

# CONTENTS

Preface	ix
Acknowledgments	xiii
About the Authors	xvii
1. Introduction: The Promise of a New School Day	1
<b>PART ONE: TIME FOR CORE ACADEMICS</b>	<b>25</b>
2. The ABC's of Success: Reading and Writing in the New School Day	27
3. "Miss Spencer, Can I Have Tutoring?": How the New School Day Adds Up for Math	51
4. Back from Exile: The Return of Science, History, Languages, and Social Studies in the New School Day	70
<b>PART TWO: TIME FOR A WELL-ROUNDED EDUCATION</b>	<b>81</b>
5. Dance, Drumming, and Debate: Time for Enrichment and Extracurriculars in the New School Day	83
6. Time to Focus: Making Space for Social and Emotional Learning	103
7. No More Couch Potatoes: Recess, Physical Education, and Sports in the New School Day	114
8. Inside Job: Redefining Homework into the New School Day	125
<b>PART THREE: WHO BENEFITS FROM MORE LEARNING TIME?</b>	<b>135</b>
9. The Gift of More Time: Teachers and Teaching in the New School Day	137

<b>10.</b>	<b>More School?: Why Kids—Yes, Kids!—and Their Parents Like the New School Day</b>	<b>153</b>
<b>11.</b>	<b>“I Don’t Have Kids in School—Why Should I Care?”: Beyond the Classroom—Public Health, Neighborhood Safety, and the New School Day</b>	<b>167</b>
<b>PART FOUR: TRANSFORMING THE SCHOOL DAY</b>		<b>181</b>
<b>12.</b>	<b>Alternate Routes?: Other Ways to Make the Most of School Time</b>	<b>183</b>
<b>13.</b>	<b>For Whom the New Bell Tolls: Why the New School Day Works for Many Different Children, Families, and Communities</b>	<b>194</b>
<b>14.</b>	<b>Getting Down to Business: Do’s and Don’t’s in Creating the New School Day</b>	<b>214</b>
<b>15.</b>	<b>Blueprint for Success: Lessons Learned and Open Questions About the New School Day</b>	<b>238</b>
<b>16.</b>	<b>Conclusion: Time for Change, Time to Learn</b>	<b>258</b>
	<b>Further Readings</b>	<b>265</b>
	<b>Index</b>	<b>271</b>

*We dedicate this book to the extraordinary people—teachers, principals, and leaders—who are making the new school day a reality, and showing what schools and children can really achieve.*

