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Note: Abbreviations used in the index are: AnTI = Anxious Thoughts Inventory; CBT = cognitive-behavioral therapy; GAD = generalized anxiety disorder; MCQ = Meta-Cognitions Questionnaire; MCT = metacognitive therapy; PSWQ = Penn State Worry Questionnaire; S-REF model = Self-Regulatory Executive Function model; TCQ = Thought Control Questionnaire.

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