Contents

List of contributors 7
Preface 8
Acknowledgments 8
About the companion website 9

Part 1 Gynecology
General
1 History taking and physical examination 10
2 Anatomy of the female reproductive tract 12
3 The menstrual cycle 14
4 Abnormal vaginal bleeding 16
5 Ectopic pregnancy 18
6 Pelvic pain 20
7 Lower genital tract infections 22
8 Pelvic inflammatory disease (PID) 24
9 Benign disorders of the lower genital tract 26
10 Benign disorders of the upper genital tract 28
11 Endometriosis and adenomyosis 30
12 Contraception 32
13 Sterilization 34
14 Breast disease 36
15 Miscarriage 38
16 Termination of pregnancy 40
17 Gynecologic surgery 42
18 Ethical and medicolegal issues 44

Urogynecology
19 Urinary incontinence 46
20 Pelvic organ prolapse 48

Reproductive endocrinology and infertility
21 Puberty and precocious puberty 50
22 Amenorrhea 52
23 Polycystic ovarian syndrome (PCOS) 54
24 Recurrent pregnancy loss 56
25 The infertile couple 58
26 Ovulation induction 60
27 Assisted reproductive technology (ART) 62
28 Menopause and hormone replacement therapy 64

Gynecologic oncology
29 Cervical dysplasia and HPV vaccine 66
30 Cervical and vaginal cancer 68
31 Vulvar cancer 70
32 Uterine cancer 72
33 Ovarian cancer 74
34 Gestational trophoblastic disease (GTD) 76

Part 2 Obstetrics
General
35 Embryology and early fetal development 78
36 Fetal physiology 80
37 Endocrinology of pregnancy and parturition 82
38 Maternal adaptations to pregnancy 84
39 Prenatal diagnosis 86
40 Obstetric ultrasound 88
41 Obstetrics in primary care 90

Antepartum complications
42 Infections in pregnancy: bacteria and protozoa 92
43 Infections in pregnancy: viruses and spirochetes 94
44 Hypertensive disorders of pregnancy 96
45 Diabetes mellitus in pregnancy 98
46 Cardiovascular disease in pregnancy 100
47 Thyroid disease in pregnancy 102
48 Other medical and surgical conditions in pregnancy 104
49 Drugs and medications during pregnancy 106
50 Disorders of amniotic fluid volume 108
51 Disorders of fetal growth 110
52 Antepartum fetal surveillance 112
53 Hydrops fetalis 114
54 Intrauterine fetal demise 116
55 Multiple pregnancy 118
56 Antepartum hemorrhage 120
57 Premature labor 122
58 Cervical insufficiency and cervical cerclage 124
59 Premature rupture of the membranes 126

Intrapartum management
60 Normal labor and delivery I 128
61 Normal labor and delivery II 130
62 Induction and augmentation of labor 132
63 Abnormal labor and delivery 134
64 Pain relief in labor 136
65 Intrapartum fetal monitoring 138
66 Surgical vaginal delivery 140
67 Cesarean section delivery 142

Postpartum complications
68 Third stage of labor and postpartum hemorrhage 144
69 The puerperium 146
70 Circumcision 148

Part 3 Self assessment
Case studies and questions 150
Answers 152
Further reading 162

Index 163