

Index

• A •

afghan
 care tips, 235–236
 poncho creation, 237–241
 vestcoat creation, 241–247
allergy, 57
alteration
 dress neckline redo, 282–287
 reconstruction definition, 14
animal product, 56
armpit stain
 clothing search, 44, 46
 general tips, 345–346
artist-designer, 19–20

• B •

basting, 74, 104
beadwork
 clothing search, 44–45
 damaged clothing workarounds, 351
 laundering tips, 56
bedbug, 45
bedding
 overview, 297
 pillowcase, 209–213, 300–307
 quilt, 307–313
 stuffing, 297–300
belt, 173–178
bias tape, 111
bin, 50–51
blanket. *See* afghan; quilt
blanket stitch, 75
blind hem, 76, 80
bracelet, 121–123
bridesmaid dress
 cape creation, 261–265
 care tips, 251–252

 overview, 251
 shredded-edge dress creation, 252–256
 split skirt creation, 256–261
 wine bag creation, 265–268
Building Resources (sustainable organization), 21
business skirt, 275–278
bustle
 neck, 109–112
 pants, 158–163
button
 cardigan care, 203–204
 damaged clothing workarounds, 351
 general tips, 344
 laundering tips, 56
button-down shirt
 bracelet creation, 121–123
 care tips, 107–108
 cuff creation, 118–121
 neck bustle creation, 109–102
 sweater-shirt combo creation, 112–118

• C •

cape, 261–265
cardigan. *See also* sweater
 care tips, 201–204
 cropped sweater creation, 205–209
 pillowcase creation, 209–213
 skirt creation, 213–216
care instructions
 afghans, 235–236
 bridesmaid dress, 251–252
 button-down shirts, 107–108
 cardigans, 201–204
 casual dresses, 281–282
 general laundering tips, 56–57
 jeans, 169–170
 pants, 149–150, 183–184

care instructions (*continued*)
 pullover shirts, 125–126
 pullover sweaters, 218–219
 skirts, 269–270
 T-shirts, 90

chain store, 41

chair, 67–68

chaos, 52–53

children's clothing, 28

choker, 330–333

city store, 35–36

cleaning clothes
 afghans, 235
 bridesmaid dress, 252
 cardigans, 202–203
 dresses, 281
 general instructions, 56–57
 jeans, 169
 pants, 149, 183
 pullover shirts, 125, 126
 pullover sweaters, 218
 skirts, 269
 T-shirts, 90

closet space, 30–31, 34

closure, 344

clothing, damaged
 clothing search, 40–42
 general tips, 342–343
 workarounds, 58–60, 347–351

clothing repairs
 jeans, 170–173
 pants, 150–153
 seams, 62
 workarounds, 58–60, 347–351

clothing search
 damaged clothes, 40–42
 fabric scraps, 42–43
 ill-fitting clothes, 40
 inspirational items, 43
 personal closet, 34
 style, 38
 thrift stores, 34–38, 39
 used clothing issues, 43–48

clothing size, 343

Collins, Chris Ray (artist), 21

consciousness, 32

cowl neck top
 pullover redo, 130–135
 skirt redo, 278–280

craigslist.com (Web site), 38

creativity
 alterations, 14
 personal style, 12
 personality, 17–20
 workspace, 52–53

crocheted blanket
 care tips, 235–236
 poncho creation, 237–241
 vestcoat creation, 241–247

crop top
 cowl neck top, 130–135
 tailed top, 136–140

cropped sweater
 cardigan redo, 205–209
 pullover sweater redo, 223–224

cuff project, 118–121

cutting fabric, 59, 341



dabbler, 17–18

damaged clothing
 clothing search, 40–42
 general tips, 342–343
 workarounds, 58–60, 347–351

DasFrachtgut (sustainable organization), 21

daybag
 jeans redo, 179–182
 sweater redo, 230–234

deconstruction
 overview, 49
 seam locations, 61
 seam ripping, 62
 tools, 53–55
 workspace organization, 50–53

decorative fabric, 327–330

decorative stitch, 58, 81, 349

deep neck cut, 287

designer
 fake reconstructions, 23
 personality, 19–20
 sample sales, 12

differential feeding, 84
 discount, 28
 drawing, 348
 dress. *See also specific types*
 care tips, 281–282
 matched set creation, 291–293
 neckline alteration, 282–287
 raw seam design, 287–290
 dry cleaning, 252
 dryer, 57
 dyeing, 59, 348

● E ●

embroidery, 45, 350–351
 environmental issues
 personality, 18
 photo shoot locations, 21
 purpose of reconstruction, 1, 24–27, 32
 ergonomics, 66–69

● F ●

fabric care
 afghans, 235–236
 bridesmaid dress, 251–252
 button-down shirts, 107–108
 cardigans, 201–204
 casual dresses, 281–282
 general laundering tips, 56–57
 jeans, 169–170
 pants, 149–150, 183–184
 pullover shirts, 125–126
 pullover sweaters, 218–219
 skirts, 269–270
 T-shirts, 90
 fabric scraps
 bedding stuffing, 297–300
 choker, 330–333
 clothing search, 42–43
 decorative fabric, 327–330
 painting tips, 58
 pillowcase, 300–307
 quilt, 307–313
 reconstruction definition, 15–16

 sachet, 315–320
 wallet, 334–338
 favorite clothing, 29–30
 feathers, 56
 financial issues
 clothing search, 39, 41
 reconstruction purpose, 27–29, 32
 fit, clothing, 40
 fitted T-shirt, 103–105
 flare skirt
 cardigan redo, 113–116
 pants redo, 184–190
 flat fabric
 bedding stuffing, 297–300
 choker, 330–333
 clothing search, 42–43
 decorative fabric, 327–330
 painting tips, 58
 pillowcase, 300–307
 quilt, 307–313
 reconstruction definition, 15–16
 sachet, 315–320
 wallet, 334–338
 fly top, 163–167
 freecycle.org (Web site), 38
 frill skirt, 270–275
 fringe, 236

● G ●

garbage
 decorative fabrics, 327–330
 purpose of reconstruction, 24–27
 reconstruction definition, 16–17
 garbage can, 51, 52
 greenopia.com (Web site), 32
 Guillard, Marcus (artist), 21

● H ●

halter top
 pullover sweater redo, 220–222
 T-shirt redo, 99–102
 hand sewing
 basting, 74
 blanket stitch, 75

hand sewing (*continued*)
 hemming, 75–77
 knots, 72–74
 needle threading, 70–71
 overview, 69
 running stitch, 74–75
 torn clothing workaround, 60

hand-made crafts, 39

hand-me-downs, 15

hand-washing, 252

hat, 194–198

heat gun, 85, 252–256

hemming
 hand sewing tips, 75–77
 machine sewing tips, 79–80
 quick fixes, 86

holes, 59–60

home décor
 overview, 315
 potholder, 320–325
 sachet, 315–320

human rights, 32

• I •

inside-out clothing, 288

• J •

jeans. *See also* pants
 belt creation, 173–178
 care tips, 169–170
 daybag creation, 179–182
 repair creation, 170–173

• K •

knot, 72–74

• L •

label, clothing, 56

landfill, 26–27

laundering clothes
 afghans, 235
 bridesmaid dress, 252

cardigans, 202–203

dresses, 281

general instructions, 56–57

jeans, 169

pants, 149, 183

pullover shirts, 125, 126

pullover sweaters, 218

skirts, 269

T-shirts, 90

leather, 65

leggings, 190–194

linen, 28

lint brush, 55

lost-and-found items, 29

lycra, 90

• M •

machine sewing
 damaged clothing workaround, 58, 60
 machine features, 77
 machine maintenance, 66, 78–79
 machine purchasing tips, 78
 overview, 77
 stitches, 79–81
 workspace tips, 66–69

marker, 348

mice, 45–46, 52

mistake, 62

money
 clothing search, 39, 41
 reconstruction purpose, 27–29, 32

musty clothing, 57

• N •

National Labor Committee, 32

neatness, 50–53

neck bustle, 109–112

neckline, 282–287

needles
 overview, 64–65
 threading tips, 70–71

no-sew tips
 hems, 86, 95
 reconstruction definition, 14

• O •

Occasio, Melvin (artist), 21
 odor
 armpit problems, 44, 345–346
 clothing search, 44, 47–48
 laundering tips, 57
 Ohmega Salvage (sustainable organization), 21
 organization, 50–53
 overlock machine
 damaged clothing workaround, 60, 350
 differential feeding, 84
 features, 81–82
 general tips, 345
 maintenance, 82
 overview, 81
 purchasing tips, 82
 raw look, 84, 85
 serged seams, 83–84
 overlock stitch, 83–84

• P •

paint
 clothing search, 42
 cuff project, 118–121
 damaged clothing workarounds, 58, 347–348
 laundering tips, 56
 pants. *See also* jeans; stretch pants
 bustle creation, 158–163
 care tips, 149–150
 fly top creation, 163–167
 repair creation, 150–153
 seam location, 61
 split skirt creation, 153–158
 patch
 damaged clothing workarounds, 58, 59, 349
 hem fix, 86
 pattern, sewing, 13–14
 The Pegicorn (artwork), 21
 perfection, 341–342
 personality, 17–20
 pet hair, 55

photograph, 20–21
 pill, clothing, 46, 184, 219
 pillow
 cases, 209–213, 300–307
 stuffing, 297–300
 pins
 general tips, 344
 overview, 64–65
 polyester, 44
 poncho, 237–241
 posture, 67–68
 potholder, 320–325
 professional appearance, 108
 pullover shirt
 care tips, 125–126
 cowl neck creation, 130–135, 278–280
 fly top creation, 163–167
 seasonal crop top creation, 126–130
 tailed top creation, 136–140
 wrap top creation, 140–145
 pullover sweater. *See also* sweater
 care tips, 218–219
 cowl neck creation, 278–280
 halter top creation, 220–222
 overview, 217
 skirt creation, 219–220
 sleeve creation, 227–230
 wrap top creation, 224–226

• Q •

quilt
 instructions, 309–313
 materials, 308
 overview, 307–308
 variations, 313

• R •

raw look
 dress design, 287–290
 overlock machine, 84, 85
 reconstructing clothing
 overview, 12–17
 personality types, 17–20
 purpose, 1, 23–32

- recycling, 26–27
 - reducing waste, 24–25
 - remnants
 - bedding stuffing, 297–300
 - choker, 330–333
 - clothing search, 42–43
 - decorative fabric, 327–330
 - painting tips, 58
 - pillowcase, 300–307
 - quilt, 307–313
 - reconstruction definition, 15–16
 - sachet, 315–320
 - wallet, 334–338
 - repairs
 - jeans, 170–173
 - pants, 150–153
 - seams, 62
 - workarounds, 58–60, 347–351
 - reuse, 25–26
 - reverse stitch, 80
 - ribbon, 344
 - ripping seams, 53, 62
 - rolling cutter, 54–55
 - rotary cutter, 55
 - ruffled neck, 287
 - running stitch, 74–75
 - running sweater, 104
- S •**
- sachet, 315–320
 - safety pin, 54, 344
 - sample sale, 12
 - scavenging, 35
 - scissors, 54, 342
 - scrap surface, 58
 - scraps
 - bedding stuffing, 297–300
 - choker, 330–333
 - clothing search, 42–43
 - decorative fabric, 327–330
 - painting tips, 58
 - pillowcase, 300–307
 - quilt, 307–313
 - reconstruction definition, 15–16
 - sachet, 315–320
 - wallet, 334–338
 - seam
 - deconstruction, 62
 - exposure, 288
 - location, 61
 - repair, 62
 - ripper, 53
 - serging process, 83–84
 - stain fix, 349
 - seasonal clothing, 126–130
 - seasonal sale, 28
 - self-identity, 13
 - sequins, 56
 - serged seam, 83–84
 - serger
 - damaged clothing workaround, 60, 350
 - differential feeding, 84
 - features, 81–82
 - general tips, 345
 - maintenance, 82
 - overview, 81
 - purchasing tips, 82
 - raw look, 84, 85
 - serged seams, 83–84
 - sewing, hand
 - basting, 74
 - blanket stitch, 75
 - hemming, 75–77
 - knots, 72–74
 - needle threading, 70–71
 - overview, 69
 - running stitch, 74–75
 - torn clothing workaround, 60
 - Sewing For Dummies* (Wiley Publishing), 20, 72
 - sewing machine
 - damaged clothing workaround, 58, 60
 - features, 77
 - maintenance, 66, 78–79
 - overview, 77
 - purchasing tips, 78
 - stitches, 79–81
 - torn clothing workaround, 60
 - workspace tips, 66–69

- sewing room
 - ergonomics, 66–69
 - organization, 50–53
 - shelving, 51
 - shirt, 61. *See also specific types*
 - shopping
 - damaged clothes, 40–42
 - fabric scraps, 42–43
 - ill-fitting clothes, 40
 - inspirational items, 43
 - personal closet, 34
 - style, 38
 - thrift stores, 34–38, 39
 - used clothing issues, 43–48
 - shoulder bag
 - jeans redo, 179–182
 - sweater redo, 230–234
 - sizing clothes, 343
 - skirt, reconstructed
 - business skirt, 275–278
 - cowl neck top, 278–280
 - frill skirt, 270–275
 - matched set, 291–293
 - skirt creations. *See also specific skirt types*
 - cardigan redo, 213–216
 - care tips, 269–270
 - dress redo, 291–293
 - leggings redo, 190–194
 - overview, 269
 - pants redo, 153–158, 184–190
 - pullover sweater redo, 219–220
 - seam location, 61
 - T-shirt redo, 91–98
 - slacks. *See also specific types*
 - bustle creation, 158–163
 - care tips, 149–150
 - fly top creation, 163–167
 - repair creation, 150–153
 - seam location, 61
 - split skirt creation, 153–158
 - slanted hem, 76
 - sleeves, 226–230
 - slice cut neckline, 287
 - slipstitch, 76–77
 - snap tape, 344
 - spandex, 90
 - split skirt
 - bridesmaid dress redo, 256–261
 - pants redo, 153–158
 - stain
 - clothing search, 41, 44
 - general tips, 343, 345–346
 - laundering tips, 57
 - pullover shirt care, 126
 - T-shirt care, 90
 - workarounds, 58–59, 347–351
 - stitch. *See also specific types*
 - hand sewing, 74–77
 - machine sewing, 79–81
 - straight stitch, 80
 - stretch fabric, 65, 66
 - stretch pants. *See also pants care tips*, 183–184
 - flare skirt creation, 184–190
 - hat creation, 194–198
 - student, 18–19
 - stuffing, 297–300
 - style
 - clothing search, 38, 40
 - creativity, 12
 - therapy, 13
 - suburban store, 36–37
 - suede, 56
 - suit, 270
 - Sunset Scavenger Artist-in-Residence Program (sustainable organization), 21
 - sustainable living
 - personality, 18
 - photo shoot locations, 21
 - purpose of reconstruction, 1, 24–27, 32
 - Swaporamarama event, 38
 - sweater. *See also cardigan; pullover sweater*
 - button-down combo creation, 112–118
 - cropped sweater creation, 205–209
 - pillowcase creation, 209–213
 - sweatshop labor, 32
- T ●
- table, 66–67
 - tailed top, 136–140

tape, no-sew, 95

Teacher With The Bus a.k.a. DasFrachtgut
(sustainable organization), 21

thread

knots, 72–74

needle threading, 70–71

organized workspace, 51, 52

overview, 64

thrift store, 34–37, 39

tools. *See also specific tools*

necessities, 53–55, 64–66

organization, 51–53, 69

overview, 53

quick fixes, 85–86

top overlock stitch, 81

torn clothing

clothing search, 41–42

workarounds, 59–60

trash

decorative fabrics, 327–330

purpose of reconstruction, 24–27

reconstruction definition, 16–17

trendy clothing, 38

trunk show, 12

T-shirt

care tips, 89–90

fitted waistband creation, 102–105

halter top creation, 99–102

skirt creation, 91–98

• U •

vacuum, 55

vestcoat, 241–247

• W •

waistband, 103–105

wallet, 334–338

Wiley Publishing (*Sewing For Dummies*),
20, 72

wine bag, 265–268

workspace

ergonomics, 66–69

organization, 50–53

worn clothing, 41–42, 350

wrap top

pullover shirt, 140–145

sweater, 224–226

• Y •

yard sale, 28, 38

• Z •

zigzag stitch, 80

zipper, 344