Contents

Preface vii
Contributors ix

PART I  TOWARD AN INTEGRATIVE POSITIVE PSYCHOLOGY OF POSTTRAUMATIC EXPERIENCE

1 Positive Psychological Perspectives on Posttraumatic Stress: An Integrative Psychosocial Framework 3  
   Stephen Joseph and P. Alex Linley
2 Psychological Assessment of Growth Following Adversity: A Review 21  
   Stephen Joseph and P. Alex Linley

PART II  GROWTH AND DISTRESS IN SOCIAL, COMMUNITY, AND INTERPERSONAL CONTEXTS

3 Resilience and Thriving in a Time of Terrorism 39  
   Leslie A. Morland, Lisa D. Butler, and Gregory A. Leskin
4 Positive Effects of Terrorism and Posttraumatic Growth: An Individual and Community Perspective 63  
   Carmelo Vázquez, Pau Pérez-Sales, and Gonzalo Hervás
5 Posttraumatic Growth and Immigration: Theory, Research, and Practice Implications 93  
   Tzipi Weiss and Roni Berger
6 Broken Vows: Divorce as a Spiritual Trauma and Its Implications for Growth and Decline 105  
   Annette Mahoney, Elizabeth J. Krumrei, and Kenneth I. Pargament
7 Growth through Loss and Adversity in Close Relationships 125  
   John H. Harvey
8 Beyond Survival: Growing out of Childhood Sexual Abuse 145  
   Rachel Leo-Wiesel
9 Posttraumatic Growth Following Sexual Assault 161  
   Patricia A. Frazier and Margit I. Berman
PART III  CLINICAL APPROACHES AND THERAPEUTIC EXPERIENCES OF MANAGING DISTRESS AND FACILITATING GROWTH

10  Facilitating Posttraumatic Growth Following Cancer 185
    Matthew J. Cordova

11  Group-Based Therapies for Benefit Finding in Cancer 207
    Suzanne C. Lechner, Brenda L. Stoelb, and Michael H. Antoni

12  Using a Life Span Model to Promote Recovery and Growth in Traumatized Veterans 233
    Judith A. Lyons

13  Recovery from Brain Injury and Positive Rehabilitation Practice 259
    Joanna Collicutt McGrath

14  Professional Quality of Life and Trauma Therapists 275
    Debra Larsen and Beth Hudnall Stamm

PART IV  BEYOND THE STRESS—GROWTH DISTINCTION: ISSUES AT THE CUTTING EDGE OF THEORY AND PRACTICE

15  A Contrarian View of Growth Following Adversity 297
    Julian D. Ford, Howard Tennen, and David Albert

16  The Paradox of Struggling with Trauma: Guidelines for Practice and Directions for Research 325
    Lawrence G. Calhoun and Richard G. Tedeschi

17  Reflections on Theory and Practice in Trauma, Recovery, and Growth: A Paradigm Shift for the Field of Traumatic Stress 339
    Stephen Joseph and P. Alex Linley

Author Index 357

Subject Index 365