Index

Note: page numbers in *italics* refer to figures; those in **bold** to tables.

absenteeism 302
absentmindedness 148
absolute threshold 103
acceptance, death 369, **369**
accommodating housing 325
accommodation (accommodative processes) 257, 392
achieving stage, Schaie’s **201**, **202**
acquisitive stage, Schaie’s **201**, **202**
ACTIVE project 182
activities of daily living (ADL) 95, 192
dementia 345, 349
limitations by age group 21, **21**
activity level, memory and 160–1
activity theory 267, 268
adjustment(s)
flexible goal 257, 392
individual differences 253–62
Peck’s necessary 242–3
to retirement 309
adult children
abuse by 293–4
death of 380
family conflicts 357–8
widowed parents 377, 378
*see also* intergenerational family relationships
adult congregate living facilities 323, 324–5, 389–90
Adult Development and Enrichment Project (ADEPT) 181–2
advance directives 365–7
affective processing 216
affective set point, influences on 340
African Americans 20
anxiety about death 368–9
causes of death **94**, **95**
educational level 21
dermo-of-life decisions 366–7
family caregivers 284, 335, 336
intergenerational relationships 284, 285–6
life expectancy 64, **64**, **65**, **67**
planning for future dependence 203
retirement 301, 308, 311–12
self-reliance and health 85
sibling relationships 289, 289–90
Tuskegee Syphilis Study 56–7
age
biological 8–9
chronological see chronological age definitions 8–10
entry to older adulthood 12
functional 9
psychological 9
social 9–10, 24
subjective 10
variable 38–9
age-associated memory impairment (AAMI) 347
Index

age–complexity hypothesis 106, 122
aged 13
age-differentiated social structure 300, 300
Age Discrimination in Employment Act (ADEA) 306–7
age-graded influences, normative 23–4, 25–6
age groups, in research 38–9
age-integrated housing 321
age-integrated social structure 300, 300
ageism 13–14
age-related changes 43
age-related differences 42, 48
age-related memory decline 347
age-segregated housing 321–7
aging
biological see biological aging
definitions 7–14
future perspectives 383–93
normative 27
positive 27, 391–2
primary 68–9
secondary 68–9
study of see research
successful 27, 244
theoretical models 28–30
aging in place 320–1
agitation 344–5, 349
agreeableness 246, 246, 247, 248
air pollution 77
alcohol consumption 77
alcoholism/alcohol problems 302, 342–3
Alzheimer's disease (AD) 347, 348–52
brain changes 88, 350
as cause of death 94, 94
diagnosis 350, 353
dying trajectory 364
memory impairment 134
pathogenesis 351
precursor stage 348, 351–2
prevention 351
risk factors 350–1
treatment 352
warning signs 349
see also dementia
Alzheimer's Disease Education and Referral Center (ADECAR) 348
amenity migration 319
American Geriatric Society 4
American Psychological Association (APA)
Division of Adulthood and Aging 4
guidelines 332
amnestic mild cognitive impairment (MCI) 348
aneurysms 85–6
anger 335, 369, 369
anti-aging products 3, 73, 81
antioxidants 73
anxiety 339–40
about death 368–9
genetic and environmental influences 340
anxiety disorders 339–40
apartments 321, 323
APOE epsilon4 allele 351
aqueous humor 110–11
Army Alpha Test 171, 177
arthritis 83
artistic creativity 212, 212–13, 213
Asian Americans 20, 21, 285
Asian cultures 224, 225, 269
aspirin 77
assimilation, as coping process 256–7
assimilation accommodation, and immunization (AAI) model 256–8
assisted-living facilities (ALFs) 323, 325
assisted suicide 373
atherosclerosis 85
attention 102, 121–9
divided 125–7
selective 127–9
sustained 124–5
tasks 124–9
theoretical models 121–3
attrition, study participants 43–4
selective 43–4, 178, 236
auditory perception 115–16
auditory thresholds 103
autobiographical information, memory for 147
avoidant strategies 230
axons 87, 87
baby boomers 13, 15–16
continuing to work 302
mental health problems 331
population pyramids 17, 17
balance 109
Baltimore Longitudinal Study (BLS) 245–7
bargaining 369, 369
Index

beanpole family structure 277, 283, 284–5, 388
behavioral genetics 26–7
behavioral measures, competence in daily living 192–3
behavioral observation, personality 238–9
behavioral therapy 354–5
bereavement 374–80
  loss of a spouse 375–9
  loss of other meaningful relationships 379–80
  process 376–7
  widowers and 379
Berkeley Guidance Study 208
Berlin Aging Study 80, 257
Bernstein, Harry 203
bilingual individuals 91
Binet and Simon intelligence test 170
biological age 8–9
biological aging 63
  physical changes and disease 82–95
    primary and secondary 68
  process 68–74
  programmed theories 69, 69–71
  stochastic theories 69, 71–3
  theories 68–74, 69
bisexual older adults 93
blended family 277
board and care homes 323, 325
bodily–kinesthetic intelligence 168
body preoccupation 243
body systems, changes in 82–94
body transcendence 243
bone density, reduced 83–4
books, large print 129
boomerang kids 358
boomers see baby boomers
bottom-up processing strategies 119, 216–17, 231
bowel functioning 77, 92
brain 86–92
  activation patterns 90, 116
  anatomy 89
  atrophy/shrinkage 87, 88, 90, 160
  auditory processing 115–16
  changes in dementia 88, 90, 350, 352–3
  plasticity 90, 91
  speed of processing 106
  vascular lesions 336, 352
  visual processing 112–13
brain stem (hindbrain) 88, 89
breast cancer 216–17
bridge jobs 307–8
Bruckner, Anton 213
Buhler, Charlotte 3
build-up of damaging substances theory 72–3
busy ethic, retirees 317
Butler, Robert 5
caloric restriction 73–4
Canadian Veterans Study (CVS) 186
cancer
  as cause of death 94
  treatment decisions 216–17, 218
capacity
  assessment 195
  definition 194
cardiovascular disease 72, 85–6, 161, 339
cardiovascular function, changes in 84–5
cards, greeting 292
care
  extraordinary 363
  ordinary 363
  virtue of 242
caregivers
  depression risk 335–6
  elder abuse and neglect 292–5
  family members with dementia 353
  informal 282–4, 321
  stress 294–5, 335–6
caregiving 282–4
cataracts, senile 112
category-based operations 222–3, 231
causal attributions, social events 223–6
cell phones 24
  design aspects 114
  distracting effects 125, 126, 127
cellular aging 69–70
centenarians 18, 65, 74–5
  personality traits 247
  quiz 75, 76–7
Center for Epidemiological Studies Depression Scale 334
cerebellum 88, 89
cerebral cortex 88, 90
cerebral hemispheres 88, 89
cerebrovascular disease 94, 336, 352
  see also stroke
charring, food 77
Index

children
  attitudes towards death of 374–5
  see also adult children
Chinese, aging stereotypes 158–9
choice
  preference for 219
  see also decision making
chronological age 8
  aging research 40
    as categorical variable 38–9
    categories 12
    as continuous variable 39
    as organismic variable 12, 39
clinical geropsychology 332
cochlea 115
coffee drinking 77

cognition 199–233
  brain areas involved 88–9, 90
  emotion and 229–31
  scaffolding theory of aging and (STAC) 90–1, 91
  social 222–31
  cognitive-analytic strategies 230
  cognitive-behavioral therapy (CBT) 337, 357
  cognitive development 201–5
    Piaget’s theory 204–5
    Schaie’s stage model 201, 201–4, 202
  cognitive functioning
    brain activation patterns 90
    compensation 190–1
    competence in daily life 191–5
    environmental influences 92
    leisure activities and 186–8
    predicting longevity 79–80
    psychometric test scores and 190–1
    sensory processes and 102
    slower speed 106
    white matter hyperintensities and 184
  cognitive impairment
    Alzheimer’s disease 348–9
    mild (MCI) 347–8
    paranoid thinking 342
    see also dementia
  cognitive reserve hypothesis 350
  cognitive training 181–2
  cohabiting couples 280, 380
  cohort 40–1
  causal attributions and 224
  cross-sectional studies 42
  cohort-sequential design 45–6, 46
  cohort trends, intellectual ability 178–9
    negative 178–9
    positive 178
  collaborative cognitive activities 228–9
  collagen 73
  color vision 103, 112
  common cause hypothesis 102
  communal living 320
  communication
    elderspeak 119–20
    with older adults 119–21
    patronizing 120–1
  communication predicament of aging
    model 120–1
  community settings
    elder abuse and neglect 293–5
    supportive services 320–1, 389
    see also independent living
  compensation
    cognitive functioning 190–1
    intellectual functioning 182–3, 195–6
  compensatory decision rules 220
  competence
    behavioral measures 192–3
    in daily life 191–5
    legal considerations 194–5
    psychometric test scores and 190–1, 192–4
  complexity, task 106, 122
  compression of morbidity 67, 386
  compression of mortality 67
  computed tomography (CT) 86, 88, 352–3
  computers 24, 25, 390
    performance of older workers 303–4
    training courses 318
  concrete operational stage 204
  condominiums 321, 323
  confidentiality 57
  confounding 41, 42
    cross-sectional studies 42
    longitudinal studies 43
    time-lag studies 45
  confusion 344, 349
  congregate living facilities, adult 323, 324–5, 389–90
  conscientiousness 246, 246, 247, 248, 251
Index

consent 57–8
conservatorship, legal 195
constant housing 325
constant-probability-of-success model of creativity 213
consumers, decision making 220–1
daily activities, possible selves and 257
day-care services 295, 321
death 363–74
anxiety about 368–9
attitudes towards 374–5
causes of 94, 94–5
coping with thoughts of 370
place of 371
of a spouse 375–9
stages of 369, 369–70
see also bereavement; dying; loss
definitions, by age group 363, 364
decision making 214–22
bottom-up and top-down strategies 216–17
collaborative 228–9
in consumer contexts 220–1
framing effects 218
in health contexts 215–20
in legal contexts 221–2
noncompensatory and compensatory rules 220
positivity effect 215
sunk-cost fallacy 221
dedifferentiation hypothesis 180
Deese–Roediger–McDermott (DRM) paradigm 140
defined benefit pension plans (DB) 313–14
defined contribution pension plans (DC) 313–14
deliberative processing 216
delirium 344–5
dementia 345–53
age-related risk 345, 350–1, 389
anxiety and 339
brain changes 88, 90, 350, 352–3
caregiver burden 335
caregiving for family members 284
cognitive reserve hypothesis 350
diagnosis 345–6
differential diagnosis 337, 349
early stages 161
ever abuse and neglect 294
ethics of research 57–8
frequency 332
preclinical 347–8
therapeutic interventions 353–8
vascular (VaD) 347, 352–3
dementia with Lewy bodies (DLB) 347
deducted recall test 144, 144
dedifferentiation hypothesis 180
delirium 344–5
dementia 345–53
age-related risk 345, 350–1, 389
anxiety and 339
brain changes 88, 90, 350, 352–3
caregiver burden 335
caregiving for family members 284
cognitive reserve hypothesis 350
diagnosis 345–6
differential diagnosis 337, 349
early stages 161
ever abuse and neglect 294
ethics of research 57–8
frequency 332
preclinical 347–8
therapeutic interventions 353–8
vascular (VaD) 347, 352–3
dementia with Lewy bodies (DLB) 347
deducted recall test 144, 144
deliberative processing 216
delirium 344–5
dementia 345–53
age-related risk 345, 350–1, 389
anxiety and 339
brain changes 88, 90, 350, 352–3
caregiver burden 335
caregiving for family members 284
cognitive reserve hypothesis 350
diagnosis 345–6
differential diagnosis 337, 349
early stages 161
ever abuse and neglect 294
ethics of research 57–8
frequency 332
preclinical 347–8
therapeutic interventions 353–8
vascular (VaD) 347, 352–3
dementia with Lewy bodies (DLB) 347
deducted recall test 144, 144
deliberative processing 216
delirium 344–5
dementia 345–53
age-related risk 345, 350–1, 389
anxiety and 339
brain changes 88, 90, 350, 352–3
caregiver burden 335
caregiving for family members 284
cognitive reserve hypothesis 350
diagnosis 345–6
differential diagnosis 337, 349
early stages 161
ever abuse and neglect 294
ethics of research 57–8
frequency 332
preclinical 347–8
therapeutic interventions 353–8
vascular (VaD) 347, 352–3
dementia with Lewy bodies (DLB) 347
deducted recall test 144, 144
demographic transition 14–15
demography
definition 14
global considerations 14, 14–15
older Americans 14–23
dendrites 87, 87, 88, 90–1
denial 369, 369
dependency moves 319
dependent variables 51–2
depletion syndrome 336
depression 333–8
  anxiety and 339
  cerebrovascular factors 336
  diagnosis 336–7
  diathesis–stress model 333–4, 334
  differential diagnosis 337, 349
dying patients 369, 369
  genetic and environmental influences 340
  hypochondriasis and 340
  memory difficulties 161, 337
  prevalence 334
  primary 333
  retirement and 309
  risk factors 334–6
  secondary 333, 335
  suicide 337–8
  treatment 337
depth perception 113
descriptive research 55–6
desired lifetime duration (DLT) 367
despair 242
details, memory for 154
developmental influences 23–7
  nature and nurture 26–7
  nonnormative life events and 25
  normative age-graded 23–4, 25–6
  normative history-graded 24, 25
  quantitative and qualitative differences 27
developmental psychology
  issues in study of aging 26–7
  life span perspective see life-span developmental perspective
  two stages of life viewpoint 5–6
developmental research 37–46
  see also research
diabetes mellitus 86
  as cause of death 94, 94–5
cognitive deficits 161
dementia risk 351, 352
diabetic retinopathy 112
Diagnostic and Statistical Manual of Mental Disorders (DSM) 331
  version IV (DSM-IV) 331, 333
  version 5 (DSM 5) 331, 345
diathesis–stress model, depression 333–4, 334
diet
  dementia and 351
  longevity and 72, 73–4, 77, 81
differential diagnosis 337
diffusion tensor imaging (DTI) 184
discourse memory 152–4
  for gist and details 154
  language properties and 153
  on–line and off–line measures 153
diseases, age-related 82–95
disengagement theory 267–8
disorientation 349
dispositional attributions 224, 225
distractors 122, 128
disuse hypothesis of cognitive aging 185
divided attention 125–7
divorce 25, 286, 379–80, 388
dizziness 88
domestic abuse 293–5
double standard of aging, Sontag’s 82–3
Down syndrome 69
driving 101, 113, 129–30, 389
  attentional resources required 126, 126–7
  nighttime 9, 101
  parallel and serial strategies 127
  reaction times and 105
drop-out, study participants 43–4
DSM see Diagnostic and Statistical Manual of Mental Disorders
durable power of attorney in health-care matters 367
dying 363–74
  care of the 371–4
  end-of-life decisions 365–7
  stages of 369, 369–70
  trajectories 364, 364
  see also death
eaear, structure 114, 115
echo housing 321, 323
Ecological Model of Aging 28, 29, 29–30, 392
bereavement and loss 381
biological aging and health 97
cognition and problem solving 231–2
employment, retirement and living arrangements 327
intellectual functioning 195–6
memory 162
mental health 358
personality and coping 262
research methods 58
sensory and perceptual processes 129–30
social interaction and social ties 296
ecological validity 49
psychometric tests 188–9
economic depression (1930s) 25
economics, retirement 310–14, 386
economic status
older Americans 21–2
widowed older adults 312, 379
Eden alternative facilities 326
education, in retirement 317–19
educational achievement 21
dementia and 350, 351
memory and 160–1
ego differentiation 243
ego integrity 242
ego preoccupation 243
ego transcendence 243
85+ age group see oldest-old
elder abuse 292–5
in domestic settings 293–5
in institutional settings 295
situational model 294–5
warning signs 293
elderly 12–13
elder neglect 292, 293, 294, 295
elderspeak 119–20
electroconvulsive therapy (ECT) 337
e-mail 304, 318, 390
emotion
cognition and 229–31
decision making and 215
emotional abuse 292, 293, 294
emotional intensity, interpersonal exchanges and 272
emotional regulation
interpersonal problems 230–1
long-term married couples 279
social interactions 269
in stressful situations 254
emotional well-being see well-being, psychological
employment 300–7, 327–8
age discrimination in 305–7
bridge 307–8
future trends 301–2, 386, 387
see also retirement; workers, older
encapsulation model 191
encoding 142–3, 145
elaborative 143
rote 142–3
verbal 143
visual 143
encoding specificity principle 145
end-of-life decisions 365–7
engagement hypothesis 185, 186
environmental design 353–4
environmental influences (nurture) 26–7, 78–9
anxiety and depression 340
brain functioning 91–2
intellectual functioning 196
memory 162
episodic memory 137, 139–46
encoding see encoding
noncontent attributes 140–2
organizational cues 134
retrieval 142, 144–6
stages of processing 142–6
storage 142, 143–4
tests 134
Equal Employment Opportunity Commission (EEOC) 306–7
Erikson’s stages of psychosocial development 239, 241, 241–2
error theory, aging 71
ethics, research 56–8
ethnic minority groups 20, 21
ethnic/racial differences
causes of death 94, 94–5
depression risk 335–6
economic well-being 311–12
life expectancy 64, 64, 65, 67
retirement 308
sibling relationships 289, 289–90
European Americans
anxiety about death 368–9
causes of death 94, 94–5
education level 21
deadlock 366–7
family caregivers 335
life expectancy 64, 64, 65, 67
planning for future dependence 203
retirement 301, 312
sibling relationships 289, 289–90
euthanasia 372–4
active 373
passive 373
Everyday Cognition Battery (ECB) 193–4
everyday functioning
effects of aging 95–7
intelligence and competence 188–95
role of memory 147–54
Everyday Problems Test (EPT) 192, 194
evolutionary theory, aging 71
exercise
dementia and 351
longevity and 72, 77, 81–2
memory and 160
reaction times and 107
respiratory capacity and 85, 85
experience, benefits of 190, 191
experiential component,
income 167
experimental approach 51–2
expertise 191, 191
extended family 276
modified 276
external locus of control 258–60
extraversion 240, 245, 246, 246–7, 248–9
extreme age groups design 39
eye, structure 110, 110–12
factor (independent variable) 51, 52
factual information, memory for 146
falls 109, 343
false memories 140
family
beanpole 277, 283, 284–5, 388
blended 277
extended 276
modified extended 276
nuclear 276
family of origin 276
sibling relationships 287, 288
family of procreation 276, 286
mother–daughter relationships and 281
family relationships 276–90
emotional investment 272
intergenerational 280–6
intimacy at a distance 276
reciprocity 274–5, 275
family therapy 357–8
fat, body, distribution 86
feared possible selves 255, 256, 257
femininity 240–1
finances, managing 193, 378
financial abuse 292, 293, 294
firearms, as means of suicide 338
first age 385
Five-Factor Inventory (NEO-FFI) 246, 247
Five-Factor Model (FFM) of Personality 246, 246–9
fluid intelligence 168–9, 180, 195–6, 303
Flynn effect 175, 178
fMRI see functional magnetic resonance imaging
food preparation 193, 193–4, 321
formal knowledge 210
formal operations 204
fountain of youth, legend of 3
fourth age 385, 388–91
fractures, osteoporotic 84
framing effects 218
free radical theory, aging 73
Freud, Sigmund 239, 240
friends 290–1
loss of 380
frontal lobe 88, 89, 90
attentional functioning 122–3
memory functioning 141, 142
frontal lobe model 122–3
functional age 9
functional magnetic resonance imaging
(fMRI) 86–7, 90, 116
fundamental attribution error 225–6
Galton, Francis 3
Gardner’s types of intelligence 167, 168
gay men 93, 279–80
gender differences
alcohol-related problems 343
attribs to visible signs of aging 82–3
body fat distribution 86
caring for older parents 283
depression 335
economic status 312, 313–14
health status 21, 75
intellectual decline 178
intergenerational relationships 280
life expectancy 64, 67
loss of a spouse 379
marital status 18, 18–19, 19
personality development 240–1
proportion of older adults 17, 18
sibling support 288
suicide 338, 339
widowhood 377–9
see also men, older; women, older
generativity 242
genetic factors (nature) 26–7
Alzheimer’s disease 351
anxiety and depression 340
longevity 75–9, 77
geographical distribution, older Americans 22
geographical relocation 22–3, 287, 319–20, 322
Georgia Centenarian Study 74–5
Geriatric Depression Screening (GDS) scale 337
geriatrics, definition 5
Gerontological Society of America 4
gerontology, definition 5
gist, memory for 154
glaucoma 111
glucocorticoids (GC) 72
goals
flexible adjustment 257, 392
memory self-efficacy and 155–6
tenacious pursuit 256–7
golden-agers 13
grandparents 284–6
companionate 285
divorced adult children 286
help with childcare 274, 275, 282,
285, 387–8
involved 285–6
modern-day vs. older-time 44
remote 285
support for/from adult children 274–5
as surrogate parents 203, 282, 285–6
granny flats 321, 323
great-grandparents 285
Green House movement 326, 391
grief 374, 376
growth hormone, human 70
guardianship, legal 195
Guevara-Aguirre, Jaime 70
guilt, unresolved 244
gum disease, chronic 77
hair changes 82–3
Hall, G.S. 3
health
future trends 385, 386, 388, 391
gender differences 21, 75
memory and 161–2
older Americans 20–1, 21
personal control and 258
predicting longevity 80
retirement and 309
self-reliance and 85
Health and Retirement Survey (HRS), U.S. 302,
310, 315, 322, 386
health care 95–7
advance directives 365–7
costs 386, 390
decision making 215–17
durable power of attorney 367
home-based 320–1
new technology 390
health insurance 96–7
decision making 219–20
mental health services 332
see also Medicare
health professionals, information
seeking from 217
hearing 113–21
hearing aids 117–18
hearing loss 114–19, 129, 130
conductive 115
high-pitched sounds 115, 116
paranoid thinking 341–2
presbycusis 116–17
sensorineural 115
use of visual cues 118–19
heart disease 94, 95, 161, 336
“helpless” label 259
heterotypic continuity 48
hierarchical-compensatory model 287–8
high blood pressure see hypertension
hippocampus 88–9, 160
Hispanic Americans 20
causes of death 94, 94–5
educational level 21
family caregivers 336
planning for future dependence 203
retirement 308, 311–12
history-graded influences, normative 24, 25
home
financial aspects of living at 321
modifications 320
preferences for dying at 371
sharing 320
support services 320–1, 389
see also community settings
hoped-for possible selves 255, 256, 257, 392
hospice care 371–2
hospital, dying in 371
hotels, retirement 323, 323
hour-glass effect, sibling relationships 287
household members 276
housekeeping 193, 310, 378
housing 19–20
accommodating 325
age-integrated 321
age-segregated 321–7
constant 325
independence–dependence continuum 323
humanities, creative output 212, 212
hypertension 72, 85–6
dementia risk 351, 352
memory deficits 161
treatment 96
white matter hyperintensities 184
hypochondriasis 340–1
hypothalamic–pituitary–adrenal (HPA) axis 72
identity crisis, at retirement 309
immune theory, aging 70
immunization, as coping process 257–8
impulsive behavior 231
incontinence 92, 349, 355
independence maintenance 319
independent living
cognitive abilities required 192–4
housing types 323
see also community settings; living arrangements
independent variables 51, 52
individual differences 11, 12
coping and adjustment 253–62
intellectual functioning 183–8
longevity 74–82
memory 159–62
personality stability 249
inductive reasoning 171, 172, 177
influenza 94
information processing component, intelligence 167–8
information processing model, memory 134–46
information seeking 268
inhibitory deficit model 122, 128
insight-orientated therapy 357
Institutional Review Board (IRB) 57
institutional settings 19–20, 389–90
behavioral interventions 354–5
dementia prevalence 345
elder abuse 295
pet-facilitated therapy 356–7
reality orientation 355
instrumental activities of daily living (IADL) 95, 192–4, 193
dementia 345
insulin 86
intellectual functioning 165–98
age-insensitive abilities 179, 180
age-sensitive abilities 179, 180
classic aging pattern 179
cohort trends 178–9
compensation 182–3, 195–6
competence in daily life and 191–5
dedifferentiation hypothesis 180
capsulation 191
factors related to maintenance 183–5
Flynn effect 175, 178
individual differences 183–8
interventions 181–2
leisure activities and 186–8
life-span perspective 180–1, 182
intellectual functioning (cont’d)
maximizing 181–3
mental activity and 185–8
optimally exercised abilities 183
predicting longevity 79–80
Schaie’s stage model 201, 201–4
testing the limits 181
unexercised abilities 183
intelligence 167–81
academic 210
age-deficit view 177
age-related decline 176–81
aging process and 168–70
analytic 211, 211–12
conceptions of, across adult life span 189, 189–90
creative 211, 211–13, 212
crystallized (Gc) 169, 180, 195–6, 303
defined 167
dual-process model 169–70
everyday, and competence 188–95
evolution of perspectives on 176, 176–8
fluid (Gf) 168–9, 180, 195–6, 303
Gardner’s eight types 167, 168
general ability (g) 167
mechanics of 169, 169–70
myth of decline view 177
practical 210–11, 211, 212
pragmatics of 169, 169–70
psychometric approach 170–6
real world 210–14
spatial 168
Sternberg’s components 167–8
Sternberg’s triarchic theory 211, 211–12
Thurstone’s seven components 167, 171
intelligence quotient (IQ) 174–5, 175
intelligence tests, psychometric 170–6
aging research 171–4
cultural aspects 175–6
ecological validity 188–9
history 170–1
norms 170, 175
standardization sample 170, 175
used in aging research 171–4
interactive attributions 224–5
intergenerational ambivalence theory 282
intergenerational family relationships 280–6
ambivalent 282
areas of conflict 281–2, 357–8
caregiving 282–4
future trends 387–8
reciprocity of support 274–5, 275, 282–3
see also adult children
intergenerational stake hypothesis 281, 282
interindividual variability 12
see also individual differences
internal locus of control 258–60
International Association of Gerontology 4
Internet 114, 217, 318, 387
interpersonal exchanges, emotional
intensity and 272
interpersonal intelligence 168
interpersonal problems, solving 214, 230–1
intestate individuals 365
intimacy 241–2
at a distance 276
intraindividual change 37, 44
intraindividual variability 44
intellectual abilities 181
intrapersonal intelligence 168
introversion 240
IQ (intelligence quotient) 174–5, 175
isolation 241–2
job performance 302–5, 304
job satisfaction 302–3
job strain 302
joints, degenerative changes 83
Jung, Carl 239, 240–1
jury decision making 221–2
Kevorkian, Jack 373
knowledge
formal 210
scaffolding structure 222
tacit 210–11
wisdom and 205–6
Kübler-Ross’s five stages of death and dying 369, 369–70
language
discourse memory 153
processing, bottom-up and top-down
strategies 119
Laron syndrome 70
legacy-creating stage, Schaie’s 202, 203–4
legal capacities 194
legal competencies 194
legal conservatorship 195
legal contexts, decision making 221–2
legal guardianship 195
leisure activities, cognitive functioning and 186–8
lens 111–12
lesbian older adults 93, 279–80
Lewy bodies 347
lie scales 238
life events
depression risk 333–4, 335
feelings of personal control and 259, 260
nonnormative 25
see also loss; stress
life expectancy 63–5
at ages 65 and 75 65, 67
at birth 63–5, 64
global considerations 65, 66
quiz 75, 76–7
life review 243–4
life satisfaction 253
goal integrity and 242
maintenance over time 260, 262
methods of studying 53, 56
life span 63, 65–8
life-span developmental perspective 3, 6, 37, 38, 38
intellectual functioning 180–1, 182, 190
life story 245, 392
lifestyle factors
dementia 351
memory 160–1
see also diet; exercise
life-sustaining treatments (LSTs) 363
lifetime duration, desired (DLT) 367
linguistic intelligence 168
linguistic knowledge 138
lipofuscin 72–3
living alone 19, 20, 320
gender differences 378
living arrangements 19–20, 20, 319–28
age-segregated 321–7
future trends 388, 389–91
independence–dependence continuum 323
living wills 365–7
locus of control 258–60
logical–mathematical intelligence 168
logical reasoning, formal 204–5
long-distance migration 319–20, 322
see also geographical relocation
longevity 63–8
caloric restriction and 73–4
individual differences 74–82
marital status and 78–9
maximizing 81–2
nature and nurture 75–9
prediction 79–81
quiz 75, 76–7
longitudinal research design 42, 42, 43–4, 58
intellectual functioning 177, 177–8, 183–4
personality 236, 245–6
long-term care (LTC)
decision making 218–19
innovative models 326
insurance 96–7, 218–19
long-term memory 137–40
categories 137, 137–40
remote (very) 146–7
store 137–40
see also episodic memory
loss 374–80
depression risk 333–4, 335
of other meaningful relationships 379–80
positive aging and 391
of a spouse 375–9
of work role 309
love, virtue of 242
lung capacity, changes in 84–5
lung diseases, chronic 94
MacArthur Study of Successful Aging 81
Mackworth Clock Test 124
macular degeneration 112
magnetic resonance imaging (MRI) 86, 88, 350, 352–3
malignant disease see cancer
managed health-care system 326, 332
marital satisfaction 277
long-term relationships 278–9
upswing hypothesis 277, 277
marital status 18, 18–19, 19
grandparents 286
longevity and 78–9
sibling support and 288
married couples
aging in place 320
effects of retirement 310
interactions between 277–9
Social Security benefits 312
see also spouse(s)
masculinity 240–1
material abuse 292, 293
material convoy 324
McAdams’s life story model 245
meals
preparation 193, 193–4, 321
provision of 322, 323, 324, 325
means tested benefits 97, 313–14
measurement 46–51
heterotypic continuity 48
reliability 47
sampling 49–51
time of 41
validity 47–9
mechanistic metamodel 35, 35–6
mediation deficiency 143
Medicaid 97, 372
Medicare 24, 96–7, 320, 390
decision making 219–20
hospice care 371–2
mental health services 332, 335
medications 96, 193
coverage of costs 24, 96, 390
side effects 339, 344
Medi-gap insurance policies 96
memory 132–64
automatic 142
brain areas involved 90
concerns about 134
cues, and shopping 152
developmental study 134
discourse 152–4
educational level and 160–1
encoding see encoding
episodic see episodic memory
in everyday life 147–54
explicit 149, 150
false 140
frequency-of-occurrence 140, 142
health and 161–2
implicit 149–50
implicit priming 158
individual differences 159–62
information processing model 134–46
knowledge and beliefs about 154–9
lifestyle and 160–1
long term see long-term memory
primary 136
procedural 137, 137–8, 138
prospective 148–9
remote 146–7
retrieval 142, 144–6
self-efficacy 155–6
self-evaluation 156–7
semantic 137, 138–9, 162
sensory store 135, 135
short term see short-term memory
source 140, 141
spatial 139, 160
stereotypes about aging and 157–9
storage 142, 143–4
stores 134–40, 135
temporal 140, 141–2
training 150–2
working 136, 136–7
memory loss/impairment
age-associated 347
Alzheimer’s disease 348
attributions for 159
depression 161, 337
mild cognitive impairment 347–8
normal age-related 134, 348
Memory Self-Efficacy Questionnaire
(MSEQ) 155, 156
men, older
health status 21
marital status 18, 18–19, 19
proportion of population 17, 18
sexual functioning 93
see also gender differences; widowers
meninges 88
mental activity, and intellectual functioning
185–8
mental disorders 333–53
diagnostic criteria 331, 333
rates in older adults 331–2
therapeutic interventions 353–8
see also specific disorders
mental health 329–60
mental health services 332
Index

Mental Status Questionnaire (MSQ) 345, 346
metamemory 154–5
metamodels 35, 35–7
metatheoretical approaches 35–7
method of loci 151
mid-life crisis 242, 247
migration, long-distance 319–20, 322
see also geographical relocation
mild cognitive impairment (MCI) 347–8
Miles, Walter R. 4
Mini-Mental State Examination (MMSE) 346
mnemonics 151–2, 162
 external 151, 151
 internal 151–2
moral maturity 226, 227–8
moral perspective taking 227, 227–8
moral reasoning 226–8
morbidity 63
 compression of 67, 386
mortality 63
 compression of 67
 leading causes 94, 94–5
see also death
mother–daughter relationships 281, 283–4
motion perception 113
motor time (MT) 104–5
mourning 374
MRI see magnetic resonance imaging
multidirectionality, longitudinal studies 44
multifactor research design 53–4, 55
multi-infarct dementia (MID) 347, 352–3
musculoskeletal system, changes in 83–4
musical intelligence 168

National Center for Health Statistics (NCHS) 391
National Institute on Aging (NIA) 5
National Institutes of Health (NIH) 4, 5
National Medical Expenditure Survey (NMES), U.S. 78
Native Alaskans 20
Native Americans 20, 203
naturalistic intelligence 168
nature and nurture 26–7
 influences on longevity 75–9
 see also environmental influences;
genetic factors
near-poor 22, 312
neglect, elder see elder neglect
NEO Personality Inventory, Revised (NEO-PI-R) 246, 248
Netherlands, legality of euthanasia 372, 373
neuritic (senile) plaques 88, 350
neurofibrillary tangles 87–8, 350
neuroimaging 86–7, 88, 90, 153
neurons 87, 87
 damage and loss 87–8, 350
dendritic connections 90–1
plasticity 91
neuropsychology 89–90
neuroticism 245, 246, 246–7, 248
neurotransmitters 87
noise exposure, presbycusis and 117
noncompensatory decision rules 220
normative age-graded influences 23–4, 25–6
normative aging 27
normative history-graded influences 24, 25
normative models of personality 239–53
norms, psychometric test 170, 175
nuclear family household 276
number 171, 172, 177
numeracy 219–20
Nun Study 78, 80
nursing home residents 19–20
 behavioral interventions 355
 communication with 120, 121
 elder abuse 295
 personal control 259–60
 pet-facilitated therapy 356–7
 power balance 270–1
 reality orientation 355–6
 reminiscence therapy 244, 355–6
 responsibility for costs 96–7
 rights 270, 271
nursing homes 323, 326
obesity 65, 74, 77, 81
occipital lobe 88, 89, 89
off-target verbosity 123, 124
old 12–13
older adulthood
 age of official entry to 11
 categories 11–12
 definitions 10–14
 study of see research
Index

older adults
  alternative terms 12–13
  increasing numbers 6, 15–16, 16
older Americans 13, 14–23
  aging of population 17–18
  economic status 21–2
  educational level 21
  gender 17, 18
  geographical distribution 21
  health status 20–1, 21
  living arrangements 19–20, 20
  marital status 18, 18–19, 19
  numbers 15–16, 16
  population pyramid 16–17, 17
  proportion 16
  racial and ethnic composition 20
  relocation 21–2
older workers see workers, older
oldest-old (85+) 12
  death rates 363, 364
  future trends 388–91
  health 21, 21
  living arrangements 19–20
  population trends 17–18
  stage of cognitive development 203–4
old-old (ages 75–84) 12
  death rates 363, 364
  future trends 388–91
  health 21, 21
  living arrangements 19–20
  stage of cognitive development 203–4
olfactory dysfunction 108, 351
openness to experience 246, 246, 247, 248, 251
optimally exercised abilities 183
optimization of primary and secondary control (OPS) model 261
Oregon, physician-assisted suicide 372, 373
organismic metamodel 35, 36
organismic variables 12, 39, 52–3
ossicles, auditory 115
osteoarthritis (OA) 83
osteoporosis 83–4

Pacific Islanders 20, 21
pain 108–9
palliative care 371
paranoid disorders 341–2, 349
parietal lobe 88, 89, 89
Parkinson’s disease (PD) 88, 347
passive-dependent strategies 230
Patient Self-Determination Act (PSDA) 366
patronizing communication 120–1
Peck’s necessary adjustments in old age 242–3
pensions 310–14
  future prospects 386
  government 311–13
  private 313–14
perception 100–31
  auditory 115–16
  slower speed of processing 104–8
  visual 112–13
perseveration 123
personal control 258–62
personality 234–64, 262
  behavioral observation 238–9
  changes in Alzheimer’s disease 348
  Five-Factor Model (FFM) 246, 246–9
  individual differences 253–62
  Jung’s concepts 240–1
  lay views 249–53
  measuring 237–9
  normative models 239–53
  over adult years 236–7
  people’s views of their own 249
  projective measures 238
  research designs 236
  self-report questionnaires 237–8
  size of social network and 275–6
  stage models 239–45
  studying 236–7
personality dimensions and traits 245–9, 262
  age stereotypes 251–3
  cross-cultural comparisons 248
  cross-sectional studies 248–9
  individual differences in stability 249
  lay perceptions 249–51, 251
  survival and 247
PET see positron emission tomography
pet-facilitated therapy (PFT) 356–7
pet therapy 355, 356–7
phonemic regression 116
physical abuse 292, 293, 294, 295
physical activity see exercise
physical changes, age-related 82–95
physician-assisted suicide (PAS) 372, 373–4
Piaget, Jean 204–5
piecemeal operations 223, 231
Pillemer, Karl A. 391
plasticity
  brain 90, 91
  intellectual functioning 181
Pneumonia 94
Ponce de Leon, Juan 3
population
  aging 6, 15–16, 16
  aging of the older adult 17–18
  pyramids 16–17, 17
  sampling 49–51
positive aging 27, 391–2
positivity effect 215
positron emission tomography (PET) 86–7, 90, 123, 350
possible selves 255–6, 257, 262, 392
postconventional morality 226
postformal thinking 205
posture, changes in 83, 84
poverty 21–2, 311–12
power imbalances 270–1
preconventional morality 226
premotor time (PMT) 104–5
preoperational stage 204
presbycusis 116–17
  causes 117
  hearing aids 117–18
  language processing strategies 119
  see also speech comprehension
presbyopia 111, 111
primary aging 68
primary control processes 260–1, 262
Primary Mental Abilities (PMA) Test 171, 172
problem-focused strategies 230
problem solving 199–233
  collaborative 228–9
  emotion and 229–31
  interpersonal problems 214
  real world 210–14
  stages of development 201–5
  wisdom and 205–10
procedural memory 137, 137–8, 138
production deficiency 143
progeria 69, 69
programmed theories of biological aging 69, 69–71
proprioception 108–9
prospective memory 148–9
  event-based tasks 148–9
  time-based tasks 149
prostate cancer 217
psychoanalytic theory 239
psychodynamic therapy 357
psychological abuse 292, 293
psychological age 9
psychological well-being see well-being, psychological
psychometric tests 170
  competence and 190–1, 192–4
  ecological validity 188–9
  intelligence see intelligence tests, psychometric
  norms 170, 175
  standardization sample 170, 175
psychopathology 333–53
psychosocial development, Erikson’s stages 241, 241–2
psychotherapy 332, 337, 357
psychotic symptoms, Alzheimer’s disease 349
pupil 111
qualitative indexes 27
quality of life 67–8, 388–9
quantitative indexes 27
quasi-experimental approach 52–3
Quetelet, Adolphe 3
racial differences see ethnic/racial differences
random assignment 51, 52
rate of living theory, aging 71
reaction times 104–5
  age–complexity hypothesis 106
  choice 104, 105, 106
  complex 104, 105, 106
  components 104–5
  driving and 105
  moderating age-related slowing 107–8
  predicting longevity 80
  simple 104, 105, 106
Reagan, Ronald 8
reality orientation (RO) therapy 355–6
recall tests 144, 144, 145
reciprocity 274–5, 282–3, 290–1
recognition tests 144, 144, 145
rectangular survival curve 66–7, 67
reduced attentional resources/capacity model 122
reintegrative stage, Schaie's 201, 202
reliability 47
  interrater 47
  test–retest 47
religiosity 284, 338, 368
relocation, geographical 22–3, 287, 319–20, 322
reminiscence 243–4
  instrumental 244
  integrative 244
reminiscence bump 147
reminiscence therapy 244, 355–6
remote memory 146–7
  autobiographical information 147
  factual information 146
Renoir, Pierre-Auguste 212
reorganizational stage, Schaie’s 202–3
research 3–7
  age variable 38–9
  descriptive approach 55–6
  developmental issues 26–7
  ethics 56–8
  experimental approach 51–2
  history 3–5
  measurement 46–51
  metatheoretical approaches 35–7
  multifactor designs 53–4
  psychometric tests 171–4
  quasi-experimental approach 52–3
rationale 6–7
reasons for 6–7
  relative neglect 5–6
  study designs 41–6
  theory and method 33–60
  three basic factors 39–41
reserve capacity, reduced 83, 84–5
respiratory function, changes in 84–5
responsible/executive stage, Schaie’s 201, 202
restraint, physical 345
retired Americans 13
retirement 300, 307–19, 327–8
  busy ethic 317
  defining 308–9
  early, trends 311, 314
  economics 310–14, 386
  education in 317–19
  effects of 309–10
  future trends 301, 386
  life after 316–19
  living arrangements 319–27
  married couples and 310
  median age 300–1
  official age 11, 311, 386
  phases 314, 314–15
  planning 315–16, 316
  process 314–16
  relocation after 22–3
  retirement communities 323, 323–4
    continuing care (CCRCs) 326
  retirement hotels 323, 323, 323
  Revised NEO Personality Inventory
    (NEO-PI-R) 246, 248
  Road Scholar 318
  Rotter’s locus of control scale 258, 259
  same-sex couples 279–80, 380
  sampling 49–51
  sandwich generation 283, 387
  Saunders, Cicely 371
  scaffolding theory of aging and cognition
    (STAC) 90–1, 91
  scams, susceptibility to 140
  Schaie and Willis’s revised cognitive stage
    model 202, 202–4
  Schaie's stage model of cognitive/intellectual
    development 201, 201–4
    revised 202, 202–4
  schemas 222
    causal attributions 223
    impression formation 222–3
    possible selves 255–6
    self-concept 253–5
  Schiavo, Terri 367
  schizophrenia 341
  sciences, creative output 212, 212
  Seattle Longitudinal Study (SLS) 171, 177,
    177–8, 181–2
  second age 385
  secondary aging 68
  secondary control processes 261–2
  sedentary living 81
  selective attention 127–9
  selective attrition 43–4, 178, 236
  Selective Optimization with Compensation
    (SOC) model 28, 28–9, 392
bereavement and loss 381
biological aging and health 97
cognition and problem solving 231
employment, retirement and living arrangements 327
intellectual functioning 195–6
job performance 304, 304–5
memory 162
mental health 358
personality and coping 262
research methods 58
sensory and perceptual processes 129
social interaction and social ties 295–6
selenium 77
self-concept 253–8, 255, 262, 392
assimilation, accommodation, and immunization
(AAI) model 256–8
possible selves 255–6
self-efficacy, memory 155–6
self-esteem 254
reaction to patronizing communication and 121
retirement and 309
self-initiated processing, memory 145–6, 149
self-neglect 292–3
self-reliance, and health 85
semantic elaboration 119–20
semantic memory 137, 138–9, 162
senescence 68
senile (neuritic) plaques 88, 350
senior citizens 13
"senior moment" 134
seniors 13
sensation 100–31
senses, the 108–21
sensitivity, sensory stimulation 102
sensorimotor stage 204
sensory processes 102–4
sensory retraining therapy 354
sensory stimulation
absolute threshold 103
signal detection 103–4
speed of response 104–8
threshold and sensitivity 102
sentence completion tasks 238
sequential research designs 45–6, 46
75–84 age group see old-old
75 years of age, life expectancy at 65, 67
sexual abuse 292, 293, 294
sexual functioning 93
shopping 193
assistance with 283, 320, 389
memory cues 152
online 318, 389
short-term memory 135–7
capacity 135–6
components 136–7
store 135, 135–7
sibling relationships 286–90
Gold’s categories 288–90
hierarchical-compensatory model 287–8
hour-glass effect 287
sibling rivalry 286
siblings
apathetic 289, 289
congenial 288, 289
death of 380
hostile 289, 289
intimate 288, 289
loyal 289, 289
number of, and support 288
signal detection 103–4
signal detection model 103–4
significant Age x Memory Instructions interaction 54, 55
single-factor research design 54
single older adults 19, 19
aging in place 320
situational attributions 224, 225
situational model, elder abuse 294–5
65–74 age group see young-old
65+ age group
categories 12
demographic profile 14–23
terms for 12–13
see also older adults
65 years of age
life expectancy at 65, 67
official entry to older adulthood 11
skin changes 82–3
Skype 318, 390
slippery-slope argument 373
slowing of responses see speed of responses
smartphones 24, 114
  see also cell phones
smell, sense of 108
smoking 77, 81
social age 9–10, 24
social cognition 222–31
  causal attributions 223–6
  collaborative 228–9
  emotion and 229–31
  impression formation 222–3, 224
  moral reasoning 226–8
social convos 273, 295–6
social desirability scales 238
social exchange theory 269–71, 270
social interactions 267–73, 295–7
  activity theory 267, 268
  disengagement theory 267–8
  emotional intensity and 272
  emotional regulation 269
  information seeking 268
  longevity and 72, 77, 82
  negative and positive aspects 272–3
social networks 273–5
  mapping 273, 274
  size 275–6
social relationships
  family see family relationships
  hierarchical–compensatory model 287–8
  nonfamilial 290–2
  peripheral 291–2
  positive and negative aspects 272–3
  reciprocity 274–5, 282–3, 290–1
Social Security system, U.S. 11, 21–2, 311–13, 386
social structure
  age–differentiated 300, 300
  age–integrated 300, 300
social ties 273–92, 295–7
socioemotional selectivity theory (SST) 268, 268–9, 295
Sontag, Susan 82–3
spatial orientation 171, 172, 177
speech, off-target verbosity 123, 124
speech comprehension 116–17
  elderspeak 119–20
  language processing strategies 119
  visual cues 118
  see also presbycusis
speed of responses 104–8
  age–complexity hypothesis 106
  moderating age-related slowing 107–8
  stimulus persistence theory 106–7
  see also reaction times
spouse(s)
  abuse 293
  collaborative problem solving 228–9
  death of a 375–9
  loss of see widowhood
  numbers living with a 19, 20
  relationships between 277–9
  sibling relationships and 287
  support for caregivers 283, 284
  see also married couples
stagnation 242
standardization sample 170, 175
Stanford–Binet Test 170
Stanford Later Maturity Study 4
stature, reduced 83, 84
stealing, accusations of 342
stereotypes 13, 251–3
  compassionate 13
  memory and aging 157–9
  older workers 302
  unconscious 252
Sternberg’s components of intelligence 167–8
Sternberg’s triarchic theory of intelligence 211, 211–12
stimulus persistence theory (SPT) 106–7
stochastic theories of biological aging 69, 71–3
stock market crash of 1929 25
stooge 239
street crossing task 125
strength and balance training (SBT) 109
strength and vulnerability integration (SAVI) 254, 258
stress
  depression and 333–4, 335
  family caregivers 294–5, 335–6
  longevity and 77
  strength and vulnerability integration (SAVI) 254
  see also life events
stress theory of aging 72
stroke 85–6, 88, 161
Index

as cause of death 94, 95
vascular dementia 352, 353
Stroop color–word test 128–9
study designs 41–6
study of aging and older adulthood see research
subjective age 10
successful aging 27, 244
suicide 337–8, 339
  assisted 373
  gender and 338–9
  methods of 338
  physician-assisted (PAS) 372, 373–4
sundown syndrome 344
sun exposure 77
sunk-cost fallacy 221
support bank 274
survival, personality traits and 247
survival curve, rectangular 66–7, 67
swan-song phenomenon 213
sympathetic nervous system (SNS) 72
synapses 87, 87, 91
syphilis 56–7
tact knowledge 210–11
targets, attentional 122
task complexity 106, 122
taste 108
tea consumption 77
technology, new 114, 133, 152, 303–4, 387, 390
  see also cell phones; computers
telephone 193, 291
telomeres 70
temporal lobe 88–9, 89, 90
temporal memory 140, 141–2
tenacious goal pursuit 256–7
Terman Life-Cycle Longitudinal Study 79
terminal care 371–4
terminal drop 80
testing the limits strategy 181
theft, accusations of 342
Thematic Apperception Test (TAT) 238
theoretical models of aging 28–30
third age 385–8
thresholds, sensory 102
  absolute 103
Thurstone’s components of intelligence 167, 171
time, perception of, and social interaction 269
time clock theory, aging 69–70
time-lag research design 42, 42, 44–5, 58
time of measurement 41
time-sequential design 46, 46
tip-of-the-tongue (TOT) experiences 138–9
top-down processing strategies 119, 216–17, 231
touch, sense of 108–9
training
  cognitive 181–2
  computer 318
  memory 150–2
  older workers 304, 307
  strength and balance (SBT) 109
trait diagnosticity 224
transportation 193, 389
  assistance with 283, 320, 321, 324, 389
  see also driving
Tuskegee Syphilis Study 56–7
twins, identical 75
  symptoms of anxiety and depression
  and 340
two stages of life perspective 5–6
unexercised abilities 183
United States
  causes of death 94, 94–5
  death rates by age group 363, 363–4
  demographics 14–23
  elder abuse 294
  legality of euthanasia 372, 373–4
  life expectancy 64, 64–5
  mental disorders 331
  mental health services 332
  older workforce 300–1
  Social Security system 11, 21–2, 311–13, 386
  suicide 338
  see also Medicare; older Americans
university courses 317–18, 385
upswing hypothesis of marital satisfaction 277, 277
urinary incontinence 92
useful field of view (UFOV) 112–13
usefulness, feelings of 81
“use it or lose it” hypothesis 185, 187
validity 47–9  
ecological 49  
external 48–9  
internal 47–8
variables  
age 38–9  
categorical 38  
continuous 38  
dependent 51–2  
independent 51, 52  
organic 12, 39, 52–3
vascular dementia (VaD) 347, 352–3
verbal abuse 295
verbal meaning 171, 172, 177
verbosity, off-target 123, 124
Veterans Administration Normative Aging Longitudinal Study 316
Victoria Longitudinal Study (VLS) 185–6
videogames, playing 187–8
vigilance 124–5
violent behavior 294
virtue of care 242
virtue of love 242
virtue of wisdom 242
vision, changes in 110–13, 129–30
visual perception 112–13
vitamin E 77
voluntary work 318–19
wars 24, 25, 40
wear and tear theory, aging 71
Wechsler Adult Intelligence Scale (WAIS) 171–4, 173
    aging changes 177, 179
    fourth edition (WAIS-IV) 174
    predicting longevity 79–80
    revised (WAIS-R) 172–4
    third edition (WAIS-III) 174
Wechsler–Bellevue test 171–2
well-being, psychological 253
    age and 254
    feelings of control and 260
    predicting longevity 80–1
    retirement and 309
white matter hyperintensities (WMH) 184
widowers 375, 377–9
    impact of bereavement 379
remarriage 377–9
see also men, older
widowhood 375–9
    bereavement process 376–7
    family support 283, 284
    financial hardship 312, 379
    grandparenting roles 286
    sibling relationships 288
    statistics 19, 19
widows 375, 377–9
    financial hardship 379
    remarriage 377–8
    social relationships 272, 378
see also women, older
wills 365
wisdom 205–10
    age and 208–10
    cognitive conception 207, 208
    definition 205–6
    explicit theories 206
    implicit theories 206
    integrative conception 207, 208
    virtue of 242
women, older
    economic disadvantage 312, 313–14
    friendships 291
    future prospects 387
    health status 21
    marital status 18, 18–19, 19
    proportion of population 17, 18
    relationships with daughters 281, 283–4
    sexual functioning 93
see also gender differences; widows
word association tests 238
word-finding problems 138–9
word fluency 171, 172, 177
workers, older 300–7
    age discrimination 305–7
    age group 300
    bridge jobs 307–8
    competence and cognitive scores 190–1
    evaluating 305
    future trends 301–2, 386
    job performance 302–5, 304
    job strain 302
    retirement planning 315–16, 316
Index

see also retirement
working memory 136, 136–7
work role
  exit process 316
  loss of 309
  preoccupation 243

young-old (ages 65–74) 12
  busy ethic 317
  future trends 385–8
  health 21, 21
  living arrangements 19
  stage of cognitive development 202–3