Contents

Preface vii

1 • A Personal Introduction to Creativity in Therapy 1

2 • Stephen Lankton: Ambiguity, Relevance, and the Creeping Devils 13

3 • Bradford Keeney: Creating Nonsense through Connections of Love 31

4 • Sam Gladding: Being Unstuck without Becoming Unglued 51

5 • Stephen Madigan: Therapy as Community Connections 65

6 • Michael Yapko: You Don’t Learn This Stuff in Graduate School 81

7 • Scott Miller: I Have Creative Clients 101

8 • Jeff Zeig: A White, Fluffy Cloud and a Dissociative Moment 117

9 • Judy Jordan: What about Love? 133

10 • Robert Neimeyer: A Little Hug from Heaven 143

11 • Laura Brown: Working in a Box 163
CONTENTS

12 • Bill O’Hanlon: Falling on Your Face  175
13 • Cloé Madanes: A Trilogy of Courage  189
14 • Len Sperry: Accessing the Creative Self  205
15 • Fred Bemak: Getting People Up Off the Floor  217
16 • Nancy McWilliams: The Wisdom of Not Knowing  231
17 • Nick Cummings: A Narrative History of Creativity in Action  237
18 • Alfonso Montuori: Creative Inquiry and Discovering the Unforeseen  245
19 • Some Creative Themes  257
20 • Clinical Applications  271

References  295