# Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>List of Tables and Figures</td>
<td>ix</td>
</tr>
<tr>
<td>Foreword</td>
<td>xi</td>
</tr>
<tr>
<td>Preface</td>
<td>xv</td>
</tr>
<tr>
<td>Acknowledgments</td>
<td>xxi</td>
</tr>
<tr>
<td>About the Author</td>
<td>xxiii</td>
</tr>
<tr>
<td>1. The Historical and Philosophical Foundations of Student Learning in Residence Halls</td>
<td>1</td>
</tr>
<tr>
<td>2. How Biological and Psychological Development Influence Student Learning and Behavior</td>
<td>29</td>
</tr>
<tr>
<td>3. How Students Learn in Residence Halls</td>
<td>59</td>
</tr>
<tr>
<td>4. How to Create Learning Environments in Residence Halls</td>
<td>89</td>
</tr>
<tr>
<td>5. Selecting and Developing Residence Life Staff to Advance Student Learning</td>
<td>135</td>
</tr>
</tbody>
</table>
6. How Residential Environments Influence Student Learning 179
7. How to Shape the Peer Environment in Residence Halls to Advance Student Learning 201
8. Managing Student Life in Residence Halls to Support Student Learning 231
9. Assessing and Improving Residence Life Programs 257
10. The Future of Residence Halls 275

References 307
Name Index 353
Subject Index 365