# CONTENTS

**FOREWORD**  *Atonement as a Spiritual Path*  
xvii  
Huston Smith

**PREFACE**  *The Next Step in Forgiveness and Healing*  
xxi  
Phil Cousineau

**INTRODUCTION**  *The Revival of an Ancient Awareness*  
xxxvii  
Richard J. Meyer

**PART ONE  Forgiveness and Beyond**  
1  *Forgiveness as Spiritual Liberation*  
3  
Michael Bernard Beckwith

2  *The Wisdom of Atonement*  
19  
Jacob Needleman

3  *We Can Work It Out: Heart, Mind, and Action in the Struggle for Atonement*  
35  
Michael N. Nagler

4  *At–One–Ment: Becoming Whole*  
51  
Diane Hennacy Powell

5  *Burying the Stone: Rituals and Ceremonies of Atonement*  
61  
Kate Dahlstedt
6 Taking the Crucial Step: Forgiving the Other and Forgiving Yourself
Katharine Dever

7 A Twelve-Step Approach to Atonement
Anonymous

PART TWO Stories of Atonement

8 Memories of My Grandfather: Atonement the Gandhi Way
Arun Gandhi

9 Healing the Wounds of War: Atonement Practices for Veterans
Edward Tick

10 After the Death of My Son: My Journey of Forgiveness and Atonement
Azim Noordin Khamisa

11 Ten Days of Atonement
Rabbi Michael Lerner

12 The Iroquois Great Law of Peace: Atonement Among the Haudenosaunee
Douglas M. George-Kanentiio

13 Talkin’ ’bout My Generation: The New Face of Atonement
Stephanie N. Van Hook

14 Buddhist Bowing and Atonement
Reverend Heng Sure

CONCLUSION Creative Atonement in a Time of Peril
James O’Dea
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>THE CONTRIBUTORS</td>
<td>217</td>
</tr>
<tr>
<td>THE EDITOR</td>
<td>221</td>
</tr>
<tr>
<td>THE BEYOND FORGIVENESS PROJECT</td>
<td>223</td>
</tr>
<tr>
<td>ACKNOWLEDGEMENTS</td>
<td>225</td>
</tr>
</tbody>
</table>