

Index

• A •

- Aalborg Akavit, 182
absinthe, 266
Absolut vodka, 175, 178, 180, 182
abstinence, 133
ABV (alcohol by volume), 25, 39
The Adams Liquor Handbook, 186
ADH (alcohol dehydrogenase), 58
agave
 harvesting, 200
 mezcal and, 203
 pressing, 199
 Tequila and, 192–193
 types of, 198
aging
 after bottling, 19
 of Bourbon and Tennessee whiskey, 106–107
 of brandy, 246–247
 in oak barrel, 36–37
 overview of, 35–36
 requirements for, 37
 of rum, 215
 of Scotch whisky, 86, 93
 of Tequila, 201–202
aguardiente, 211, 245
akavit
 choosing, 182
 origins of, 13, 170
 in Scandinavia, 173
al-ambiq, 11–12
alchemist, 12
alcohol
 discovery of, 12
 as diuretic, 58
 as medicine, 133, 149–150
 names for, 13
alcohol abuse, 316
Alcohol Administration Act, 16
alcohol by volume (ABV), 25, 39
alcohol dehydrogenase (ADH), 58
alcoholic beverage
 nutrition profile of, 303–306
 trade and, 14
 as term, 21
aldehydes, 31
alembic still, 12, 29
Alizè Cognac, 180
Allash Kümmel, 267
Allison, Young E. (poet), 223
Amaretto Disaronno, 268
Amarula, 259
Amer Picon, 270
American blended whiskey
 building, 119
 choosing for blending, 120–121
 choosing for tasting, 121–123
 combining food with, 124
 description of, 118
 history of, 18, 116–119
 taste of, 119
 tasting, 121
American Distilling Institute, 31
American gin, 159–160, 167
American Medicinal Spirits Company, 102–103
American whiskey. *See* American blended whiskey; Bourbon; Tennessee whiskey
American Whiskey Trail, 124–125
Amsterdam, Morey (entertainer), 222
Añejo Tequila, 202, 206, 208
angelica root, 165
Angostura Bitters, 270
Angostura rum, 222
anise, 166
Anisette, 262, 266

Antigua, rum from, 218–219
 antioxidants, 311
 aperitif, 76, 273
 appellation of origin, 196–197
 appetite, 315
 apple cordial, 264
 AppleJack, 242, 244
 AppleJack Pound Cake, 301
 Appleton Estate rum, 220
 aqua vitae, 13, 62, 170
 aquamiel, 200
 aquavit, 173, 182
 arak, 210
 Armagnac, 235, 237–238
 Armenia, brandy from, 249
 Arnald of Villanova (professor), 13
 aroma
 of American blended whiskey, 123
 of Bourbon or Tennessee whiskey, 110–111
 of brandy, 250–251
 evaluating, 49
 of gin, 155, 165
 of Irish whiskey, 93
 of Scotch whisky, 93–94
 of Tequila, 207
 aromatic esters, 31
 Arthur, Stanley Clisby, *Famous New Orleans Drinks and How to Mix 'Em*, 288
 artichoke, 50
 Asia, rum from, 224
 Association of Canadian Distillers, 140
 Australia
 brandy from, 241, 249
 rum from, 224
 Aztec pulque, 191, 193

• B •

Bacardi
 Daiquiri, 280
 Límon, 180
 rum, 216–217, 221
 Bacardi, Segundo (distiller), 285
 Bailey's Irish Cream, 68, 269
 Barbados, rum from, 211, 219
 barley
 Irish whiskey and, 66–67
 malting, 83
 Scotch whisky and, 82
 barrel, charred wood, 36, 68, 106
The Bartender's Guide (Thomas), 287
Bartending For Dummies (Foley), 274, 277
 Barton gin, 160
 base spirit of cordial, 259
 batch, 25
 batch distilling, 30
 bathtub gin, 20, 153
 bay rum, 212
 Beam & Hart Distillery, 102
 Beam, James Beauregard (distiller), 102
 Beefeater London distilled dry gin, 157
 beer, discovery of, 10
 Beerhouse Act, 152
 Benchley, Robert (author), 133, 154
 Benedictine, 150, 257, 271
 benefits, health
 to appetite, 315
 to blood clots, 310
 to blood pressure, 310
 to bones, 314
 to brain, 313–314
 to cholesterol, 309
 common cold and, 316
 diabetes and, 312–313
 drinking in moderation and, 307–308
 to heart, 308–309
 stroke and, 312
 to weight, 315
 Bermuda, rum from, 224
 bitters, 270–271
 Black Bush whiskey, 71
 Black Sea region, brandy from, 241

- Black Velvet
 Reserve 8 Year Old, 142
 3 Year Old minimum, 142
- blackberry liqueur or brandy, 264
- blackstrap molasses, 214
- Blanco Tequila, 202, 206, 208
- blended grain whisky, 86, 90
- blended Irish whiskey, 76
- blended Scotch whisky, 86, 89–91
- blended spirits, 38–40
- blended whiskey. *See also* American
 blended whiskey
 after Prohibition, 65
 description of, 18
 Irish, 76
 making, 39–40
 Scotch, 86, 89–91
- blender, 289
- blending
 brandy, 247
 liqueurs, 261–262
 overview of, 37–38
 rum, 215–216
- blood clot, 310
- blood pressure, 310
- Bloody Mary, 277–279
- Blue Weber agave, 198
- body, 49
- Bombay distilled London dry gin,
 156–157
- bone density, 314
- bootlegger, 134
- booze, 19
- Burrough, James (distiller), 155, 157
- botanicals
 in gin, 149, 154–155, 165
 in medicine, 256–257
- Bottled-in-Bond, 108
- bottling
 choosing model bottle, 40
 size of bottle, 42
 for vodka, 178
- bottling line, 40–42
- Bourbon
 branch water and, 112
 choosing for tasting, 108–110
 combining food with, 111
 description of, 18
 history of, 98–102
 making, 104–107
 mash bill of, 26
 tasting, 108–111
 touring distilleries, 112–113
 types of, 107–108
- Bourbon balls, 111
- Bourbon County, Kentucky, 101, 105
- Bradstreet, Bradley (sea captain), 159
- brain, benefits to, 313–314
- branch water, 112
- brandy
 aging, 246–247
 blending, 247
 combining with food, 252–253
 description of, 18
 flavors and aromas of, 250–251
 from France, 235–238
 from Italy, 239
 making, 245–246
 origins of, 234
 from other countries, 241–243
 overview of, 233–234
 serving, 251–252
 from Spain, 239
 tasting by country, 249–250
 tasting by price, 250
 tasting by type, 248–249
 types of, 244–245
 from United States, 240–241
- Brandy Alexander, 279
- brandy snifter, 57
- Brazil, rum from, 210–211, 225
- brentwine, 150
- Breteler, Monique M.B. (scientist),
 314
- British gins, 156–158
- British Royal Navy and rum, 226
- Brizard, Marie (distiller), 262

- Bronfman, Allan (distiller), 135
 - Bronfman, Samuel (distiller), 38, 117–118, 135–136, 174
 - Brooks, Alfred (distiller), 256
 - Brown-Forman Beverages, 110
 - Brown-Forman Woodford Reserve Kentucky Bourbon, 31
 - Brugal rum, 220
 - Burnett's London dry gin, 160
 - Burns, Robert (poet), 95
 - Bushmills distillery
 - contact information, 77
 - history of, 63
 - location of, 71
 - Original whiskey, 71
 - Single Malts, 44, 71
 - buying on Internet, 54
- C •
- cachaça, 225
 - Calvados, 235, 237, 244
 - Campari, 270
 - Campbeltown region of Scotland, 89
 - Canada. *See also* Canadian whisky
 - history of, 145
 - quiz about, 146
 - rum from, 225
 - traveling to, 136
 - Canadian Club
 - Reserve 6 Year Old, 141
 - 6 Year Old, 142
 - Canadian Ice Wines, 143
 - Canadian Mist 3 Year Old minimum, 142
 - Canadian whisky
 - after Prohibition, 117
 - choosing samples for tasting, 140–143
 - combining with food, 144–145
 - description of, 18, 136
 - flavor of, 143–144
 - history of, 131–136
 - making, 137–139
 - popular priced brands of, 142
 - premium priced brands of, 141
 - value priced brands of, 142–143
 - cane juice, 213–214
 - cane syrup, 214
 - Captain Morgan Spiced Rum, 216, 221
 - carbohydrates
 - distilling and, 26
 - yeasts and, 28
 - carbon dioxide, 28
 - cardamon, 166
 - Caribbean rum
 - from Antigua, 218–219
 - from Barbados, 219
 - from Cuba, 219
 - from Dominican Republic, 219–220
 - from Haiti, 220
 - from Jamaica, 220–221
 - from Martinique, 221
 - overview of, 217–218
 - from Puerto Rico, 221–222
 - from Trinidad and Tobago, 222–223
 - from Virgin Islands, 223
 - Casa Herradura, 199
 - Casa Noble Tequila, 199
 - Catherine de Medici (queen), 256
 - Catherine the Great (ruler), 172
 - Chambord Royal, 266
 - charcoal filtering, 106–107
 - charred wood barrel, 36, 68, 106
 - Chartreuse, 271
 - Cherry Heering, 265
 - Chicken Fajitas, 297
 - Chilled Melon Pepper Soup with Glazed Shrimp, 292–293
 - Chivas Regal Royal Salute, 45
 - cholesterol, 309
 - Churchill Downs, 114
 - Churchill, Winston (prime minister), 253, 282
 - cigar and brandy ritual, 253
 - Cinco de Mayo, 195
 - cinnamon, 166
 - Cinnamon Schnapps, 268

- classification of liqueur, 259–260
 clear spirits, 17–18
 Cock ‘n’ Bull, 174
 cocktail glass, 57
 cocktails, classic
 Bloody Mary, 277–279
 Brandy Alexander, 279
 Daiquiri, 280
 description of, 277
 equipment for making, 289
 Gimlet, 281–282
 history of, 256
 Manhattan, 282
 Margarita, 283
 Martini, 284–285
 Mint Julep, 288
 Mojito, 285–286
 nutritional profile of, 305–306
 Rob Roy, 286
 use of term, 213, 278
 Whiskey Sour, 287
 CocoRibe, 267
 coffee liqueur, 267, 305
 coffee with cream liqueur, nutritional profile of, 305
 Coffey, Aneas (still inventor), 35
 Cognac, 235–236, 238, 247, 252
 Cointreau, 265
 color
 of American blended whiskey, 123
 of Bourbon and Tennessee whiskey, 106–107
 evaluating, 48–49
 of gin, 164
 of Irish whiskey, 73–74
 of Scotch whisky, 93
 of Tequila, 207
 Columbus, Christopher (explorer), 210
 column still
 description of, 33
 number of columns, 34–35
 rum and, 214
 Scotch whisky and, 84–85
 workings of, 33–34
 combining food and spirits. *See also* recipes
 American blended whiskey, 124
 Bourbon or Tennessee whiskey, 111
 brandy, 252–253
 Canadian whisky, 144–145
 cordials and liqueurs, 273–274
 Irish whiskey, 76
 Scotch whisky, 95
 taste buds and, 50
 Tequila, 207–208
 vodka, 188
 common cold, 316
 compounding gin, 155
 congeners
 column still and, 35
 description of, 25
 pot still and, 31–32
 Connemara Irish whiskey, 72
 continuous still, 34. *See also* column still
 Cooley distillery, 44, 71–72, 77
 Cor, John (friar), 80
 cordial glass, 57
 cordials
 Benedictine, 150
 birth of, 255–256
 bitters, 270–271
 blending, 261–262
 branded, spirit-based, 268–269
 classic, 271
 classification of, 259–260
 combining with food, 273–274
 cream, 269–270, 301
 description of, 258
 flavoring, 260–261
 fruit-flavored, 264–266
 Hayman’s 1820 gin liqueur, 158
 history of, 256–258
 from Irish whiskey, 68
 making, 258–259

cordials (*continued*)

- making own, 272
- nutritional profile of, 305
- seed- and nut-based, 266–268
- tasting, 271–273
- types of, 262–263
- Yukon Jack, 143
- coriander, 166
- corn whiskey, 117, 120, 123
- corsair, 211
- Cortez, Hernando (conquistadore), 194
- Cox, Jennings (military man), 280
- crackers, for tasting, 46
- craft distillers in Canada, 140
- craic, 64
- Craig, Elijah (minister), 100–101
- cream liqueurs, 269–270, 305
- crème de almond, 268
- crème de cacao, 267
- crème de café, 267
- crème de cassis, 264
- crème de menthe, 268
- crème de mocha, 267
- crème de noyaux, 268
- cross fiber pattern theory of gustatory coding, 50
- Crow, James C. (distiller), 103
- Crown Royal, 141
- Crown Royal Special Reserve, 141
- Cruzan rum, 217, 223
- Cuba, rum from, 219
- Cuervo, José Guadalupe (distiller), 195
- cultivated yeast, 28
- Curaçao, 265
- cure for overindulgence, 58
- curragh, 63
- Cynar, 270
- cynarin, 50

• D •

- Daiquiri, 280, 306
- Daktulosphaira vitifoliae*, 64
- Damrak Genever gin, 161
- Daniel, Jasper Newton (distiller), 102–103, 129
- dark rum, 215
- dark spirits
 - aging and, 35
 - description of, 18
 - temperature, for serving, 56
- de la Boie, Franciscus (distiller), 150
- Demerara rum, 225–226
- demon rum, 216
- denatured alcohol, 11
- dessert pancakes, 274
- diabetes, 312–313
- Diastase, 67
- Dickel, George A. (distiller), 102
- Dickens, Charles (author), 152
- distillate, 32
- distillation
 - Arabs and, 12
 - basic material for, 26
 - of Bourbon and Tennessee whiskey, 106
 - column still and, 33–35
 - discovery of, 1, 11–12
 - in distillery, 28–29
 - experiencing, 29
 - first book on, 13
 - foods used in, 14–15, 26
 - of liqueurs, 261
 - monks and, 13
 - pot still and, 29–32
 - process of, 23–24
 - of rum, 214
 - of Scotch whisky, 84–85
 - spread of, 14–15
 - of Tequila, 201
 - of vodka, 178

Distilled Spirits Council of the United States, 125

distilled spirits, history of, 9–10

distilled water, 112

distilleries. *See also specific distilleries*

in Ireland, 77

in Mexico, 199

in Scotland, 96

in United States, 112–113, 124–125

distiller's beer, 28, 105

Dominican Republic, rum from, 219–220

Don Q rum, 221

Doornkaat gin, 162

double-casked whisky, 141

Drake, Francis (explorer), 285

Drake, Richard (pirate), 285

Drambuie, 95, 269

drinking in moderation, 58, 307–308

Droste Bittersweet, 267

Droste Cream, 269–270

Duke, James A. (distiller), 272

• E •

Eastern Europe, brandy from, 242

Eaton, Alfred (distiller), 107

eau de vie, 13, 211

eaux-de-vie, 236–237, 260

Edward VII (king), 253

18th Amendment, 15–16

English Harbor 5 Year Old rum, 219

entertaining spirits quiz, 20

equipment for making cocktails, 289

ethanol, 11, 25

Europe, rum from, 225

excise tax

in United Kingdom, 80, 81

in United States, 98–99

Extra Añejo tequila, 202, 206, 208

• F •

Famous New Orleans Drinks and How to Mix 'Em (Arthur), 288

feints, 32

fermentation

discovery of, 9–10

process of, 23–24

rum and, 214

standardization of process of, 10–12

starting process of, 27–28

fermentation tank, 28

Fernandes “19” rum, 222–223

Fernet Branca, 270–271

Filet Mignon with Whiskey Sauce, 298–299

filtering of Bourbon and Tennessee whiskey, 107

finish, 52

Finlandia vodka, 175, 180, 182

flambé, 252–253, 274

flavonoid, 311

flavor

of American blended whiskey, 123

of brandy, 250–251

of Canadian whisky, 143–144

of gin, 155, 165–166

of Irish whiskey, 75

of Scotch whisky, 94–95

of Tequila, 207

of vodka, 179–180, 185

flavoring

liqueurs, 260–261

rum, 216–217

Tequila, 202

vodka, 180–181

Foley, Ray, *Bartending For Dummies*, 274, 277

foods used in distillation, 14–15, 26

foreshots, 32

Foster, Stephen (songwriter), 114

France

brandy from, 235–238

gin from, 161

Frangelico, 268
 Freezolime, 265
 fruit brandy, 244, 246–247, 260
 fusel oils, 31

• G •

Galliano, 268
 Game Pâté Terrine, 293–294
 gastric alcohol dehydrogenase (GADH), 58
 Gaudaloupe, rum from, 221
 gaugers, 80
 Geber (alchemist), 11–12
 Gehry, Frank (architect), 178
 generic cordial, 262
 George Dickel whiskey, 110
 Germany
 brandy from, 242–243, 249
 gin from, 154, 162, 167
 Getz, Oscar (distiller), 125
 Giant’s Causeway, 71
 Gilbey’s London dry gin, 159–160
 Gimlet, 281–282
 gin
 American, 159–160
 artificially flavored, 166
 botanicals and, 149
 Britain and, 151–152, 156–158
 description of, 17
 flavor of, 155
 French, 161
 German, 162
 Holland and, 150–151, 154, 161
 London dry, 153–154, 156–158, 167
 making, 154
 nutritional profile of, 304
 origins of, 149–150
 Plymouth, 158
 premium brands of, 163–164
 Prohibition and, 153
 reputation of, 153–154
 serving, 167

Spanish, 162–163
 super-premium brands of, 164
 tasting, 163–166
 value brands of, 163
 Gin Act, 152
 “Gin Lane” (Hogarth), 152
 Ginger Schnapps, 268
 glass
 in bottles, 41
 serving in proper, 56–57
 for tasting, 46
 Glengoyne, 88
 The Glenlivet, 81, 91–92
 Glenlivet distillery, 90
 Godiva Chocolate, 267
 Goldschlager, 268
 Gordon, Alexander (distiller), 153
 Gordon’s London dry gin, 159–160
 Gosling’s Black and Gold Labels, 224–225
 grains
 barley, 66–67, 82, 83
 for Bourbon and Tennessee whiskey, 104
 dark spirits and, 18
 vodka and, 177, 185
 Grand Marnier, 265
 grape juice, 311
 grappa, 234, 239, 245
 Greece, brandy from, 243
 Green Beans with Toasted Pine Nuts, 299–300
 Grey Goose vodka, 175
 grog, 226
 Guyana, rum from, 225–226

• H •

haggis, 95
 Haig & Haig distillery, 35
 Haiti, rum from, 220
 Hamilton, Alexander (Secretary of Treasury), 98

- hand-crafted spirits, 30–31
 hard liquor, 21
 hard water, 67
 Hart, Albert (distiller), 102
 harvesting
 agave, 200
 peat, 84
 Harvey Wallbanger, 268
 Havana Club rum, 219
 Hayden, R. B. (distiller), 102
 Hayman's 1820 gin liqueur, 158
 heads, 32
 health and sense of taste, 51
 health benefits
 to appetite, 315
 to blood clots, 310
 to blood pressure, 310
 to bones, 314
 to brain, 313–314
 to cholesterol, 309
 common cold and, 316
 diabetes and, 312–313
 drinking in moderation and, 307–308
 to heart, 308–309
 stroke and, 312
 to weight, 315
 Heaven Hill distiller, 160
 heme oxygenase, 312
 Hendricks gin, 158
 Herbsaint, 267
 Heublein, Inc., 174–175
 highball glass, 57
 higher proof or higher ABV, 21
 Highlands, Scottish, 88–89
 Hir, Reault (distiller), 129
 history
 of American blended whiskey,
 116–119
 of Bourbon, 98–102
 of Canada, 145
 of Canadian whisky, 131–136
 of distilled spirits, 9–10
 of liqueurs, 256–258
 of rum, 209–212
 of Tennessee whiskey, 98–102
 of Tequila, 192–196
 of vodka, 170–175
 of whisky, 80–81
 Hogarth, William (artist), 152
 Hokonui whiskey, 128–129
 Holland gin, 161, 167
 hooch, 19
 Hoover, Herbert (president), 16
 horizontal tasting, 44
How To Mix Drinks (Thomas), 287
- 1 •
- Ice Wines, 143
 Icelandic vodka, 178
 India, whisky from, 127–128
 infusion, 261
 intelligence, 313
 Internet, buying on, 54
 Ireland. *See also* Irish whiskey
 description of, 61
 famines in, 64
 map of, 69
 Shannon airport, 75
 toasts from, 78
 touring, 76–77
 Irish coffee, classic, 75
 Irish Distillers Company, 68, 72
 Irish Mist, 68, 269
 Irish whiskey
 barley and, 66–67
 Bushmills, 71
 combining food and, 76
 Cooley, 71–72
 cordials from, 68
 description of, 18
 famine and, 65
 flavors and aromas in, 75
 heating, 67–68
 leading, 68–69
 Midleton, 69–70

Irish whiskey (*continued*)

- origins of, 62
- tasting, 73–75
- trade and, 63–64
- uniqueness of, 66
- in United States, 65
- water and, 67
- Islay, 89
- isopropyl alcohol (isoproanol), 11
- Israel, brandy from, 243, 250
- Italy
 - brandy from, 239
 - liqueurs and, 256
- Ivan IV (czar), 171–172

• J •

- Jabir ibn Hayyam, Abu Musa (alchemist), 11–12, 210
- Jack Daniel distillery, 102–103, 110
- Jägermeister, 268
- Jalisco, state of, 197
- Jamaica, rum from, 220–221
- Jameson Irish whiskey, 70
- Japan
 - sake, 18
 - shochu, 176
 - whisky from, 126–127
- J&B Scotch whisky, 256
- J-curve, 308
- jenever, 150–151, 154, 161. *See also* gin
- Jerome, Jennie (celebrity), 282
- Jim Beam Company, 102, 108
- jimadores, 200
- Johnnie Walker Black, 91–92
- Johnson, Samuel (writer), 251
- Joseph E. Seagram & Sons, 135–136
- Joven Tequila, 202, 206
- juniper berries, 165. *See also* gin
- juniper bush, 150
- Justerini, Giacomo (distiller), 256

• K •

- kabaks, 172
- Kahlua, 267
- Kahlua Cream, 270
- Kanber, Maurice (distiller), 178
- Kentucky Derby, 114
- Kentucky straight Bourbon, 109
- King, Pee Wee (songwriter), 114
- Kir, 264
- Kubanskaya flavoring, 180
- kumis, 26
- Kunett, Rudolph (distiller), 173–174

• L •

- La Cofradia, 199
- label, reading
 - on Cognac and Armagnac, 238
 - on spirits, 54–55
- Laird, William (distiller), 242
- Laphroaig, 89
- Larios dry gin, 162–163
- Latin America, brandy from, 243
- Lee, Harry (general), 99
- legs
 - evaluating, 49
 - of Irish whiskey, 74
- letting spirits open, 45, 48
- Licor 43, 268
- light rum, 215
- Limonaya flavoring, 179–180
- Limóncello, 265
- Lincoln County Process, 107
- Lind, James (surgeon), 281
- Linie aquavit, 182
- Linnaeus, Carolus (botanist), 193
- liqueurs
 - Benedictine, 150
 - birth of, 255–256
 - bitters, 270–271
 - blending, 261–262
 - branded, spirit-based, 268–269

- classic, 271
 - classification of, 259–260
 - combining with food, 273–274
 - cream, 269–270, 305
 - description of, 258
 - flavoring, 260–261
 - fruit-flavored, 264–266
 - Hayman’s 1820 gin liqueur, 158
 - history of, 256–258
 - from Irish whiskey, 68
 - making, 258–259
 - making own, 272
 - nutritional profile of, 305
 - seed- and nut-based, 266–268
 - tasting, 271–273
 - types of, 262–263
 - Yukon Jack, 143
 - liquor store, choosing, 53–54
 - liver alcohol dehydrogenase, 58
 - Living Liqueurs* (Duke), 272
 - Locke’s Distillery Museum, 77
 - London dry gin, 153–154, 156–158, 167
 - Lord Invader (singer), 222
 - Louisville, Kentucky, 103
 - low wine, 31
 - lowball glass, 57
 - Lowlands, Scottish, 88
- M ●
- Macallan Fine and Rare Collection, 45
 - maceration, 260
 - MacGregor, Robert (Scottish hero), 286
 - Macquarie, Lachlan (governor), 224
 - maguey plants, 192–193
 - Maker’s Mark, 103, 110, 121
 - Mallya, Vijay (distillery owner), 127–128
 - malt barn, 83
 - malting barley, 83
 - Manastirka brandy, 242
 - Mandarine Napoleón, 266
 - Manhattan, 121, 282
 - Maraschino liqueur, 265
 - Margarita, 283
 - Marie Brizard Apry, 264
 - Marinated Salmon, 295
 - Marmot, 267
 - marrying, 35, 139
 - Martin, John (executive), 174
 - Martini, 153, 284–285
 - Martini glass, 57
 - Martinique, 221
 - mash
 - for Bourbon and Tennessee whiskey, 105
 - description of, 25, 27
 - for Irish whiskey, 66
 - for Tequila, 200
 - for vodka, 177
 - mash bill, 25–26
 - mash tun, 28
 - Matusalem Grand Reserve rum, 220
 - McNaughton 3 Year Old minimum, 142
 - McShane, Owen (distiller), 128
 - measuring cup, 289
 - medicine
 - alcohol as, 133, 149–150
 - botanicals in, 256–257
 - sugar in, 257
 - Metaxa brandy, 243
 - methyl alcohol (methanol), 11
 - metric measurement, 42
 - Mexican-American war, 195
 - Mexico. *See also* Tequila
 - brandy from, 250
 - touring, 199
 - mezcal
 - Cortez and, 194
 - description of, 192
 - making, 203
 - tasting, 205–207
 - microorganisms. *See also* yeasts
 - action of, 23–24
 - adding, 28

microvillus, 50
 mid-cut, 32
 Midleton distillery, 44, 69–70, 77
 Midleton Irish whiskey, 70
 Midori, 265
 Militia Law, 99
 mill, 27
 Miller, Oliver (farmer), 99, 125
 milling, 25–27
 Mint Julep, 288
 mixed drinks. *See also* cocktails
 American blended whiskey and, 121
 rum and, 229
 vodka and, 187–188
 mixto, 198, 203
 moderation, drinking in, 58, 307–308
 Mojito, 285–286
 molasses, 214
 Molson, John (brewer), 131–132
 Montaña y Cuervo, José Antonio
 (retailer), 194–195
 moonshining, 23
 Moore County, Tennessee, 105
 Moors, 210
 Morgan, Henry (captain), 211
 Morgan, Jack (restaurant owner), 174
 Moscow Mule, 174
 moth caterpillar, 204
 Motlow, Lem (distiller), 103
 Mount Gay distillery, 217
 Mount Vernon Distillery, 124
 mouthfeel, 51, 123
 movies
 about pirates, 229
 about Russia and vodka, 189
 muddler, 289
 Mundo Cuervo, 199
 Muscovado rum, 219
 Museum of Tequila, 199
 Museum of the American Cocktail,
 126
 “My Old Kentucky Home” (Foster),
 114

Myers rum, 220
 Myers’s Rum Cream, 269

• N •

National Distillers, 103
 Nearchus (general), 209–210
 Nelson, Horatio (naval hero), 226
 neutral spirits
 blending whiskey and, 117
 description of, 24–25, 29
 distillation of, 26
 New York, brandy from, 241
 New Zealand, distilling business in,
 128–129
 Noe, Booker (distiller), 102
 Nut Ball Cookies, 302
 nutrition profiles of alcohol
 beverages, 303–306

• O •

oak barrel, aging in, 36–37, 106
 oats, 67
 Ohio Territory, 100
 “Old Bourbon”, 101
 Old Grand-Dad distillery, 102–103
 Old Jameson Museum, 77
Old Mr. Boston drink recipe book, 175
 Old Tom gin, 157, 159, 167
 old-fashioned glass, 57
 The Online Distillery Network for
 Distilleries & Fuel Ethanol Plants
 Worldwide, 16
 O.P. Anderson aquavit, 182
 opening bottle before tasting, 45
 orange peel, 166
 osteoporosis, 314
 Ouzo, 267
 overindulgence, cure for, 58
 overproof rum, 221

• p •

pairing food and spirits. *See also*
recipes

American blended whiskey, 124
Bourbon or Tennessee whiskey, 111
brandy, 252–253
Canadian whisky, 144–145
cordials and liqueurs, 273–274
Irish whiskey, 76
Scotch whisky, 95
taste buds and, 50
Tequila, 207–208
vodka, 188

Palo Viejo rum, 221

Pastis, 267

Patrick (saint), 62

Peachtree Schnapps, 265

peanuts, 311

peat

Irish whiskey and, 67

Scotch whisky and, 82–84

peat firing, 72

Pendryn plant (Welsh Whisky
Company), 129–130

Penne à la Vodka, 296

Pennsylvania, 98–99

Pepper, Elijah (distiller), 103

Pepper, James E. (distiller), 103

Pepper, Oscar (distiller), 103

Peppermint Schnapps, 268

perceived value, 179

percolation, 261

Pernod Ricard, 68

Pertsovka flavoring, 179

Peru, brandy from, 250

PET (polyethylene terephthalate), 41

Peter the Great (czar), 171–172

Petiot, Fernand (bartender), 278

Peychaud, Antoine Amédée
(apothecary), 278

Peychaud's Bitters, 271

phylloxera, 64

piña, 199, 200, 203

Piña Colada, 306

pirate movie quiz, 229

Pisang Ambon, 264

Pisco brandy, 243

Plymouth gin, 158, 167

poire, 247

poitin, 64

polyethylene terephthalate (PET), 41

pomace brandy, 244–245

porosity of wood, 37

porteros, 198

Portugal, 210

pot still

alchemist and, 12

description of, 29–30

rum and, 214

Scotch whisky and, 84

uses of, 30–31

workings of, 31–32

world's largest, 69

potable spirits, 32

potatoes, 64, 173, 185

Pousse Café, 274

Powers Irish whiskey, 70

pressing agave, 199

pricing of liqueurs, 259

privateer, 211

process of distillation, 23–24

Prohibition

American blended whiskey and, 65,
117

American Medicinal Spirits
Company and, 102–103

Bourbon and Tennessee whiskey
and, 102

in Canada, 133–134

Canadian whisky and, 134

gin and, 153

impact of, 15–16, 20

Irish whiskey and, 65

Tequila and, 196

proof, 25, 39

proprietary cordial, 262–263
protecting investment, 55–56
Puerto Rico, rum from, 221–222
Puff von Schrick, Michael (author), 13
pulque, 191–193
Punt e Mes, 271
Pusser’s Rum, 226

• Q •

Quintessential Gin, 158
quizzes
 about Canada, 146
 about entertaining spirits, 20
 about pirate movies, 229

• R •

Rain vodka, 185
Raki, 267
reading label
 on Cognac and Armagnac, 238
 on spirits, 54–55
recipes
 AppleJack Pound Cake, 301
 Bloody Mary, 279
 Brandy Alexander, 279
 Chicken Fajitas, 297
 Chilled Melon Pepper Soup with
 Glazed Shrimp, 292–293
 Daiquiri, 280
 dessert pancakes, 274
 Filet Mignon with Whiskey Sauce,
 298–299
 Game Pâté Terrine, 293–294
 Gimlet, 281
 Green Beans with Toasted Pine
 Nuts, 299–300
 Irish coffee, classic, 75
 Manhattan, 282
 Margarita, 283
 Marinated Salmon, 295
 Martini, 284
 Mint Julep, 288

Mojito, 285–286
Nut Ball Cookies, 302
Penne à la Vodka, 296
Pousse Café, 274
Rob Roy, 286
sources for, 291–292
Strawberry Vodka Infusion, 180–181
Tennessee Whiskey Candied Apples,
 300
 Vodka Gimlet, 281
 Whiskey Sour, 287
rectifier, 224
Red Flame rum, 220
Redbreast Irish whiskey, 70
Remy Martin Louis XIII, 233
Reposado Tequila, 202, 206
resveratrol, 311
rhum agricole, 221
Rhum Barbancourt, 220
rhum industriel, 221
Rich and Rare 3 Year Old minimum,
 142
Rob Roy, 286
rocks glass, 57
Roger, Jean-Baptiste (distiller), 262
Ron Barcelo rum, 220
Ron Bermudez rum, 220
Ron Del Barrilito rum, 221
Ron Llave rum, 221
rot gut, 20
Royal Oak rum, 222–223
rum
 aging of, 215
 blending, 215–216
 British Royal Navy and, 226
 Caribbean, 217–223
 description of, 18
 flavoring, 216–217
 history of, 209–212
 making, 212–214
 nutritional profile of, 304
 from other countries, 224–226
 tasting, 227–229
 terminology of, 216

- Rum and Coca-Cola, 222
 rum-and-mustard, 213
 rummy, 216
 Rush, Benjamin (Surgeon General), 98, 133
 Russia
 movies about, 189
 vodka and, 171–172
 rye whiskey, 101, 117, 120, 122
- S •
- Sabra, 267
 sake, 18
 salesperson, finding, 53–54
 Sambucca Romano, 267
 Samuels, Bill, Sr. (distiller), 103
 Sanchez Tagle, Don Pedro (explorer), 194
 Sauza Family Museum, 199
 Sauza Hornitos, 200
 Scandinavian aquavit, 173
 Schlichte Steinhager Dry Gin, 162
 Schnapps, 260
 Scotch whisky
 aging of, 37, 86, 93
 aroma, 93–94
 blended, 89–91
 Campbeltown, 89
 choosing samples for tasting, 92
 combining food and, 95
 description of, 18, 82–83
 distilling, 84–85
 flavors, 94–95
 Highland, 88–89
 Islay, 89
 Lowland, 88
 malting and, 83
 peat and, 83–84
 regions of Scotland and, 86–89
 Speyside, 89
 styles of, 85–86
 tasting, 91–95
 trade and, 81
 Scotch Whisky Association, 85–86, 90
 Scotland. *See also* Scotch whisky
 geology and climate of, 82
 hiding of distilleries in, 80–81
 map of, 87
 touring, 96
 whisky-making regions of, 86–89
 scurvy, 281
 Seagram Company
 Bronfman and, 38, 117–119, 135–136, 174
 distilled dry gin, 160
 5 Crown, 135–136
 7&7, 121
 VO Gold 3 Year Old minimum, 142
 VO Gold 8 Year Old, 142
 serving
 brandy, 251–252
 gin, 167
 glassware for, 56–57
 temperature for, 56
 vodka, 186–188
 7&7, 121
 shaker, 289
 Shannon airport, 75
 shochu, 176
 shot glass, 46, 57
 sight and tasting, 48. *See also* color
 silver rum, 215
 Sinclair, David (molecular biologist), 311
 single barrel Bourbon, 108–110
 single grain whisky, 85
 single malt, 66
 single malt whisky, 85, 88
 size of bottle, 42
 Skyy vodka, 178
 slavery, 210, 213
 Slivovitz brandy, 241–242
 sloe gin, 162, 260
 slurping, 50–51, 75
 small batch Bourbon, 108–109
 smell. *See* aroma
 Smirnoff, Vladimir (distiller), 173

Smirnoff vodka, 174–175
 Smirnov, Piotr (distiller), 173
 Smith, George (distiller), 81
 smuggling whisky, 81
 snifter, 46, 57
 Soames, Margarita (socialite), 283
 solera aging method, 239–240
 sour mash whiskey, 107
 South Africa, brandy from, 243
 Southern Comfort, 265, 269
 Southern Distilling Company, 128–129
 Spain
 brandy from, 239
 gin from, 162–163, 167
 special bottling, tasting, 45
 spent lees, 32
 Speyside region of Scotland, 89
 spirits. *See also* dark spirits; neutral spirits
 blended, 38–40
 clear, 17–18
 distilled, history of, 9–10
 hand-crafted, 30–31
 letting open, 45, 48
 potable, 32
 straight, 38
 types of, 17–18
 vintage of, 19
 spirits still, 31
 spit bucket, 46
 Springbank, 45
 Square One vodka, 185
 standardization of process of
 fermentation, 10–12
 Standards of Identity, 16
 Stein, Robert (still inventor), 35
 Stevenson, Robert Louis (author),
 223
 Stewart, Redd (songwriter), 114
 still, 25, 28. *See also* column still; pot
 still
 still master, 25, 32
 still room, 256
 Stock, 265

Stolichnaya
 Límon, 179
 vodka, 175
 storage, 55–56
 straight spirits, 38
 straight whiskey, 18, 107
 strainer, 289
 Strawberry Vodka Infusion, 180–181
 stroke, 312
 sugar
 medicines and, 257
 Tequila and, 198
 vodka and, 177
 sugar cane, 209–212
 Sumerian tablet, 10
 Suntory Green Tea, 268

● T ●

tahona, 200
 tails, 32
 Taketsuru, Masataka (distiller), 127
 Tangle Ridge 10 Year Old, 141
 Tanqueray Special Dry English Gin
 and Tanqueray No. TEN, 157
 tariffs in India, 128
 taste buds, 50–51
 tasting
 American blended whiskey, 121–123
 Bourbon and Tennessee whiskey,
 108–110
 brandy, 248–251
 Canadian whisky, 139–144
 choosing spirits for, 44–45
 color and legs, 48–49
 cordials, 271–273
 describing taste, 51–53
 gin, 163–166
 Irish whiskey, 73–75
 nose, 49
 overview of, 43
 practice and, 94
 rum, 227–229
 Scotch whisky, 91–95

- setting table for, 45–46
- technique for, 50–51
- Tequila and mezcal, 205–207
- vodka, 181–187
- tasting sheet
 - for brandy, 248
 - example of, 46–47
 - for rum, 227
 - for Tequila, 205–206
 - for vodka, 181
- taxes, excise
 - in United Kingdom, 80–81
 - in United States, 98–99
- temperance, 133
- temperature, for serving, 56
- Ten Cane rum, 222–223
- “Tennessee Waltz” (Stewart and King), 114
- Tennessee whiskey
 - choosing for tasting, 110
 - combining food with, 111
 - description of, 18
 - history of, 98–102
 - making, 104–107
 - tasting, 108
 - touring distilleries, 112–113
- Tennessee Whiskey Candied Apples, 300
- Tequila
 - aging, 201–202
 - appellation of origin, 196–197
 - brands of, 203–205
 - combining with food, 207–208
 - description of, 18, 192, 196–197
 - flavoring, 202
 - history of, 192–196
 - making, 198–203
 - Prohibition and, 196
 - tasting, 205–207
 - worm in, 204
- Tequila Regulatory Council, 198
- Tequila Rose, 270
- Tequila Sunrise, 306
- terminology
 - derogatory, 19–21
 - for distillation, 25
 - rum and, 216
 - Scottish, 82
 - for tasting, 52–53
- terrines, 293
- 30 Years War, 150–151
- Thomas, Dalby (governor), 212
- Thomas, Jerry (bartender), 287
- Tia Marie, 267
- Tilden, Samuel J. (candidate), 282
- toasting
 - in Ireland, 78
 - in Mexico, 208
 - in Scotland, 92–93
 - with vodka, 188
- tobala, 203
- tot, 226, 281
- touring
 - American Whiskey Trail, 124–125
 - Bourbon and Tennessee whiskey distilleries, 112–113
 - Canada, 136
 - Ireland, 76–77
 - Scotland, 96
 - Tequila Land, 199
- trade
 - alcohol beverages and, 14
 - by Irish, 63–64
 - in rum, 211, 213
 - by Scots, 81
 - in United States, 100
- treacle, 93
- Treasure Island* (Stevenson), 223
- Triangle Trade, 213
- triglycerides, 313
- Trinidad and Tobago, 222–223
- triple distilled, 35
- Triple Sec, 265
- Tuaca Liquore, 268
- 21st Amendment, 16

type

- of agave, 198
- of Bourbon, 107–108
- of brandy, 244–245, 248–249
- of cordial or liqueur, 262–263
- of spirits, 17–18, 44
- of tasting, selecting spirits by, 44–45
- of yeast, 28

Tyroconnel Irish whiskey, 72

• U •

UB group, 127–128

uisege beatha, 13, 62

United States. *See also* American

- blended whiskey
- brandy from, 240–241
- charred wood barrel in, 106
- excise tax in, 98–99
- gin from, 159–160, 167
- rum from, 226
- trade in, 100

USDA National Nutrient Database for Standard Reference, 303

Usher, Andrew (stillmaster), 90

• V •

Van Winkle, Julian P. (distiller), 103

Vandermint, 267

vatted, 66

vatted or blended malt whisky, 85, 89–91

Venetian Cream, 270

Vernon, Edward (admiral), 226

vertical tasting, 44

Villa Massa, 265

Vincelli, Bernardo (monk), 150, 271

vintage

- classification by, 19
- Irish whiskey and, 66

vintage Bourbon, 108

Virgin Islands, 223

viscous, 49

vodka

- best-sellers, 186
- choosing, 179
- choosing by base or flavor, 185
- choosing by country of origin, 184
- choosing by price, 182–183
- combining food with, 188
- description of, 18, 169–170, 176
- flavored, 179–180
- history of, 170–175
- making, 176–178
- meaning of term, 13
- in movies, 189
- nutritional profile of, 304
- popular priced, 183
- premium, 183
- serving, 56, 186–188
- tasting sheet, 181
- toasting with, 188
- ultra-premium, 183
- value brand of, 183

Vodka Gimlet, 281

Volstead Act, 16

• W •

Wales, distilling business in, 129–130

wash, 23–24

wash still, 31

Washington, George (president), 99, 124, 242

water

- American blended whiskey and, 121
- branch water, 112
- Canadian whisky and, 138
- Irish whiskey and, 67
- Scotch whisky and, 82–83
- for tasting, 46
- for tasting whiskey, 109
- vodka and, 177

Wathen, Henry Hudson (distiller), 103

Wathen, Richard (executive), 103

Web sites

American Distilling Institute, 30–31
 American Whiskey Trail, 125
 Bourbon and Tennessee whiskey distilleries, 112–113
 Canadian whiskey brands, 140
 Mount Vernon Distillery, 124
 Museum of the American Cocktail, 126
 The Online Distillery Network for Distilleries & Fuel Ethanol Plants Worldwide, 16
 rum brands, 228
 Scotland National Tourist Board, 96
 Scottish food, 95
 spirited recipes, 291–292
 Standards of Identity, 16
 Tequila distilleries, 199
 Tequila Regulatory Council, 198
 USDA National Nutrient Database for Standard Reference, 303
 Weber, Franz (botanist), 193
 weight, controlling, 315
 Weller, William LaRue (distiller), 103
 Welsh Gold, 130
 Welsh Whisky Company, Pendryn plant, 129–130
 Western Pennsylvania, 98–99
 wheat whiskey, 117, 120–121, 123
 whiskey. *See also* American blended whiskey; Bourbon; Irish whiskey; Tennessee whiskey
 claims for, 79–80
 corn, 117, 120, 123
 description of, 18
 Indian, 127–128
 in New Zealand, 128–129
 nutritional profile of, 304–305
 rye, 101, 117, 120, 122
 straight, 18, 107
 wheat, 117, 120–121, 123
 whisky and, 62

The Whiskey Rebellion, 99
 Whiskey Sour, 287, 305–306
 whisky. *See also* Canadian whisky; Scotch whisky
 claims for, 79–80
 history of, 80–81
 Japanese, 126–127
 Welsh, 129–130
 whiskey and, 62
 White Chocolate liqueur, 267
 Whitely and Neill gin, 158
 Whyte & Mackay, 127–128
 wild yeast, 28
 Williams, Evan (distiller), 103, 129
 wine, 10, 311
 wine brandy, 244
 wodka, 170. *See also* vodka
 wood barrel, charred, 36, 68, 106
 worm (part of still), 29, 62
 worm in Tequila, 204
 wort, 25, 27–28
 Wyborowa vodka, 178

• Y •

Yak and Coke, 233
 yeasts
 action of, 23–24
 for Bourbon and Tennessee whiskey, 105
 sampling, 27
 types of, 28
 Yukon Jack, 143, 269

• Z •

Zubrowka vodka, 179
 Zuidam Dry Gin, 161

