# Contents

*Preface* vii  
*Contributors* viii  
*Abbreviations* ix  

## Part 1  
**Principles of pre-hospital care**  1  
1 History of pre-hospital care  2  
2 Pre-hospital care today  4  
3 Major trauma pathways in the UK  6  
4 Emerging pre-hospital medical care pathways  8  
5 Kinematics and mechanism of Injury  10  
6 Hazardous materials  12  
7 Human factors  14  
8 Pre-hospital transport  16  
9 Scene safety  18  

## Part 2  
**Initial assessment and management of immediately life-threatening injuries**  21  
10 The primary survey  22  
11 Control of major haemorrhage  24  
12 Cervical spine injuries  26  
13 Basic airway management  28  
14 The difficult airway  30  
15 Life-threatening chest trauma  32  
16 Circulation I: haemodynamic instability  34  
17 Circulation II: medical cardiac arrest  36  
18 Circulation III: traumatic cardiac arrest  38  
19 Pain relief and sedation  40  
20 Head injury  42  
21 Spinal injuries  44  
22 Limb Injuries  46  

## Part 3  
**Special considerations in trauma management**  49  
23 Paediatric trauma  50  
24 Trauma in the pregnant woman  53  
25 Trauma in the elderly  56