# CONTENTS

Preface ix  
Acknowledgments xvii  
The Editors xix  
The Authors xxiii  

## PART ONE  
Foundations of Academic Advising Practice  

1 Advising Strategies to Support Student Learning Success:  
   Linking Theory and Philosophy With Intentional Practice  
   Ezekiel Kimball and Susan M. Campbell  
   3  
2 Advising as Teaching and the Advisor as Teacher in  
   Theory and in Practice  
   Jayne K. Drake  
   (Advising-as-teaching student scenario authored by  
   Marsha A. Miller)  
   17  
3 Learning-Centered Advising  
   Maura M. Reynolds  
   33  
4 Developmental Academic Advising  
   Thomas J. Grites  
   Voices From the Field: So I’ve Been Thinking . . .  
   O’Banion in Reverse  
   Patrick Cate  
   61  

## PART TWO  
A New Light: Viewing the Practice of Academic Advising From Different Perspectives  

5 Motivational Interviewing: Helping Advisors Initiate  
   Change in Student Behaviors  
   Judy Hughey and Robert Pettay  
   67  
6 Appreciative Advising  
   Jennifer L. Bloom, Bryant L. Hutson, and Ye He  
   Voices From the Field: Applying Appreciative Advising  
   Joseph Murray  
   83  
7 Strengths-Based Advising  
   Laurie A. Schreiner  
   105
8 Academic Advising Informed by Self-authorship Theory 121
  Janet K. Schulenberg

9 Proactive Advising 137
  Jennifer Varney
  Voices From the Field: Increasing First-Year Student Engagement Through Mid-year Self-reflections 155
  Holly E. Martin

10 Advising as Coaching 159
  Jeffrey McClellan

PART THREE
A New Lens: Applying Theories From Other Disciplines to the Practice of Academic Advising

11 The Application of Constructivism and Systems Theory to Academic Advising 179
  Terry Musser and Frank Yoder

12 Socratic Advising 197
  Janet M. Spence and Nora A. Scobie

13 Understanding and Interpretation: A Hermeneutic Approach to Advising 223
  Sarah Champlin-Scharff and Peter L. Hagen

PART FOUR
A New Path: Envisioning the Future of Academic Advising

14 Envisioning the Future 243
  Marc Lowenstein

Name Index 259
Subject Index 265