### Index

<table>
<thead>
<tr>
<th>Term</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>abuse of older people</td>
<td>47–8, 153</td>
</tr>
<tr>
<td>substance abuse</td>
<td>127–8</td>
</tr>
<tr>
<td>active ageing</td>
<td>22–3, 25, 29, 30, 60, 62, 73–119</td>
</tr>
<tr>
<td>health conditions and</td>
<td>73–119</td>
</tr>
<tr>
<td>key concepts</td>
<td>62</td>
</tr>
<tr>
<td>WHO’s programme</td>
<td>2, 21, 22, 23, 202, 212</td>
</tr>
<tr>
<td>activities (activity)</td>
<td>21, 120</td>
</tr>
<tr>
<td>gender and</td>
<td>18</td>
</tr>
<tr>
<td>in ICF</td>
<td>8, 9, 185</td>
</tr>
<tr>
<td>limitations</td>
<td>10, 185</td>
</tr>
<tr>
<td>impairments/limitations</td>
<td>10, 185</td>
</tr>
<tr>
<td>arthritis</td>
<td>95, 166</td>
</tr>
<tr>
<td>bi-polar disorder</td>
<td>75</td>
</tr>
<tr>
<td>cancer</td>
<td>78</td>
</tr>
<tr>
<td>chronic obstructive pulmonary disease</td>
<td>80</td>
</tr>
<tr>
<td>dementia</td>
<td>85</td>
</tr>
<tr>
<td>depression</td>
<td>88</td>
</tr>
<tr>
<td>heart failure</td>
<td>83</td>
</tr>
<tr>
<td>in ICF</td>
<td>10, 185</td>
</tr>
<tr>
<td>learning disability</td>
<td>92</td>
</tr>
<tr>
<td>Parkinson’s disease</td>
<td>98</td>
</tr>
<tr>
<td>schizophrenia</td>
<td>100</td>
</tr>
<tr>
<td>stroke</td>
<td>103</td>
</tr>
<tr>
<td>upper limb fractures</td>
<td>91</td>
</tr>
<tr>
<td>social factors influencing</td>
<td>49–50</td>
</tr>
<tr>
<td>successful ageing and</td>
<td>23, 24, 185–7</td>
</tr>
<tr>
<td>in theories of ageing</td>
<td>21, 22</td>
</tr>
<tr>
<td>activities of daily living (ADLs)</td>
<td>186</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Term</th>
<th>Page(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activities-specific Balance Confidence (ABC) Scale</td>
<td>108</td>
</tr>
<tr>
<td>age discrimination see discrimination</td>
<td></td>
</tr>
<tr>
<td>ageing 1</td>
<td></td>
</tr>
<tr>
<td>active see active ageing</td>
<td></td>
</tr>
<tr>
<td>cross-cultural perspectives</td>
<td>39–41</td>
</tr>
<tr>
<td>successful see successful ageing</td>
<td></td>
</tr>
<tr>
<td>theories 19–24</td>
<td></td>
</tr>
<tr>
<td>see also old age</td>
<td></td>
</tr>
<tr>
<td>ageing population</td>
<td>1, 62</td>
</tr>
<tr>
<td>bi-polar disorder and</td>
<td>75</td>
</tr>
<tr>
<td>Europe 61</td>
<td></td>
</tr>
<tr>
<td>heart disease and</td>
<td>82</td>
</tr>
<tr>
<td>ageism see discrimination</td>
<td></td>
</tr>
<tr>
<td>AIDS and HIV</td>
<td>161, 162, 175</td>
</tr>
<tr>
<td>alarms</td>
<td>234, 235</td>
</tr>
<tr>
<td>alcohol abuse</td>
<td>127, 174</td>
</tr>
<tr>
<td>alimentary (digestive) system</td>
<td>150, 166–9</td>
</tr>
<tr>
<td>alveoli</td>
<td>149, 157</td>
</tr>
<tr>
<td>Alzheimer’s disease</td>
<td>61, 67, 85, 92, 123, 124, 130, 133, 134, 135</td>
</tr>
<tr>
<td>immune system and</td>
<td>161</td>
</tr>
<tr>
<td>antipsychotic drugs</td>
<td>100</td>
</tr>
<tr>
<td>anxiety and fear</td>
<td></td>
</tr>
<tr>
<td>chronic obstructive pulmonary disease</td>
<td>80, 81</td>
</tr>
<tr>
<td>falls and</td>
<td>106, 108, 198</td>
</tr>
<tr>
<td>post-event, affecting sexual function</td>
<td>174</td>
</tr>
<tr>
<td>apoptosis</td>
<td>123</td>
</tr>
<tr>
<td>arms see upper limbs</td>
<td></td>
</tr>
<tr>
<td>arthritis</td>
<td>93–5, 166, 199</td>
</tr>
<tr>
<td>sexual function and</td>
<td>174</td>
</tr>
</tbody>
</table>

---

*Occupational Therapy and Older People, Second Edition. Edited by Anita Atwal and Anne McIntyre. © 2013 Blackwell Publishing Ltd. Published 2013 by Blackwell Publishing Ltd.*
assessment and outcome measures
  bi-polar disorder 76, 77
  cancer 79
  chronic obstructive pulmonary
disease 80, 81
  dementia 85–6
  depression 88–9
  driving ability 227–30
  falls 107, 108
  heart failure 82, 83, 83–4
  learning disability 92–3
  musculoskeletal care 94
  Parkinson’s disease 98
  schizophrenia 101
  stroke 103, 104
  task performance 190
  upper limb fractures 89
Assessment of Motor and Process
  Skills (AMPS) 190
  bi-polar disorder 76, 77
  chronic obstructive pulmonary
disease 81
  dementia 86
  heart failure 83
  learning disability 92
  schizophrenia 101
  stroke 104
Assessment of Occupational Functioning
  Collaborative Version (AOF-CV),
  bi-polar disorder 76, 77
  assistive technology (AT) 230–43
  atherosclerosis 155, 170, 171, 174
  attention 97, 130–1
  see also Rivermead Behavioural
  Inattention Test; supervisory
  attentional system; Test of
  Everyday Attention
Attitudes 1, 8, 17, 18, 19, 21, 25, 38,
  39, 41, 48, 52, 53, 64, 68,
  175, 207, 209
  auditory function 137
  cues aiding 239–40
  Australia, carer strategies 208
  end of life 30
  autoimmune disease 161
  autonomic nervous system 170
autonomy 23, 25, 26, 62, 205, 206,
  231, 234
  telecare and 244
  balance 138–9, 195, 197
  confidence, assessment 108
  correction when tripping 125
  ear and 137, 138
  basal ganglia 124, 130, 173
  Parkinson’s disease 96, 124
  basal metabolic rate 169
  bathing 200
  devices 241
  Behavioural Assessment of
  Dysexecutive Syndrome
  (BADS) 104
  beneficence and telecare 244
  biological theories of ageing 19–20
  bio-medical theory of ageing 23
  bio-psycho-social model
  of ageing 22–4, 186
  of health and functioning 2, 8
  bio-psycho-social theories of
  ageing 22–4, 186
  bi-polar disorder 74–7
  bladder- see incontinence 173
  blood 148
  gas homeostasis 157
  blood pressure, high
  (hypertension) 154, 155
  blood vessels 148
  body
  functions see functions
  washing and care of parts of 200
  bones 149, 150, 163
  mineral/density 163, 164–5, 169
  loss 163, 169, 170, 176
  Borg Scale of Perceived
  Exertion 81
  bowels (intestines) 167–8
  brain 123–4
  atrophy 123, 133
  attention and 130
  damage/injury 122
  virtual technology 236
  memory and 132
Index 253

principle regions 122

see also stroke

breathlessness (dyspnœa) in heart failure 84

Canadian Occupational Performance Measure (COPM) 74

cancer 79

chronic obstructive pulmonary disease 81
dementia 86
depression 88, 89

heart failure 83

musculoskeletal care 94

cancer 77–9

capacity, ICF definition 185
car-driving see driving

cardiovascular system 148, 153–6

integumentary system and 151

neuromusculoskeletal system and 164

see also heart
care

end of life 29–30, 73, 214

in hospitals see hospital care

intermediate 65

of others by older people (and reciprocity in giving of care) 39–40, 44, 48, 51, 192, 207–8

see also spouse

person-centred 64–5

remote (telecare) 234–5
carrying objects 197–8

catastrophic events 243–5
cells 121

apoptosis 123

cells and ageing 19

central nervous system 122–3, 124

memory and 132

processing 133

see also brain; spinal cord

Chessington Occupational Therapy Neurological Assessment Battery (COTNAB), stroke 104

chronic obstructive pulmonary disease 79–81, 158

Chronically Sick and Disabled Persons Act (1970) 64


civic life in ICF 187, 212–13

client-centred practice 25, 52, 65, 66, 186, 193

barriers to 26

climatic extremes 243–4, 245

climbing stairs 198–9

clothes, putting on 201
clozapine 100

Cognitive Assessment of Minnesota (CAM), stroke 104
cognitive behaviour therapy, depression 89
cognitive function (and its impairment) 127

assessment
dementia 86

driving ability and 228, 229–30

stroke 104

see also mental function

collaborative practice 67–8

College of Occupational Therapists (COT)
cancer and 79
driving and 227

falls management and 107, 197

health promotion activities recommended by 78

ICF guidance document 8

Parkinson’s disease and 96, 98

policy development and 59, 63

comfort and discomfort 174, 201, 203

communication 193–4

in ICF 187

of information to older persons 241–2

skills 78, 135

skin’s role 153

communities see local communities

compensation (in successful ageing) 23, 24

compression of morbidity theory 20–1, 22

computers and internet 235–6

conduction (nerve), speeds 123, 124, 125, 133, 137, 138

CONFBal 108

conflict and war 243, 244, 245, 246

connective tissue 164
Index

consciousness 127–8
constipation 168
Constraint Induced Movement Therapy 105
continuity theory 21, 211
coronary heart disease 82–4, 155
couples 209–10
carer role in see spouse-carers
culture 38, 39–41
daily routines, carrying out 192
see also activities of daily living
death (mortality)
cardiovascular 155
social factors influencing 48–9, 50
see also suicide
declarative memory 131, 132
delirium 128
demands (general) in ICF 187, 189–92
dementia 31–2, 61, 63, 67, 84–6, 123, 135
falls 105, 106, 107, 235
learning disability and 91, 92, 93
malnutrition 202
pain in 136
spouse-carers 161, 208
see also Alzheimer’s disease
depression 87–9
attention in 130
chronic obstructive pulmonary disease 80, 81
Parkinson’s disease 98
selective attention in 130
detrusor overactivity 173
developed world, life expectancy 59
diabetes 154, 174
type 2 171
obesity and 178
Diagnostic and Statistical Manual of Mental Disorders (DSMIV)
depression 88
schizophrenia 99
diet see food; nutrition
digestion 167
digestive system 150, 166–9
Dignity in Care 64
Disabilities of Arm, Shoulder, Hand Questionnaire (DASH) 90
disability
ICF as model of 8
old age entered with 24–5
see also International Classification of Functioning, Disability and Health
disability paradox in oldest-old people 28
discharge 6, 26, 65–66, 236, 240,
discomfort 174, 201, 203
discrimination, age (and ageism) 17 38, 39, 64
LGBT people and 209
disengagement theory of ageing 21
divided attention 130–1
domestic life 187, 205–6
dopamine 124
Parkinson’s disease 96, 124
Down’s syndrome 91–3
dressing 201
drinking 201–2
driving (and fitness to drive) 225–30
dementia and 86
drug(s) (medications) 203–4
adverse effects 159, 204
driving and 228
insomnia 128
sexual dysfunction 174
automated reminder to take 233
issues other than adverse effects 204
drug abuse (=substance abuse) 127–8
dual tasking 131, 133, 191, 192
dying (end of life) 29–30, 73, 214
dysphagia (swallowing difficulties) 168, 168–9
dyspnoea in heart failure 84
ear
auditory function see auditory function
balance function 137, 138
eating 201–2
economic recession, global 6, 68–9
education see learning and education
electrically-powered wheelchairs 233
electrolyte balance 169
elimination 167–8
emotional well-being 134
  support 43, 48
employment (work) 210–11
  retirement from 27
end of life 29–30, 73, 214
endocrine system 150, 169–72
  neuromusculoskeletal system and 164
energy 129
  conservation techniques in chronic obstructive pulmonary disease 80–1
England, End of Life Care Strategy 30, 214
environment 224–50
  cardiovascular system in response to 156
  disasters (natural events) 243–5
  falls assessment 108
  in ICF 8, 9, 10, 224
  schizophrenia and 100
  sensory perception see sensory system
epilepsy 128
episodic memory 132
equipment 189
  abandonment 231
erectile dysfunction 174
error perseveration 191
ethics and telecare 234
Europe
  ageing population 61
  end of life care strategies (WHO’s) 30
European Convention on Human Rights (1951) 62
European Union (EU)
  European Year for Active Ageing and Solidarity Between Generations (2012) 23
  Healthy Life Years 60
evidence-based practice 4–7
evolutionary theories of ageing 19
executive functions 133–4
exercise see physical activity
Expert Patient Programme 66, 116
eyes 136–7
  see also visual function
face-to-face interviews (for research) 5
faecal incontinence 168
falls 66, 105–9, 198, 231, 234
  dementia and 105, 106, 107, 235
  fear of 106, 108, 198
  getting up from floor after 196–7
  home visits and prevention of 94
  on stairs 198
  tripping and mechanisms preventing 125
family (and friends) 38, 43, 49
  couples and, emotional relationship between 209
  cross-cultural perspectives 39–41
  social networks in N. Wales 45
fear see anxiety and fear
Fatigue 25, 77–105, 128, 156, 158, 176, 206, 213
fitness to drive see driving
focus groups, research using 5
food
  eating 201–2
  ingestion and digestion 167
  preparing 206–7
  shopping 9, 169
  see also nutrition
foot care 200
fractures and osteoporosis 89–91
frailty 28–9, 176–7
free radical theory 19, 121, 123
friends see family (and friends)
fundamental functions and structures (body) 120–84
  as component of ICF 8–9, 10, 120
  definitions 120
impairments/limitations 10
  arthritis 95
  bi-polar disorder 75
  cancer 78
  chronic obstructive pulmonary disease 80
  dementia 85
  depression 88
  heart failure 82, 83
  learning disability 92
  oldest-old people 28
  Parkinson’s disease 98
functions and structures (body) (cont’d)
- schizophrenia 99, 100
- stroke 103
- upper limb fractures 91

see also International Classification of Functioning, Disability and Health; physiological changes

social context and 48–50

see also International Classification of Functioning, Disability and Health

Health and Social Care Act (2012) 66
Health Assessment Questionnaire (HAQ), musculoskeletal care 94

health professionals see multidisciplinary teams; professionals

health promotion 60–1
- mental 66–7
- physical activity 104–5

Healthy Life Years (EU) 60

hearing see auditory function

heart 148, 154, 156
- coronary disease 82–4, 155
- failure 82–4, 158

see also cardiovascular system

heat (body) dysregulation 178–9

heterogeneity 17, 21

hippocampus 123

HIV disease and AIDS 161, 162

home 240–3
- life at (domestic life) 187, 205–6
- visits 240–3
- falls prevention and 94
- virtual technology and 236

Home Falls and Accidents Screening Tool (HOME FAST) 108

homeostasis (maintaining equilibrium/balance) 146, 175–80

blood gas 157
- disruption 175–80
- metabolism 169

hormone replacement therapy 170

see also endocrine system

Hospital Anxiety and Depression Scale (HAD)

chronic obstructive pulmonary disease 81

heart failure 83

Parkinson’s disease 98

hospital care
- general 65–6
- mental health disorders, bi-polar disorder 75
household tasks 206–7
human-caused events 243–5
human immunodeficiency virus (HIV) and AIDS 161, 162
human rights 23, 62, 63, 66
hygiene 200
oral 167, 169
hypertension 154, 155
hyperthyroidism 171
hypomania in bi-polar disorder 75
hypothalamus 171
hypothermia 178–9
hypothyroidism 171
immune system 149, 159–62
immunisation (vaccination), influenza 158, 160, 204
implicit memory 131, 132
incontinence
faecal 168
urinary 173
independence 62, 63
giving-up 134
in self-care 199
infections
respiratory 157–8
sexual-transmitted 175
skin as barrier to pathogens causing 160, 161
influenza vaccination 158, 160, 204
information, communication to older people of 241–2
ingestion 167
inheritance of ageing 19
injury see trauma
innate immunity 149, 159–60
insomnia 128
institutional settings see residential or institutional settings
insulin 150, 167, 170, 171
integumentary system (skin and appendages) 148, 151–3
pathogen entry and 160, 161
intellect 129
interagency work see multidisciplinary and interagency teams
intergenerational projects 52
intermediate care 65
International Classification of Functioning, Disability and Health 2, 7–11, 73–4
activity in see activities
body functions and structures 8–9, 10, 120
capacity vs performance defined by 185
dementia and 85
domains in 185–223
environment in 8, 9, 10, 224
as framework for practice 10–12
participation in 185
personal factors in 8, 9, 10, 17
upper limb fractures and 91
see also individual components
international issues see global issues
internet 235–6
interpersonal relationships see relationships
interviews in research 5
intestines 167–8
intimacy and sexual relationships 174–5, 208–9
ischaemic stroke 102
isolation, social 41–2, 51, 79
see also loneliness
Jamar Grip Dynamometry 90
joints 149, 164
protection 94–5
see also arthritis
justice
occupational, and successful ageing 31–2
telecare and 244
kidneys 151, 170, 172
King’s Fund’s recommendations 69
knee, osteoarthritis 166
knowledge
applying, in ICF 187, 188–9
transfer 7
kyphosis 196
language 134–5
Large Allen’s Cognitive Level Screen (LACLs) 86, 190
later life see old age
law and legislation 64, 66
lay concepts of active ageing 23
learning and education 188–9, 210–11
in ICF 186, 188–9
learning disability 91–3, 124
attention and 130
falls and 105, 107
leisure and recreation 211–12
lesbian, gay, bisexual or transgender (LGBT) 209
life areas
  domestic 187, 205–6
  major, in ICF 187
Life Course approach to frailty 177
life expectancy
  developed world 59
  UK 60
  healthy 62
  vs actual life expectancy 20
lifelong learning 210
lifestyle, healthy/heathier 49, 204
lifestyle homes 240
Lifestyle Redesign (Lifestyle Matters) programme 31
light and lighting 237–9
liver 167
local communities 11, 38
  in ICF, activities 188
  social networks 45–6
loneliness 41–2, 44, 46, 51, 192
see also isolation
Long-Term Care Tool Kit (WHO) 61
long-term memory 131, 132
lower motor neurons (LMNs) 149, 163
lungs (pulmonary non-vascular tissue) 157
chronic obstructive disease 79–81, 158
lying (position) 195

Madrid International Plan of Action on Ageing 62–3
malignancy (cancer) 77–9
malnutrition 177–8, 202
maltreatment (or abuse) 47–8, 153
mania in bi-polar disorder 74, 75, 76
manual dexterity 173, 197, 202, 238
meal preparation 206–7
Medical Outcomes Study SF-36, heart failure 83
medication see drugs
memory 131–3
  prospective 132, 134
  semantic 131, 132, 135
  short-term 131, 132, 234, 235
  long term 131
  working memory .. 131
technology/devices helping with 233, 234, 235
men (older/ageing)
as carers 192
  comparisons with women 18, 60, 191, 212
gay 209
hypertension 155
leisure activities 212
social support 43
task performance 191
Mental Capacity Act (2005) 66
mental functions 121, 126–35
  in dementia, assessment 85
  global 121, 127–9
  specific 121, 129–35
  see also cognitive function
mental health 66–7
  disorders 74–7, 87–9, 99–102
‘Mental Well Being and Older People’ (NICE 2008) 60
metabolism 169
  bone 164–5
  obesity and 178
Middlesex Elderly Assessment of Mental State (MEAMS), stroke 104
Mini Mental State examination 86
mobility see movement
Model of Human Occupation 61
Model of Human Occupational Screening Tool (MOHOST) 86, 101
morale, social factors influencing 43, 44, 48, 51
morbidity, compression of 20–1, 22
mortality see death; dying; suicide
motion see movement
motivation 129
motor function 133
  antipsychotic adverse effects 100
  in Parkinson’s disease 96, 97
  performance of motor tasks 191
  see also Assessment of Motor and Process Skills
motor neurons, lower (LMNs) 149, 163
movement (motion and mobility) 163, 165–6, 194–9
  in ICF 187, 194
  neuromusculoskeletal problems affecting 165
  products helping with 197, 232–3
Movement Disorder Society-sponsored revision of the Unified Parkinson’s Disease Rating Scale 96
moving objects 197–8
multidisciplinary and interagency teams 3, 68, 106
cancer 78
dementia 85, 86
depression 89
heart failure 83, 84
musculoskeletal care 94
osteoporotic upper limb fractures 90
Parkinson’s disease 96, 98
pulmonary rehabilitation in COPD 81
stroke 103, 104, 105
multiple sclerosis 25
multiple tasks 189–92
muscle (skeletal) 149, 150, 163, 164, 165, 166
  stroke and 103
  see also sarcopenia
musculoskeletal system 150–1, 163–5
  age-related changes 150–1, 163–5
  cardiovascular system and 154
  problems and pathologies 93–5, 165
myelination changes 124
National End of Life Intelligence Network (NEoLIN) 30
National Institute for Health and Clinical Excellence (NICE)
falls risk factors 106
‘Mental Well Being and Older People’ (2008) 60
National Quality Board 63
National Service Framework for Older People 64, 65, 66, 73
  learning disability 92
natural events 243–5
negative symptoms, schizophrenia 99, 100
neglect 47–8
  see also self-neglect
nerve conduction speeds 123, 124, 125, 133, 137, 138
nervous system (neurological structures) 121–6, 149, 163–5
  autonomic 170
  pathologies and damage 122, 165
  see also brain; spinal cord
network, social 41–46
neuroleptic (antipsychotic) drugs 100
neurology see nervous system
neuromusculoskeletal system 149, 163–176
neurotransmitters 124
New York Heart Association classifications 83
NICE see National Institute for Health and Clinical Excellence
non-maleficence and telecare 244
non-specific (innate) immunity 149, 159–60
nursing homes see residential or institutional settings
nutrition (and diet) 177–8, 202
  poor 177–8, 202
  schizophrenia 101
  skin and 152
  see also food
obesity 177–8
objects
  carrying/moving/handling 197–8
  household, caring for 207
  seeing 238, 239
obstructive pulmonary disease, chronic 79–81, 158
occupational justice and successful ageing 31–2
Occupational Self Assessment (OSA), schizophrenia 101
Occupational Therapy Driver Off-Road Assessment (OT-DORA) 229
occupational transitions 27–30
oestrogen 123, 150, 151, 163, 174
replacement therapy 170
old age (later life)
definitions/meaning 16–17
entered with disability 24–5
personal factors and see personal factors
transition to oldest-old age 27–8
olfaction (smell sensation) 167, 188, 189
on–off phenomenon, Parkinson’s disease 96, 97, 204
one-to-one interviews (for research) 5
optimisation (in successful ageing) 23, 24
oral hygiene 167, 169
orientation 129
osteoarthritis 93–5, 166
osteoporosis 163, 169, 172
and fractures 89–91
outcome measures see assessment and outcome measures
pain 135–6
upper limb fractures 90
pancreas 167
paranoid schizophrenia 99–102
parathyroid hormone (PTH) 164–5, 170, 176
Parkinson’s disease (PD) 95–8, 124, 133, 135, 191, 192
falls 105, 106
participation 120
gender and 18
in ICF 8, 9
limitations 10, 185
limitations/restrictions
bi-polar disorder 75
cancer 78
chronic obstructive pulmonary disease 80
dementia 85
depression 88
in ICF 10, 185
learning disability 92
Parkinson’s disease 98
schizophrenia 100
stroke 103
upper limb fractures 91
in research 5
social contact supporting 50
successful ageing and 23, 185–7
partnerships 65
Patient Health Questionnaire-9 (PHQ-9) 89
peers, loss of 43–4
pension 17, 60, 209
perception 134
see also Rivermead Perceptual Assessment Battery
performance (occupational/task)
general tasks 187, 189–93
household tasks 206–7
ICF definition 185
medication and 204
peripheral nervous system 122, 125–6
person-centred care 64–5
personal factors (in old age) 17–19
in ICF 8, 9, 10, 17
personal hygiene see hygiene
personalisation 64–5
personality 129
schizophrenia 100
perspiring (sweating) 179
pets 46–7
physical abuse 47–8, 153
physical activity and exercise 194–5
absence or greatly reduced 175–6
in heart failure 84
promotion 194–5
physiological changes to body systems 147–51
PLISSIT intervention model 175
policy development 59–72
polio and post-polio syndrome 25, 225
political life 188, 212–13
Pool Activity Level Instrument (PAL) 86
position
changing 196–7
maintaining 195–6, 197
positive symptoms, schizophrenia 99
post-polio syndrome 25, 225
posture
adjustments 138, 139
stooped 196
see also position
practice
client-centred see client-centred practice
collaborative 67–8
demands 3–7
evidence-based 4–7
ICF as framework for 10–12
presbycusis 137
presbyphagia (swallowing difficulties) 168, 168–9
pressure risk (to skin) 153
primary health promotion 61
private restricted social networks 46
procedural memory 131, 132
processing (central) 133
product(s) 230–40
walking 197, 232
productivity 65–6, 210
professionals (health and other) 38, 42
risk taking and 26
social support from 47
see also multidisciplinary teams
prospective memory 132, 134
protection
elderly person 64
joint 94–5
psychological demands, handling 192–3
psychological disorders 74–7, 87–9, 99–102
psychological impact
of chronic obstructive pulmonary disease 80, 81
of falls 106
of social support 48
see also stress
psychomotor function 133
psycho-social development 22
psycho-social theories of ageing 21–2
public transport 225, 226
pulmonary rehabilitation 81
see also lung
QIPP (Quality, Innovation, Productivity and Prevention - DOH) 66
quality of life 59
reaction times 133
driving and 228, 230
reciprocity (in social relationships) 38, 43
in care-giving/support 39, 44, 48, 51, 192, 207–8
Recovery Star 76, 101
recreation and leisure 211–12
relationships (interpersonal/social) 208–10
reciprocity see reciprocity
in WHO’s ICF 187, 208
see also couples
religion 213–14
remote care (telecare) 234–5
research
evidence from 4–6
with oldest-old people 28
social networks in North Wales 45–6
residential or institutional settings
(incl. nursing homes) 2, 38, 52
dementia 85
occupational therapists 52
peer support 44
pets 47
spiritual leaders visiting 214
respiratory system 149, 157–9
cardiovascular system and 154
neuromusculoskeletal system and 164
see also lung
resting metabolic rate 169
retirement 27
risk-taking 26
Rivermead Behavioural Inattention Test 104
Rivermead Behavioural Memory Test 104
Rivermead Perceptual Assessment Battery 104
Safety Assessment of Function and the Environment for Rehabilitation (SAFER) 108
St George's Respiratory Questionnaire 81
sarcopenia 150, 197
obesity and 178
schizophrenia 99–102
secondary health promotion 61
selection optimisation and compensation (successful ageing) 23, 24
selective attention 130
self-care 199–205
in ICF 187, 199
schizophrenia, problems 100
self-management, arthritis 95
self-neglect 50
semantic memory 131, 132, 135
senile plaques 124
sensory systems (structure and function) 121, 122, 135–9, 188–9
purposeful sensory experiences 188–9
stroke and 103
services (OT)
acquisition 206
global economic recession and 6, 68–9
policy development in relation to 59–72
types 1–2, 11
sex see gender; men; women
sexual function 174–5, 208–9
shopping 206
food 9, 169
Short Form Health Survey (SF-36 - part of Medical Outcomes Study), heart failure 83
short-term memory 131, 132, 234, 235
sight see visual function
single tasks 189–92
sitting, standing from 196
skeletal muscle see muscle
skin see integumentary system
sleep and its disturbance 127–8
smell sensation 167, 188, 189
social and medical model of ageing combined (bio-psycho-social model) 22–4, 186
social context 38–59
dysfunctional 47–8
implications for occupational therapists 51–3
relationships see relationships
social isolation 41–2, 51, 79
social support see support
UK social policy 63–7
specific immunity 149, 160
speech production 126
spinal cord 122
spirituality 213–14
splinting of hand, stroke patients 105
spouse-carers 207–8
in dementia 161, 208
men as 192
see also couples
stair climbing and descending 198–9
standing 195, 232
from sitting 196
stereotypes 39, 40, 41, 44, 51, 52, 53
stomach 167
stooped posture 196
stress 50, 171, 192–3
cardiovascular system and 156, 171
handling 192–3
immune system and 161
stress incontinence 173
stroke 55, 102–5, 122
eating and drinking 201–2
falls 105, 106
sexual function 174
virtual technology 236
structures see functions and structures
substance abuse 127–8
successful ageing 22, 23–4, 25, 27, 28, 185–223
dying and 29, 30
occupational justice and 31–2
suicide 87, 193
supervisory attentional system 131–3
support (social) 43–6
from family see family
Index 263

health and impact of 48–50
health professionals in 47
reciprocity in giving 39, 44, 48, 51
types 43–5
supportive technology 232
surgery and sexual function 174
Survey of Activities of Fear of Falling
(SAFFE) 108
sustained attention 130
swallowing difficulties 168, 168–9
sweating 179
syncope 128
tactile sensation see touch
task 186–192
lighting 238–9
performance see performance
taste sensation 167
tea-making 206–7
technology, assistive (AT) 230–43
telecare 234–5
temperament 129
schizophrenia 100
temperature
body, dysregulation 178–9
environmental extremes 243–4
tertiary health promotion 61
Test of Everyday Attention (TEA) 104
testosterone 150, 151, 174
replacement therapy 170
thermal dysregulation 178–9
3D interior design software
(3DIDS) 236
thyroid dysfunction 171
toileting 200–1
touch (tactile sensation) 135, 188
visual impairment and cues
via 239–40
transfers 194, 196,
transitions, occupational 27–30
transport 225–30
see also driving
trauma/injury
brain see brain
skin 152, 153
see also fractures
undernutrition 177–8
Unified Parkinson’s Disease Rating Scale
(MDS-UPDRS), Movement
Disorder Society-sponsored
revision of 96
United Kingdom (UK)
carer strategies 208
health promotion 60–1
life expectancy 60
National End of Life Intelligence
Network (NEoLIN) 30
social policy 63–7
see also England; Wales
United Nations policy 62–3
Universal Declaration of Human Rights
(1948) 62
upper limbs (arms)
carrying/moving/handling of
objects 197
Constraint Induced Movement
Therapy 105
fractures and osteoporosis 89–91
urinary continence/incontinence 173
urogenital system 151, 172–5
vaccination, influenza 158, 160, 204
values 39, 44
verbal information 241, 242
vestibular system 138
vigilance 130
virtual technology 236
Vision for a Modern System of Social
Care (policy document) 64
visits, home see home
visual function 136–7
driving and assessment of 228
impaired 146–7, 188, 189
assistive technology 237–40
vitamin D 150, 151, 164–5, 167,
170, 176
supplementation 170, 172
voice production 126
Volitional Questionnaire, bi-polar
disorder 76, 77
volunteering 23, 44–5, 51, 210, 211, 212
voting 213
Wales, North, social networks in 45–6
walking 191, 194, 198
products 197, 232
war and conflict 243, 244, 245, 246
washing oneself 200
see also bathing
water balance 169
well-being see health
Well Elderly studies 31, 211
Westcotes Individualised Outcome
Measure (WIOM), cancer 79
Western societies 24, 39
  cardiovascular disease 155
Westmead Home Safety Assessment 108
wheelchairs 232–3
white matter changes or loss 123, 124, 133
WHO see World Health Organization
women (older/ageing)
  comparisons with men 18, 60, 191, 212
  hypertension 155
leisure activities 212
lesbian 209
social support 43
task performance 191
work see employment
working memory 131, 132, 133
World Health Organization
  active ageing programme 2, 22, 23, 31,
    62, 202, 212
  collaborative practice defined by 67
  community participation and 211
  end of life care strategies in European
    region of 30
  ICF see International Classification
    of Functioning, Disability and
    Health
  Long-Term Care Tool Kit 61
  quality of life defined by 59
worldwide issues see global issues
written information 241, 242