

Contents

List of Maps vii

What's New in Montréal & Québec City 1

1 The Best of Montréal & Québec City 4

- | | |
|--|---|
| 1 Frommer's Favorite Montréal & Québec City Experiences5 | <i>The Best of Montréal & Québec City Online</i>8 |
| 2 Best Hotel Bets6 | 3 Best Dining Bets9 |

2 Planning Your Trip to Montréal & Québec City 13

- | | |
|---|---|
| 1 Visitor Information13 | 8 Planning Your Trip Online29 |
| 2 Entry Requirements & Customs13 | <i>Frommers.com: The Complete Travel Resource</i>30 |
| 3 Money16 | 9 The 21st-Century Traveler31 |
| <i>The Canadian Dollar, the U.S. Dollar & the British Pound</i>17 | <i>Online Traveler's Toolbox</i>33 |
| 4 When to Go19 | 10 Getting There34 |
| <i>Montréal & Québec City Calendar of Events</i>20 | 11 Packages for the Independent Traveler39 |
| 5 Travel Insurance23 | 12 Escorted General-Interest Tours40 |
| 6 Health & Safety25 | 13 Tips on Accommodations42 |
| 7 Specialized Travel Resources25 | 14 Recommended Reading43 |

3 Suggested Montréal & Québec City Itineraries 44

- | | |
|--|---|
| 1 The Best of Montréal in 1 Day44 | 5 The Best of Québec City in 2 Days51 |
| 2 The Best of Montréal in 2 Days45 | 6 The Best of Québec City in 3 Days55 |
| 3 The Best of Montréal in 3 Days49 | |
| 4 The Best of Québec City in 1 Day50 | |

4 Getting to Know Montréal 57

- | | |
|---|---|
| 1 Orientation57 | 2 Getting Around63 |
| <i>The Neighborhoods in Brief</i>59 | <i>Fast Facts: Montréal</i>66 |

iv CONTENTS

5	Where to Stay in Montréal	70
1	Centre Ville/Downtown71	
	<i>Family-Friendly Hotels</i>77	
2	Vieux-Montréal (Old Montréal)78	
6	Where to Dine in Montréal	84
1	Restaurants by Cuisine86	<i>March of the Tongue Troopers</i>104
2	Centre Ville/Downtown88	<i>5 Mile End & Outer Districts</i>104
	<i>Family-Friendly Restaurants</i>92	<i>6 Daylong Munchies & Late-Night Bites</i>108
3	Vieux-Montréal (Old Montréal)93	<i>7 Picnic Fare: Where to Get It, Where to Eat It</i>110
4	Plateau Mont-Royal100	
7	Exploring Montréal	112
1	The Top Attractions112	<i>5 Organized Tours</i>127
	<i>Long May They Wave</i>117	<i>6 Spectator Sports</i>129
2	More Attractions120	<i>The Second Greatest Canadian Pastime</i>130
3	Especially for Kids124	<i>7 Outdoor Activities</i>130
4	Special-Interest Sightseeing126	
8	Montréal Strolls	132
	<i>Walking Tour 1: Vieux-Montréal</i>132	<i>Walking Tour 3: Plateau Mont-Royal</i>144
	<i>Walking Tour 2: Downtown</i>139	<i>Walking Tour 4: Mont-Royal</i>147
9	Montréal Shopping	152
1	The Shopping Scene152	<i>2 Shopping from A to Z</i>154
10	Montréal After Dark	162
1	The Performing Arts163	<i>3 The Bar & Cafe Scene</i>171
	<i>A Circus Extraordinaire</i>164	<i>4 The Gay & Lesbian Scene</i>175
2	The Club & Music Scene167	<i>5 More Entertainment</i>176
11	Side Trips from Montréal	178
1	North into the Laurentians (Laurentides)178	<i>2 East into the Cantons-de-l'Est</i>193
	<i>Lodging at Tremblant Resort</i>191	<i>Cantons-de-l'Est: Wine Country?</i>198
	<i>Dining at Tremblant Resort</i>193	<i>Sugaring Off</i>200

12	Getting to Know Québec City	206
1	Orientation	206
	<i>The Neighborhoods in Brief</i>	210
2	Getting Around	211
	<i>Fast Facts: Québec City</i>	213
13	Where to Stay in Québec City	216
1	Haute-Ville (Upper Town)	217
	<i>Family-Friendly Hotels</i>	220
	<i>The Coldest Reception in Town</i>	221
2	Outside the Walls	221
3	Basse-Ville (Lower Town)	224
4	A Resort Hotel in the City	226
14	Where to Dine in Québec City	227
1	Restaurants by Cuisine	228
2	Haute-Ville (Upper Town)	228
3	On or Near the Grande-Allée	229
4	Basse-Ville (Lower Town)	232
5	Downtown/St-Roch	235
15	Exploring Québec City	237
1	The Top Attractions	237
	<i>Room with a View</i>	242
2	More Attractions	243
3	Especially for Kids	245
4	Organized Tours	246
5	Spectator Sports	248
6	Outdoor Activities	248
16	Québec City Strolls	251
	<i>Walking Tour 1: The Upper Town</i>	251
	<i>Walking Tour 2: The Lower Town</i>	258
17	Québec City Shopping	263
1	The Shopping Scene	263
2	Shopping from A to Z	264
18	Québec City After Dark	267
1	The Performing Arts	267
2	The Club & Music Scene	269
3	The Bar & Cafe Scene	270
19	Side Trips from Québec City	272
1	Ile d'Orléans	272
2	Montmorency Falls	277
3	Ste-Anne-de-Baupré	278
4	Mont Ste-Anne	279
5	Canyon Ste-Anne & Ste-Anne Falls	281
6	The Charlevoix Region: Baie-St-Paul, La Malbaie & Tadoussac	281

vi CONTENTS

Appendix: Montréal & Québec City in Depth 288

1 A Look at French Canada: Now & Then	288	<i>Dateline</i>	289
		2 The Politics of Language	293

Index 295

Accommodations: Montréal & Environs	305	Restaurants: Montréal & Environs	305
Accommodations: Québec City & Environs	305	Restaurants: Québec City & Environs	306

List of Maps

Suggested Montréal Itineraries	46	Walking Tour: Plateau Mont-Royal	145
Suggested Québec City Itineraries	52	Walking Tour: Mont-Royal	149
Montréal Métro	65	The Laurentians (Laurentides)	179
Where to Stay in Downtown Montréal	72	Montréal & Cantons-de-l'Est	195
Where to Dine in Downtown Montréal	90	Québec City Orientation	208
Where to Dine in Vieux-Montréal	95	Where to Stay in Québec City	218
Downtown & Vieux-Montréal Attractions	114	Where to Dine in Québec City	230
Walking Tour: Vieux-Montréal	133	Québec City Attractions	238
Walking Tour: Downtown Montréal	140	Walking Tour: The Upper Town	252
		Walking Tour: The Lower Town	259
		Québec City Environs	273