CONTENTS

Foreword ix
Introduction xiii

PART ONE: DOLLARS AND SENSE 1
Are the Rich Smarter than You? 5
Are You Losing Your Soul? 10
Impatient Optimism . . . and Radical Generosity 14
You Can’t Google This 18
The Only Thing that Really Matters 22
The Principle Thing 25
The One Thing that Changes Everything 28
The Trouble with Happiness 31
The Key to Personal Freedom 35
Change Your Perspective, Change Your Life 38
How Your World Will At Last Be Built 42
The Most Important Job on Earth 46
One of Life’s Great Miracles 51
The Power of Negative Visualization 55
How to Reclaim Your Life 58
Why It’s One of the Seven Deadly Sins 62
The Ruling Passion of the Noblest Minds 65

PART TWO: WEALTH BEYOND MEASURE 69
Are You Uncurious? 71
The Road Not Taken 74
They Make Us All Richer 77
Are You Ready for the Grand Tour? 81
The Quintessence of Life 85
What Women Really Want 89
An Incandescent Drop of American Fire 92
The Most Civilized Thing in the World 95
How to Eat Like a Zen Master 99
The Sublimest Activity of the Human Mind 103
Drunken Monkey Ice Cream . . . and the Wisdom of Thornton Wilder 107
The Lost Art of Conversation 110
What Success Really Means 113
What Are Your Sins of Omission? 116
The Beauty of Slowing Down 120
When Entertainment Becomes Art 123
Do You Have a Secret? 128
Are You Amusing Yourself to Death? 133
In Praise of Idleness 137
The Tyranny of the New 140
Contents

Why You Should Know “The Indispensable Man” 143
A Revelation at 4,500 Feet 146

PART THREE: KNOWING AND BELIEVING 149
Tolstoy’s Forbidden Book 151
A Shameless Veneration of Heroes 154
A Path to Personal Freedom 158
Your Greatest Risk 162
Are You Part of “The Great Conversation”? 166
A 2,600-Year-Old Manual for Living 170
If You Knew What Jim Brown Knows 176
The Noblest Expression of the Human Spirit 179
The Art of Living Consciously 183
How to Let Your Life Speak 188
A Legacy of Inspiration 192
The Only Thing New in the World 195
The University on Your Shelf 198
We Are All Greeks Now 202
The Wisdom of Hillel 205
Meditations of the Philosopher-King 208

PART FOUR: MATTERS OF LIFE AND DEATH 211
Discovering a New Sense of the Sacred 214
The Highest of Arts 218
Emerson: The Quintessential American 221
<table>
<thead>
<tr>
<th>CONTENTS</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>The Life You Can Save</td>
<td>224</td>
</tr>
<tr>
<td>Coming of Age in the Milky Way</td>
<td>229</td>
</tr>
<tr>
<td>The Literature of Truth</td>
<td>234</td>
</tr>
<tr>
<td>Your Connection to Everything</td>
<td>238</td>
</tr>
<tr>
<td>The Difference between Knowing and Believing</td>
<td>241</td>
</tr>
<tr>
<td>The Lessons of Haiti</td>
<td>244</td>
</tr>
<tr>
<td>Your Trip to “The Undiscovered Country”</td>
<td>247</td>
</tr>
<tr>
<td>The Beginning of Wisdom</td>
<td>252</td>
</tr>
<tr>
<td>Of Lost Souls and Lucky Stiffs</td>
<td>255</td>
</tr>
<tr>
<td>How to Pull the Universe Out of a Hat</td>
<td>258</td>
</tr>
<tr>
<td>It Makes Everything Meaningful</td>
<td>262</td>
</tr>
<tr>
<td>The Truth about Myths</td>
<td>265</td>
</tr>
<tr>
<td>Your Place In “The Great Story”</td>
<td>269</td>
</tr>
</tbody>
</table>

| Seven Principles of Spirituality             | 277|

| Afterword                                    | 285|
| Appendix                                     | 287|
| Further Reading                              | 289|
| Acknowledgments                              | 295|
| About the Author                             | 297|
| Index                                        | 299|