Contents

Foreword, ix
Acknowledgements, xi

Chapter 1  Introduction, 1
The National Health Service, 6
Career, 8
Portfolio career, 13
Working paradigms, 15
Planning your career, 18
Being a dental professional, 20
Workforce and workforce planning, 23
Bibliography, 25

Chapter 2  Demography and society in the United Kingdom, 28
Demography – general, 29
Population size, 30
Population age, 30
General health, 33
Oral health, 35
Health of dentists, 42
Dental care professionals, 44
Working patterns, 45
Impact on dental professionals, 46
Technology rising, 48
Retirement, 51
Bibliography, 55
vi  Contents

**Chapter 3**  Dental opportunities, 57
Is the dental workforce today the workforce we will need in 10–20 years and beyond? 57
How can I develop a portfolio career? 58
Dental careers – variety and opportunity, 63
Useful organisations, 96
Bibliography, 97

**Chapter 4**  Coaching and mentoring, 99
Coaching, 100
Mentoring, 104
Career planning, 110
Personal development, 113
Useful organisations, 116
Bibliography, 116

**Chapter 5**  Case studies of dental professionals, 118
Mrs Janet Clarke MBE, 121
Miss Bal Chana, 122
Dr Shazad Khan Malik, 125
Dr Emma Worrell, 126
Mrs Sophie Noske, 128
Professor Ros Keeton, 130
Dr Derek Richards, 132
Professor Deborah White, 134
Dr Reena Patel, 136
Mrs Penny McWilliams, 138
Short biographies, 139
Conclusion, 149

**Chapter 6**  Networking and networks, 150
How do you network? 152
What networking should not be, 155
Where can you network? 155
Types of network, 156
Contents vii

Electronic networks, 157
Network map, 158
Curriculum vitae, 160

Chapter 7 Training and qualifications, 167
Credit accumulation transfer schemes, 168
Clinical programmes, 169
Non-clinical programmes, 170
Financial investment, 178
Other sources of information about courses, 179
Useful organisations and networks, 179
Case studies, 179
How to develop experience, 183
Professional associations and other useful addresses, 185
Bibliography, 185

Index, 187