# Table of Contents

Preface ix  
About the Editors xi  
Contributors xiii  

### Section I: Introduction: Importance of an Integrative Approach to Child Therapy

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Author(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>History of Psychotherapy Integration and Related Research</td>
<td>John W. Seymour</td>
</tr>
<tr>
<td>2</td>
<td>Integrating Play Therapy Theories Into Practice</td>
<td>Athena A. Drewes</td>
</tr>
</tbody>
</table>

### Section II: Integrative Play Therapies for Externalizing Disorders of Childhood

<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Author(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Integration of Sandtray Therapy and Solution-Focused Techniques for Treating Noncompliant Youth</td>
<td>Daniel S. Sweeney</td>
</tr>
<tr>
<td>5</td>
<td>Holistic Expressive Play Therapy: An Integrative Approach to Helping Maltreated Children</td>
<td>Marie-José Dhaese</td>
</tr>
</tbody>
</table>
Table of Contents

Chapter 6  
Social Skills Play Groups for Children With Disruptive Behavior Disorders: Integrating Play and Group Therapy Approaches  
Julie Blundon Nash and Charles E. Schaefer

Section III  
Integrative Play Therapies for Internalizing Disorders of Childhood

Chapter 7  
Cognitive-Behavioral Play Therapy for Traumatized Children: Narrowing the Divide Between Ideology and Evidence  
Janine Shelby and Karina G. Campos

Chapter 8  
The Worry Wars: A Protocol for Treating Childhood Anxiety Disorders  
Paris Goodyear-Brown

Chapter 9  
Filial Therapy for Maltreated and Neglected Children: Integration of Family Therapy and Play Therapy  
Riise VanFleet and Glade Topham

Chapter 10  
Integrating Art Into Play Therapy for Children With Mood Disorders  
Sarah Hamil

Chapter 11  
Integrating Play Therapy and EMDR With Children: A Post-Trauma Intervention  
Victoria A. McGuinness

Chapter 12  
Utilizing Bibliotherapy Within Play Therapy for Children With Anxieties and Fears  
Dale-Elizabeth Pehrsson

Chapter 13  
Integrating Cognitive-Behavioral Play Therapy and Adlerian Play Therapy Into the Treatment of Perfectionism  
Jeffrey S. Ashby and Christina Noble
Section IV  
Integrating Play Therapy for Attachment Disorders of Children  241

Chapter 14  
Playing for Keeps: Integrating Family and Play Therapy to Treat Reactive Attachment Disorder  243
Kyle N. Weir

Chapter 15  
Integrating Attachment Theory and Nondirective Play Therapy to Treat Children With More Serious Attachment Problems  265
Jessica Jäger and Virginia Ryan

Chapter 16  
Integrating Ecosystemic Play Therapy and Theraplay in the Treatment of Attachment Disorders  297
Kevin O’Connor

Chapter 17  
Integration of Child-Centered Play Therapy and Theraplay  325
Evangeline Munns

Chapter 18  
An Integrative Humanistic Play Therapy Approach to Treating Adopted Children With a History of Attachment Disruptions  341
Sue C. Bratton, Kara Carnes-Holt, and Peggy L. Ceballos

Author Index  371

Subject Index  381