

INDEX

See also Accommodations and Restaurant indexes, below.

GENERAL INDEX

Alyshah Designs (Shela), 298

Aardwolf, 491

AAR Emergency Ambulance, 78

AA Shuttles, 29

Abasuba Community Peace Museum (Mfangano), 198

Abasuba tribe, 197–198

Abercrombie & Kent, 47, 208

Aberdare Country Club (Kenya), 135

Aberdare National Park (Kenya), 58, 60, 125, 132–135

Access-Able Travel Source, 42

Accessible Journeys, 42

Accommodations. *See also*

Accommodations Index

best, 6–9

island lodgings, 13–14

most romantic safari destinations, 1–4

safari, 54–55

tented camps, 19–20, 55

argument for, 20–21
best, 8–9

tips on, 53–56

Adamson, Joy, 139

Adventure and wellness trips, 50

The Africa Adventure Co., 46

Africa Concours D'Elegance (Nairobi), 27

African buffalo, 499

African dormouse, 506

African Dream (Dar es Salaam), 324

African Heritage House (Nairobi), 86

African Lily (Nairobi), 96

The African Modern Art Park (Bagamoyo), 327

African sleeping sickness, 38

Afric'Aventure (Dar es

Salaam), 306

Aga Khan University Hospital (Nairobi), 79

Air Excel, 33–34

AirKenya, 31

Amboseli, 104

Laikipia Plateau, 211

Lamu, 283

Meru National Park, 140

Mombasa, 250, 252

Mount Kenya, 127

Nairobi, 71, 78

Samburu National Reserve, 227–228

Tanzania, Arusha, 385

Air Tanzania, 33

Air travel

jet lag, 29

Kenya

Amboseli National Park, 104

Baringo, 161

to Kenya, 29

within Kenya, 31

Laikipia Plateau, 211

Lake Turkana, 237–238

Lake Victoria, 196

Lamu, 283

Masai Mara, 171

Meru National Park, 140

Mombasa, 250–252

Mount Kenya, 127

Nairobi, 71, 78

Naivasha, 147

Samburu National Reserve, 227–228

Tsavo National Park, 116

Tanzania, 302

Gombe Stream,

Mahale and Katavi, 481

Kilwa and Mikindani, 471–472

Moshi or Marangu, 445–447

Ruaha National Park, 476

Selous Game Reserve, 466

the Serengeti, 426

Stone Town, 340–341

Tanga, 332

in Tanzania, 33–34
to Tanzania, 30

Albatros Travel, 47

Altitude sickness, 39

Aman (Shela), 298

Amboni Caves (Tanzania), 332

Amboseli National Park (Kenya), 61, 103–110

Ambulances

Mombasa, 252

Nairobi, 78

American Embassy Memorial Garden (Nairobi), 81

American Express, Nairobi, 78

Ancient Ost Afrika

(Bagamoyo), 328

&Beyond, 47, 56, 430

Anglican Cathedral Church of Christ (Stone Town), 346

A Novel Idea (Dar es Salaam), 308

Antelopes, 499–503

greater kudu, 160, 162,
464, 473, 475, 477, 500

sable, 501–502

Antique Makonde Carvers Workshop (Arusha),

387–388

A.P.D.K. Fair Trade Shop (Nairobi), 96

Aqua Ventures (Watamu), 274

Arabuko-Sokoke Forest (Kenya), 274–275

Archer's Post (Kenya), 239

518 Area codes

Dar es Salaam and
Tanzania, 307
Kenya, 484
Mombasa, 252
Nairobi, 78
Tanzania, 487

Art galleries

Dar es Salaam (Tanzania),
321–323
Kenya
Lamu, 298
Nairobi, 97–100

The Art of Ventures, 147**Arusha Declaration Museum, 387****Arusha National Park (Tanzania), 387****Arusha (Tanzania), 64, 66, 384–397**

accommodations and
restaurants, 389–397
currency exchange, 386
emergencies, 386
exploring the area, 387
getting around, 386
hospital, 386
Internet access, 386
pharmacy, 386
police, 386
post office, 386
shopping, 387–389
traveling to, 385
visitor information,
385–386
when to go, 386

Asilia, 47**Association of Independent
Tour Operators (AITO), 45****Atthi River, 118****ATMs (automated-teller
machines), 37**

Dar es Salaam, 307
Nairobi, 78–79

Australia

customs regulations, 28
High Commission, Nairobi,
79, 484
visas, 486

Avis, 32, 34**Awaken to Africa, 47****Baboon Cliff (Lake Nakuru),
154****Baboons, olive, 498****Bagamoyo Talent Studio, 327****Bagamoyo (Tanzania),
327–329****Ballooning, 10**

safaris
Masai Mara (Kenya),
183
the Serengeti
(Tanzania), 428

The Banana Box (Nairobi), 97**Banded mongoose, 492****Banks**

Dar es Salaam, 308
Nairobi, 79

Baobab trees, 400**Barclays Bank (Dar es
Salaam), 308****Baringo, Lake (Kenya), 10,
144, 158–164****Bat-eared fox, 492****Bawe Island (Zanzibar), 360****“Beach boys” (Kenya), 260****Beaches. See also specific
beaches**

Kenya, 62–63
“beach boys,” 260
nude and topless
sunbathing, 260
shells and coral, 260
Tanzania, 67
Dar es Salaam,
323–324

Behind the Mask, 42**Beit el Amani Memorial
Museum (Stone Town), 346****Bey, Amir Ali, 249–250****Big Cat Diary series (BBC),
179, 182****Bilharzia, 38, 197****Bill Winter Safaris, 50****Bio-Ken Laboratory and
Snake Farm (near Watamu),
275****Bird-watching, 24**

Kenya
Arabuko-Sokoke
Forest, 274–275
Kakamega Forest, 204
Lake Baringo, 158
Lake Bogoria, 159–160
Lake Nakuru, 153
safaris, 48

Black-backed jackal, 492–493**Black Tomato, 47, 114****Blixen, Karen (Isak Dinesen),
123, 190**

Museum (Nairobi), 84–85

Blue Rhino (Lamu), 298**Boat trips and tours**

Kenya, 29
dhow cruises, 291
Lake Baringo, 161
Lamu, 286

Tanzania, 30, 304
dhow cruise to
Bongoyo, 323
Rufiji River, 11–12

Boda-bodas

Kenya, 33
Tanzania, 35

**Bogoria, Lake (Kenya), 144,
159–164****Bombolulu (near Mombasa),
254****Bookstop (Nairobi), 79****Bookstores**

Dar es Salaam, 308
Nairobi, 79

Border crossings, Kenya, 29**Boribu Sandbar (Zanzibar),
357****Boskovic Air Charters,
31, 211, 228****British Airways, 78, 307****Broadbill (charter boat), 259****Brussels Airlines, 78****Budget, 34****Buffalo Springs (Kenya),
225–237****Bujora Sukuma Museum
(Mwanza), 438****Burguret (Kenya), 128****Bush and Beyond, 15, 54,
55, 77****Bushbabies, 497****Bush Homes of East Africa,
152****Business hours, Kenya, 484****Bus travel**

Kenya, 32, 33
Tanzania, 35, 385

**Calendar of events, 26–27
Calving season, 24****Camels, Laikipia (Kenya), 11****Camel safaris, Kenya, 214****Canada**

customs regulations, 28
High Commission
Dar es Salaam, 488
Nairobi, 79, 484
visas, 486

Carbonfund, 45**Carbon Neutral, 45****Carjackings, 32, 40****Car rentals**

Dar es Salaam, 308
Kenya, 32

Carrier, 55

Car travel. See also Road travel

- in Kenya, 31–32
 - in Tanzania, 34
- Castle Royal Hotel (Mombasa), 252**
- Catholic Museum (Bagamoyo), 327**
- Cattle rustling, 41**
- Caving, Chyulu Hills (Kenya), 113**
- Cellphones, Kenya, 19, 52–53**
- Cellular Abroad, 53**
- Central Highlands of Kenya, 125–142**
- Central Island National Park (Kenya), 240–241**
- Central Market (Arusha), 387**
- Central Rent-a-Car, 32**
- Chagga Tours, 49, 460–461**
- Chala, Lake (Tanzania), 462**
- Cheetahs, 4, 430, 493**
- Cheli & Peacock, 54**
- Chimpanzees, 5, 480, 498**
- Chogoria (Kenya), 128**
- Chole Island (Tanzania), 378**
accommodations, 380–381
- Cholera, 28, 38**
- Chumbe Island (Zanzibar), 360**
- Chyulu Hills, 111–114**
- Cin Cin (Nairobi), 101**
- Classic Furniture (Stone Town), 347**
- Classic Tours and Safaris, 450**
- Climbing**
Kilimanjaro, 66, 452–460
Mount Kenya, 127–129
- Clothing, on safaris, 20–21**
- Coastal Aviation (Tanzania), 33, 304, 307, 332**
- Coastal Kenya, 58. See also Lamu Archipelago; The North Coast; The South Coast**
- Coco Beach (Dar es Salaam), 322**
- Coke's hartebeest, 499–500**
- Colobus monkeys, 205, 236, 265, 317**
- Cost of safaris, 15**
- Courier services, Dar es Salaam, 308**
- Courtesy Cabs (Nairobi), 80**
- Credit cards, 37**
on safaris, 19
Tanzania, 447
- Crime, 40**
- Crocodile Point, 118**

Crocodiles, 4

Kenya, 118, 158, 172

Cross-border violence, 41

Cuisine, Kenyan coast, 248

Cultural Heritage Company (Arusha), 388–389

Culture and history, best places for, 12–13

Currency and currency exchange, 35–37

Nairobi, 79

Tanzania, 306

Arusha, 386

Dar es Salaam, 308

Customs regulations, 27–28

Dala-dalas, 33

Dar es Salaam, 305

Darajani Market (Stone Town), 345–346

Dar es Salaam (Tanzania), 299–326

accommodations, 309–318
average monthly high/low temperatures and rainfall in, 25

brief description of, 63

exploring, 320–324

getting around, 306

layout of, 304–305

nightlife, 325–326

police, 309

post office, 309

restaurants, 318–320

restrooms, 309

safety, 309

shopping, 324–325

travel agents and ground operators, 307

traveling to, 302–304

visitor information, 306

weather, 309

David Sheldrick Elephant & Rhino Orphanage (Nairobi), 81–82

Deep vein thrombosis, 38

Dentists, Dar es Salaam, 308

Desert rose (*mdiga*), 160

Diani Beach (Kenya), 258, 263–267

Diani Bikes (Kenya), 259

Dida Galgalu Desert (Kenya), 238

Dietary red flags, 39

Dietary requirements, special, 17–18

Dinesen, Isak (Karen Blixen), 123, 190

Museum (Nairobi), 84–85

Disabilities, travelers with, 42 519

Discover SCUBA course (Mafia Island), 377

Doctors and dentists, Nairobi, 79

Dolphins, snorkeling with (Zanzibar), 357–358

Doreen Mashika (Stone Town), 347

Driftwood Beach Club (Malindi), 274

Drinking laws
Kenya, 484
Tanzania, 487

Drugstores, Dar es Salaam, 308

East African, The 78

East African Treasures, 149

Eco Directory, 45

Economics of 2 dive center (Mikindani), 301

Economy class syndrome, 38

Eco-Resorts, 51

Ecotourism, 44–45

Ecotourism Australia, 45

Ecotourism Society of Kenya, 45

Eid al Fitr (Kenya), 484–485

Eland, 500

Electricity
Kenya, 484
Tanzania, 487
in tented camps, 21

Elephants, 503

Kenya

Amboseli National Park, 104

Elephant Watch,

2, 234–235

Mwaluganje Elephant

Sanctuary, 260–261

Nairobi, 81–82, 84

red elephants (Tsavo

National Park), 123

Save the Elephants,

227, 234

Elephant shrew, golden-rumped, 274

El Molo tribe (Kenya), 241, 243

Embassies and consulates
Dar es Salaam, 308, 488
Nairobi, 79, 484

Emergencies

Dar es Salaam, 308

Nairobi, 79

Tanzania, 488

Emirates, 78, 307

Environmentally Friendly Hotels, 45
 Equatorial Fruit Parlour (Mombasa), 253
 Escorted safaris, 51–52
 Ethnic conflicts, 41
 Exchange Bar (Nairobi), 101
 Extreme weather exposure, 39–40

Fairmont, 56
 Families with children, 42–43
 The far north (Kenya), 237–245
 The Fazendin Portfolio, 55
 Female circumcision, 226, 231
 Ferries, Stone Town, 341
 Fever trees, 401
 Fishing
 Kenya
 Lake Victoria, 199
 Malindi-Watamu coast, 275
 the South Coast, 259
 Tanzania, 378
 Fish market (Dar es Salaam), 320
 Flamingoes
 Kenya, 156
 Bogoria, 160
 Lake Nakuru, 153
 Lake Natron (Tanzania), 420–422
 Flea market, Dar es Salaam, 324–325
 Flightlink, 34
 Flightseeing, Kenya, Mount Kenya, 131
 Fly540, 31, 71, 78
 Lamu, 283
 Mombasa, 250, 252
 Flying Doctors Society of Africa, 40, 79, 386
 Forestry Department (Kenya), 203
 Forodhani Gardens (Stone Town), 343
 Fort Jesus (Mombasa), 250, 252, 253
 4WD-driving, 32
 Francombe, Julia, 231
 Frommers.com, 46
 Fuller, Lee, 51
 Fungu Island (Tanzania), 330
 Funzi Keys (Kenya), 258
 Fuskai (Nairobi), 98

Gabbara tribe (Kenya), 242–243
 Galana River (Kenya), 118
 Gallery Baraka (Lamu), 298
 Gallery Tours & Safari (Stone Town), 342
 Gallman, Kuki, 219
 Gametrackers (Kenya), 244
 Gays and lesbians, 41–42
 Gede Ruins (Kenya), 275–276
The Ghost and the Darkness (film), 120–121
 Gipsy Bar (Nairobi), 101
 Giraffe Centre (Nairobi), 83–84
 Glen Edmunds Performance Driving School (Nairobi), 32
 Gnu (wildebeest), 5, 503
 Masai Mara, 171–173
 the Serengeti, 423–424
 “God’s Corner” (Nairobi), 81
 Golden jackal, 493
 Golden-rumped elephant shrew, 274, 276
 Gombe National Park (Gombe Stream; Tanzania), 480–482
 Goodall, Jane, 480
 Governors, 55–56
 Governors’ Balloon Safaris (Kenya), 183
 Grant’s gazelle, 502
 Grave Island (Zanzibar), 360
 Greater kudu antelopes, 160, 162, 464, 473, 475, 477, 500
 The Green Directory, 45
 Green Foot Print Adventure, 406
Green Hills of Africa (Hemingway), 190
 Greenhotels, 45
 Green Pages, 45
 Grumeti Private Reserve (Tanzania), 7
 Gusii (Kisii) tribe, 200

Hadzabe tribe, 415
 Hair dryers, 18–19
 Hamamni Persian Baths (Stone Town), 347
 Hammerkop Roost (Kenya), 163
 Health concerns, 37–41
 jet lag, 30
 medical requirements for entry, 28–29

Hell’s Gate National Park (Kenya), 146, 148
 Hemingway, Ernest, 190, 272, 454
 Hepatitis A and B, 28
 Heritage Hotels, 43, 55
 Hertz, 32, 34
 High-altitude hazards, 39
 Highway banditry, 41
 Hippo Point (near Lake Naivasha), 149
 Hippopotamus (hippos), 504–505
 Lake Baringo (Kenya), 158
 the Serengeti, 423
 Hirola antelopes, 119
 HIV/AIDS, 38
 Holidays
 Kenya, 484
 Tanzania, 488
 Holy Ghost Church (Bagamoyo), 327
 Hoopoe Adventure Tours, 49–50, 461
 Horseback in Kenya, 208
 Horse-riding safaris, Kenya, 208, 209
 Borana, 215
 Chyulu Hills, 114
 Masai Mara, 188
 Hospitals
 Dar es Salaam, 308
 Nairobi, 79
 Tanzania, 488
 Hot-air ballooning
 Masai Mara (Kenya), 10
 safaris, Masai Mara (Kenya), 183
 Hotels, 54
 House of Wonders (Stone Town), 343–344
 Hunting, Kenya’s ban on, 238
 Hyenas, 496

I *Dreamed of Africa* (Gallman), 219
 Il Chamus (Njemps tribe), 161
 Immunizations, 28
 Impala Shuttles, 29
 Indigo Aviation (Tanzania), 304, 307
 Inside Nairobi, 77
 Insider’s Africa, 48
 Insurance, Kenya, 485
 InTanzania, 48–49
 International Camel Derby (Maralal), 27

- Internet access**, 19, 53
Nairobi, 80
- Into Africa**, 48, 128
- Ireland**
consulate (Nairobi), 79
visas, 487
- Irungu, Joseph**, 76
- Isimila Stone Age Site (Ruaha National Park)**, 476
- Isiolo (Kenya)**, 239
- Island Express (Stone Town)**, 343
- Itineraries, suggested**
Kenya, 60–63
Tanzania, 64–69
- Jane Goodall Institute**, 136
- Jeevanjee Gardens (Nairobi)**, 81
- Jet lag**, 30
- Jipe, Lake (Tanzania)**, 462
- Jo Anderson Safaris**, 49, 461
- Jomo Kenyatta International Airport (Nairobi)**, 71
- Jozani Forest (Zanzibar)**, 358–359
- Juani Island**, 378
- Julius Nyerere International Airport (Dar es Salaam)**, 302–304
- Jumaa Mosque (Shela)**, 286
- Jumba la Mtwana (near Mombasa)**, 254
- Junior, Peter**, 328
- Just Rent A Car (Dar es Salaam)**, 308
- Kakamega Forest (Kenya)**, 165, 168, 202–205
- Kalabash (Nairobi)**, 98
- Kalacha (Kenya)**, 242
- Kalenga (Tanzania)**, 476
- Kamara II (charter boat)**, 259
- Kampi ya Samaki (Kenya)**, 162
- Kaole Ruins (Bagamoyo)**, 328
- Karen Blixen Museum (Nairobi)**, 84–85
- Karen Bureau de Change (Nairobi)**, 79
- Karen Connection Forex (Nairobi)**, 79
- Karen Hospital (Nairobi)**, 79
- Kariakoo Market (Dar es Salaam)**, 321
- Karisia Walking Safaris (Kenya)**, 208
- Kasa Divers (Tanzania)**, 300, 333
- Katavi National Park (Tanzania)**, 68–69, 481
- Kazuri Bead Factory (Nairobi)**, 98
- KCB ATM (Lamu)**, 284
- Kearsley Travel & Tours (Dar es Salaam)**, 307
- Kenatco Taxis (Kenya)**, 76, 80
- Kenatco Taxis (Mombasa)**, 251
- Kenya, Mount**, 126–132
- Kenya Airways**, 31
Mombasa, 250, 252
Nairobi, 78
Tanzania, 307
Arusha, 385
- Kenyan coast**, 246–298. *See also* Mombasa; the South Coast
- Kenyatta International Conference Centre (Nairobi)**, 81
- Kenya Voluntary & Community Development Project**, 51
- Kenya Wildlife Service**, 129, 140, 154, 156, 203, 487
- Ker & Downey**, 51
- KG Mountain Expeditions**, 128
- Kibera (Nairobi)**, 82–83
- Kidnappings**, 41
- Kigamboni Ferry (Dar es Salaam)**, 321
- Kigoma (Tanzania)**, 480
- Kiko Romeo (Nairobi)**, 98
- Kilasia Waterfall (Tanzania)**, 462
- Kilimanjaro Air Safaris (Tanzania)**, 34
- Kilimanjaro International Airport (near Arusha)**, 385
- Kilimanjaro National Park Headquarters (Tanzania)**, 447
- Kilimanjaro National Park (Tanzania)**, 6
- Kilimanjaro (Tanzania)**, 442–462
climbing, 66, 452–460
cost of climbing, 459–460
excursions in the foothills, 462
Internet access, 447
ping guides and porters, 460
recommended operators, 460–461
traveling to, 445–447
when to go, 447
- Kilwa (Tanzania)**, 469–473
- Kingfisher (Malindi)**, 275
- Kipungani (Kenya)**, 286, 293–294
- Kisere Forest Reserve (Kenya)**, 205
- Kisii (Gusii) tribe**, 200
- Kisite Mpunguti Marine National Park (Kenya)**, 258–260, 270
- Kisumu. See Victoria, Lake**
- Kitengela Glass (Nairobi)**, 98
- Kitesurfing**
Malindi-Watamu coast (Kenya), 274–275, 280
Tanzania, 300
- Kitesurf Kenya (near Malindi)**, 275
- Kivukoni Front (Dar es Salaam)**, 321
- Kiwayu (Kenya)**, 282, 286, 295–296
- Klein's (Tanzania)**, 7
- KLM**, 78, 307
- Kuringe Waterfall (Tanzania)**, 462
- Kwitutu, Mount (Kenya)**, 198
- Laikipiac (Nanyuki)**, average monthly high/low temperatures and rainfall in, 25
- Laikipia Plateau (Kenya)**, 58, 61, 206, 210–225
best private concessions in, 6
getting around, 211
orientation, 210–211
park fees, 211
traveling to, 211
visitor information, 211
where to stay, 212–225
- Laikipia Wildlife Forum**, 211
- Lake Bogoria National Reserve**, 160
- Lake Manyara National Park (Tanzania)**, 66, 404–410
- Lake Nakuru National Park (Kenya)**, 60, 154–158
- Lamu Archipelago (Kenya)**, 62, 248–249, 282–298. *See also specific islands*
accommodations, 287–296
restaurants, 296–297
shopping, 297–298

- Lamu Cultural Festival (Kenya), 284**
- Lamu Fort (Kenya), 285–286**
- Lamu Island (Kenya), 62**
getting around, 283–284
sights and attractions, 284–287
traveling to, 283
visitor information, 284
- Lamu Museum (Kenya), 285**
- Lamu Town (Kenya), 12**
accommodations, 287–290
restaurants, 296
- Language, Kenya, 485**
- Leakey, Louis, 412–413**
- Leakey, Mary, 194, 383, 412–413**
- Leakey, Meave, 240**
- Leakey, Richard, 240**
- Legal aid**
Kenya, 485
Tanzania, 488
- Lenga Juu, 78**
- Leopard, 494**
- Leopard Tours, 47**
- Level 8 (Dar es Salaam), 326**
- Leviathan, 111, 113**
- Lewa Marathon, 26**
- Lewa Wilderness, 4–5**
- Lewa Wildlife Conservancy (Kenya), 50, 212, 217**
- Likoni Ferry (Mombasa), 251**
- Lilanga, George, 322**
- Lions, 4, 494**
Kenya
Amboseli National Park, 106–107
Masai Mara, 172
Tsavo East, 120–121
the Serengeti (Tanzania), 424, 429, 436
- Livasia, Moses, 204**
- Lodges. See Accommodations**
- Loiyangalani, 243**
- Longonot, Mount, 146**
- Lucky Rent-A-Car (Dar es Salaam), 308**
- Lugard Falls, 118**
- Luhya people, 202**
- Luo people, 165, 194, 196, 200**
- M**
Maasai giraffe, 500–501
- Maasai Market (Nairobi), 98**
- Maasai people (Kenya), 166, 168–169, 190–191**
cattle of, 181
language of, 174
visiting villages of, 178
- Machame Route (Kilimanjaro), 454, 455, 457–458, 460**
- Mafia Island (Tanzania), 374–381**
accommodations, 379–380
airport, 10–11
exploring the area, 376–378
getting around, 376
traveling to, 375–376
when to go, 376
- Mafia Marine Park (Tanzania), 6**
- MagicGrace (Lamu town), 297–298**
- MagikGrace (Nairobi), 98–99**
- Mahale Mountains National Park (Tanzania), 69, 480**
- Mail**
Kenya, 485
Tanzania, 488
- Makutano Art & Craft Fair (Dar es Salaam), 324**
- Malaria, 28, 37–38**
- Malindi & Watamu Marine National Parks (Kenya), 273–274**
- Malindi (Kenya), 246, 248, 271–281**
accommodations, 278–280
outdoor activities, 274–275
restaurants, 281
sights and attractions, 273–276
traveling to, 272–273
- Malindi Sea Fishing Club (Kenya), 275**
- Mama Tembo Tours, 52**
- Manda (Kenya)**
accommodations, 292–293
restaurant, 297
- Manda Toto (Kenya), 286**
- The Maneaters of Tsavo (Patterson), 120–121**
- Mangapwani Slave Cave (Zanzibar), 356**
- Maralal (Kenya), 243–244**
- Marangu Hotel (Tanzania), 49, 461**
- Marangu Route (Kilimanjaro), 454–457, 460**
- Marangu (Tanzania), 444–452**
- Mariam's Shop (Lamu), 298**
- Marimbani sand bank (Mafia Island), 377**
- Marsabit (Kenya), 241–242**
- Marsabit National Reserve (Kenya), 242**
- Marula Studios, the Eco Hub (Nairobi), 99**
- Masai Mara Game Reserve (Kenya), 58, 60, 165–194**
getting around, 171
orientation, 170–171
park fees, 172
traveling to, 171
visitor information, 171
when to go, 171
where to stay, 173–189, 192–194
central Mara, 187–193
inside or outside the National Reserve, 177
northern Mara, 175–186
southern Mara, 193–194
- Mashika, Doreen, 347**
- Matatus, 32, 33**
- Matbronze Art Gallery & Foundry (Nairobi), 99**
- Matembezi Safaris, 48**
- Mathews Mountain Range (Kenya), 236–237**
- Maulidi Festival (Lamu), 26**
- Maulidi (Lamu), 284**
- Mawazo Contemporary Art Centre (Dar es Salaam), 324**
- Mawazo (Dar es Salaam), 321**
- Maziwe Island Marine Reserve (Tanzania), 330**
- Mbita (Kenya), 198**
- Mdiga (desert rose), 160**
- Measles-mumps-rubella vaccines, 28**
- Medical requirements for entry, 28–29**
- Memoirs of an Arabian Princess (Princess Salme), 340**
- Menengai Crater, 154**
- Meningitis, 28**
- Mercury Lounge (Nairobi), 101**
- Meru National Park (Kenya), 5, 125, 138–142**
- Mfangano (Kenya), 197–198**
- Micato Safaris, 47**
- Mida Creek (Kenya), 274**
- Mikindani (Tanzania), 301**
- Mikumi National Park (Tanzania), 473–475**
- Mnemba Atoll (Zanzibar), 357**
- Mnemba Island (Zanzibar), 363**
- Mobile camps, 55**

Mobile phones

Dar es Salaam, 309
Nairobi (Kenya), 80

Mobile safaris, 50**Mombasa Air Safari, 31, 250, 252, 259**

Amboseli, 104

Mombasa Central Police Station (Kenya), 252**Mombasa (Kenya), 246, 249–258**

accommodations, 254–256
ambulances and hospitals, 252
area code, 252
average monthly high/low temperatures and rainfall in, 25
emergencies, 252
getting around, 251
history of, 249
restaurants, 256–258
safety, 252
sights and attractions, 252–254
tour operators and guided tours, 251
traveling to, 250–251
visitor information, 251
weather, 252

Money and costs, 35–37**Monkeys and primates, 497–499**

Kenya, Kakamega Forest, 204–205
Sykes' monkeys, 132, 151, 276, 358
vervet monkeys, 499

Moshi (Tanzania), 444–452**Mosquitoes, 16–17****The Mountain Club of Kenya, 126****Mountain Rock Lodge (Kenya), 128****Mountain Rock Safaris & Camps, 128****Mount Longonot National Park, 148****The Msasani Peninsula (Tanzania)**

accommodations, 309–313
restaurants, 318–319

Murogo Reef (Zanzibar), 357**Museum and House of Culture (Dar es Salaam), 324****Music**

taarab orchestras (Zanzibar), 10
Zanzibar, 351

Mwaluganje Elephant Sanctuary (Kenya), 260–261**Mwenge Craft Village (Dar es Salaam), 323, 325****My Eye (Lamu), 298****Mzima Springs, 115, 122****Nairobi Hospital (Kenya), The, 79****Nairobi (Kenya), 70–101**

accommodations, 87–92
average monthly high/low temperatures and rainfall in, 25
brief description of, 57–58
embassies and consulates, 79
emergencies, 79
getting around, 76
hospitals, 79
Internet access, 80
laws banning “unacceptable” behaviors, 77
layout of, 76–77
mobile phones, 80
newspapers and magazines, 80
nightlife, 100–101
police, 80
post office, 80
restaurants, 92–96
restrooms, 80
safety concerns, 74–75
shopping, 96–100
sights and attractions, 80–86
suggested itineraries, 60–61
taxis, 80
tour operators and guided tours, 77–78
traveling to, 71, 74–76
visitor information, 77
weather, 80

Nairobi National Museum (Kenya), 85**Nairobi National Park (Kenya), 85****Naivasha, Lake (Kenya), 144–153****Naivasha (Kenya), 144–153****Nakuru, Lake (Kenya), 153–158****Nakuru (Kenya), 153**

average monthly high/low temperatures and rainfall in, 25

Nanyuki, average monthly high/low temperatures and rainfall in, 25**Naro Moru (Kenya), 128****National History Museum (Arusha), 387****National parks, best, 5–6****Natron, Lake, 144****Natron, Lake (Tanzania), 420–421****Nature Discovery, 49, 461****Newspapers and magazines**

Kenya, 485

Tanzania, 488

New Zealand

customs regulations, 28
visas, 486

Ngomongo Cultural Village (near Mombasa), 254**Ngong Hills Racecourse (Nairobi), 81****Ngorongoro Conservation Area (Tanzania), 12, 410–422****Ngorongoro Crater Conservation Area (Tanzania), 64****Ngorongoro (Kenya), 11****Nile crocodiles, 172, 240, 494–495****Nile perch, 194, 199****Njemps tribe (Il Chamus), 161****Njoro River (Kenya), 154****Nomad Safaris, 47–48, 55**

Lake Manyara National Park (Tanzania), 407

the Serengeti (Tanzania), 430

The Norfolk (Nairobi), 101**The North Coast (Kenya), 271–282**

getting around, 273

sights and attractions, 273–276

traveling to, 272–273
visitor information, 273

where to stay and dine, 276–282

The North Coast (Tanzania), 326–335**The Northern Circuit (Tanzania), 382–441****Northern Frontier District (Kenya), 210–225**

average monthly high/low temperatures and rainfall in, 25

Northern Frontier Ventures (Kenya), 208

- 524** **Nude and topless sunbathing**
the South Coast (Kenya),
260
Tanzania, 316
**Nzenze (Moving Island;
Kenya), 201**

- O**abama, Barack, 198–199
**Offbeat Safaris (Kenya), 55,
154, 188, 209**
**Ogres Beads Workshop
(Lamu), 298**
**The Old Boma Hotel
(Mikindani), 301**
**Old Customs House (Stone
Town), 344**
Old Fort (Stone Town), 343
**Ol Doinyo L'Engai (Tanzania),
420–421**
Ol Donyo Wuas, 50
Old Town (Mombasa), 253
Olive baboons, 498
**Ol Maisor Camels (Kenya),
209**
Ol Malo, 50
**Olorgesailie Prehistoric Site
(Kenya), 146**
**Ol Pejeta Conservancy,
135–138**
**Ol Siruai Horseback Safaris
(Kenya), 209**
**One Ocean Zanzibar Dive
Center, 357**
**One Way (Dar es Salaam),
324**
On-Time Cabs (Nairobi), 80
Orchids, Kenya, 111, 205, 236
**Origins Safaris (Kenya),
48, 244–245**
Oryx, 501
**Oserian Wildlife Sanctuary,
149**
Out of Africa (Blixen), 84, 190
Outside In, 30
**O'Willies Irish Pub (Dar es
Salaam), 326**
**Oysterbay Pharmacy (Dar es
Salaam), 308**

- P**acking tips, for safaris, 21
**Palace Museum (Stone
Town), 344**
**Pandya Memorial Hospital
(Mombasa), 252**
Pangani (Tanzania), 329–334
accommodations near, 334
Pange Island (Zanzibar), 357

- Pangolin, 495**
Pate (Kenya), 286
Patterson, John, 120
**Pemba (Zanzibar), 67,
372–373**
Penny Winter (Nairobi), 99
Peponi Hotel (Shela), 286
Pickpockets, 40
Pika-pikas, 305
**Pilli Pipa Dhow Safari
(Kenya), 270**
Pilli Pipa (Shimoni), 260
**Pinkopallino Design
(Nairobi), 99–100**
Plague, 38
Planet Africa Safaris, 47
Planning your safari, 15–21
best time to go, 16
clothing tips, 20–21
costs, 15–16
credit cards, 19
game packages, 16
hair dryers, 18–19
hiring a car and driving
oneself, 16
Internet access and
cellphones, 19
lodgings, 19–20
mosquitoes and other
insects, 16–17
packing tips, 21
special dietary require-
ments, 17–18
tented camps, 19–20
tipping, 20
**Planning your trip to Kenya
and Tanzania, 22–56**
accommodations, 53–56
calendar of events, 26–27
customs regulations,
27–28
entry requirements, 27–28
health concerns, 37–41
Internet access, 53
money and costs, 35–37
safaris and tour operators,
46–52
safety concerns, 40–41
special-interest trips, 48–50
specialized travel
resources, 41–44
telephones and
cellphones, 52
**Plumbing, in tented
camps, 20**
**Poacher's Lookout (Kenya),
122**
Poaching, 238
Point Lenana (Kenya), 128

- Police, Tanzania, 309, 488**
Polio, 28
Political demonstrations, 41
Porcupine, 506
Porini, 55
Precision Air, 33, 307, 385
**Premier Care (Dar es
Salaam), 308**
Premier Tours, 48
Prescription drugs, 29
Primates, 497–499
**Prison Island (Zanzibar),
359–360**
**Private concessions, best,
6–7**
**Prostitution, Nairobi,
100–101**
Pungu (Kenya), 261

- Q**atar, 78
Q Bar (Dar es Salaam), 326

- R**abies, 28, 38–39
**Rahimtulla Museum of Mod-
ern Art (RaMoMa; Nairobi),
85**
Rainfall, 24
Ranger Safaris, 43, 50
Ras Nungwi (Zanzibar), 362
**Raz Kazone Peninsula
(Tanzania), 332**
**Reef Leisure Watersports
(Zanzibar), 357**
Regional Air, 31, 34, 332
Relapsing fever, 38
Renaissance Safaris, 48
**Rendille tribe (Kenya), 239,
241, 244**
Responsible Travel, 45
**Restaurants. See also
Restaurants Index**
**Rhinoceros (rhinos), 4–5,
103, 504**
David Sheldrick Elephant &
Rhino Orphanage
(Nairobi), 81–82
the Serengeti, 425, 427
**Rhino Charge (Laikipia
Plateau), 26**
Riding Wild (Kenya), 209
Rift Valley fever, 38
**The Rift Valley (Kenya),
143–164**
brief description of, 58
touring, 144
Rising Sun (Zanzibar), 357
Riverside Shuttles, 29

Road travel. See also Car travel

- Dar es Salaam (Tanzania), 304
- Kenya
 - to Kenya, 29
 - Laikipia Plateau, 211
 - Masai Mara, 171
 - Mombasa, 251
 - Nairobi, 74–75
 - Naivasha, 147
 - Tsavo National Park, 116

Roan antelopes, 199

- Robert & William Carr-Hartley Safaris, 50, 209**
- Robert Glen Gallery (Nairobi), 100**

Robin Hurt Safaris (Kenya), 209**Rock paintings, Mount Kwitutu, 198****Roving Rovers, 32****Royal African Safaris, 51****Royal Coach, 35****Ruaha National Park (Tanzania), 68, 475–478****Ruma National Park (Kenya), 199****Runway Lounge (Dar es Salaam), 325****Rusinga Island (Kenya), 198****Saadani National Park (Tanzania), 330****Sabaki River (Kenya), 274****Sable antelope, 501–502**
Safari accommodations, 54–55**Safari Airlink, Tanzania, Tanga, 332****Safari Blue tours (Zanzibar), 356–357****SafariLink, Nairobi, 71, 78****Safarilink, 31, 104, 116, 127, 147, 211, 252, 258, 283**
Amboseli, 104**Safari Professionals, 245****Safaris, 46–52**

- balloon, Masai Mara (Kenya), 183
- escorted, 51–52
- Kenya, 46–48

- Lake Turkana and the far north, 237–244
- northern Kenya, 208–209

- snake safaris (near Watamu), 275

- mobile, 50

Safety concerns, 40–41

- carjackings, 32
- wildlife, 17, 18

St. John Ambulance (Nairobi), 78**St. Joseph's Cathedral (Stone Town), 347****Salme, Princess, 340****Samburu (Kenya), 225–237****Samburu National Reserve (Kenya), 60, 232–234**

- getting around, 228
- orientation, 226
- park fees, 228
- traveling to, 227–228
- visitor information, 227
- when to go, 228
- where to stay, 228–229, 232–234

Samburu people (Kenya), 226, 230–231**Sarova, 55****Sausage trees, 401****Sauti za Busara, 26****Savage Wilderness Safaris, 50, 113****Savanna cane rat, 506****Savannah (Dar es Salaam), 307****Scandinavian Express, 29, 33, 35****Schistosomiasis, 38****Scorpions, 39****Scuba diving**

Kenya

- Malindi-Watamu coast, 274

- the South Coast, 259–260

Tanzania, 300–301

- Mafia Island, 376–377
- Zanzibar, 357

Sea Adventures, 259**Seasons, 24****Selous Game Reserve (Tanzania), 67, 68, 463–469****Senior travel, 43****Serena, 55****The Serengeti Cheetah Project, 430****Serengeti National Park (Tanzania), 6, 64, 66****The Serengeti (Tanzania), 423–441**

- exploring, 426–429
- getting around, 426

- traveling to, 426
- visitor information, 426
- when to go, 428–429
- where to stay and dine, 429–441

Serengeti Under Canvas (Tanzania), 430**Serval, 495–496****Shaba (Kenya), 225–237****Shaba National Reserve (Kenya), 234–236****Shanga (Kenya), 286****Shela (Kenya), 282, 286, 297**

- accommodations, 290–292

Sheldrick, Daphne, 84**Shimba Hills National Reserve (Kenya), 258, 260–261****Shira route (Kilimanjaro), 458–459****SHOFCO (Shining Hope for Community; Nairobi), 83****Showers, in tented camps, 20****Sibiloi National Park (Kenya), 240****Silversands Beach (Kenya), 279****Simba Safaris, 16, 48****Simba Saloon (Nairobi), 101****Simply Books (Nairobi), 79****Single travelers, 43****Sirimon (Kenya), 128****Siyu Fort (Shanga), 286–287****Slim Silver Smith (Lamu), 298****The Slipway (Dar es Salaam), 323, 324****Small-spotted genet, 496****Smoking**

- Kenya, 485–486
- Tanzania, 488

Snails, Lake Victoria, 197**Snakes, 39**

Kenya, 205

- Bio-Ken Laboratory and Snake Farm (near Watamu), 275

Snorkeling

Kenya

- Malindi-Watamu coast, 274

- the South Coast, 259–260

safety concerns, 358

Tanzania

- Mafia Island, 376
- Zanzibar, 357–358

Soaring Eagles Tours, Travel & Taxi Co. (Nairobi), 80**Sokoce Scops, 275**

- 526 Solio Game Reserve, 133–134**
Sopa, 55
South African Airways, 78, 307
South Beach (Dar es Salaam), 300
 accommodations, 316–318
The South Coast (Kenya), 258–271
 accommodations, 261–269
 Diani Beach, 263–267
 Tiwi Beach, 261–262
 fishing, snorkeling and dive charters, 259
 getting around, 259
 restaurants, 270–271
 traveling to, 258–259
 visitor information, 259
The South Coast (Tanzania), 469–473
The Southern Circuit (Tanzania), 463–483
Southern Cross Safaris, 42, 56, 251
Southern Kenya, 58, 102–124
 average monthly high/low temperatures and rainfall in, 25
Special-interest trips, 48–50
Spice Tour (Zanzibar), 359
Spiders, 39
***The Spotted Sphynx* (Adamson), 139**
Spring hare, 507
Standard Chartered Bank (Dar es Salaam), 308
Stone Town Cultural Centre, 344
Stone Town (Tanzania), 66
Stone Town (Zanzibar), 12, 338–360
 accommodations, 348–354
 excursions from, 356–360
 festivals, 342
 getting around, 341–342
 history of, 338–340
 organized tours, 342–343
 restaurants, 354–356
 shopping, 347
 sights and attractions, 343–347
 special events, 342
 traveling to, 340–341
 when to go, 342
Suna Tours (Stone Town), 343
Sun exposure, 39–40
Sunworld Safaris, 144, 154
Sustainable tourism, 44–45
Sustainable Travel International, 45
Swahili architecture (Lamu), 285
Swahili House Museum (Lamu), 285
Swahili stone town (Dunda; Bagamoyo), 327
Swala Gem Traders (Arusha), 388
Sweet Eazy (Dar es Salaam), 326
Sweetwaters Chimpanzee Sanctuary (Ol Pejeta; Kenya), 136
Sweetwaters Game Reserve (Ol Pejeta; Kenya), 135
Swiss Air, 78, 307
Sykes' monkeys, 132, 151, 276, 358
Taarab music (Zanzibar), 10, 351
Takwa Ruins (Lamu), 286
Tana River Delta (Kenya), 281–282
Tanganyika, Lake (Tanzania), 63–64, 478–480
Tanga (Tanzania), 332
 accommodations, 334–335
Tanzania, 299–335
Tanzania Tourism Board, 306
Tanzania Volunteer Experience, 51
Tarangire National Park (Tanzania), 6, 64, 397–404
 traveling to, 399–401
 where to stay and dine, 401–404
Taxes, Tanzania, 488
Taxis
 Kenya, 33
 Mombasa, 251
 Nairobi, 71, 80
 Tanzania, 35
 Dar es Salaam, 306
Tazara, 34–35
Teenagers, 42–43
Telephones, 52
Ten Degrees South Lodge (Mikindani), 301
Tented camps, 19–20, 55
 argument for, 20–21
 best, 8–9
TerraPass, 45
Tetanus-diphtheria, 28
Text Book Centre (Nairobi), 79
Thomson, Joseph, 134
Thomson's Falls, 132
Thomson's gazelle, 502
Tick bite fever, 38
Tingatinga, Eduardo Saidi, 322
Tipping, 20
 Kenya, 486
 Tanzania, 489
Tippu Tip's House (Stone Town), 346
Tiwi Beach (Kenya), 261–262
Toilets
 Kenya, 486
 Tanzania, 489
Tongoni Ruins (Tanzania), 331
Topan, Tharia, 348
Topi, 502
Toten (Tanzania), 332
Tourism Concern, 45
Tour operators, 46–52. See also Safaris
 Kenya, 46–47
 Mombasa, 251
 Nairobi, 77
 Tanzania, 47–48
Trade Routes (Arusha), 387
Train travel
 Kenya, 32–33
 Lake Victoria, 197
 Mombasa, 251
 Nairobi, 76
 Tanzania, 34–35
Transportation
 in Kenya, 30–31
 in Tanzania, 33
Traveling
 to Kenya, 29
 to Tanzania, 30
Travel insurance, Kenya, 485
TravelMate (Dar es Salaam), 307
Tread Lightly, 45
Treasures of Africa (Dar es Salaam), 325
Tribal conflicts, 41
Trinity Medical Diagnostic Clinic (Arusha), 386
Tropic Air (Kenya), 211, 212
 Nairobi, 71, 78
 Samburu National Reserve, 228
Tropical illnesses, 37–39
Tsavo East and West National Parks, 61
Tsavo National Park (Kenya), 115–124
Tsetse fly, 398
Tuk-tuks
 Kenya, 33
 Tanzania, 35

Turkana, Lake (Kenya), 144, 207, 237–245
 fly-in safaris, 237–238
 overland safaris, 238–244

Turkana Boy, 85, 240

Turkish Airlines, 78

Turtles, Tanzania, 333

Tusitiri Dhow (Lamu archipelago), 291

Tusks Monument (Mombasa), 252

Twa people, 198

Typhoid, 28

Typhus, 38

TZ Kite Surfing (Dar es Salaam), 300

U**zungwa National Park (Tanzania), 473–475**

Ultimate Safaris Ltd., 48

Uncharted Outposts, 15, 46, 55, 113, 222

Unguja Coast (Zanzibar), 360–372

United Kingdom
 customs regulations, 28
 High Commission
 Dar es Salaam, 488
 Nairobi, 79, 484
 visas, 486

United States
 customs regulations, 28
 Embassy
 Dar es Salaam, 488
 Nairobi, 79, 484
 visas, 486

Upendo (Stone Town), 347

Upinde Diving (Malindi), 274

Ushongo Beach (Tanzania), 300

Ushongo (Tanzania), 329–334
 accommodations, 333–334

Usita wa Mui (Lamu), 285

Utamaduni Crafts Centre (Nairobi), 100

Uyaphi.com, 46–47

V**accinations, 28**
 Kilimanjaro, 446

Varicella, 28

Vasco da Gama Pillar (Malindi), 273

Vegetarians, 39

Vervet monkeys, 499

Victoria, Lake, average monthly high/low temperatures and rainfall in, 25

Victoria, Lake (Kisumu; Kenya), 63, 194–202, 438
 average monthly high/low temperatures and rainfall in, 25
 day trips, 197
 getting around, 197
 Masai Mara, 165
 orientation, 195–196
 sights and attractions, 197–200
 traveling to, 196–197
 where to stay, 200–202

Village Museum (Dar es Salaam), 324

Virgin Atlantic, 78

Visas, 27, 486

Visitor information
 Kenya, 487
 Nairobi, 77
 Tanzania, 489

Volunteer and working trips, 50–51

Volunteer Kenya, 51

Volunteer travel, 45

W**aco biplanes, flying (Lai- kippia Plateau, Kenya), 10**

Warthog, 505

Wasamo clan, 201

Wasini Island Dhow Tours & Scuba Diving, 259

Wasini (Kenya), 258, 259

Watamu (Kenya), 271–278
 outdoor activities, 274–275
 visitor information, 273
 where to stay and dine, 276–278

Water, drinking, Kenya, 487

Western Corridor (the Serengeti), 428

Western Kenya, brief description of, 58

Westland Sundries (Nairobi), 79

Whale sharks
 Mafia Island, 5
 swimming with (Mafia Island), 377, 378

Whalley, Frank, 78

Wild dogs, 497

Wildebeest, 5, 503
 Masai Mara, 171–173
 the Serengeti, 423–424

Wild Frontiers (Kenya), 209

Wildlife. See also Elephants and elephant attractions; And specific parks, preserves, sanctuaries, and species
 guide to, 491–507
 health concerns, 39
 Kenya
 Kakamega Forest, 204–205
 Lake Turkana area, 240–241
 Meru National Park, 139, 140
 Nairobi National Park, 85
 Oserian Wildlife Sanctuary, 149
 Ruma National Park, 199
 primates, 497–499
 safety concerns, 17, 18
 the Serengeti (Tanzania), 423–425

Wildlife Explorer, 48

Wildlife Lodges, 55

Wilson Airport (Nairobi), 71

Women travelers, 43

Woodley Weavers (Nairobi), 100

X**car Rent a Car (Dar es Salaam), 308**

Y**atima (Dar es Salaam), 324**

Yatta Plateau (Kenya), 116

Yellow fever, 28

Z**anAir, 34, 307**

Zantas Air, 34

Zanzibar, 336–373
 average monthly high/low temperatures and rainfall in, 25
 strategies for seeing the region, 337
 suggested itineraries, 66, 67

Zanzibar Curios (Stone Town), 347

Zanzibar International Film Festival of the Dhow Countries (Stone Town), 26–27

Zanzibar Unique (Stone Town), 343

528 Zara Tours, 49, 451, 461
Zebra, 505
Zebu Shop (Nairobi), 100
Zen Garden (Nairobi), 101

ACCOMMODATIONS— KENYA

Acacia House (Masai Mara),
175

Afrochic (Diani Beach), 263

Alfijiri (Diani Beach), 267

Almanara (Diani Beach), 263

Amboseli Porini, 108

Amboseli Serena Safari
Lodge, 105–106

The Ark (Aberdare National
Park), 134–135

Aruba Lodge (Tsavo East),
118

Baitil Aman Guest House
(Shela), 290–291

Baobabs of Kitangani
(Kiwayu Island), 14, 294

Bateleur Camp (Masai Mara),
8, 176

Baytil Ajaib (Lamu Town),
287

Beach House (Shela),
288–289

Bembea House (Shela), 289

Blue Empire House (Manda
Island), 288

Borana-Cottage No. 8
(Laikipia), 1

Borana (Laikipia), 214–216

Campi ya Kanzi, 7

Campi ya Kanzi (Chyulu
Hills), 112–113

Campi ya Tembo (Masai
Mara), 186

Castle Royal Hotel (Mombasa), 254–255

Che Shale (near Malindi), 280

Cottar's 1920s Safari Camp
(Masai Mara), 8, 193–194

Deloraine House (Lake
Nakuru), 157

Delta Dunes, 13

Delta Dunes (Tana River
Delta), 281–282

Desert Rose (Mathews
Range), 242

Dhow House (Watamu), 277

Diani Reef Beach Resort &
Spa, 263–264

Dodo Tower at Hippo Point
(Naivasha), 1, 149–150

Driftwood Beach Club
(Malindi), 278

Elephant Pepper Camp
(Masai Mara), 176–177

Elephant Watch, 2, 234–235

Elsa's Kopje (Meru National
Park), 140, 141

Equator House (Manda
Island), 288

Fadhili House (Nairobi), 91

Fairmont Mara Safari Club
(Masai Mara), 177–179

Fairmont Mount Kenya Safari
Club, 130

Fairview (Nairobi), 88–89

Finch Hattons (Tsavo West),
123

The Funzi Keys, 13, 267–268

Giraffe Manor (Nairobi),
89, 90

Hemingways Resort
(Watamu), 276–277

Himaya House (Malindi), 279

Hippo Point House (near
Lake Naivasha), 149–150

Hotel Boulevard (Nairobi), 88

House of Waine (Nairobi), 90

Il Moran (Masai Mara), 179

Il N'gwesi (Laikipia), 216

Jacaranda Indian Ocean
Beach Club (Diani Beach),
264

Jannat House (Lamu Town),
287, 290

Joy's Camp (Shaba National
Reserve), 8, 234–236

Kajama Beach Bandas (near
Malindi), 280

Kalacha Camp, 243

Karen Blixen Camp (Masai
Mara), 179–180

Kenya Comfort Hotel Suites
(Nairobi), 89

Kerio View, 204

Kiangazi House (Lake
Naivasha), 149

Kiboko (Laikipia), 219–220

Kicheche Bush Camp (Masai
Mara), 187

Kicheche Laikipia Camp (Ol
Pejeta), 136–137

Kicheche Mara Camp (Masai
Mara), 180

Kichwa Tembo Masai Mara
Tented Camp, 181–182

Kifaru (Laikipia), 217

Kijani House Hotel (Shela),
291–292

Kilaguni Serena Safari Lodge
(Tsavo West), 123–124

Kilili Baharini Resort & Spa
(Malindi), 278–279

Kinondo Kwetu (near Diani
Beach), 268–269

Kipungani Explorer, 293–294

Kisimani House (Shela), 289

Kitich Camp (Mathews Moun-
tain Range), 236

Kiwayu Safari Village
(Lamu), 14, 295

Kizingo (Manda), 294

Kizingoni Beach (Lamu
Island), 289

Koija Starbeds (Laikipia), 219

Lake Baringo Island Camp,
162

Lake Victoria Safari Village,
200

La Marelle House (Manda
Island), 288

Lamu Homes (Lamu Town),
288

Lamu House, 290

Lamu's Magical Villas (Lamu
Town), 288

Laragai (Laikipia), 215–216

Larsens Tented Camp
(Samburu), 233–234

Lemarti's Camp (Laikipia),
222

Leopard Beach Resort & Spa
(Diani Beach), 264–265

Leopard Rock Lodge (Meru
National Park), 140

Lewa House (Laikipia), 217

Lewa Safari Camp (Laikipia),
216–218

Lewa Wilderness (Laikipia),
218

Lion in the Sun (Malindi),
279–280

Little Governors' Camp
(Masai Mara), 182

Little Naibor (Masai Mara),
189, 192

Little Shompole, 147

Loisaba, 212, 218–220

Loisaba Lodge (Laikipia), 219

Loldia House (Lake
Naivasha), 150

Macushla House (Nairobi),
89–91

The Majlis (Manda), 292–293

Malewa Ranch House (Lake
Naivasha), 152

- Malu (Lake Naivasha), 151
Manda Bay, 293
Manda Dream (Manda Island), 288
Mara Explorer (Masai Mara), 187–188
Mara Intrepids (Masai Mara), 188–189
Maralal Safari Lodge, 244
Marsabit Lodge, 242
Masai Mara Sopa Lodge, 187
Maweni & Capricho Beach Cottages (Tiwi Beach), 261–262
Mfangano Island Camp, 200–201
Msambweni Beach House, 269
Mukima House (near Mount Kenya), 131
Mukutan Retreat (Laikipia), 219
Mundui Estate (Lake Naivasha), 152
Munira Island Camp, 295–296
Naibor & Little Naibor (Masai Mara), 189
Nairobi Serena, 87
Naisha House (Lake Naivasha), 156–157
Ngare Serian (Masai Mara), 8–9, 182–183
Ngong House (Nairobi), 91
Ngorongoro Crater Lodge, 2
Nomadic Camp (Laikipia), 222
The Norfolk (Nairobi), 87–88
Oasis Lodge (Loiyangalani), 243
Ocean Sports (Watamu), 277–278
Offbeat Meru (Meru National Park), 141–142
Ol Donyo Wuas, 7
Ol Donyo Wuas (Chyulu Hills), 113–114
Olerai House (Lake Naivasha), 151
Olerai House (Rift Valley), 2, 151, 153
Ol Kanjau (Amboseli National Park), 108–109
Ol Malo House (Laikipia), 220
Ol Malo Lodge (Laikipia), 220
Ol Pejeta Bush Camp, 137
Ol Pejeta House, 137–138
Ol Seki Mara Camp (Masai Mara), 192
Ol Tukai Lodge (Amboseli National Park), 107–108
Peponi Hotel (Shela), 292
Pinewood Village Beach Resort (Diani Beach), 265
Porini Rhino Camp (near Ol Pejeta), 138
Private Galdessa (Tsavo East), 118–120
private villas in Lamu, 14
Rekeru (Masai Mara), 9, 192–193
Richard's Camp (Masai Mara), 183–184
Roberts' Camp (Lake Baringo), 163
Rondo Retreat (Kakamega Forest), 205
Royal Court Hotel (Mombasa), 255
Rusinga Island Lodge, 201–202
Sabuk (Laikipia), 220–221
Samatiani Island, 163–164
Samburu Intrepids, 233
Samburu National Reserve, 232–234
The Sanctuary at Ol Lentille (Laikipia), 2, 221–223
Sanctuary Olonana (Masai Mara), 184
Sand Island Beach Cottages (Tiwi Beach), 262
The Sands at Nomad (Diani Beach), 265–266
Sangare Ranch Tented Camp (Solio Game Reserve), 134
Sarara Tented Camp (Mathews Mountain Range), 236–237
Sarova Lion Hill Game Lodge (Lake Nakuru), 157–158
The Sarova Stanley (Nairobi), 88
Saruni Mara (Masai Mara), 185
Saruni Samburu, 2–3, 232
SaSaab, 3, 228–229
Satao Camp (Tsavo East), 121–122
Satao Elerai (near Amboseli National Park), 109
Savannah (Watamu), 276
Scorpio Villas (Malindi), 280
Serena Beach Hotel & Spa (Mombasa), 255–256
Serena Mountain Lodge (near Mount Kenya), 131–132
Serian (Masai Mara), 185–186
Severin Safari Camp (Tsavo West), 124
Shaanti Holistic Health Retreat (Diani Beach), 266
Shela House Management, 288
Shéshé Baharini Beach Hotel (Tiwi Beach), 262
Shéshé Baharini (Tiwi Beach), 261
Shompole, 3, 146–147
Sirikoi (Laikipia), 223
Sosian (Laikipia), 223–224
Star Beds (Laikipia), 219
Stargazing Camp (Laikipia), 222
Sweetwaters Tented Camp (Ol Pejeta), 136
Tamarind Village (Mombasa), 256
Tassia, 3–4, 208
Tassia (Laikipia), 224–225
Tijara Beach (Pungu), 261
Tortilis Camp (near Amboseli National Park), 109–110
Treetops (Aberdare National Park), 132, 134
Tribe (Nairobi), 91–92
Turtle Bay (Watamu), 276
Upperhill Country Lodge (Nairobi), 88
Water Lovers (Diani Beach), 266–267
Windsor Golf and Country Club (Nairobi), 89

ACCOMMODATIONS— TANZANIA

- Africa House Hotel (Stone Town), 349
Alexander's Hotel (Dar es Salaam), 310–312
Al Johari (Stone Town), 350
Amani Beach Resort (Dar es Salaam), 316
Amara Selous, 466
Anna of Zanzibar (near Stone Town), 364–365
Arusha Coffee Lodge, 397
The Arusha Hotel, 390–391
Asilia Olakira/Suyan/Sayari Camps (the Serengeti), 430–431
Baraza (Zanzibar), 13, 365–366
Beho Beho Camp (Selous Game Reserve), 466

- 530** Beyt al Chai (Stone Town), 350
- Blue Bay Beach Resort (Zanzibar), 368
- Bougainvillea Lodge (Ngorongoro Conservation Area), 416
- Breezes Beach Club & Spa (Zanzibar), 366
- Chada Katavi Camp, 482
- Chole Mjini Lodge, 13, 380–381
- Clove House (Stone Town), 350
- Dhow Palace Hotel (Stone Town), 352
- Double Tree by Hilton Dar es Salaam, 309–310
- Echo Beach Hotel (Zanzibar), 366
- Emayani Beach Lodge (Ushongo), 333–334
- The Fairmont (Zanzibar), 368–369
- Faru Faru (the Serengeti), 441
- Fumba (Zanzibar), 363–364
- Fundu Lagoon (Pemba Island), 13
- Fundu Lagoon (Zanzibar), 373
- Gombe Forest Lodge, 482
- Greystoke Mahale, 482
- Grumeti Serengeti Tented Camp, 440
- Hakuna Matata Beach Lodge & Spa (near Stone Town), 353–354
- Harbour View Suites (Dar es Salaam), 315
- Hatari Lodge (near Arusha), 392
- Hotel Tilapia (Mwanza), 438
- Ikoma Bush Camp (the Serengeti), 437–440
- Ilboru Safari Lodge (Arusha), 391
- Impala Hotel (Moshi), 449, 450
- Isamilo Lodge (Mwanza), 438–439
- Jambi Ranger Post (Lake Manyara National Park), 405
- Jongomero Tented Camp (Ruaha National Park), 476–477
- Karama Lodge (& Spa; near Arusha), 394
- Karatu Gibb's Farm (Ngorongoro Conservation Area), 417
- Kasa Beach Hideaway (Dar es Salaam), 317
- Katavi Wildlife Camp, 482
- Kempinski Bilila Lodge (the Serengeti), 433
- Keys (Moshi), 450
- Kibo Hotel (Marangu), 448–449
- Kigoma Hilltop Hotel, 482–483
- Kigongoni Lodge (near Arusha), 394
- Kilemakaya Mountain Lodge (Moshi), 450–451
- The Kilimanjaro Kempinski (Dar es Salaam), 313–314
- Kilimanjaro Mountain Resort, 448
- Kilindi (Zanzibar), 371
- Kilwa Dreams, 472
- Kilwa Ruins Lodge, 472
- Kilwa Seaview Resort, 472
- Kimbilio (Kilwa), 472
- Kinasi Lodge (Mafia Island), 379
- Kipepeo Beach Village (Dar es Salaam), 317–318
- Kirawira Luxury Tented Camp (the Serengeti), 440
- Kirurumu Tented Lodge (Lake Manyara National Park), 409
- Kisima Ngeda (Lake Eyasi), 415
- Klein's Camp (the Serengeti), 435–436
- Kunduchi Beach Hotel & Resort (Dar es Salaam), 312
- Kungwe Beach Lodge, 483
- Kusini Tented Camp (the Serengeti), 433
- Lake Manyara Hotel, 409
- Lake Manyara Serena Safari Lodge, 410
- Lake Manyara Tree Lodge, 408
- Lake Manze Camp (Selous Game Reserve), 468
- Lake Natron Camp, 421
- Langi Langi Beach Bungalows (Zanzibar), 370
- Lazy Lagoon (Bagamoyo), 328–329
- Lemala Camps (the Serengeti), 431
- Lemala Ngorongoro Camp (Ngorongoro Conservation Area), 418
- L'Oasis (Arusha), 391
- Lobo Wildlife Lodge (the Serengeti), 436
- Mafia Island Lodge, 379
- Manyara Bivouac (Lake Manyara National Park), 407
- Manyara Tree Lodge (Lake Manyara National Park), 407
- Mapenzi Beach Club (Zanzibar), 368
- Marangu Hotel, 449
- Matemwe Beach Bungalows & Retreat (Zanzibar), 369
- Matemwe Beach Guesthouse (Zanzibar), 368
- Mawe Ninga Camp (Tarangire National Park), 402
- Mbalageti Lodge (the Serengeti), 440–441
- Mbuzi Mawe Tented Camp (the Serengeti), 434
- Mbweni Ruins Hotel (near Stone Town), 354
- Mediterraneo (Dar es Salaam), 312
- Meru View Lodge, 448
- Migunga Tented Camp (Lake Manyara National Park), 408–409
- Millennium Old Post Office Hotel (Bagamoyo), 329
- Mivumo River Lodge, 466
- Mkoma Bay, 334
- Mkongwe Hotel (Tanga), 334–335
- Mnemba Island Lodge (Zanzibar), 14, 363
- Mount Meru Game Lodge & Sanctuary, 394–395
- Mövenpick Royal Palm Hotel (Dar es Salaam), 314
- Mustapha's Place (Zanzibar), 365
- Mwagusi Safari Camp (Ruaha National Park), 477–478
- Natron Tented Camp, 422
- Nduara Loliondo (the Serengeti), 432
- Ndutu Safari Lodge (the Serengeti), 432–433
- Neptune Pwani Beach Resort (Zanzibar), 368
- New Africa Hotel (Dar es Salaam), 314–315

- Ngare Sero Mountain Lodge (near Arusha), 395
- Ngorongoro Crater Lodge, 416, 418–419
- Ngorongoro Farm House (Ngorongoro Conservation Area), 417–418
- Ngorongoro Serena Lodge, 419
- Ngorongoro Wildlife Lodge, 419–420
- Ngurdoto Lodge (near Arusha), 395–396
- The Old Boma (Kilwa), 473
- Old Mdonya River Camp (Ruaha National Park), 478
- Olduvai Camp (Ngorongoro Conservation Area), 416–417
- Oliver's Camp (Tarangire National Park), 9, 402–403
- Onsea House (Arusha), 391–392
- Outpost Lodge (Arusha), 392
- Paje by Night, 365
- Palm Beach Hotel (Dar es Salaam), 315–316
- The Palms (Zanzibar), 367
- The Plantation Lodge (Ngorongoro Conservation Area), 418
- Pole Pole Resort (Mafia Island), 379–380
- Pongwe Beach Hotel (Zanzibar), 14, 369
- Protea Hotel Aishi Machame, 451
- Ras Kutani (Dar es Salaam), 317
- Ras Mbisi (Mafia Island), 380
- Ras Michamvi (Zanzibar), 367
- Ras Nungwi (Zanzibar), 371–372
- The Retreat (Dar es Salaam), 312–313
- Rivertrees Country Inn (near Arusha), 396
- Robinson's Place (Zanzibar), 365
- Ruaha River Lodge, 478
- Rubondo Island National Park, 439
- Rufiji River Camp (Selous Game Reserve), 468
- Saadani Safari Lodge, 330
- Sable Mountain Lodge (Selous Game Reserve), 468
- Sabora Plains Tented Camp (Grumeti Private Reserve), 9
- Sal Salinero (Moshi), 449
- Sand Rivers (Selous Game Reserve), 468–469
- Sasakwa (the Serengeti), 441
- Sayari Camp (the Serengeti), 9, 437
- Sea Cliff Hotel (Dar es Salaam), 310
- Selous Safari Camp, 469
- Serena Inn (Stone Town), 350–351
- Serena Mountain Village (near Arusha), 397
- Serengeti Migration Camp, 437
- Serengeti Safari Camps, 431–432
- Serengeti Sopa, 435
- Serengeti Under Canvas, 3, 432
- Seronera Serena (Serengeti Serena; the Serengeti), 434
- Seronera Wildlife Lodge (the Serengeti), 434–435
- Seyyida Hotel & Spa (Stone Town), 351–352
- Shooting Star (Zanzibar), 14, 369–370
- Singita Sabora Plains (the Serengeti), 441
- Singita's Grumeti Camps, 3
- Sopa (Ngorongoro Conservation Area), 416
- Souk at The Slipway (Dar es Salaam), 313
- Southern Sun Dar es Salaam, 315
- Speke Bay Lodge (Mwanza), 439
- Springlands Hotel (Moshi), 451
- Stanley's Kopje (Mikumi), 474–475
- Swahili House (Stone Town), 352
- Swala Camp (Tarangire National Park), 403
- Tanso Hotel (Dar es Salaam), 315
- Tarangire Safari Camp, 403
- Tarangire Sopa Lodge, 403–404
- Tarangire Treetops, 404
- Tembo (Stone Town), 352
- Ten Degrees South (Mikindani), 472
- Tent With A View (near Saadani National Park), 331
- The Tides (Ushongo), 334
- Travellers Lodge (Bagamoyo), 329
- Tulia Beach Lodge (Ushongo), 334
- Tunza Lodge (Mwanza), 439
- 236 Hurumzi (Stone Town), 349
- Udzungwa Mountain View Hotel, 474
- Unguja (Zanzibar), 364
- Vuma Hills Tented Camp, 475
- Wag Hill (Mwanza), 439
- White Sands (Dar es Salaam), 313
- Zamani Kempinski (Zanzibar), 370
- Zanzibar Coffee House (Stone Town), 353
- Zanzibar Palace (Stone Town), 353
- Z Hotel (Zanzibar), 372

RESTAURANTS— KENYA

- Ali Barbour's Cave Restaurant (near Diani Beach), 271
- Anghiti (Nairobi), 93
- Baby Marrow (Malindi), 281
- Beach Bar (near Diani Beach), 271
- Blanco's Lounge & Grill (Nairobi), 93–94
- Bustani Café (Lamu Town), 296
- Carnivore (Nairobi), 94
- Driftwood Beach Club (Malindi), 281
- Equatorial Fruit Parlour (Mombasa), 257
- Fogo Gaúcho (Nairobi), 94
- Haandi (Nairobi), 94–95
- I Love Pizza (Malindi), 281
- Island Dishes (Mombasa), 256
- Jahazi (Mombasa), 256
- jd's (Mombasa), 256–257
- Kenya Peponi's (Shela), 296
- Kiwayu Safari Village, 296
- Le Rustique (Nairobi), 95
- The Lord Erroll (Nairobi), 92–93
- The Majlis (Manda), 297
- Mediterraneo (Nairobi), 95
- Misono (Mombasa), 257
- Misono (Nairobi), 93
- Moonrise (Lamu Town), 296–297
- The Old Man and the Sea (Malindi), 281

532 Ónami (Nairobi), 95
Sails (near Diani Beach), 271
Swahililand (Mombasa), 256
Talisman (Nairobi), 96
Tamarind & Tamarind Dhow
(Mombasa), 257–258
Tangeri (Malindi), 281
Tatu (Nairobi), 93
Thai Chi (Nairobi), 92
Tides (near Diani Beach),
270–271
Whispers Café (Lamu Town),
297

RESTAURANTS— TANZANIA

Addis in Dar (Dar es Salaam),
318–319
Albero's (Arusha), 389
The Alcove (Dar es Salaam),
319

Amore Mio (Stone Town),
354–355
Beautiful China (Dar es
Salaam), 319
Beyt al Chai (Stone Town),
355
Cabs Restaurant (Kizimkazi),
363
Café Bamboo (Arusha), 390
Frodhani Gardens night
market (Stone Town), 355
Indoltaliano (Moshi), 449
Jambo Coffee House
(Arusha), 390
Karambezi Café (Dar es
Salaam), 318
Kidude Café Restaurant
(Stone Town), 355
Livingstone's (Stone Town),
354
Meat King (Arusha), 390

Mediterraneo (Dar es
Salaam), 319–320
Mercury's (Stone Town), 354
Monsoon (Stone Town), 355
Onsea House (Arusha), 390
Oriental (Dar es Salaam), 320
Osaka (Dar es Salaam), 320
The Patisserie (Arusha), 390
Pizzeria D'Amore Restaurant
& Bar (Tanga), 335
Redds (Arusha), 390
Sawasdee (Dar es Salaam),
318
Stiggy's Thai Restaurant
(Arusha), 390
Tower Top Restaurant (Stone
Town), 356
Via Via (Arusha), 390
Zanzibar Coffee House
(Stone Town), 354
Zúane (Dar es Salaam), 318