## Index

### A

- Academic Advisor (AA), 176
- Administrative assistants/secretaries/ward clerks, 79
- Adolescent, 28
- Age, 3
  - childbearing, 152
- Anaemia, 84, 164
- Antenatal clinics, 32, 33, 53, 83–85, 115–116
  - as high risk placements, 119
    - providing valuable learning, 116
- Antenatal education, 85
- Antenatal screening, 4, 117
- Antenatal ward, 116–117
- Anxieties, 3, 71, 114, 116, 132, 136
- Approved education institution (AEI), 15
- Aromatherapy, 88, 90
- Assessment
  - document, 53, 59–61
  - NMC and, 20
  - of practice, 50
    - vignette, 66
  - tool, 52
  - triangulation of practice, 63
- Attendance, 168, 180, 189
  - at in or extra-curricula study sessions, 58
  - in triangulation of practice assessment, 63
- Attitudes, 17, 28, 42, 72, 74, 113, 126, 127, 171, 179
  - professional, 126
  - towards disability, 42
  - towards silence, 121
  - woman-centred, 104
- Audit, 54
- Autonomous practitioner, 18, 113
- Autonomy, 80
- Auxiliary staff, 78, 79
- Awareness, 68, 71, 74, 78, 80, 114, 152
  - of cultural differences, 182
  - of healthcare, 191
  - multicultural issues, 191
  - self and inter-personal, 28

### B

- Before birth, key tasks, 81
- Being professional, 204–205. See also Professional midwife
- Birthing
  - aids, 90
  - ball, 87, 88, 90, 122
  - centres, 77, 81, 86–87, 89, 90, 93, 95
  - options, 134
  - risk assessment and decision-making, 179
  - units, 86
- Blood pressure (BP), 37–38, 66, 82
- Body piercings, 41
- Booking clinics, 41

---

Edited by Luisa Cescutti-Butler and Margaret Fisher.
© 2016 John Wiley & Sons, Ltd. Published 2016 by John Wiley & Sons, Ltd.
Bournemouth University (BU), 143, 175
students, top tips, 46
Breastfeeding, 79
advantage, 91
DVD on, 86
early, 91
encourage, 90, 92
initiation of, 165
observations, assisting women with, 79
painful, 95
support groups, 16, 37, 79, 96
Buddy/associate/co-mentors, 57–58
Budget planner, 190

C
Caesarean
birth, risk of, 147
section, 4–6, 95, 111, 117, 119, 122, 127, 128
first time mum, 37
Cardiac disease, 158
Care
antenatal care pathway, 115
6Cs of, 6
enhanced, 148
high dependency, 104
holistic woman-centred, 137
intensive, 104
maternity, women’s views of, 6–11
philosophy, 1
planning, 127, 133, 136, 160, 164
postnatal, 95
special, 104
transitional, 104
unit experiences, vignette, 155–156
urgent, 144
of women in labour, 86
at low risk in high-risk areas, 93
Career opportunities, 208
clinical practice, 209
education, 209
management, 209–210
research, 209
Career profile of Research Midwife, 192
resources, 192
Care Quality Commission (CQC), 5, 198
Caseloading practice, 132, 134, 140, 145
advantages of, 134
care for ‘group of women,’ 133
experience progresses, 142
learning experience, organisation of, 133–134
midwifery education, 132
aim of, 133
Nursing and Midwifery Council (NMC), 132
perceived benefits, 135
challenges, 138
personal priorities for care, 137–145
communication pathways, 143–145
Amy’s case, 144
inviting women, 143
personal caseload building, 141
vignette, 144–146
planning/providing care, practicalities, 141
size of caseload, 141–142
timescale, 143
transport, 142–143
vignette, 139–141
role/responsibilities, 145
with mentor(s), 145
professional relationships, maintaining, 145–146
record keeping, 146–147
safe/effective practitioner, 146
with women, 146
student midwife practice, 133
students’ views and experiences, 135
feeling valued, sense of, 136
organisational/leadership skills, 136–137
self belief, 136
working independently, 136
timescale, 143
women’s views/experiences, 147, 149
contribute to student learning, 147
enhanced care, 148
valuing continuity of carer, 148
CC. See Credit card (CC)
Centre for Excellence in Professional Placement Learning (CEPPL), 51
practice assessment, 51
Character, 17
good, based on, 15, 17
reflect 6Cs, 6
Checklist
for electives, 186
homebirth, 91
overseas elective, 186
preparing for placement, 43
Childbearing
issues that complicate, 151
morbidity and mortality of, 157
physiological process, 151
women, care, 6, 33
Childbirth, 3
change for women in, 8
changing report, 2
Cumberlege report, 2
enhancing normality of, 209
physiological process of, 18
unpredictability of, 140
Child Protection, 27
Clinical
decision-making, 133, 136
services, and support of departments, 166
skills, 123, 136
Comments
boosted and reinforced confidence, 136
negative, 200
from others, 58
sign-off mentor, 62, 67
verbal, 68
Commitments, 6, 21, 60, 70, 136, 137, 142, 143, 146, 149, 168, 176, 181, 187, 191
Communication, 6, 8
and interprofessional, 113, 154
non-verbal, 154
vignette, 155–156
Community mentor, 77
Community midwifery, 97
based teams, 77
dos and don’ts, 97–98
being with families, 98
uniforms, 98
Compassion, 6
Competence, 6, 18, 38
key areas, at point of registration, 18
Complications, 10
Congenital disorders, 158
Continuing professional development (CPD), 15, 205
Contractions, 4, 8, 10, 86, 89, 91, 101, 109, 119, 127
inadequate, 10
Courage, 6, 48, 75, 100, 137, 146, 152, 178
Course
plagiarism, 72
midwifery, 32, 38
pre-registration, 151
CPD. See Continuing professional
development (CPD)
Credit card (CC), 195
Culture, 3, 6, 33, 39, 40
diversity, 17
Curriculum vitae (CV), 184,
199–202
career planning, 208
covering letter, 202
format of, 200
personal statement, 202
pitfalls with, 200
post-interview, 204
presentation of, 200–202, 203
professional midwife, 204
qualified midwives, 207–208
sample template, 201
tests, selection process, 203–204
things to do, 202–203
well preparation, 202
CV. See Curriculum vitae (CV)
Cystic fibrosis, 158

D
Database
updating, 79
of women’s experiences, 8
Day assessment unit, 117
Dehumanisation, 7
Delivery suite, 32
Depressive disorders, 28
Diabetes, 44, 82, 158
Disability, 3, 42, 44
Disability Discrimination Act 1995, 45
Disclosure and barring service
(DBS), 180
Distress, 45
Documentation
assessment, 53, 59–61, 69
part of a midwife’s role, 41
scrutinise, 17
Doptone machine, 85
Dyscalculia, 42
Dyslexia, 42
Dyspraxia, 42
E
eBay, 188
Education
antenatal, 85
contribute to student’s, 147
NMC and midwifery, 15–18
programmes, 132, 133, 175
aim of, 133
standards for pre registration
midwifery, 14
Elective caesarean, 139, 140
Elective placement. See also Overseas
elective
defined, 174–175
fertility unit, 177–178
following next, 193
ideas discussion
Academic Advisor (AA), 176
Personal Tutor (PT), 176
ideas/opportunities, 192–193
lengths of, 175
midwifery programme, 174
options for consideration, 176
staycation, in clinical location,
176–177
staycation with twist, 178–179
Trusts, 178–179
undertaking, reasons, 175
University placements, 178–181
Electronic applications, 189
Email
midwifery lecturers, 180
traditional, 24
Emergency department, 152, 154, 155, 160, 162–163
and intensive care unit, 155–156
Emergency situations, 118–119
vignette, 119–120
Emotion, 4, 27, 28, 38, 112, 116
Enema, 2
Entonox, 86
Epilepsy, 44, 82
Episiotomy, 4
Equality Act, 42
Erasmus Socrates exchange programme, 190
ESCs. See Essential skills clusters (ESCs)
Essential skills clusters (ESCs), 19, 20
for midwifery, 154
Estimated due date (EDD), 82
European Directive 2013/35/EU key practise skills, 16
Evaluation, 17, 54
achieving quality care through, 59
audit and, 54
NMC and practice, 19
project, 159, 168, 171
Evidence
based guidelines, 108–109
based practice, 108
in documentation, 64
of literacy and numeracy, 17
of manual handling and basic life support training, 180
of occupational health clearance, 180
supporting decision, 58
of wider reading, 58
Examinations
newborn, 97
postnatal, 66
using ‘touch,’ 83
vaginal, 95
Expenses planning
application details for funding form, 188–189
budget planner, 189
example, 190
Erasmus Programme, 189–192
benefits, 190
criteria, 191
practicalities, 191–192
following elective, 193
funding for elective placement, 187–188
ideas/opportunities during your elective, 192–193
independent midwifery, 192
investigate a research career, 192
midwifery services via social enterprises, 192
neighbourhood midwives, 193
Iolanthe Trust Awards, 187
Money4MedStudents, 188
Royal College of Midwives (RCM), 188
Wellbeing of Women, 187

F
Facebook, 22, 24, 25, 26, 144
group page, quotes demonstrating view, 26
Failure
to keep appropriate professional, 72
to progress, 9
to respond to constructive feedback, 73
to seek medical treatment, 72
False nails/nail extensions, 41
Feedback, 114
constructive, 136
from woman, 135
Female genital mutilation (FGM), 161
Fertility unit vignette, 177–178
Fitness to Practise (FtP) process, 71–74
   aggressive, violent/threatening behaviour, 72
   cheating or plagiarising, 72
   criminal conviction or caution, 72
   criminal offences, 72
   dishonesty, 72
   drug or alcohol misuse, 72
   examples, 73
   health concerns, 72
   persistent inappropriate attitude or behaviour, 72
   unprofessional behaviour, 72
Folic acid, 81

G
   General practitioner (GP), 184
   Genito-urinary medicine (GUM), 161
   Grading of practice, 61–62
   Graduates, 211
   Gynaecology, 16, 32, 152, 161
      placement learning, vignette, 159
      speciality-specific learning, 160

H
   Head of Midwifery (HOM), 180
   Health, 17
      visitors, 79
   Healthcare professionals, 2, 8, 28
   Holistic care, 2, 4
   Homebirth, 32, 91–93
      with community midwives, 32
   Hopes, 136
   Hormones, 28, 91, 124
   Humanisation, 7
   Hypertension, 158
   Hypnobirthing, 86

I
   ICSI (intra-cytoplasmic sperm injection) procedure, 178
   Independent midwives (IMs), 192, 194, 206
   Independent Midwives UK (IMUK), 192
   Infatuation, 28
   Infection, 2, 41
   Informed consent, 121–122
   In-house ‘skills and drills’ sessions, 108
   Intellect, 28
   Intensive care/therapy unit, 104, 154, 155, 162
   Intention to Practise (ItP) by midwives, 206
   Interactions, 8, 23, 28, 113
      interprofessional, 154
   International Confederation of Midwives (ICM), 151, 205
   Internet, 44
   Interprofessional
      learning opportunities, 40
      liaison, 117
      working, 39–40, 153
   Interview
      post-interview review reflection, 204
      preparing for, 197, 199
      vignette, 199
      presentations, 203
      process, 17
      questions to ask, 134
      shortlisted for, 198
      tests as part of selection process, 203–204
      things to do, 202
   Intrauterine death, 122
   IVF (in vitro fertilisation), 177, 178

J
   Jargon, 40–41

K
   Knowledge, 6
      and attributes, 51
and competence, 145
current programme
requirements, 55, 56
of evidence-based practice, 18,
114
gaps in, 207
pre-existing medical or mental health
conditions, 151
and skills, 1, 12, 20, 110, 119, 133
and a woman-centred attitude,
104

L
Labour, 2
approaches to support women
in, 88–89
caesarean section, 127
contractions, 4
risk management, 4
Labour ward (LW), 176
and central delivery suite,
117–122
co-ordination of, 120
high-risk, 118
Language, 9
aware of, and take responsibility for
words, 11
of birth, 10
positive language wordle, 11
women-centred, 10
Last menstrual period (LMP), 82
Leadership skills, 80
Learning, 136
about conditions
MBRRACE-UK report, 157, 158,
160, 166
lifelong, 108
objectives, 58, 65
opportunities (See Learning
opportunities)
Learning opportunities, 93–95, 104,
152
about decision-making and
leadership, 113–114
MINT study, 113
about evidence-based practice,
108–109
about more complex interpersonal,
and communication
skills, 112–113
about technology and
interventions, 110–112
clinical skills, 154–157
communication, 154
in high-risk areas, 105
interpersonal skills, 154
from interprofessional team,
106–107
interprofessional teamworking,
153–154
learning about conditions, 157–158
specific learning, 158–165
areas, 160
emergency department, 162
gynaecology, 161
intensive care/therapy unit, 162
medical wards/departments, 164
neonatal units, 165
theatres and recovery, 163
through observation and
feedback, 105–106
Literacy, 17
Local supervising authority (LSA), 78
Low-risk midwifery placements, 80
LW. See Labour ward (LW)

M
Management, 154
airway, 165
emergency, 155
epidural, 161
intravenous therapy, 154, 163
intubation and airway, 163
of medical conditions, 164
Management (Continued)
pain, 160, 164
safe medicines
vignette, 157
unconscious patient, 163
weight loss, 165
Maslow’s hierarchy, 80
Maternity care, 166
assistants (MCAs), 78
services, 134
Maternity services, 8
Maternity Services Liaison Committee (MSLC), 16
Maternity support workers (MSWs), 78
MCAs. See Maternity care, assistants (MCAs)
Medical model, of care, 4
Medical wards/departments, 164
Mental health, 165–166
condition, MBRRACE-UK report, 166
facilities, 166
services, 165–166
areas, 166
Mentors, 38
analogy for appropriate level of supervision by, 57
midwife, 133, 136, 143
sign-off, 53, 54, 56–57
types of, 39
working with, 38–39
Midwifery, 1
areas, offer women support by, 94, 95
‘booking consultation’ appointment, 143
care, 1, 145
clinicians, 17
competent and committed care, 3
course, 32
definition, 11
ICM, 12
education, 132, 180
programmes, 17, 133
jargon and abbreviations, accustomed to, 40–41
managers/clinical leads, 78
profession, at times, 145
services, via social enterprises
neighbourhood midwives, 193
one to one, 192
students, 145
staycation with twist, 178–179
The Midwives in Teaching (MINT) Project, 206–207, 210
avoiding ‘rabbits in the headlight’ feeling, 210
vignette, 211–212
newly qualified midwives experiences, 207–208
phases, for studies, 206
themes identified, 206
Morbidity, 5
Mortality, 5
Motherhood, 4
new mother’s experience, vignette, 128–129
Multi-agency meetings, 79
Multiprofessional teamwork, 39
working, 39–40
N
National Childbirth Trust (NCT), 85
National Health Service (NHS), 175, 184, 189
to promote equality of opportunity and, 42
Trust, 144
National Institute for Health and Clinical Excellence (NICE), 205
Negotiations
‘ad hoc’ experiences in, 159
breaks, need flexibility, 35
with mentor, regular rest breaks, 146
planning and, 194
Neonatal care, categorisation, 104
high dependency care, 104
intensive care, 104
special care, 104
transitional care, 104
Neonatal units, 153, 165
photograph, 153
Newborn examination, 123
Newly qualified midwives (NQMs), 206
experiences, 207–208
Night shifts, 35
advantages of working, 36
atmosphere and pace on, 36
local policies around sleeping on
night duty, 36
reset circadian rhythms for next
day, 36
NMC. See Nursing and Midwifery Council (NMC)
Non-maternity
areas, 167
placements, 155, 156
preparing, 169
settings, 154
key learning, 160
Non-midwifery practice, healthcare
settings, 175
Notification of Practice (NoP), 15
Nursing and Midwifery Council
(NMC), 1, 20, 21, 50, 51, 53, 54, 58, 60–62, 71, 92, 112, 123, 132, 133, 201, 204, 209
and assessment of practice, 20–21
clear and transparent processes to
investigate, 12
Code (2015), nurses and midwives
expected to adhere to, 21, 205
decision to remove statutory
supervision, 15
European Union Directive 2013/35/
EU, 16
and midwifery education, 15–18
and practice requirements, 19–20
practice to be assessed in pre-
registration midwifery
programmes, 50
provide license to practise, 15
publication of interest to student
midwives, 13
registration with, 15
safeguards health and, 12
self-employed, 15
sets standards of education,
training, 12
skills and knowledge up to date
and, 12
Nursing care
basic, 80
students’ view, 170
Nutritional supplements, 81
Obstetric emergency, 45
Obstetricians/general practitioners
(GPs), 78
Ongoing achievement record
(OAR), 58
tips’ for maintaining, 58
OSCE (Objective Structured Clinical
Examination), 109
Overseas elective, 181–187
advantages of, 182
benefits of Erasmus placement,
190–191
criteria for electives, 186
checklist for electives, 186
Hoima, Uganda, 182–184
practicalities, 191–192
to consider, 184
Oxytocic, 90–91
Index | 223
P

**Index**

Pain
- deep, 48
- in labour, 4
- management, 160, 164
- relieving, 4, 86, 90, 92, 94–96, 139, 140, 158
- birth pain, 95
- non-pharmacological methods, 94

Palpation, 40, 83
- abdominal, 53, 87, 89, 93, 97

Patients, 10
- assisting with physical disabilities, 161
- care skills, 32
- from harm, protection, 181
- insurance, 181
- learning, 152

Perfumes, effects on, 177

Perinatal death, 120–121

Perinatal mental health, 117

Personal
- beliefs, hats, 137, 142
- caseload, reflection, 139–141
- philosophy, 138
- skills, 184
- tutor (PT), 176

Pharmacy, 167

Philosophy of care, 1
- culture and are familiar, 198
- nearer/moving away from home, 198
- by student midwife Millie, vignette, 3–4

Phone calls, 146

Photocopy, 195

Physiological model, 4
- factors to consider, 5

PIN (Personal Identification Number), 56

Pinard stethoscope, 83, 85

Placements, 39
- checklist: preparing for, 43

Dealing with fallout, 125–126
- effective, 174–175
- duration, 175
- Erasmus programme, 176
- other ideas/opportunities, 176
- overseas, 176, 181–187
- advantages, 182
- vignette, 182–184
- reasons for undertaking, 175
- staycation, 176
- UK based but outside locality, 180–181

High risk, 103, 115
- antenatal clinic, 115–116
- antenatal ward, 116–117
- day assessment unit, 117
- labour ward/central delivery suite, 117–122
- postnatal ward, 122–123
- technology, equipment, procedures and medicines, 111–112
- planned, 124

5 P's of successful placements, 168
- participation, 168
- planning, 168
- positive approach, 169
- vignette, 169
- preparation, 168
- punctuality, 168–169
- unexpected happens, 124–125

Plymouth University (PU), 175
- evaluation project, 168
- midwifery students at, 175
- specific learning, 158

Poem, 48–49

Policies, and care pathways, 117

Post birth, 10

Post-menopausal bleeding, 161

Postnatal care, 95–97

Post-natal checks, 27, 141

Postnatal ward, 122–123
Post-registration Education and Practice Requirements (PREP), 15
standards, 205
Practice assessment, 51
assessment document include, 51
common grading matrix, 52
NMC's requirement for, 51
personality, role of, 51
positive outcomes, 67–68
“6C’s” facilitate achievement, 74–75
preparation, 69
tips for, 69–71
purpose of, 51
self-awareness, 52
sign-off mentors, 52
triangulation of, 63
vignette, 66–67
Practice placements, 53
Practice progress review meetings, 62–65
personal tutor or academic Advisor and a clinician, 65
role of academic, 64
timings of meetings, 63–64
tripartite meeting, 64, 65
CEPPL study on disadvantages of progress review, 68–69
vignette, 65
Practitioners
accountable, 54
autonomous, 113
belief in self as, 136
defensive, 39
feedback from, 51
knowledgeable, 136
non-healthcare, 187
qualified, 74
registered, 72, 151, 180, 187
safe and effective, 146
Pre-conception clinics, 81
Pregnancy, 3, 10

and complex social factors, 151
late termination of, 122
Preparation, 167–169
non-maternity placements, 169
Pre-registration education standards, 14
programme, 16, 21
standards set by NMC, 16, 17
Professional ‘Code,’ 23
Professional midwife, 204
NMC (2015) Code, 205
organisation representing, 205
the Royal College of Midwives (RCM), 205
UNISON, 205
revalidation process, 205
top tips, 212
Progesterone, 28
Prolactin, 28
Promoting normality, 122
PROMPT manual, 109
PT. See Personal, tutor (PT)
Q
Qualified midwives, 54, 113, 155, 206, 210
care provision, 147
Quality Assurance Agency, 17
Quality monitoring, 17
R
Record-keeping, 120
Recovery, 107, 152, 160, 163, 166
Referral pathways, 117, 158
Reflections, 58
on carrying a personal caseload, 139–141
contribute to practice grade, 62
on meeting Suzy, 27–29
personal, 193
in triangulation of practice assessment, 63
Reflective model, 27
Revalidation, 15, 62, 204, 205
Risk
  assessment, 45, 66, 98, 113, 117, 179, 185
care of women at, 93
high-risk placements, types, 114–123
low-risk clinical placements, 77
low-risk midwifery settings, 77, 80
Royal College of Nurses (RCN), 44

S
Safe medicines management, 157
Satisfaction feelings, 101, 110, 123, 135, 136, 148, 149
Sexual orientation, 3
Shift work, 34
  ‘babysitting,’ situation, 35
caseloading situation, 35
  coordination with mentor, 35
documentation, 35
long day, 35
off-duty, 34
during training, 35
Shoes, 41
Shoulder dystocia, 109
  vignette, 109–110
Sign-off mentors, 53, 54, 56–57
  requirements of, 55–56
Silence, art of, 121
  vignette, 121
Skills, 1, 18, 20
  clinical, 154
  communication, 112–113
counselling, 117
decision-making, 114
development, 134
interpersonal, 112
  vignette, 112
  on job, 32
leadership, 114
  teamwork, 114
technological, 117
triage, 117
Skin-to-skin, 138
Social enterprise business, 193
Social media, 22
  advantages of, 23
  6 Ps formula, 23
  pause before you post, 24
  person/woman, patient free, 23
  positive attitude, 23
  privacy, 23
  professional, 23
  protect yourself, 23
University’s policy, 23
Social workers, 79
Soloman and Felder’s ‘Index of learning styles, 39
Special care, 104
Specialist midwives, 78
Specific learning, 158–161
Specific learning difference (SpLD), 42, 43
Standards
  education and training, 14
  for pre-registration midwifery education, 14, 50
  record-keeping, 200
Stillbirth, 120, 122
Strengths, 6, 62, 65, 136, 158, 202
Student caseloading, 133
Student effective
  top tips, 195
Student midwives, 7, 17, 19, 20, 22, 23, 33, 34, 99, 125, 132, 137, 140, 174, 183, 186, 194, 205, 209
  NMC publication of interest to, 13
  top ten tips, 9
Student–mother relationship, 139
Student Union (SU), 187
Substance
damaging, 166
illegal, 72
misuse, 107, 117, 129
midwife, 175
Supervision, 18, 19, 106, 133, 136, 144, 205, 206, 209
direct or indirect, 35, 56, 120
enables, 46
by mentors, analogy for appropriate level, 57
of midwifery, 206
registered practitioner, 151, 180
statutory, 15
Supervisors of midwives (SOMs), 44, 78, 206
Support, departments, 166
Surgery, 16, 97, 152, 161, 163
abdominal, 10
SWOT analysis, 62, 63, 65, 202

T
Task-orientated care, 2
Tattoos, 41
Teenage pregnancy midwife, 78, 175
Theatres, 107, 119, 152, 160, 161, 177
and recovery, 163
Theory–practice gap, 32
Time
back, 146
in exams or handouts, 44
ideal, 80
limit, 181
management, 37–38, 113, 129, 137, 207
protected, 60
spent in a high dependency area, 160
stressful, 74
Top tips
caseloading, 149
high-risk placement, 129–130
placement finished, 100
for portfolio of evidence, 58
for preparing you for practice assessment, 69–71
professional midwife, 212
before starting your placement, 98
from students, 46–47
during your placement, 99
Training, 1, 12, 14, 15, 34, 108, 110
all-consuming, 34
Becky Fry’s, 179
in breastfeeding, 79
in-house, 113
most challenging, 33
during pregnancy, 78
programme, 16
to turn into, 34
to undertake an elective placement, 174
Transitional care, 104, 165
Travel pocket kits, 184
Triangulation
of evidence, 62
of practice assessment, 63
Trust
differ in terms of specific uniform, 41
healthcare, 35
and meaningful relationships, 135
policies and guidelines, 82, 109
relationship with ‘their’ midwife, 2, 3
website, 198

U
Uniform requirements, 41
Urinary/vaginal infections, 82

V
Vaginal exam (VE), 89
Valuing practice, 50
Vitamin B12 injections, 157
Vitamin D, 81
Volunteers/breastfeeding support workers, 79

W
Weaknesses, 42, 47, 52, 62, 65, 195, 202
Weight, 37
  loss in newborn, 139
  management, 4, 165
Well-being, 145
  outcomes for women across all settings, 6
  safeguards health and, 12, 45, 98
Women
  advising over telephone, 85–86
  approaches to support in labour, 88
  being on antenatal ward, 116
    reasons for, 116–117
  care at low risk in high-risk areas, 93–95
  centred care, 6
  choosing to birth their placenta, 91
  communication with, 112
  with congenital disorders, 158
  dissatisfied with maternity services, 2
  experiences, 147, 149
  gave birth, survey report, 10
  healthy, 10
  hygiene needs, 80
  individualised care, 2
  inviting to be part of caseload, 143
  partnership with, 6
  postnatal, 33
  pregnant, 2
  receptive during labour, 9
  required an operative procedure, 4
  safety and well-being, within care during caseloading practice, 145
  tired after a long labour, 123
  use of entonox, 86
  wellbeing of, 187
  working ‘with, 127–128
    vignette, 127
Work–life balance, 33