

Contents

Introduction 1

PART ONE

What Is Spiritual Partnership?

1. Introducing Spiritual Partnership 11
2. Loving Action 1: Adopt a Spirit of Good Will 47
3. Loving Action 2: Give Up Problem Solving 55
4. Loving Action 3: Act as If 71
5. Loving Action 4: Practice Restraint 89
6. Loving Action 5: Balance Giving and Taking 115
7. Loving Action 6: Act on Your Own 129
8. Loving Action 7: Practice Acceptance 157
9. Loving Action 8: Practice Compassion 183

PART TWO

Putting Spiritual Partnership to Work in Your Relationship

10. Exactly How to Use the Eight Loving Actions 209
11. Frequently Asked Questions 221
12. Communication Within Spiritual Partnership 231
13. Making Mature Judgments 241

PART THREE

Seeing Spiritual Partnership in a Broader Context

14. Defining the “Spiritual” in Spiritual Partnership 249

15. The Future of Spiritual Partnership 279

References and Further Reading 291

About the Author 295