# Contents

**Contributors** viii  
**Preface** xi  
**How to use your revision guide** xiii  
**About the companion website** xvii

## Part 1  
**Introduction to learning disability nursing** 1  
1. What is learning disability nursing? 2  
2. Nursing and midwifery standards 4  
3. The six Cs 6  
4. The student nurse perspective 7

## Part 2  
**Exploration of learning disability** 9  
5. What is a learning disability? 10  
6. Causes of learning disability 12  
7. Chromosomal disorders 14  
8. Genetic disorders 16  
9. Other causes of learning disability 18

## Part 3  
**Childhood development** 21  
10. Screening and genetics 22  
11. Developmental milestones 24  
12. Common childhood diseases 26  
13. Developing communication 28  
14. Learning through play 30  
15. Education 32  
16. Screening for autistic spectrum conditions 34  
17. Safeguarding children 36

## Part 4  
**Adolescence** 39  
18. Puberty 40  
19. Bullying 42  
20. Child and adolescent mental health services 44  
21. Transitions 46

## Part 5  
**Adults with a learning disability** 49  
22. Working with adults with learning disability 50  
23. Communicating with people with learning disability 52  
24. Sensory impairment 54  
25. Living with Autistic Spectrum Conditions 56  
26. Epilepsy in adults with learning disability 58  
27. Management of epilepsy 60
<table>
<thead>
<tr>
<th>Page</th>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>62</td>
<td>Family perspectives</td>
<td>144</td>
</tr>
<tr>
<td>63</td>
<td>A service user’s perspective</td>
<td>146</td>
</tr>
<tr>
<td>64</td>
<td>Advocacy</td>
<td>148</td>
</tr>
<tr>
<td>65</td>
<td>Health passports</td>
<td>150</td>
</tr>
<tr>
<td>66</td>
<td>Hate crime</td>
<td>151</td>
</tr>
<tr>
<td>67</td>
<td>Sex and individuals with a learning disability</td>
<td>152</td>
</tr>
<tr>
<td>68</td>
<td>Spirituality</td>
<td>154</td>
</tr>
<tr>
<td>69</td>
<td>The twenty-first century: Networking for success</td>
<td>155</td>
</tr>
</tbody>
</table>

Further reading and resources  157
Index  161