

Index

See also Accommodations and Restaurant indexes below.

GENERAL INDEX

AARP, 31

Aas, pedestrian bridge, 162
Above and Beyond Tours, 31
Access-Able Travel Source, 30
Access America, 28

Accessible Journeys, 30

Accommodations, 44–48. *See also Accommodations Index*

bed-and-breakfasts (B&Bs), 45–46

best, 11–13

booking a hotel, 44–45

chalet holidays, 45

farm holidays, 46

fishermen's cabins, 45

home exchanges, 48

home stays, 47–48

hotel passes, 45

surfing for, 33

Active vacations, 52–60

adventure sightseeing, 59–60

best, 6

biking, hiking, and other summer pursuits, 55–58

canoeing, kayaking, sailing, and scuba diving, 59

fishing, 54–55

learning vacations, 60

skiing, 52–54

Adventure sightseeing, 59–60

Agder Naturmuseum og

Botaniske Hage (Agder

Museum of Natural History

and Botanical Garden; Kris-

tiansand S), 221

Airfares, 33, 36–37

Airport security, 36

Air travel, 35–37, 41

Aker Brygge (Oslo), 74, 131

restaurants, 98, 103–104

shopping, 141

Akersgata (Oslo), 136

Akershus Castle & Fortress

(Oslo), 131, 148

Akershus Slott og Festning

(Akershus Castle & Fortress;

Oslo), 125

Åkesfjellet, 324

Aksla, 325–326

AKU, 9

Akvariet (Bergen Aquarium),

265

Ålesund, 64, 325–331

Ålesund Museum, 326–327

Alfa-Omega (Alta), 424

Alta, 9, 68, 421–424

Alta Museum, 421–422

Altona Vinbar (Bergen), 285

American Express

Oslo, 78

traveler's checks, 22

American Foundation for the

Blind (AFB), 30

American Institute for Foreign

Study (AIFS), 60

Amfiscenen (Oslo), 147

Amtmændens Datter (Tromsø),

385

Åndalsnes, 64, 323–325

The Angry Boy (Sinnataggen;

Vigeland), 119

Annes Keramik (Trondheim),

366

Antiques, Oslo, 142

Åpen Bar (Tromsø), 385

Apothecary (Halden), 165

Aquariums

Atlantehavsparken (Ålesund),

327

Bergen (Akvariet), 265

Lofoten (Storvågan), 410

Sognefjord (Balestrand), 305

Archbishop's Palace (Erkebis-

pegården; Trondheim), 351

Archbishop's Palace Museum

(Trondheim), 351

The Arctic Cathedral (Tromsø)

Church or The Boathouse

Church; Tromsø), 379

Arctic Garden (Oppstryn), 316

Area code, 49

Arendal, 217–220

Arendal Rådhus, 218

Arkeologisk Museum (Museum

of Archaeology; Stavanger),

237

Armed Forces Museum

(Forsvarsmuseet; Oslo),

120–121

Arne Ronning (Trondheim), 366

Art galleries

Bergen, 281

Henningsvær, 413

Kabelvåg, 410–411

Karasjok, 425–426

Svolvær, 408

Trondheim, 366

Arts and crafts

Alta, 422

Bergen, 281–282

Karasjok, 426

Lillehammer, 186

Oslo, 142

Røros, 205

shopping tour, 282

Tromsø, 384

Ulvik, 298–299

Åsgårdstrand, 167

Astrup Fearnley Museum of

Modern Art (Oslo), 120

Astrupnet, 314

Atelier 88-Galleri Bodøgaard

(Bodø), 394

Atlantehavsparken (Tueneset),

327

ATMs (automated teller

machines), 21

Audhild Vikens Vevstove

(Geiranger), 322

Aula (Great Hall; Oslo),

120, 134

Aulestad (Gausdal), 193

Aurlandsfjord, 308

Aurora borealis (northern

lights), 379

Aust-Agder Museum (Arendal),

218

- Australia**
 customs regulations, 20
 embassy of, 49
 health-related travel advice, 29
 passports, 50–51
- Austvågøy, 407**
- B**
Babysitting services, 33
Backroads, 56
Backroads Travel, 57
Baggage weight allowance, 35
Baklommen (Bergen), 285
Balestrand, 65, 304–307
B&B Norway AS, 46
Baneheia Skog (Baneheia Forest), 223
Bankplassen (Oslo), 133
Banyean & Hans Highness (Hammerfest), 430
Bar Credo (Trondheim), 366–367
Barnekunst Museum (International Children's Art Museum; Oslo), 130
Bar 1 (Oslo), 153
Bar 3B (Trondheim), 367
Bærum Verk (Oslo), 142
Basarhallene (Oslo), 133
Baths, Oslo, 139
Båtsevice Sightseeing (Oslo), 137–138
Beach Club (Oslo), 153
Beaches
 Mandal, 224
 Merdøy, 219
 Oslo, 139–140
 Sandefjord, 172
Bed-and-breakfasts (B&Bs), 45–46
Beer Palace (Oslo), 153
Begby, 162
Belsvik Match (Lillehammer), 186
Belvedere Varden, 332
Bergen, 5, 70, 246–287
 accommodations, 251–259
 area code, 250
 arriving in, 246–247
 average temperatures, 24
 banks, 250
 bookstores, 250
 business hours, 250
 car rentals, 249
 consulates, 250
 doctors and dentists, 250
 emergencies, 250
 getting around, 248–250
 hospitals, 251
 Internet access, 251
 laundry, 251
 layout of, 248
 nightlife, 283–286
 organized tours, 276
 outdoor activities, 280
 parking, 248
 post office, 251
 restaurants, 259–264
 shopping, 280–283
 side trips from, 286–287
 sights and attractions, 264–278
 visitor information, 248
 walking tour, 277–279
 what's new in, 2
- Bergen Airport, 246–247**
Bergen Angling Association, 54
Bergen Aquarium (Akvariet), 265
Bergen Art Museum, 265, 268
Bergen Card, 248
Bergen Cathedral (Domkirken), 269–270
Bergen Folklore, 283
Bergen Guide, 16
Bergen International Festival (Bergen Festspill), 5, 25
Bergen Museum, 268
Bergen Sportsfiskere (Bergen Angling Association), 6, 280
Bergens Sjøfartsmuseum (Bergen Maritime Museum), 268
Bergen Symphony Orchestra, 283
Bergen Touring Club, 280
Bergen Tourist Office, 248
Besseggen Ridge, 7, 197
Best Western euro Guestcheque, 45
Bianco Footwear (Tromsø), 384
Bibliotekbaren (Library Bar; Oslo), 153
Bicycling, 55–58
 Fredrikstad, 158
 Geilo, 310
 Kabelvåg, 411
 Kristiansand S, 221
 Lofoten Islands, 57
 Oslo, 78
- Bird-watching, 59–60**
 Fokstumyra marshes, 200
 the North Cape, 431
- Birkebeiner Race, 25**
Bjorn Ringstrøms Antikvariat (Oslo), 143
- Bjørnson, Bjørnstjerne, 192, 332, 404**
 Aulestad (Gausdal), 193
 tomb of (Oslo), 137
- Blå (Oslo), 152**
Blå Rock Café (Tromsø), 385
Blick, 155
Blodveimuseet (near Bodø), 395
Blogs and travelogues, 33
Blomqvist Kunsthandel (Oslo), 142
Blue Marble Travel, 58
Boating. See also Canoeing; Kayaking; Sailing
 Geilo, 310
- Boat trips and cruises. See also Ferries**
 Ålesund, 325, 326
 Alta, 422
 Bergen, 249–250
 Flåm, 308
 Geirangerfjord, 321
 Hamar, 176
 Kabelvåg, 411
 Kristiansand S, 224
 Loen, 318
 Lofoten Islands, 404
 Mo i Rana, 390
 Molde, 332
 Moskenesøy, 417
 most scenic, 9
 Stavanger, 228
 Tromsø, 371
 Trondheim, 338
- Bodin Kirke (Bodø), 394**
Bodø, 5, 66–67, 393–399
 en route to, 391
- Bodø Domkirke, 394**
Bodømarka (Bodø forest), 395
Boingo, 34
Bonsak Piano Bar (Bodø), 399
Books, recommended, 48–49
Bookstores, Oslo, 143
Borgarsyssel Museum (Sarpsborg), 163
Borstova (Kinsarvik), 294
Borton Overseas, 6, 56–58, 60
Bø Sommarland (Skien), 214–215
Botanisk Hage og Museum (Botanical Gardens; Oslo), 128
Bøyøyri Estuary, 314
Braathens, 41
Bratland Camping (Haukeland), 47
Breiavann, 228
Breidablikk (Stavanger), 241

- Brekkeparken (Skien), 215
 Bridal Veil, 320
 Briksdalsbreen (Briksdal Glacier), 317–318
 British Airways, 36
 “Brown” nightclubs, 285
 Bryggen (Bergen), 264–265
 Bryggen Brukkunst (Bergen), 281
 Bryggens Museum (Bergen), 268–269
 Bryggeporten Bar & Nattklubb (Oslo), 148–149
 Bryggerie (Honningsvåg), 434
 Bucket shops, 37
 Bulken Walking Association, 301
 Bu Museum (Ringøy), 296
 Burial mounds, Viking Age (Balestrand), 305
 Business hours, 49
 Busterudpark (Halden), 164
 Bus travel, 43
 Byen Brenner (Halden), 165
 Bygdo Royal Farm (Oslo), 118
 Bygdøy (Oslo), 74, 122
 restaurants, 107
 sights and attractions, 126–127
- C**
 Café-Bar Memphis (Oslo), 155
 Café Fiasco (Oslo), 155
 Café Mono (Oslo), 152
 Café Onkel Donalds (Oslo), 155
 Café Opera (Bergen), 283–284
 Café Sting (Stavanger), 243
 Calendar of events, 25–27
 Camperlen, 55
 Camping, 47
 Voss, 301–302
 Camping Card (Norsk Campingkort), 47
 Canada
 customs regulations, 20
 embassy of, 49
 health-related travel advice, 29
 passports, 50
 visitor information in, 20
 Cannon Museum (Kristiansand Kanonmuseum), 222
 Canoeing, 59
 Geilo, 310
 Oslo, 140
 Car rentals, 43–44
 surfing for, 33
 Car travel, 37, 43–44
 most unforgettable landscapes/drives, 10
 Cathedral Cemetery (Trondheim), 362–363
 Cathedral. *See* Domkirke
 Cellphones, 35
 Centers for Disease Control and Prevention, 29
 Central Norway, 17
 Ceramics, 14–15
 Bergen, 281
 Oslo, 143
 Trondheim, 366
 Chairs (Oslo), 156
 Chalet holidays, 45
 Chamber Music Festival (Oslo), 26, 148
 Checkpoint Charlie Hard Rock Café (Stavanger), 244
 Children’s Technological Museum (Vitensenteret; Trondheim), 360
 Christiania Torv (Oslo), 131
 Christiansholm Festning (Christiansholm Fortress; Kristiansand S), 221
 City Museum (Oslo Bymuseum), 130
 City Wall Gate (Bergen), 277
 Classical music, Oslo, 147
 Climate, 23–24
 Coastal steamers. *See* Boat trips and cruises
 Commander Christensen’s Whaling Museum (Sandefjord), 172
 Compagniet Nightclub (Tromsø), 385–386
 Connection kit, 35
 Consolidators, 37
 Continental, 35
 Copenhagen, traveling to Oslo from, 37
 Cosmopolite (Oslo), 149
 Costumes, 15
 Oslo, 145
 Country code, 49
 Cox & Kings, 41
 Credit cards, 21
 Cross-country skiing, 52–54
 best, 8
 Birkebeiner Race, 25
 Geilo, 310
 Oslo, 140
 Stryn, 318
 Voss, 300–301
 Crossing Latitudes, 59
 Cruise Norway, 15
 Cruise ships, 40
 Cruise Spezialisten, 249
 Crystal, 15
 Cuisine, 444–445
 Cunard, 40
 Currency and currency exchange, 21, 22
 Customs regulations, 20
 Cyclists’ Touring Club, 56
- D**
 Dagali Rafting (Geilo), 310
 Dagmars Dukke og Legetøy Museum (Sakrisøy), 418
 Dalsnibba, 321
 Damms Antiquariat (Oslo), 143
 Damplassen (Oslo), 136
 Damsgård (Bergen), 269
 Damstredet (Oslo), 136
 Dance clubs and discos
 Alta, 424
 Bergen, 284
 Lillehammer, 190
 Mo i Rana, 392
 Oslo, 148–149, 152
 Tromsø, 386, 387
 David-Andersen (Oslo), 145
 Den Gode Nabo (Trondheim), 367–368
 Den Kongelige Mynts Museum (Kongsberg), 211
 Denmark, traveling to Oslo from, 39
 Den National Scene (Bergen), 283
 Den norske bokbyen (Fjærland), 315
 Den Norske Opera (Norwegian National Opera; Oslo), 147
 Den Rustne Eike, 56
 Dentists, 49
 Department stores, Oslo, 143–144
 Destination Lofoten, 60
 Det Hanseatiske Museum (Bergen), 14, 269
 Det Norske Folkloreshowet (Norwegian Evening; Oslo), 147–148
 Disabilities, travelers with, 30
 Disco Brenneriet (The Distillery; Lillehammer), 189
 Dockside Cafe og Bar (Oslo), 149
 Doctors, 49
 Dog sledding, 56
 Dombås, 324
 Domkirke (Cathedral)
 Bergen, 269–270
 Bodo, 394

- Molde, 332
 Stavanger, 237–238
 Tromsø, 382
 Trondheim, 354–355, 363
- Dovrefjell Nasjonalpark**
 (Dovrefjell-Sunddalsfjella National Park), 11, 200, 201
- Dovrefjell Park Musk Ox Safari Company** (Moskus Safari Dovrefjell), 201
- Downhill skiing, 52–54**
 best, 7–8
 Geilo, 309–310
 Lillehammer, 185–186
 Narvik, 401
 Stryn, 318
 Tromsø, 384
 Trondheim, 365
 Voss, 300–301
- Dr. Fjeld** (Kristiansand S), 226
- Dr. Livingstone Travellers Café** (Bergen), 285
- Driv Café** (Tromsø), 386
- Drugstores, 49**
- The Dubliner** (Oslo), 149
- Dykkernett, 59**
- Dyvekes Vinkjeller** (Bergen), 285
- E**
- Eastern Norway, 17–18**
 suggested itinerary, 61–63
- Eastern Oslo, 74**
- Edvard Munch Museum** (Munch Museet; Oslo), 14, 113, 116–117
- Eidfjord, 295–298**
- Eidfjord Kirke** (Eidfjord), 296
- Eidsvoll, 173–174**
- Eidsvollbygningen** (Eidsvoll), 174
- Eiriksson, Leiv, 356**
- Elderhostel, 31**
- ElderTreks, 32**
- Electricity, 49**
- Ellingsøy, 326**
- ELTExpress, 37**
- Emanuel Vigeland Museum** (Oslo), 120
- Embassies and consulates, 49**
- Emergencies, 49**
- E-Meroks Turisthandel** (Geiranger), 322
- Emigration Festival** (Kvinesdal), 26
- Emigration Festival** (Stavanger), 26
- Engelen** (Bergen), 284
- Engen Glacier, 390–391**
- Engen Skyssbåt, 390**
- England, traveling to Norway from, 40**
- Entry requirements, 20**
- Erkebispegården** (Archbishop's Palace; Trondheim), 351, 354, 363
- Esaias Solberg** (Oslo), 145
- Etoile Bar** (Oslo), 153
- Eurail Norway Pass, 42**
- Eurailpasses, 38**
- European Walking Tours, 58**
- Execution Site** (Oslo), 131
- Explore Fjord Norway, 15**
- Exxon Mobil Bislett Games** (Oslo), 26
- F**
- Falkberget, Johan, Museum** (Røros), 205
- Falken** (Stavanger), 244
- Families with children**
 information and resources, 32–33
 Oslo accommodations, 86
 Oslo restaurants, 101
 suggested itinerary, 68–70
- Family History Library of the Church of Jesus Christ of Latter-day Saints** (Salt Lake City, UT), 27
- Family Travel Files, 33**
- Family Travel Forum, 33**
- Family Travel Network, 33**
- Fantoft Stavkirke** (Bergen), 270
- Far & Sonn Brukt Antikkmarked** (Oslo), 142
- Færder Sailing Race, 26**
- Farm holidays, 46**
- Fashions (clothing). See also Knitwear** (sweaters)
 Bergen, 281
 Lillehammer, 186
 Oslo, 144–145
- Fefor, 54**
- Felix Pub & Scene** (Lillehammer), 190
- Femundsmarka Nasjonalpark, 206**
- Ferries, 39–40, 43. See also Boat trips and cruises**
 Bergen, 249
 Femundsmarka Nasjonalpark, 206
 Flåm, 308
 Geirangerfjord, 321
 Halden, 164
 Kristiansand S, 220
 Molde, 331
 Oslo, 78
- Festivals and special events**
 best, 5–6
 calendar of, 25–27
- Filmteateret Teletorg** (Oslo), 148
- Finnmark, 18**
- Fishermen's cabins, 45**
- Fishing, 6, 54–55**
 Bergen, 280
 best, 9
 fjord, 9
 Geilo, 310
 International Salmon Fishing Festival (Sulddal), 27
 Karasjok, 426
 Kristiansand S, 221
 the Lofotens, 415
 Oslo, 140
 Stavanger, 237
 Trondheim, 364
 Voss, 301
- Fish Market** (Fisketorget)
 Bergen, 270, 277, 280
 Kristiansand S, 223
- Fiskerimuseet** (Fisheries Museum; Hjertøya), 333
- Fisketorget** (Fish Market), Bergen, 270, 277, 280
- Five Stars of Scandinavia, 54–55, 57, 282**
- Fjaerland, 65, 313–315**
- Fjellheisen** (Tromsø), 378
- Fjerdingen** (Tønsberg), 169
- Fjord fishing, 9**
- Fjords, 4, 288–336. See also specific fjords**
 Oslo, 137–138
- Flaggruten, 249**
- Flagstad, Kirsten**
 biographical sketch of, 179
 Museum (Hamar), 178
- Flakstad Kirke, 416**
- Flakstadey, 415–417**
- Flåm, 287, 307–309**
- Flåm Railway, 307**
- Fleischers Top Spot Nightclub** (Voss), 304
- Fløibanen** (Bergen), 2, 270
- Fløien, Mount, 280**
- FlyCheap, 37**
- Flydalsjuvet, 321**
- Flying Wheels Travel, 30**
- Foemund II** (ferry), 206
- Fokstumyra, 60**
- Fokstumyra marshes, 200**
- Folgefonna, 292**
- Folk costumes, 15**
 Oslo, 145

- Forsvarsmuseet (Armed Forces Museum; Oslo), 120–121
 Forum (Bergen), 283
 Fosnavåg, 326
 Fossanmoen (Stavanger), 237
 Fossheim Steinsenter (Lom), 196
 Fotballpuben (Bergen), 286
 Frammuseet (Oslo), 126
 Fredrikstad, 62, 63, 157–163
 Fredrikstad Domkirke, 158
 Fredrikstad fortress, 4–5
 Fredrikstad Museum, 158
 Fredriksten Festning (Fredriksten Fortress; Halden), 164–165
 Fredriksten Kro (Halden), 165
 Frequent-flier clubs, 37
 Fridtjof's Pub (Oslo), 153–154
 Friendship Force, 47
 Friends Overseas, 32
 Fritzøe Museum (Larvik), 208
 Frognerbadet (Oslo), 139
 Frogner (Oslo), 74
 restaurants, 107–108
 Frogner Park (Oslo), 141
 Frommers.com, 34
 Furniture, Oslo, 145
 Fylkesbaatane, 306, 308
- G**ålå, 54
 Galdhøpiggen, 196
 Galleri Espolin (Kabelvåg), 410
 Galleriet, Trondheim Berukunstforening, 366
 Galleriet (Bergen), 282
 Galleriet (Oslo), 149
 Galleri Fisk (Bergen), 281
 Galleri Oslo (Oslo), 142
 Gamble Strynefjellsvegen, 318
 Gamle Aker Kirke (Old Aker Church; Oslo), 136
 Gamle Bergen, 271
 Gamle Bybro (Trondheim), 362
 Gamlebyen (Old Town), Fredrikstad, 158
 Gamlehaugen (Bergen), 271
 Gamle Rådhus (Old Town Hall), Trondheim, 360
 Gamle Stavanger, 238
 Gastronom (Oslo), 143
 Gaustablikk, 54
 Gay and lesbian travelers
 information and resources, 31
 Oslo bars, 155–156
 Stavanger, 243
 Tromsø, 387
- Gay/Lesbian Visitor Information (Oslo), 31
 Geilo, 8, 53, 309–313
 Geilo Camping, 310
 Geilojorget, 311
 Geilo Skiheiser, 310
 Geiranger, 196
 Geirangerfjord, 320–323
 Geiranger Fjordservice, 321
 Geirangervegen, 321
 Gifts and souvenirs. *See also*
 Arts and crafts
 Oslo, 146
 Gimle Estate (Kristiansand S), 221
 Gimle Parfymeri (Oslo), 146
 Giske, 326
 Giske Kirke, 326
 Gjenreisningsmuseet (Hammerfest), 429
 Gjestal Spinneri (near Stavanger), 243
 Gjesværstappan, 431
 Glashytte (Fredrikstad), 160
 GlasMagasinet (Oslo), 143–144
 Glasshytta (Vikten), 416
 Glassware, Bergen, 281
 Glittertind, 196
 Glomma Festival (Fredrikstad), 157–158
 Gokstad (Oslo), 119
 Golf, 58
 Bergen, 280
 Narvik, 401
 Stavanger, 237
 Trondheim, 364
 Golsfjellet, 53
 Gol Stave Church (Oslo), 118
 Gondolbanen cable car (Narvik), 400
 Granåsen Ski Jump (Trondheim), 365
 Grand Circle Travel, 40
 Granholmen (Sandefjord) (Sandefjord), 172
 Great Hall (Aula; Oslo), 120
 Great Norwegian Humor Festival (Stavanger), 228
 Grev Wedels Plass (Oslo), 133
 Grieg, Edvard, biographical sketch of, 274–275
 Grieghallen (Bergen), 283
 Grimstad Bymuseum-lbshuset, 220
 Grønland district (Oslo), 74
 Grønligrotta, 391
 Grünerløkka (Oslo), 75
 restaurants, 110–111
 G-Sport Gågaten (Bergen), 282
- G. (Tromsø), 386
 Gullsmed Frisenberg (Lillehammer), 186
 Gunnarstorp, 162
 Gyms, Oslo, 140
- H**aakon, Prince, 129
 Hadeland Glassverk (Jevnaker), 174
 Hadeland Glassworks Art Gallery (Jevnaker), 174
 Hafjell Alpine Center (Lillehammer), 7, 53–54, 185
 Hakkesetstølen (Geilo), 310
 Håkonshallen (Håkon's Hall; Bergen), 271
 Håkons Hall (Lillehammer), 184
 Halden, 163–167
 Halstensgård (Geilo), 310
 Halvdan Haftsten Collection (Stavanger), 240
 Hamar, 62, 175–181
 Hamar Olympiahall, 176
 Hammerfest, 427–430
 Hammerfest Kirke, 429
 Handicrafts. *See* Arts and crafts
 H&M (Oslo), 144
 Håndverkshuset (Alta), 422
 Hangursbanen cable car (Voss), 300
 Hannestadgården (Halden), 166
 Harald's Gym (Oslo), 140
 Hardangerfjord, 10, 292, 299
 Hardanger Folk Museum (Utne), 290
 Hardangerjøkulen, 310
 Hardanger Recreation Park (Tillegg i Tekst; Kinsarvik), 294
 Hardangervidda (Geilo), 310
 Hardangervidda National Park, 296
 Hardangervidda Natursenter, 296
 Hareid, 326
 Haugar Cemetery (Tønsberg), 169
 Haugar Vestfold Kunstmuseum (Tønsberg), 169
 Havsdalsenternet (Geilo), 310
 Hawk Club (Tromsø), 386
 Headline (Oslo), 149
 Health concerns, 28–29
 Health insurance, 28
 Heddal Stave Church (near Kongsberg), 213
 Hedmark Kunstnersenter (Hedmark Artists' Center; Hamar), 176, 178

- Hedmarksmuseet & Domkirkeodden (Hamar), 178**
- Heimen Husflid (Oslo), 145**
- Hekle-Kroken (Tromsø), 384**
- Helger Myhre Marine Supplies (Stavanger), 243**
- Helgi Joensen (Stavanger), 243**
- Hemsedal, 53**
- Henie, Sonja, 113**
- Henie-Onstad Kunstsenter (Henie-Onstad Art Center; Oslo), 112–113**
- Henningsvær, 412–414**
- Herregården Manor House (Larvik), 208**
- Herr Nilsen (Oslo), 152**
- Heyerdahl, Thor, 126, 207**
- Heyerdahl (Oslo), 145**
- Hiking and walking, 6, 58**
- Bergen, 280
- best hikes, 7
- Bodø, 395
- Briksdalsbreen (Briksdal Glacier), 317–318
- Fjaerland, 314
- Geilo, 310
- Hardangervidda National Park, 296
- Knivskjelodden, 434
- Kristiansand S, 223
- Lofoten Islands, 406, 418
- Narvik, 400, 401
- Rondane Nasjonalpark, 200–201
- Stavanger, 237
- Tromsø, 383
- Trondheim, 364–365
- Ulvik area, 298
- Historisk Museum (University Museum of Cultural Heritage; Oslo), 121**
- History, books on, 48**
- History of Norway, 439–444**
- Hjemmefrontmuseet (Rustkammeret; Trondheim), 363–364**
- Hjemmeluft, 421**
- H. M. Kristiansens Automobilbyrå (Oslo), 138–139**
- Høgnoa, 324**
- Holiday Care Service, 30**
- Holidays, 24**
- Holmenkollen (Oslo), 75**
- accommodations, 91–92
- restaurants, 108–109
- Holmenkollen Ski Festival, 6, 25**
- Holy Trinity Church (Trefoldighetskirken; Oslo), 136**
- Home exchanges, 48**
- Home Front Museum (Trondheim), 351, 354**
- Home Link, 48**
- Home stays, 47–48**
- Honningsvåg, 68, 430–434**
- Hordaland Art Center and Café (Bergen), 281**
- Hornes, 162**
- Horseback riding, 58**
- Bodø, 395
- Geilo, 310
- Kristiansand S, 221
- Stavanger, 237
- Tromsø, 384
- Hos Naboen Pub (Ålesund), 330–331**
- Hotels. See Accommodations**
- Hovedøya (Oslo), 140**
- H.S.D., 249**
- Huk (Oslo), 139**
- Hunderfossen Familiepark (Hunderfossen Family Park; Lillehammer), 182–183**
- Hunn, 162**
- Husfidsnovae (Ulvik), 298–299**
- Husfliden (Bergen), 282**
- Husfliden (Lillehammer), 186**
- Husfliden (Tromsø), 384**
- IAMAT (International Association for Medical Assistance to Travelers), 29**
- Ibsen, Henrik, 49, 97, 197, 268**
- birthplace of son of (Oslo), 136
- Grimstad, 220
- Moldegård (Molde), 332
- Museum (Oslo), 128–130, 134
- Peer Gynt, 191, 274, 275
- Peer Gynt country, 191–195
- Peer Gynt Festival (Vinstra), 26
- private apartment of (Oslo), 134
- Skien, 214
- tomb of (Oslo), 137
- Venstop (Skien), 215
- walking tour of sights associated with, 134–137
- iCan, 30**
- Icelandair, 36, 41**
- Ice skating**
- Lillehammer, 185–186
- Oslo, 140
- Museum (Skoytemuseet), 124
- Ice-Skating Museum (Skoytemuseet; Oslo), 124**
- Insegran, 158**
- Institute of International Education (IIE), 60**
- Insurance, 27–28**
- InsureMyTrip.com, 27**
- Interhostel, 60**
- International Association for Medical Assistance to Travelers (IAMAT), 29**
- International Chamber Music Festival (Stavanger), 228**
- International Children's Art Museum (Barnekunst Museum; Oslo), 130**
- International Gay and Lesbian Travel Association (IGLTA), 31**
- International Salmon Fishing Festival (Suldal), 27**
- International Student Identity Card (ISIC), 32**
- International Youth Travel Card (IYTC), 32**
- Internet access, 34**
- Bergen, 251
- Oslo, 79
- InterRail Pass, 39**
- Intersport Geilo, 310**
- Intersport Sports Huset (Tromsø), 384**
- Intervac USA, 48**
- InTouch USA, 35**
- INTRAV, 32**
- The Invented City, 48**
- iPass network, 35**
- Ireland**
- embassy of, 49
- passports, 50
- Irishman Pub (Hamar), 181**
- The Irishman (Stavanger), 244**
- Itineraries, suggested, 61–70**
- i2Roam, 35**
- Jann's Adventure Lofoten (Kabelvåg), 411**
- Jazz clubs, Oslo, 152–153**
- Jazz festivals**
- Kongsberg International Jazz Festival, 26, 211
- MaiJazz (Stavanger), 228
- Molde International Jazz Festival, 5, 26, 332
- Oslo Jazz Festival, 26, 148
- Jevnaker, 174**
- Jewelry**
- Bergen, 282
- Lillehammer, 186
- Oslo, 145

- Jogging, Oslo, 140
 Johan Falkberget Museum (Røros), 205
 John's Bar (Oslo), 154
 Jostedal Breheimsenteret, 317
 Jostedalen Refrørarlag, 317
 Jostedal Glacier, 305
 Jostedalsbreen, 306
 Jostedalsbreen Nasjonalpark (Jostedalsbreen National Park), 314, 316
 Jostedalsbreen Nasjonalpark-senter (Oppstryn), 316
 Jotunheimen National Park, 61–62, 195–197
 Juhls' Silver Gallery (Bergen), 282
- K**abelvåg, 410–412
 Kafe Kippers USF (Bergen), 284
 Kaffe å Lars (Tromsø), 386
 Kaktus (Trondheim), 368
 Kanthaugen Freestyle Facility (Lillehammer), 185
 Karasjok, 424–427
 Karasjok Opplevelser, 426
 Karl Johans Gate (Oslo), 133, 141
 Karl XII, King, 164
 Kayaking, 59
 Kabelvåg, 411
 Voss, 301
 Keane Kunstgalleri (Tromsø), 384–385
 Killer Whale Safari (Kabelvåg), 411
 Kinematografer Oslo, 148
 Kinsarvik, 293–295
 Kinsarvik Church, 294
 Kirsten Flagstad Museum (Hamar), 178
 Kjeåsen Farm (near Eidfjord), 297
 Kjenndal Glacier, 318
 KLM, 36
 Kløverhuset (Bergen), 281
 Knitwear (sweaters), 15, 384, 422
 Bergen, 281
 Geiranger, 322
 Oslo, 143, 144, 146
 Trondheim, 366
 Kniven, 326
 Knivskjelodden, 434
- Knøsesmauet (Bergen), 277–278
 Kongen Lige/Stiftsgården (Royal Residence; Trondheim), 359–360
 Kongens Gate, 326
 Kongsberg, 210–213
 Kongsberg Arms Factory Museum, 211
 Kongsberg International Jazz Festival, 26, 211
 Kongsberg Kirke, 211
 Kongsberg Skimuseum, 211–212
 Kongsberg Sølvgruver, 212
 Kongsten Festning (Fredrikstad), 158, 160
 Konsertpaleet (Bergen), 283
 Kon-Tiki Museum (Oslo), 126
 Kontoret (The Office; Bergen), 286
 Kristiansand Domkirke, 222
 Kristiansand Dyrepark (Kristiansand Zoo and Amusement Park), 222
 Kristiansand Kanonmuseum (Cannon Museum), 222
 Kristiansand S, 70, 220–226
 Kristiansand Symfoniorkester (Kristiansand Symphony Orchestra), 226
 Kristiansen Festning (Trondheim), 354
 Kristiansund Opera Festival, 25
Kristin Lavransdatter (Undset), 203
 Kroner, 21, 22
 Kulholmen Marina (Kristiansand S), 221
 Kulturlandskapsplan, 298
 Kulturscenen & Studenthuset Driv (Tromsø), 386
 Kunstindustrimuseet (Museum of Applied Art; Oslo), 137
 Kunstindustrimuseet (Museum of Decorative Arts and Design; Oslo), 121
 Kunstnernes Hus (Oslo), 142
 Kvadrat Kjøpesenter (Lura), 242–243
 Kystopplevelser, 249
- L**adestien (Lode Trail), 365
 Laerdal Tunnel, 247
 Lågdalsmuseet (Lågdal Folk Museum; Kongsberg), 212
 Landmark Café (Bergen), 286
 Langeby (Sandefjord), 172
 Larvik, 207–210
 Larvikitt, 208
 Larvik Kirke (Larvik), 208
 Larvik Museum, 208
 Larvik Sjøfartsmuseum (Maritime Museum), 208
 Laundry and dry cleaning, 50
 Learning vacations, 60
 Ledaal (Stavanger), 241
 Le Mirage (Tromsø), 387
 Leonardo da Vinci, pedestrian bridge (Aas), 162
 Lepramuseet i Bergen (Leprosy Museum), 271–272
 Lesja Bygdatun, 201–202
 Library Bar (Bibliotekbaren; Oslo), 153
 Lillehammer, 7, 8, 53, 61, 181–190
 accommodations, 186–188
 nightlife, 190
 olympic sites, 184–185
 outdoor activities, 185–186
 restaurants, 188–190
 shopping, 186
 sights and attractions, 182–184
 traveling to, 182
 visitor information, 182
 Lillehammer Kunstmuseum (Art Museum), 183–184
 Lillehammer Olympic Park, 184
 Lillehammer Skiklub, 185
 Limelight (Oslo), 154
 Lindesnes Fyr, 224
 Lindum (Suldalsosen), 9, 237
 Liquor laws, 50
 Lobbybaren (Kristiansand S), 226
 Loen, 315, 318
 Lofoten Aquarium (Kabelvåg), 410
 Lofoten fishing villages, 7
 Lofoten Hus Gallery (Henningsvær), 413
 Lofoten Islands, 59–60, 403–420
 getting around, 405
 suggested itineraries, 405–407
 traveling to, 404
 visitor information, 404–405
 Lofoten Krigsmuseum (Svolvær), 407
 Lofoten Museum (Kabelvåg), 410
 Lofotfisket (Lofoten Islands), 403

- Lofthus, 291–293
 Lom, 195–199
 London Pub (Oslo), 155–156
 Lone Camping (Haukeland), 47
 Lorry (Oslo), 155
 Los Lobos (Oslo), 145–146
 Lost and found, 50
 Lost-luggage insurance, 28
 Lovund, 60
 Lykkehuset (Munch's Little House; Åsgårdstrand), 167
 Lyngen Alps, 383
 Lysefjord, 245
 Lysgårdsbakkene (Lillehammer), 184–185
 Lysøen, 275–276
- M**åbø Valley, 296
 Macks Ølbryggeri (Tromsø), 379
 Madam Felle (Bergen), 284
Madonna (Munch), 117
 The maelstrom (near Bodø), 396
 Måhornet peak, 420
 Maihaugen Open-Air Museum (Sandvig Collections; Lillehammer), 184
 MaiJazz (Stavanger), 228
 Mail, 50
 Malmen (Narvik), 403
 Mandal, 224
 Manndalen Husflidslag (Alta), 422
 MA (Oslo), 144
 Maps, 50
 Marathon, Oslo, 27
 Marcello Nightclub (Lillehammer), 190
 Mardalsfossen, 333–334
 Mariakirke (St. Mary's Church; Bergen), 272
 Maritime Museum (Stavanger Sjøfartsmuseum), 241
 Marka (Oslo), 75, 128, 140
 Mastad, 419–420
 MasterCard traveler's checks, 22
 Mattis Lilleberg (Trondheim), 366
 Meals and dining customs, 444
 MEDEX Assistance, 28
 MedicAlert identification tag, 29
 Medical insurance, 28
 Meieriet (Tromsø), 387
 Meland Golf Club, 58
 Meland Golf Club (near Bergen), 280
 Merdøgaard Museum (Merdøy), 219
 Merdøy Island, 219–220
 Meridianstøtta, 428
 Mets Rock Café (Fredrikstad), 161
 Midnight sun, 4, 24, 25
 Midnight Sun cruises (Moskenesøy), 417
 Midnight Sun Marathon (Tromsø), 26
 Midsummer Night, 26
 Midtronden Mountain, 200
 Mikkulgammen (Hammerfest), 428
 Mineralogisk-Geologisk Museum (Mineral and Geological Museum; Oslo), 121–122
 Mjøsa, Lake, 175, 176, 178, 182
 Modern Art Gallery (Trondheim), 366
 Mo i Rana, 66, 388–393
 Molde, 331–336
 Molde Domkirke, 332
 Moldegård (Molde), 332
 Molde International Jazz Festival, 5, 26, 332
 Mollbakken, 419
 Money matters, 21–23
 Monks' Staircase (Lofthus), 291
 Moose safaris, 57
 Mørkved Badet, 395
 Moskenesøy, 7, 417–419
 Moskestraumen, 418
 Moskus Safari Dovrefjell (Dovrefjell Park Musk Ox Safari Company), 201
 Moss-Rehab, 30
 Mostadfjell, Mount, 419
 Mountain climbing, 6
 Movie theaters
 Bergen, 283
 Oslo, 148
 Muddy Waters (Oslo), 152
 Muir's Tours, 56
 Mulstøa, 416
 Munch, Edvard, 120, 121, 183
 Bergen Art Museum, 265, 268
 biographical sketch of, 116
 Lykkehuset (Munch's Little House; Åsgårdstrand), 167
 Museum (Munch Museet; Oslo), 113, 116–117
 Museum (Oslo), 14
 tomb of (Oslo), 137
 walking tour of sights associated with (Oslo), 134–137
 Munch Museet (Edvard Munch Museum; Oslo), 113, 116–117
 Munch Museet (Oslo), 1
 Munchal, 313
 Munkegate (Trondheim), 358
 Munkholmen (Monk's Island), 358
 Museet for Samtidskunst (National Museum of Contemporary Art; Oslo), 122
 Museet Lysøen/Ole Bull's Villa, 275–276
 Museum of Applied Art (Kunstindustrimuseet; Oslo), 137
 Museum of Archaeology (Arkeologisk Museum; Stavanger), 237
 Museum of Decorative Arts and Design (Kunstindustrimuseet; Oslo), 121
 Museums, best, 14
 Music stores, Oslo, 145–146
 Musikens Hus (Kristiansand S), 226
 Musk oxen, 56, 201, 206
 Myrdal, 287
- N**æroyfjord, 308
 Narvik, 67, 399–403
 Narvik Winter Festival, 25
 Narvisen Skating Rink (Oslo), 140
 Nasjonalgalleriet (National Gallery; Oslo), 117
 National Museum of Contemporary Art (Museet for Samtidskunst; Oslo), 122
 National Museum of Decorative Arts (Trondheim), 364
 National Rail Inquiries (London), 39
 National Railway Museum (NSB Jernbanemuseet; Hamar), 178
 National Registration Center for Study Abroad (NRCSA), 60
 National Theater (Bergen), 278
 Nationaltheatret (National Theater; Oslo), 134, 147
 Natklubben Munken (Hamar), 181
 Natural environment, 438–439

- Neptun Dykkersenter
 (Sandefjord), 172
 Nesaksla Mountain, 324
 Nesland, 416
 Newsman Pub (Stavanger), 244
 New Ugla Cafe (Bergen), 286
 New Zealand
 customs regulations, 20
 embassy of, 49
 passports, 51
 Nidaros Domkirke (Cathedral
 of Trondheim), 354, 363
 Nigardsbreen, 317
 Njårdhallen (Oslo), 141
 Njårds Tennis (Oslo), 141
 Nobel Peace Center (Oslo),
 2, 122–123
 Nobel Peace Prize Ceremony
 (Oslo), 27
 Nordbyen (Tønsberg), 169
 Nordenfjeldske Kunstin-
 dustrimuseum (Trondheim),
 355, 364
 Norden Pub (Honningsvåg),
 434
 Nordfjord, 316
 Nordic Hotel Pass, 45
 Nordic Ventures (Voss), 301
 Nordkapphallen (Nordkapp),
 431
 Nordkappmuseet (Hon-
 ningsvåg), 432
 Nordlandmuseet (Nordland
 Museum; Bodø), 394
 Nordland Røde Kors Krigsmin-
 nemuseum (War Museum;
 Narvik), 401
 Nordloeningen (Bodø), 399
 Nordnes Sjøbad, 280
 Nordnorsk Kunstmuseum
 (Tromsø), 379–380
 Nordnorsk Kunstnersentrum
 (Svolvær), 408
 Nordseter Hyttegrend (Nord-
 seter Activity Center;
 Lillehammer), 185
 Nordseter (Lillehammer), 186
 Nordtrafikk (Bodø), 396
 Norge Fiskerimuseum (Norwe-
 gian Fisheries Museum;
 Bergen), 272
 Norges Hjemmefrontmuseum
 (Norwegian Resistance
 Museum; Oslo), 123, 131
 Norges Olympiske Museum
 (Norwegian Olympic
 Museum; Lillehammer), 184
 Norgesparken Tusenfyrd (Oslo),
 130
 Norsk Barnemuseum (Norwe-
 gian Children's Museum;
 Stavanger), 238
 Norsk Bergverksmuseum
 (Kongsberg), 211
 Norsk Bremuseum (Norwegian
 Glacier Museum; Fjaerland),
 314
 Norsk Campingkort (Camping
 Card), 47
 Norske Bygdeopplevelser
 (Vinstra), 192
 Norske Turistforening (Oslo),
 128, 140
 Norsk Fiskevaermuseum (Å),
 418
 Norsk Fjellmuseum (Lom), 196
 Norsk Folkesmuseum (Norwe-
 gian Folk Museum; Oslo), 118
 Norsk Hermetikkmuseum (Nor-
 wegian Canning Museum;
 Stavanger), 241
 Norsk Kyøretøystorisk
 Museum (Lillehammer), 184
 Norsk Luftfartsmuseum (Nor-
 wegian Aviation Museum;
 Bodø), 394–395
 Norsk Musikforlag (Oslo), 146
 Norsk Oljemuseum (Norwegian
 Petroleum Museum;
 Stavanger), 240
 Norsk Sjøfartsmuseum (Norwe-
 gian Maritime Museum;
 Oslo), 127
 Norsk Teknisk Museum (Norwe-
 gian Technological Museum;
 Oslo), 123
 Norsk Torrfiskmuseum (Moske-
 nesøy), 418–419
 The North Cape (Nordkapp),
 4, 68, 430–434
 boat trips to, 9–10
 route to, 388–434
 suggested itinerary, 66–68
 traveling to, 10
 North Cape Festival (Hon-
 ningsvåg), 431
 North Cape March, 26, 431
 northern lights (aurora
 borealis), 379
 Northern Lights Festival
 (Tromsø), 25
 Northern Norway, 18. *See also*
 The North Cape
 North Norwegian School of
 Mountaineering (Nord Norsk
 Klatreskole; Henningsvær),
 412–413
 Norway.com, 15
 Norway Cup International
 Youth Soccer Tournament
 (Oslo), 26
 Norway Designs (Oslo), 142
 Norway Fjord Pass, 45
 Norway in a Nutshell,
 4, 40, 287
 Norwegian ancestry, tracing
 your, 27
 Norwegian Association of the
 Disabled, 30
 Norwegian Aviation Museum
 (Norsk Luftfartsmuseum),
 394–395
 Norwegian Canning Museum
 (Norsk Hermetikkmuseum;
 Stavanger), 241
 Norwegian Children's Museum
 (Norsk Barnemuseum;
 Stavanger), 238
 Norwegian Coastal
 Voyage/Bergen Line, 390
 Norwegian Cruise Line, 40
 Norwegian Emigration Center
 (Stavanger), 27
 Norwegian Evening (Det
 Norske Folkloreshowet;
 Oslo), 147–148
 Norwegian Fisheries Museum
 (Norge Fiskerimuseum;
 Bergen), 272
 Norwegian Folk Museum
 (Oslo), 14, 147
 Norwegian Glacier Museum
 (Norsk Bremuseum;
 Fjaerland), 314
 Norwegian Golf Federation, 58
 Norwegian Maritime Museum
 (Norsk Sjøfartsmuseum;
 Oslo), 127
 Norwegian Mining Museum
 (Kongsberg), 211
 Norwegian Mountain Touring
 Association, 58
 Norwegian National Opera
 (Den Norske Opera;
 Oslo), 147
 Norwegian Olympic Museum
 (Norges Olympiske Museum;
 Lillehammer), 184
 Norwegian Parliament
 (Stortinget; Oslo), 133
 Norwegian Petroleum Museum
 (Norsk Oljemuseum;
 Stavanger), 240
 Norwegian Resistance Museum
 (Norges Hjemmefrontmu-
 seum; Oslo), 123, 131

- Norwegian Technological Museum (Norsk Teknisk Museum; Oslo), 123
- Norwegian Tourist Board, 15
- Now, Voyager, 31
- NSB Jernbanemuseet (National Railway Museum; Hamar), 178
- Nusfjord, 416
- Nykirken (Bergen), 277
- Nykjesøyfossen waterfall, 294
- O**ddernes Kirke (Kristiansand S), 223
- Ofoten Museum (Narvik), 401
- Olavsgruva (Olav's Mine; Kojedalen), 204–205
- Old Aker Church (Gamle Aker Kirke; Oslo), 136
- Olden, 315, 316, 318
- Oldtidsveien (Old Times Way), 162
- Old Town Bridge (Trondheim), 362
- Old Town (Gamlebyen), Fredrikstad, 157
- Old Town (Gamlebyen/Kvadraturen; Oslo), 74
 - restaurants, 100–103
- Oleana (Oslo), 144
- Ole Bull, 276
- Ole Bulls Plass (Bergen), 278
- Ole Bull's Villa (Lysøen), 275–276
- Olivia Cruises & Resorts, 31
- Olympic Bobsled Run (Lillehammer), 185
- O nightclub (Ålesund), 331
- Opera, Oslo, 147
- Ørnsvingen, 323
- Oro Bar (Oslo), 154
- Oslo, 68–69
 - accommodations, 1, 81–92
 - at the airport, 92
 - Central Oslo, 81–91
 - family-friendly, 86
 - Holmenkollen, 91–92
 - reservations, 81
 - West End, 91
 - active sports, 139–141
 - arriving in, 71–72
 - average temperatures, 24
 - babysitters, 79
 - bookstores, 79
 - currency exchange, 79
 - dentists, 79
 - doctors, 79
 - drugstores, 79
 - emergencies, 79
 - eyeglass repair, 79
 - finding an address, 73
 - getting around, 75, 78
 - Internet access, 79
 - laundry and dry cleaning, 79
 - libraries, 79–80
 - lost property, 80
 - luggage storage and lockers, 80
 - main arteries and streets, 73
 - neighborhoods, 73–75
 - nightlife, 146–156
 - bar scene, 153–156
 - cafes, 155
 - club and music scene, 148–153
 - gay and lesbian bars, 155–156
 - performing arts, 147–148
 - special and free events, 148
 - parking, 78
 - photographic needs, 80
 - police, 80
 - post office, 80
 - restaurants, 93–111
 - Aker Brygge, 103–104
 - Bygdøy, 107
 - Central Oslo, 93–100
 - family-friendly, 101
 - Frogner, 107–108
 - Grünerløkka, 110–111
 - Holmenkollen, 108–109
 - Old Town (Gamlebyen/Kvadraturen), 100–103
 - West End, 104–107
 - restrooms, 80
 - safety, 80
 - shopping, 141–146
 - side trips from, 157–174
 - Fredrikstad, 157–163
 - sights and attractions, 1–2, 112–139
 - Bygdøy, 126–127
 - Frommer's favorite experiences, 122
 - historic buildings, 125–126
 - for kids, 130
 - literary landmarks, 128–130
 - organized tours, 137–139
 - parks and gardens, 128
 - street maps, 73
 - taxis, 78
 - transit information, 80
 - visitor information, 72–73
 - walking tours, 131–137
 - what's new in, 1
- Oslo Bymuseum (City Museum), 130
- Oslo City, 142
- Oslo Domkirke (Oslo Cathedral), 125, 133
- Oslofjord, 9, 75
 - cruises around, 137–138
 - summer evenings on, 138
- Oslo Golf Klubb, 58
- Oslo International Airport, 71–72
- Oslo Jazz Festival, 26, 148
- Oslo Konserthus, 147
- Oslo Marathon, 27
- Oslo Mikrobryggeriet, 154
- Oslo Pass, 75
- Oslo Philharmonic, 147
- Oslo Sentralstasjon, 72
- Oslo Sweater Shop, 146
- Oslo Theater Museum (Teatermuseet i Oslo), 124
- Oslo Tourist Office, 16
- Østre Nesland, 416
- Our Lady's Church (Trondheim), 360
- Our Savior's Cemetery (Vår Frelser's Gravlund; Oslo), 136
- Ove Harder Finseth (Oslo), 144
- Øvre Myra Cotter's Farm (Sandefjord), 172
- Øyer mountains, 58
- P**ackage tours, 40–41
- Paléet (Oslo), 141–142
- Panella (Alta), 424
- Paradisbukta (Oslo), 139
- Paradis Sports Senter, 280
- Parasailing, Voss, 301
- Parliament (Stortinget; Oslo), 126
- Passage Tours of Scandinavia, 60
- Passports, 50–51
- Peak Performance (Oslo), 144
- Peer Gynt country, 191–195
- Peer Gynt Festival (Vinstra), 26
- Peer Gynt Road, 191
- Peer Gynt Ski Area (Vinstra), 8, 192
- Performing arts, Oslo, 147
- Per Sverre Dahl Keramikk (Røros), 205
- Pewter
 - Bergen, 281, 282
 - Oslo, 145, 146
 - Stavanger, 243

Pilestredet (Oslo), 137
 Polaria (Tromsø), 380–381
 Polarmuseet (The Polar Museum; Tromsø), 381–382
 Polarsirkelsenteret, 391
 Police, 51
 Pollen (Arendal), 217
 Posebyen (Kristiansand S), 222
 Pottery, Røros, 205
 Preikestolen (Pulpit Rock), 7, 237, 244–245
 Prescription medications, 29
 Prydkunst-Hjertholm (Bergen), 281
 Pub (Narvik), 403
 Puffins, 11
 Pulpit Rock (Preikestolen), 7, 237, 244–245

Q
 vist (Oslo), 143

R
 ADAR (Royal Association for Disability and Rehabilitation), 30
 Rådhuset (City Hall), Oslo, 125, 131
 Rådhuset (Town Hall), Molde, 332–333
 Rådhus (Town Hall)
 Arendal, 218
 Trondheim, 364
 RailEurope, 39
 Rail passes, 38–39
 Rambeag, 416
 Ramona (Mo i Rana), 392–393
 Rana Museum of Cultural History, 390
 Rana Museum of Natural History, 389–390
 Rana Special Sports, 391
 Ravnedalen (Raven Valley), 223–224
 Ravnkloa Fiskehaller (Trondheim), 360
 Ravnkloa Fiskehalle (Trondheim), 363
 Regions in brief, 17–18
 Reinebringen, 417
 Reine (Moskenesøy), 417
 Resepten (Narvik), 403
 Restauranhuset Scotsman (Oslo), 149, 152
 Restaurants. *See also* Restaurant Index
 best, 13–14
 Restrooms, 51
 Rexx (Oslo), 152

Rica Hotellferie Pass, 45
 Rick's Café (Bergen), 284
 Ringve Botaniske Hage (Ringve Botanical Gardens; Trondheim), 354
 Ringve Museum (Trondheim), 356
 Rjyfylke Fjord Tour, 280
 RoadPost, 35
 Roald Amundsen Centre (between Fredrikstad and Sarpsborg), 162
 Rocka Bla (Lillehammer), 190
 Rock Café und Nightclub (Bodø), 399
 Rockefeller/John Dee (Oslo), 152–153
 Rødine Fjord Cruise, 245
 Rød Manor (Halden), 165
 Rødne Fjord Cruise, 245
 Rogaland Kollektivtrafikk, 245
 Rogaland Kunstmuseum (Stavanger), 240
 Rom for Ide (Oslo), 145
 Romsdal Alps, 332
 Romsdalen Alps, 324
 Romsdalmuseet (Romsdal Museum), 333
 Romsdalsfjord, 64, 324
 Romsdalshorn, 332
 Rondane, 62
 Rondane Nasjonalpark (Rondane National Park), 11, 200–201
 Rondeslotteet, 200
 Rondvassbu, 201
 Roosevelt, Franklin D., Statue of (Oslo), 131
 Rorbua Pub (Tromsø), 387
 Røros, 62, 203–206
 Røros Kirke, 204
 Røros Museum-Smelthytta, 204
 Rosenkrantz Tower (Bergen), 272–273
 Royal and Ancient Polar Bear Society (Hammerfest), 428–429
 Royal Association for Disability and Rehabilitation (RADAR), 30
 Rubinen (Bergen), 284
 Ruesch International, 21
 Runde, 326
 Runde Reiselivslag, 326
 Rustkammeret med Hjemmefrontmuseet (Trondheim), 351, 363–364
 Ryfylke archipelago, 237

S
 afety, 29
 Saga Souvenirs (Flåm), 308
 Sagtinden, 200
 Sailing, 59
 Færder Sailing Race, 26
 St. Mary's Church (Mariakirke; Bergen), 272
 St. Olaf Festival (Trondheim), 366
 St. Olav (Balestrand), 305
 St. Olav's Cross (Voss), 300
 Sakrisøy, 418
 Saktor (Oslo), 152
 Salen (Hammerfest), 428
 Saltfjellet-Svartisen Nasjonalpark, 391
 Saltstraumen Eddy (near Bodø), 396
 Saltstraumen Opplevelsesenter, 396
 Samellandssenteret (Karasjok), 426
 Sametinget (Sami Parliament; Karasjok), 425
 Sami Park (Karasjok), 425
 Samisk Kunstnersenter (Sami Artists Center; Karasjok), 425–426
 Samis (Lapps), 424–425
 Sami vourká dávvirat (Sami Museum; Karasjok), 425
 Sandefjord, 171–173
 Sandvig Collections (Maihaugen Open-Air Museum; Lillehammer), 184
 SAS, 35, 36, 40, 41
 SATH (Society for Accessible Travel and Hospitality), 30
 Sautso-Alta Canyon, 422
 ScanAm World Tours, 39, 40
 Scandic Club Card, 45
 Scan + Hotel Pass, 45
 Scanrail pass, 39
 Scantours, 40
The Scream (Munch), 116–117, 137
 Scuba diving, 59
 Narvik, 401
 Sandefjord, 172
 SeaAction, 59
 Sea Eagle Safaris (Henningsvær), 413
 Seasons, 23–24
 Sem Church (Tønsberg), 169
 Senior travel, 31–32
 Sentralstasjon (Oslo), 133
 Servas, 47
 Setesdal Rafting Center, 59

- Setesdal Rafting Centre, 57
 Setesdalsbanen (Grovane), 223
 Setesdalsheiene, 237
 Seven Sisters (Syr Søstre), 320
 Shipping goods home, 141
 Shopping
 best buys, 14–15
 tours, 282
 Shrimp fisherman, Oslo, 122
 Shrimp fishermen, Oslo, 98
 Siljustøl (Bergen), 273
 Singersamlinga (Olden), 318
 Sir Winston Pub & Piano Bar (Oslo), 154
 Siste Reis Pub (Halden), 167
 The Sjoa, 201
 Sjoa Rafting (Heidal), 201
 Sjokoladekoppen Café & the Shu Club (Oslo), 156
 Sjøsandene (Mandal), 224
 Skandinavisk Hoyfjellutstyr (Oslo), 144
 Skating
 Lillehammer, 185–186
 Oslo, 140
 Museum (Skoytemuseet), 124
Skibladner (paddle steamer), 176
 Skien, 214–217
 Skiing, 6. *See also* Cross-country skiing; Downhill skiing
 Skimuseet (Ski Museum; Oslo), 123–124
 Skiperstod (Kinsarvik), 293
 Ski School (Voss), 301
 Skoytemuseet (Ice-Skating Museum; Oslo), 124
 Skredhaugen Museum (Kinsarvik), 294
 Skrova, 408
 Skybar (Oslo), 154
 Sloatta (Geilo), 310
 Slottsfjellet (Tønsberg), 168
 Slottsfjelltårnet (Tønsberg), 168–169
 Slottsparken (Oslo), 128
 Slottsartalet (Kristiansand S), 224
 Smijern Kunst (Bergen), 283
 Smuget (Oslo), 148
 Society for Accessible Travel and Hospitality (SATH), 30
 Sognefjellet, 197
 Sognefjord, 9, 286–287, 299, 306, 308
 Sognefjord Aquarium (Balestrand), 305–306
 Sogsvannet (Oslo), 128
 Solberg, 162
 Søllokka (near Sandefjord), 172
 Sørland, 419
 Soul (Oslo), 144
 Southern Norway, 18, 207–226
 SPAR (Kinsarvik), 294
 Special events and festivals, calendar of, 25–27
 Sport og Fritid (Lillehammer), 186
 Standskogen (Oslo), 140
 Statens Naturoppsyn (Oppstryn), 316
 STA Travel, 32, 37
 Statue to Student Life (Trondheim), 360
 Stavanger, 2, 70, 227–245
 accommodations, 229–233
 arriving in, 227–228
 attractions, 237–242
 average temperatures, 24
 getting around, 228
 layout of, 228
 nightlife, 243–244
 outdoor activities, 237
 post office, 229
 restaurants, 233–236
 shopping, 242–243
 side trips from, 244–245
 special events, 228
 visitor information, 228
 Stavanger Golf Klubb, 237
 Stavanger International Airport, 227
 Stavanger Museum, 240–241
 Stavanger Sjøfartsmuseum (Maritime Museum), 241
 Stavanger Wine Festival, 228
 Stavkyrke (Lom), 196
 Steen & Strøm (Oslo), 144
 Steen and Strøm Sørlandssenteret (near Kristiansand S), 224
 Stenersen Museum (Oslo), 124
 Stiftsgården (Trondheim), 356
 Stigfossen Waterfall, 324
 Stiklestad, 368–369
 Stiklestad Kirke, 369
 Stiklestad Museum, 368
 Stiklestad Nasjonale Kulturhus, 368
 Stockholm, traveling to Oslo from, 37
 Store Blåmann, 383
 Storedal Cultural Centre, 163
 Storgata (Lillehammer), 182
 Storronden, 201
 Storsmeden, 200
 Stortinget (Norwegian Parliament; Oslo), 126, 133
 Stortorvet (Oslo), 141
 Strøket (Tromsø), 387
 Stryn, 64–65, 315, 316, 318
 Stryn Sommerskisenter (Summer Ski Center), 318
 Student travel, 32
 Suldalslågen, 9, 237
 Summit 21 (Oslo), 154
 Sund, 416
 Sund Fiskerimuseum, 416
 Sunnmøre Museum & Borgundkaupangen (Borgundgavlen), 327
 Svartisen Glacier, 390–391, 396
 Sverd I Fjell (Three Swords monument; Hafsrfsjord), 242
 Sverresborg Ski Museum (Trondheim), 357
 Sverresborg Trøndelag Folk Museum (Trondheim), 357, 366
 Svolvær, 404, 407–410
 Svolværgeita (Svolværur goat), 407
 Sweaters. *See* Knitwear
 Sweden, traveling to Oslo from, 39–40
 Swimming
 Bergen, 280
 Bodo, 395
 Trondheim, 365
 Sykkelheis (Trondheim), 362
Taket Pub (Narvik), 403
 Tannum (Oslo), 145
 Tanum Karl Johan (Oslo), 143
 Tap water, 51
 A Taste of Norway (Oslo), 143
 Taxes, 51
 Teatermuseet i Oslo (Oslo Theater Museum), 124
 Telemark, 54
 Telemark Canal, 9, 216–217
 Telemark International Folk Music Festival (Bø), 26
 Telephones, 51
 Telfords Pub (Kristiansand S), 226
 Telthusbakken (Oslo), 136
 Temperatures, average daytime, 24
 Tennis
 Bergen, 280
 Oslo, 141
 Theater, Oslo, 147
 Theta Museum on Bryggen (Bergen), 273

- Thomasgarden Galleri Kafe (Røros), 205
- Tibords Interiør Bergen Storsenter (Bergen), 281
- Tillegg i Tekst (Hardanger Recreation Park; Kinsarvik), 294
- Time zone, 51
- Tipping, 51
- T.J. Strand Lillehammer Glassmagasin (Lillehammer), 186
- Tomm Murstad (Oslo), 140
- Tønsberg, 5, 63, 167–171
- Toppen Bar (Lillehammer), 190
- Torvet (Trondheim), 359
- Tourist information, 18–20
- Trafikanten (Oslo), 78
- Train travel, 10, 37–39, 41–42
 - Flåm Railway, 307
 - Norway in a Nutshell, 4, 40, 287
- Transportation, 41–44
- Transportation Security Administration, prohibited items list, 37
- Travel Assistance International, 28
- Travel blogs and travelogues, 33
- Travel CUTS, 32
- Traveler's checks, 21–22
- Travelex Insurance Services, 28
- Travel Guard International, 28
- Traveling Internationally with Your Kids, 33
- Travel insurance, 27–28
- Travel Insured International, 28
- Trefoldighetskirken (Holy Trinity Church; Oslo), 136
- Trekking, 57
- Trip-cancellation insurance, 27–28
- Troldhaugen (Trolls' Hill; Bergen), 273–274
- Trollfjord, 407, 411
- Trollkirka (Troll's Church), 333
- Trollstigveien, 323
- Troll Tinder, 332
- Trollveggen, 324
- Troms, 18
- Tromsø, 68, 370–387
 - accommodations, 372–374
 - arriving in, 370–371
 - getting around, 371–372
 - layout of, 371
 - nightlife, 385–387
 - outdoor activities, 383–384
 - restaurants, 374–378
 - shopping, 384–385
 - sights and attractions, 378–383
 - visitor information, 371
- Tromsø Alpine Ski Center, 384
- Tromsø Botaniske Hage, 382
- Tromsø Domkirke, 382
- Tromsø Museum, 382–383
- Tromsø Villmarksenter, 383
- Trondheim, 5, 16, 66, 337–369
 - accommodations, 340–346
 - activities indoors and out, 364–365
 - arriving in, 337
 - average temperatures, 24
 - getting around, 338–339
 - Internet access, 340
 - layout of, 339
 - nightlife, 366–368
 - organized tours, 359
 - restaurants, 346–351
 - shopping, 366
 - side trips from, 368–369
 - visitor information, 338
 - walking tour, 359–364
- Trondheim Kunstmuseum, 357
- Trondheim Symphony Orchestra, 366
- Trondheim Tinghus (Trondheim Courthouse), 364
- Trondheim Torg, 359
- Trondhjems Sjøfartsmuseum (Maritime Museum), 359
- Trysil, 53
- Tryvannstårnet (Voksenkollen), 127
- Tvinde Camping, 47, 301
- Tyholmen (Arendal), 217
- Tyrfjord, 174
- U**llensvang church (Lofthus), 291–292
- Ulriken, Mount, 272
- Ulvik, 298–299
- Ulvøya (Oslo), 140
- Unset, Sigrid, 203
- United Kingdom**
 - Bergen consulate, 250
 - customs regulations, 20
 - embassy of, 49
 - health-related travel advice, 29
 - passports, 50
 - rail passes for British travelers, 39
 - travelers with disabilities, 30
 - visitor information in, 18
- United States**
 - customs regulations, 20
 - embassy of, 49
 - health-related travel advice, 29
 - passports, 50
 - visitor information in, 18
- University Museum of Cultural Heritage (Historisk Museum; Oslo), 121
- University of Oslo, 134
- Ursus Major, 55
- USIT, 32
- Utne, 290–291
- Utstein Kloster (Stavanger), 242
- V**aernes Airport (near Trondheim), 337
- Væroy, 419–420
- Vågan Kirke (Kabelvåg), 411
- Vågå Tourist office, 59
- Valbergarnet (Stavanger), 242
- Valderøy, 326
- Valdres, 53
- Vangskyrkje (Voss), 300
- Vår Frelsers Gravlund (Our Savior's Cemetery; Oslo), 136
- Vår Frue Kirke (Trondheim), 360
- Væroy, 11
- Væroy Kirke, 420
- Vassfjellet Skisenter (Trondheim), 365
- VAT (value-added tax), recovering, 141
- Vegmuseum (Trollstigen), 324
- Vektermuseet (Stavanger), 242
- Venstøp (Skien), 215
- Verdens Ende, 168
- Veslesmeden, 200
- Vest Agder Fylkes-Museum (Kristiansand S), 223
- Vestfold Farm (Tønsberg), 169
- Vestfold Fylkesmuseum (Tønsberg), 169
- Vestkantbadet (Oslo), 139
- Vestlandske Kunsthindustrimuseum (West Norway Museum of Applied Art; Bergen), 274–275, 278
- Vestlia (near Ustedalsfjord), 310
- Vestre Grievann (near Kristiansand S), 221
- Vestvågøy, 414–415
- Vettisfossen, 197

Vey Island, 333
 Vey Stone Church, 333
 Vigeland Monolith (Oslo), 118
 Vigeland Museum (Oslo), 124–125
 Vigelandsparken (Oslo), 14, 118–119
 Vigma, 326
 Vika Shopping Terraces (Oslo), 134
 Viking Design (Bergen), 281
 Viking Museum of Borg (Vestvågøy), 414–415
 Viking Ship Museum (Oslo), 14
 Vikingskiphuset (Viking Ship Museum, University Museum of Cultural Heritage; Oslo), 119
 Villa Grande (Oslo), 127
 Vinstra, 191–195
 Vinterlandkoret Ski Pass, 309
 Visa, traveler's checks, 22
 Visit Flåm, 16
 Visitor information, 18–20
 Visit Scandinavia Pass, 41
 Vitensenteret (Children's Technological Museum; Trondheim), 360
 Voringfossen waterfall, 294
 Voringfossen Waterfall, 296
 Voss, 8, 54, 66, 299–304
 Voss Adventer Senter, 301
 Voss Camping, 47, 301
 Voss Fjellhest, 58
 Voss Folkemuseum, 300
 Voss Jazz Festival, 25
 Voss Rafting Center, 59, 301
 Voss Ski & Surf, 301

War History Museum (Halden), 165

War Museum (Nordland Røde Kors Krigsminnemuseum; Narvik), 401

Water, drinking, 51

Waterfalls, 292

near Eidfjord, 296

Geirangerfjord, 320

near Kinsarvik, 294

Mardalsfossen, 333–334

Stigfossen, 324

Watersports, Kristiansand S, 221

Wayport, 34

Websites, best, 15

West Coast fjord country, 288–336

West End (Oslo), 74
 accommodations, 91
 restaurants, 104–107

Western Norway, 17

Western Norway, suggested itinerary of the fjords of, 64–66

West Norway Museum of Applied Art (Vestlandske Kunstindustrimuseum; Bergen), 274–275, 278

Whale-watching, 60

What's On in Oslo, 146–147

White Swan of Lake Mjøsa (paddle steamer), 182

White-water rafting, 56
 The Sjøa, 201
 Voss, 301

Wideroe, 41

Wi-Fi access, 34–35

Wildlife viewing, best, 11

Wilhelm II, Kaiser, 305

William Schmidt (Oslo), 146

The Wooer, 320

World Cup Summer Ski Jumping (Marikollen), 26

World War II and German occupation, 120, 212, 268, 273, 441–442

Narvik, 400

War Museum, 401

Norwegian Resistance

Museum (Oslo), 123

Theta Museum on Bryggen

(Bergen), 273

ACCOMMODATIONS

Alexandra (Loen), 318–319

Amalie Hotell (Tromsø), 373

Anker Brygge (Svolvær), 408

Arctic Hotell Nordkapp

(Honningsvåg), 432

Augustin Hotel (Bergen), 255–256

Bergen Travel Hotel, 257

Bergstadens Hotel (Røros), 205

Best Western Chesterfield

Hotel (Trondheim), 344–345

Best Western Gyldenløve Hotell

(Kongsberg), 212–213

Best Western Havly Hotel

(Stavanger), 232–233

Best Western Hotell Bonde-

heimen (Oslo), 87–88

Best Western Hotell Horda-

heimen (Bergen), 256

Best Western Kinsarvik Fjord Hotel, 295

Bjorligard Hotell, 202

Bodø Hotell, 397

Brekkeseter (Høvringen), 202

Briksdalbre, 319

Britannia Hotel (Trondheim), 340–341

City Living Viking Hotel (Trondheim), 345

Clarion Collection Hotel

Atlantic (Sandefjord), 172

Clarion Collection Hotel Bak-

eriet (Trondheim), 341

Clarion Collection Hotel

Bryggen (Ålesund), 327–328

Clarion Collection Hotel

Bryggeparken (Skien), 215

Clarion Collection Hotel

Gabelshus (Oslo), 91

Clarion Collection Hotel Grand

Olav (Trondheim), 12, 341

Clarion Collection Hotel

Havnekontoret (Bergen),

2, 254

Clarion Collection Hotel Savoy (Oslo), 84

Clarion Collection Hotel Tyholmen (Arendal), 218

Clarion Collection Hotel With (Tromsø), 372

Clarion Hotel Admiral (Bergen), 254

Clarion Hotel Bryggen

(Tromsø), 373

Clarion Hotel Ernst (Kris-

tiansand S), 224

Clarion Hotel Royal Christiania (Oslo), 84–85

Clarion Hotel Stavanger,

229–230

Cochs Pensjonat (Oslo), 90

Comfort Hotel Holberg

(Bergen), 257

Comfort Hotel Nobel (Molde),

334–335

Comfort Hotel Ole Tobias

(Mo i Rana), 391–392

Comfort Hotel Scandinavie

(Ålesund), 328

Crowded House (Bergen),

257–258

Dalen Hotel (Dalen I Telemark),

12, 216–217

Dalseter Høyfjellshotell

(Espedal), 193

Dragsvik Fjordhotell

(Balestrand), 306

Dr. Holms Hotel (Geilo), 12, 311

Eidfjord Hotel, 297

Elveseter Hotell (Boverdalen),

197–198

- Engholm's Huskyi Lodge (Karajok), 426
 Fefor Høifjellshotell (Vinstra), 193–194
 First Hotel Breiseth (Lillehammer), 186
 First Hotel Marin (Bergen), 254–255
 First Hotel Millennium (Oslo), 86, 88
 First Hotel Nobel House (Oslo), 86, 88
 First Hotel Victoria (Hamar), 179–180
 Fleischers Hotel (Voss), 302
 Fossheim Turisthotell (Lom), 198
 Fossli Hotel (Eidfjord), 297
 Fretheim Hotel (Flåm), 12, 308
 Gålå Høgfjellshotell, 194
 Gamle Prestegård (Old Vicarage; Vaerøy), 420
 Geiranger Hotel, 322
 Gjestehuset Ersgård (Lillehammer), 188
 Grande Fjordhotel (Geiranger), 322
 Grand Hotel Bellevue (Åndalsnes), 324
 Grand Hotel (Halden), 165–166
 Grand Hotel (Oslo), 11, 81, 84, 86
 Gyldenløve Hotel (Larvik), 208, 210
 Hardangerfjord og Fjellferie BA (Øystese), 46
 Heimly Pension (Flåm), 309
 Henningsvær Bryggehotel, 413
 Henningsvær Rorbuer, 413
 Holmenkollen Park Hotel Rica (Oslo), 91–92
 Honningsvåg Brygge, 432
 Hotel Bastion (Oslo), 1, 85
 Hotel Bristol (Oslo), 11, 85–86
 Hotel Cecil (Oslo), 1
 Hotel City (Fredrikstad), 160
 Hotel Continental (Oslo), 84
 Hotel Europa (Oslo), 1
 Hotel Gildevangen (Trondheim), 2
 Hotel Holmen (Mo i Rana), 392
 Hotel Jarl (Voss), 302
 Hotel Kong Carl (Sandefjord), 172–173
 Hotel Maritim (Tønsberg), 169–170
 Hotel Molde, 335
 Hotel Mundal (Fjærland), 315
 Hotel Mundal (Fjærland), 13
 Hotel Savoy (Oslo), 1
 Hotel Stefan (Oslo), 1
 Hotel Ullensvang (Loftus i Hardanger), 12, 292–293
 Hotel With (Tromsø), 2
 Kabelvåg Hotell, 411–412
 Kåroyan Fjellgård (Vineøra), 46
 Kornelius Kro (Vaerøy), 420
 Kringsjø Pension (Voss), 303
 Kviknes Hotel (Balestrand), 306–307
 Lilland Gård, 46
 Loen Pensjonat, 319
 Molla Hotel (Lillehammer), 186–187
 Neptun Hotel (Bergen), 256
 Nordlys Hotell Alta (Alta), 422–423
 Nordstjernen Hotel (Narvik), 402
 Nøring Pensjonat (Voss), 303
 Norlandia Karl Johan Hotell (Oslo), 89
 Norlandia Royal Hotel (Svolvær), 408–409
 Norlandia Vestfjord Hotel (Svolvær), 409
 Norrøna (Bodø), 398
 Nova Hotel (Trondheim), 345
 No. 17 Grønnestølen Gård, 46
 Nusfjord Rorbuer (Ramberg), 416–417
 Nye Vestlia Resort (Geilo), 2, 311–312
 Nyvagar Rorbuhotell (Kabelvåg), 412
 Olden Fjordhotel, 319–320
 Park Hotel Alta Sentrum, 423
 Park Hotel (Halden), 166
 Park Hotel Vossevangen (Voss), 302–303
 Park Inn Highland (Geilo), 312
 Park Pension (Bergen), 258
 P Hotel Bergen, 2, 258
 Quality Edvard Grieg Hotel and Suites (Bergen), 256–257
 Quality Hammerfest Hotel, 429
 Quality Hotel Alexandra Molde, 334
 Quality Hotel & Resort (Eidfjord), 297–298
 Quality Hotel & Resort Røros, 206
 Quality Hotel Astoria (Hamar), 180
 Quality Hotel Grand (Kongsberg), 213
 Quality Hotel Grand Royal (Narvik), 402
 Quality Hotel Kristiansand, 224–225
 Quality Hotel Saga (Tromsø), 373–374
 Quality Hotel Tønsberg, 170
 Quality Vica Hotel (Alta), 423
 Radisson SAS Airport Hotel (Oslo), 92
 Radisson SAS (Ålesund), 328
 Radisson SAS Atlantic Hotel (Stavanger), 230
 Radisson SAS Caledonian Hotel (Kristiansand S), 225
 Radisson SAS Hotel Norge (Bergen), 11–12, 255
 Radisson SAS Hotel Tromsø, 372–373
 Radisson SAS Lillehammer Hotel, 187
 Radisson SAS Plaza Hotel (Oslo), 86
 Radisson SAS Royal Garden Hotel (Trondheim), 341, 344
 Radisson SAS Royal Hotel (Bergen), 255
 Radisson SAS Royal Hotel (Bodø), 396–397
 Radisson SAS Royal Hotel (Stavanger), 230
 Radisson SAS Scandinavia Hotel (Oslo), 87
 Rauma Hotel (Åndalsnes), 324–325
 Rica Brakanes Hotel (Ulvik), 299
 Rica Bryggen Hotel (Honningsvåg), 432–433
 Rica Dyreparken Hotel (Kristiansand S), 225
 Rica Hotel Alta, 423
 Rica Hotel (Bodø), 397
 Rica Hotel Bygdøy Allé (Oslo), 91
 Rica Hotel Hammerfest, 429
 Rica Hotel Honningsvåg, 433
 Rica Hotel Karajok, 426
 Rica Hotel Svolvær, 409
 Rica Ishavshotell (Tromsø), 12, 373
 Rica Parken (Ålesund), 328–329
 Rica Park Hotel (Sandefjord), 173
 Rica Seilet Hotel Molde, 334
 Rica Victoria Hotel (Lillehammer), 187
 Rica Victoria Hotel (Oslo), 87
 Rondane Spa, 202
 Rustad Hotell og Fjellstue (Lillehammer), 187–188

Sakrisøy Rorbuer (Reine), 419
 Scandic KNA Oslo City Hotel, 90–91
 Scandic Prinsen (Trondheim), 344
 Scandic Residence (Trondheim), 344
 Skagen Brygge Hotell (Stavanger), 11, 230, 232
 Skagen Hotel (Bodø), 397–398
 Skjærbrygga Hotel (Stamsund), 415
 Solstrand Hotel & Bad (Os), 12, 259
 Stamsund Lofoten, 415
 Steens Hotel-Bed & Breakfast (Bergen), 258
 Strand Hotel (Bergen), 258–259
 Svinøya Rorbuer (Svolvær), 409
 Thon Hotel Ålesund, 329
 Thon Hotel Arendal, 218–219
 Thon Hotel Cecil (Oslo), 89
 Thon Hotel Europa (Oslo), 89
 Thon Hotel Gardermoen (Oslo), 1, 92
 Thon Hotel Gausdal (Svingvoll), 194–195
 Thon Hotel Gildevangen (Trondheim), 345
 Thon Hotel Hoyers (Skien), 215–216
 Thon Hotel Moldefjord (Molde), 335
 Thon Hotel Nordlys (Bodø), 398
 Thon Hotel Skeikampen (Svingvoll), 195
 Thon Hotel Stefan (Oslo), 89–90
 Thon Hotel Trondheim, 2, 345–346
 Turtagro (Fortun), 198–199
 Ullensvang Gjestehjem (Lofthus), 293
 Ulvik Fjord Pensjonat, 299
 Union Hotel (Geiranger), 12–13, 322–323
 Uppigard Natadal (Flatdal), 46
 Ustedalen Hotel Geilo, 312
 Utne Hotel, 290–291
 Vågå Hotel, 199
 Victoria Hotel (Fredrikstad), 160
 Victoria Hotel (Stavanger), 232
 Visnes Hotel & Villa Visnes (Stryn), 320
 Wadahl Høifjellshotel (Gålå), 195

RESTAURANTS

Ago Brasserie (Tromsø), 374–375
 Akropolis (Trondheim), 349–350
 Albertine Café & Bar (Oslo), 98
 Amalie (Molde), 335
 Arctandria (Tromsø), 375
 Aunegården (O. L. Aune; Tromsø), 378
 Babette's Gjestebud (Mo i Rana), 392
 Babette's Gjestehus (Oslo), 96
 Bagatelle (Oslo), 13, 104–105
 Bakgården (Kristiansand S), 225–226
 Balaklava Guestgiveri (Fredrikstad), 160–161
 Big Horn Steak House (Kongsberg), 213
 Bilbao (Stavanger), 2, 13, 233
 Blåmann Restaurant og Bar (Lillehammer), 188
 Bluefish Restaurant (Henningsvær), 414
 Bølgen & Moi Briskeby (Oslo), 105
 Bølgen & Moi (Kristiansand S), 226
 Bølgen & Moi (Stavanger), 233–234
 Børson Spiseri (Svolvær), 409–410
 Brasserie 45 (Oslo), 99, 101
 Brasserie Normandie (Ålesund), 329
 Bristol Grill (Oslo), 96–97
 Brygga (Tønsberg), 170
 Bryggeloftet and Brygge Stue (Bergen), 264
 Bryggerikjellern (Lillehammer), 188–189
 Bykjeller'n (Hamar), 180
 Café-Conditoire E. Erichsen (Trondheim), 350–351
 Café de France (Stavanger), 234
 Café Fru Hagen (Oslo), 111
 Café Hordastova (Bergen), 264
 Café Retro (Bergen), 277
 Chablis Brasserie & Bar (Trondheim), 346
 China Garden (Bodø), 398
 Coma (Oslo), 110
 Compagniet (Tromsø), 376
 Corner (Honningsvåg), 433
 Craig's Kjøkken & Bar (Stavanger), 234
 Credo (Trondheim), 346
 De Fem Stuer (Five Small Rooms; Oslo), 108–109
 Den Gode Nabo (Trondheim), 362
 Det Gamle Rådhus (Old Town Hall; Oslo), 101
 Dickens (Halden), 166
 Dolly Dimple's (Stavanger), 236
 Egon (Bergen), 262
 Egon (Lillehammer), 189–190
 Elysée (Voss), 303
 Emma's Drømmekjøkken (Tromsø), 14, 376
 Engebret Café (Oslo), 102–103
 Engelsvikken Brygge (Fredrikstad), 161
 Enhjørningen (The Unicorn; Bergen), 260
 Escalón Tapas Restaurant (Bergen), 262–263
 Feinschmecker (Oslo), 105–106
 Finnegaardstuen (Bergen), 13, 260
 Fiskekrogen (Henningsvær), 414
 Fjellstua (Aksla Mountain), 329
 Fleischers Restaurant (Voss), 303–304
 Fossheim Restaurant (Lom), 199
 Frognerseteren (Oslo), 109
 Fru Inger (Trondheim), 346–347
 Gaffel & Karaffel (Stavanger), 234
 Grand Café (Oslo), 97, 136
 Grenaderen (Trondheim), 347
 Grillen (Tromsø), 376
 Gullix (Ålesund), 330
 Hallingstuen (Geilo), 312
 Hammer og Kanari (Ålesund), 330
 Han Steike (Alta), 423–424
 Harvey's (Trondheim), 367
 Havfruen (Trondheim), 347–348
 Himmel & Hav (Tønsberg), 170–171
 Hollberg-Stuen (Bergen), 263
 Holmenkollen Restaurant (Oslo), 109
 Hos Thea (Oslo), 106
 Jens & Co. (Oslo), 103
 Jonathan's (Trondheim), 348
 Kafé Celsius (Oslo), 131
 Kafé Choco Boco (Trondheim), 351
 Kafé Krystall (Bergen), 259
 To Kokker (Bergen), 262

- Kornelius Kro Restaurant (Vaerøy), 420
 Krambua (Kabelvåg), 412
 Kristiania Bar & Café (Oslo), 99–100
 Kvilhaugen Gård (Trondheim), 349
 Lanternen (Oslo), 107
 La Sangria (Oslo), 97
 Lofoten Fiskerestaurant (Oslo), 103–104
 Lubbenes (Molde), 335–336
 Lucullus (Bergen), 14, 259–260
 Madame Blom (Skien), 216
 Magma (Oslo), 106
 Majorstuen (Fredrikstad), 161
 Mamma Rosa (Oslo), 101, 103
 Markens Grøde Restaurant (Tromsø), 377
 Markveien Mat og Vinhus (Oslo), 110
 Najaden (Oslo), 101, 107
 N. B. Sørensen's Dampskipsexpedition & Annenétage (Stavanger), 235–236
 Ned's (Bergen), 261
 Nikkers (Lillehammer), 190
 Nusfjord Rorbuer Restaurant (Oriana Kro), 417
 Odd's Mat og Vinhus (Hammerfest), 430
 Orient Bar & Restaurant (Ålesund), 330
 Oro (Oslo), 13, 93
 Paa Bordet Restaurant (Lillehammer), 189
 Palace Grill (Oslo), 108
 Palm Garden (Trondheim), 348
 Pepperkvaerna Mat & Vinhus (Hamar), 181
 Peppermølle (Tromsø), 377
 Prins Olavs Grill (Trondheim), 348–349
 Pub Royal (Halden), 166
 Pub und Kro (Narvik), 402
 The Red (Molde), 336
 Restaurant at the Rica Bryggen Hotel (Honningsvåg), 433
 Restaurant Carolina (Honningsvåg), 433
 Restaurant Egon (Trondheim), 350
 restauranteik (Oslo), 96
 Restaurant Julius Fritzer (Oslo), 13, 93, 96
 Restaurant Le Canard (Oslo), 107–108
 Restaurant Potetkjeller (Bergen), 261
 Restaurant Ullensvang (Lofthus), 293
 Rica Hotel Karasjok Restaurant, 426–427
 Rica Hotel Restaurants (Bodø), 398
 Ristorante Stragiotti (Bergen), 264–265
 Ro Kro (Geilo), 312–313
 Royal Blue (Narvik), 402
 Santino's Spaghetteria (Oslo), 100, 101
 Serdinand (Arendal), 219
 Sjøbua Fiskerestaurant (Ålesund), 330
 Sjøhuset (Sea House; Kristiansand S), 226
 Sjøhuset Skagen (Stavanger), 236
 Skansen Mat og Vinstue (Hammerfest), 2, 430
 Smauet Mat & Vinhus (Bergen), 263
 Solsiden (Oslo), 104
 Solvold's (Sandefjord), 173
 Spisekroken (Bergen), 261–262
 Statholderens Krostue (Oslo), 13, 100
 Statholdergaarden (Oslo), 100–101
 Steakers (Tromsø), 377
 Store Norske Fiskekompani (Tromsø), 377–378
 Stortorvets Gjæstgiveri (Oslo), 102, 133
 Straen Fiskerestaurant (Stavanger), 235
 Sult (Oslo), 110
 Sushi & Wok (Oslo), 104
 Sushi Bar (Trondheim), 349
 Svare & Berg (Lillehammer), 190
 Svendgård (Bodø), 399
 Terra Bar & Restaurant (Oslo), 97–98
 Theatercafeen (Oslo), 98–99
 3 Brødre (Oslo), 102
 Timbuktu (Stavanger), 235
 A Touch of France (Oslo), 99
 Tre Seil (Arendal), 219
 Turistua (Hammerfest), 428
 Vangen Café (Voss), 304
 Vartshusaet (Molde), 336
 Vegeta Vertshus (Oslo), 103
 Vertshuset Tavern (Trondheim), 350
 Vertshuset Mat & Vinhus (Stavanger), 236
 Vertshuset Røros, 206
 Vertshuset Skarven A.S. (Tromsø), 378–379
 Victoriastuen Restaurant (Lillehammer), 189
 Village Tandoori (Oslo), 106–107
 Wessel-Stuen (Bergen), 263–264