

Contents

Preface to the Second Edition	v
About the Author	x
1. Dimensions of Adult Learning	1
2. Transformative Learning Theory	19
3. A Theory in Progress	39
4. Transformation: The Learner's Story	57
5. Individual Differences	79
6. Educator Roles	101
7. Empowering Learners	117
8. Fostering Critical Self-Reflection and Self-Knowledge	135
9. Supporting Transformative Learning	159
10. The Educator's Transformative Journey	181
References	201
Index	213