: The road to successful end-of-life care 295
Community nurses: The lynchpins of successful end-of-life care in the community 295
Death of a child 296
Dementia 297
Care of the bereaved 298
Conclusion 299
Case study 300

18 **Interprofessional Learning and Teaching for Collaborative Practice Community** 305
Introduction 305
Inter-professional education and collaborative practice 305
Learning theory 308
Teaching and learning in practice 314
Responsibilities for teaching and learning of all members of the team 315
  Team leader 315
  Community practice teacher 316
  Mentor 316
  Associate mentor 316
  Learner 316
  Sign-off mentor 317
  Mastering mentorship 317
Adult safeguarding: an example 318
Conclusion 318

19 **User Involvement, Self-Management and Compliance** 322
The modern PPI system 323
The rationale for greater user involvement 324
The patient as co-producer 332
Co-production cannot be realised without support 334
Conclusion 335
Acknowledgement 336

Index 338