

Contents

List of Maps

viii

What's New in Hawaii

1

Smoke-Free State4

1 The Best of Hawaii

5

1 The Best Beaches5

2 The Best Island Experiences6

3 The Best of Natural Hawaii9

4 The Best of Underwater Hawaii . . .11

5 The Best Golf Courses11

6 The Best Ways to Immerse Yourself
in Hawaiian Culture12

The Welcoming Lei14

7 The Best Luxury Hotels & Resorts . .15

8 The Best Moderately Priced
Accommodations17

9 The Best Places to Stay
with the Kids19

10 The Best Resort Spas20

Pampering in Paradise22

11 The Best Dining, Hawaii Style23

12 The Best Restaurants24

13 The Best Spots for
Sunset Cocktails26

2 Planning Your Trip to Hawaii

28

1 Visitor Information & Maps28

Hawaii on the Web29

2 Entry Requirements30

3 When to Go31

Hawaii Calendar of Events33

4 Getting There40

Getting through the Airport42

5 Money45

6 Travel Insurance47

7 Health48

*Don't Get Burned: Smart
Tanning Tips*49

8 Safety52

9 Specialized Travel Resources53

10 Sustainable Tourism/Ecotourism . . .56

*Frommers.com: The Complete
Travel Resource*57

11 Staying Connected57

12 Packages for the Independent
Traveler59

Ask Before You Go59

13 Special-Interest Trips60

*Fun for Less: Don't Leave Home
without a Gold Card*64

14	Getting Around Hawaii	67	16	Getting Married in the Islands	74
15	Tips on Accommodations	70		<i>Fast Facts: The Hawaiian Islands</i>	76

3 Suggested Hawaii Itineraries 82

1	A Week on Oahu	82	4	A Week on Molokai	89
2	A Week on the Big Island of Hawaii	85	5	A Week on Lanai	91
3	A Week on Maui	87	6	A Week on Kauai	92

4 Oahu, the Gathering Place 95

1	Orientation	96		<i>Experiencing Jaws: Up Close & Personal</i>	183
	<i>The Island in Brief</i>	97	7	Nature Hikes	186
2	Getting Around	107	8	Camping & Wilderness Cabins	189
	<i>Fast Facts: Oahu</i>	111	9	Golf & Other Outdoor Activities	191
3	Where to Stay	112	10	Orientation Tours	196
	<i>It's Not Your Father's Waikiki</i>	116		<i>A Bird's-Eye View</i>	196
	<i>A Room for Everyone in Waikiki: The Outrigger & Ohana</i>			<i>Rolling through Waikiki on a Segway</i>	197
	<i>Hotels Dynasty</i>	122	11	Attractions in & Around Honolulu & Waikiki	198
	<i>Waikiki Beach Walk</i>	124		<i>Especially for Kids</i>	199
	<i>Take a Healthy Vacation: Have Your Next Medical Checkup in Waikiki</i>	128		<i>Oahu's Vibrant Art Scene</i>	208
4	Where to Dine	141		<i>Walking Tour: A Stroll Through Historic Chinatown</i>	210
	<i>Dining in Waikiki 24-7</i>	146	12	Beyond Honolulu: Exploring the Island by Car	214
	<i>Tasty Tours for the Hungry Traveler</i>	149	13	Shopping A to Z	224
	<i>Local Chains & Familiar Names</i>	161		<i>Fish Markets</i>	227
	<i>Luau!</i>	172		<i>Health-Food Stores</i>	229
5	Beaches	172	14	Oahu After Dark	237
	<i>Frommer's Favorite Oahu Experiences</i>	176		<i>Get Down with ARTafterDark</i>	239
6	Watersports	180			

5	Hawaii, the Big Island	243
1	Orientation	246
	<i>The Island in Brief</i>	247
2	Getting Around	250
	<i>Fast Facts: The Big Island</i>	251
3	Where to Stay	251
4	Where to Dine	273
	<i>A Tasty Tour</i>	277
	<i>Kona Coffee Craze!</i>	281
	<i>Coming Soon to a Restaurant Near You</i>	284
	<i>Epicurean Farm Tour & Dinner</i>	287
	<i>A Lunch for All Five Senses</i>	289
	<i>Bet You Can't Just Eat One</i>	291
5	Beaches	295
6	Watersports	299
	<i>Frommer's Favorite Big Island Experiences</i>	300
7	Hiking & Camping	306
8	Golf & Other Outdoor Activities	309
	<i>Improve Your Golf Game in 2½ Hours</i>	311
9	Seeing the Sights	315
	<i>Especially for Kids</i>	319
	<i>Experiencing Where the Gods Live</i>	326
	<i>Imiloa: Exploring the Unknown</i>	332
10	Shops & Galleries	338
11	The Big Island After Dark	351
	<i>An Evening under the Stars</i>	352
	<i>Old-Style Hawaiian Entertainment</i>	354
6	Maui, the Valley Isle	356
1	Orientation	356
	<i>The Island in Brief</i>	360
2	Getting Around	364
	<i>Fast Facts: Maui</i>	365
3	Where to Stay	366
4	Where to Dine	397
5	Beaches	421
	<i>Frommer's Favorite Maui Experiences</i>	426
6	Watersports	428
	<i>An Expert Shares His Secrets: Maui's Best Dives</i>	434
7	Hiking & Camping	436
8	Golf & Other Outdoor Activities	442
9	<i>Especially for Kids</i>	446
	Seeing the Sights	446
	<i>Ho'omana'o: Step Back in Time to Old Hawaii</i>	450
	<i>Stop & Smell the Lavender</i>	457
10	Shops & Galleries	463
	<i>Maui's Own: OCEAN Vodka</i>	466
11	Maui After Dark	475
	<i>A Night to Remember: Luau, Maui Style</i>	476
7	Molokai, the Most Hawaiian Isle	480
1	Orientation	483
	<i>The Island in Brief</i>	484
2	Getting Around	485
3	Where to Stay	485

<i>Believe It or Not: High-Priced Camping</i>	489	8 Golf & Other Outdoor Activities . . .	502
4 Where to Dine	491	9 Seeing the Sights	503
5 Beaches	495	<i>Especially for Kids</i>	505
6 Watersports	497	<i>Halawa Valley: A Hike Back in History</i>	510
<i>Molokai's Best Snorkel Spots</i>	498	10 Shopping	511
7 Hiking & Camping	499	<i>The Perfect Molokai Souvenir</i>	512
<i>Frommer's Favorite Molokai Experiences</i>	500	11 Molokai After Dark	514

8 Lanai, a Different Kind of Paradise 515

1 Orientation	518	6 Watersports	527
2 Getting Around	519	7 Hiking & Camping	528
3 Where to Stay	519	8 Golf & Other Outdoor Activities . .	529
4 Where to Dine	522	9 Seeing the Sights	531
5 Beaches	526	<i>Especially for Kids</i>	531
<i>Frommer's Favorite Lanai Experiences</i>	526	10 Shopping	534
		11 Lanai After Dark	536

9 Kauai, the Garden Isle 537

1 Orientation	538	<i>Frommer's Favorite Kauai Experiences</i>	584
<i>The Island in Brief</i>	538	6 Watersports	587
<i>Niihau: The Forbidden Island</i>	541	<i>Especially for Kids</i>	593
2 Getting Around	543	7 Hiking & Camping	594
<i>Fast Facts: Kauai</i>	544	8 Golf & Other Outdoor Activities . .	600
3 Where to Stay	544	9 Seeing the Sights	604
<i>The King of Condos</i>	550	<i>Hollywood Loves Kauai</i>	610
<i>Moa Better: Chickens & Roosters</i> . .	552	10 Shops & Galleries	614
4 Where to Dine	564	<i>Fruity Smoothies & Other Exotic Treats</i>	616
<i>Plate-Lunch Pointers</i>	566	11 Kauai After Dark	622
5 Beaches	581		

Appendix: Hawaii in Depth	624
1 History 101	624
2 Hawaii Today	627
3 Life & Language	628
4 A Taste of Hawaii	629
5 The Natural World: An Environmental Guide to the Islands	632
6 Recommended Reading	640
Index	643

List of Maps

- The Hawaiian Islands 7
Oahu in 1 Week 83
The Big Island in 1 Week 86
Maui in 1 Week 88
Molokai in 1 Week 90
Lanai in 1 Week 92
Kauai in 1 Week 93
Oahu 98
Honolulu Neighborhoods in Brief 100
Waikiki Orientation 102
Downtown Honolulu 104
TheBus 108
Where to Stay in Waikiki 114
Where to Dine in Waikiki 142
Honolulu Dining Beyond Waikiki 152
Beaches & Outdoor Activities
on Oahu 174
Honolulu Attractions 200
Walking Tour: Historic
Chinatown 211
Eastern Oahu & the
Windward Coast 215
Central & Leeward Oahu 221
Oahu's North Shore 224
The Big Island 244
Where to Stay on the Kona Coast 253
Where to Stay & Dine in
North Kohala & Waimea 263
Where to Stay & Dine in the
Volcano Area 271
Where to Dine on the
Kona Coast 275
Beaches & Outdoor Activities
on the Big Island 296
Kailua-Kona Town 317
Hilo 331
Hawaii Volcanoes National Park 335
Maui 358
Lahaina & Kaanapali Accommodations
& Attractions 369
Where to Stay & Dine
in West Maui 377
Where to Stay & Dine
in South Maui 381
Upcountry & East Maui 391
Where to Dine in Lahaina &
Kaanapali 403
Beaches & Outdoor Activities
on Maui 422
Haleakala National Park 455
Hana 463
Molokai 481
Where to Stay & Dine
on Molokai 487
Lanai 517
Kauai 539
Where to Stay & Dine in Lihue 545
Where to Stay & Dine in the
Poipu Resort Area 549
Where to Stay & Dine on the
Coconut Coast 555
Where to Stay & Dine on
Kauai's North Shore 560
Beaches & Outdoor Activities
on Kauai 583