Contents

Contributors ix

1. Introduction to Group Psychotherapy
   Jeffrey L. Kleinberg 1

Section One: Building the Frame: Theoretical Models 9

   Introduction 9

2. Psychoanalytic Group Psychotherapy: An Overview
   Priscilla F. Kauff 13

3. The Interpersonal Model of Group Psychotherapy
   Molyn Leszcz and Jan Malat 33

4. Towards an Integrative Intersubjective and Relational
   Group Psychotherapy
   Victor L. Schermer and Cecil A. Rice 59

5. Integrative Cognitive-Behavioral Group Therapy
   Greg Crosby, with Donald Altman 89

6. Functional Subgrouping and the Systems-Centered
   Approach to Group Therapy
   Susan P. Gantt 113

7. The Functional Group Model
   Sharan L. Schwartzberg and Mary Alicia Barnes 139

8. It’s All About Me: Introduction to Relational Group Psychotherapy
   Richard M. Billow 169

9. Resonance among Members and its Therapeutic Value in Group
   Psychotherapy
   Avi Berman 187
10. The Dynamics of Mirror Reactions and their Impact on the Analytic Group
   Miriam Berger
   197

11. Meeting Maturational Needs in Modern Group Analysis: A Schema for Personality Integration and Interpersonal Effectiveness
   Elliot Zeisel
   217

12. Developing the Role of the Group Facilitator: Learning from Experience
   Orit Nuttman-Shwartz and Sarit Shay
   231

13. From Empathically Immersed Inquiry to Discrete Intervention: Are There Limits to Theoretical Purity?
   Steven L. Van Wagoner
   249

Section Two: Groups for Adults

Introduction
271

14. Support and Process-Oriented Therapy Groups
   Lise Motherwell
   275

15. Working with the Difficult Group Patient
   Phyllis F. Cohen
   299

16. Working with Primitive Defenses in Group
   Martha Gilmore
   321

17. Structured Techniques to Facilitate Relating at Various Levels in Group
   Albert J. Brok
   335

18. Effective Management of Substance Abuse Issues in Psychodynamic Group Psychotherapy
   Marsha Vannicelli
   345

19. Single-Gender or Mixed-Gender Groups: Choosing a Perspective
   Darryl L. Pure
   381

20. Sexual Diversity in Group Psychotherapy
   Morris Nitsun
   397

21. Group Therapy For Females Molested In Girlhood
   Shoshana Ben-Noam
   409

22. Couples Group Psychotherapy: A Quarter of a Century Retrospective
   Judith Coché
   431

23. The Large Group: Dynamics, Social Implications and Therapeutic Value
   Haim Weinberg and Daniel J. N. Weishut
   457
<table>
<thead>
<tr>
<th>Number</th>
<th>Title</th>
<th>Author(s)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>24</td>
<td>Dreams and Dreamtelling: A Group Approach</td>
<td>Robi Friedman</td>
<td>479</td>
</tr>
<tr>
<td>25</td>
<td>Group Interventions Following Trauma and Disaster</td>
<td>Suzanne B. Phillips and Robert H. Klein</td>
<td>499</td>
</tr>
<tr>
<td>26</td>
<td>After the Conflict: Training of Group Supervision in Guatemala</td>
<td>Elisabeth Rohr</td>
<td>517</td>
</tr>
<tr>
<td>27</td>
<td>Group Psychotherapy for Patients with Psychosis: A Psychodynamic (Group-Analytic) Approach</td>
<td>Ivan Urlic</td>
<td>547</td>
</tr>
<tr>
<td>28</td>
<td>Care for the Caregivers</td>
<td>Richard Beck</td>
<td>571</td>
</tr>
<tr>
<td></td>
<td><strong>Section Three: Groups for Children</strong></td>
<td></td>
<td>587</td>
</tr>
<tr>
<td>29</td>
<td>Group Therapy with Children</td>
<td>Seth Aronson</td>
<td>589</td>
</tr>
<tr>
<td>30</td>
<td>Adolescent Group Psychotherapy: The Real Work</td>
<td>Andrew P. Pojman</td>
<td>609</td>
</tr>
<tr>
<td>31</td>
<td>The Earth as a Classroom: Children’s Groups in the Aftermath of Mass Trauma</td>
<td>Emily Zeng</td>
<td>623</td>
</tr>
<tr>
<td>32</td>
<td>A Multidisciplinary Treatment Team Model for Youth Offenders in Correctional Treatment Centers: Applying Psychodynamic Group Concepts</td>
<td>D. Thomas Stone Jr. and Anne Carson Thomas</td>
<td>645</td>
</tr>
<tr>
<td></td>
<td><strong>Section Four: Diversity</strong></td>
<td></td>
<td>665</td>
</tr>
<tr>
<td>33</td>
<td>Diversity in Groups: Culture, Ethnicity and Race</td>
<td>Siddharth Ashvin Shah and Razia Kosi</td>
<td>667</td>
</tr>
<tr>
<td>34</td>
<td>A Spiritually Informed Approach to Group Psychotherapy</td>
<td>Alexis D. Abernethy</td>
<td>681</td>
</tr>
<tr>
<td></td>
<td><strong>Section Five: Through a Personal Lens</strong></td>
<td></td>
<td>707</td>
</tr>
<tr>
<td>35</td>
<td>Group Psychotherapy as my Career Path</td>
<td>Walter N. Stone</td>
<td>709</td>
</tr>
</tbody>
</table>
36. My Development as a Group Therapist 731
   Marvin L. Aronson

37. Group Psychotherapy with High-Functioning Adults Or,
    People Like Me! 745
   Bonnie J. Buchele

Author Index 771
Subject Index 785