

Contents

List of Maps	vi
---------------------	----

What's New in Portugal	1
-------------------------------	---

1 The Best of Portugal 4

1 Frommer's Favorite Portugal Experiences	4	6 The Best Restaurants	10
2 The Best Towns to Visit	6	7 The Best Palaces & Castles	12
3 The Best Beaches	7	8 The Best Museums	12
4 The Best Hotels	8	9 The Best Churches & Abbeys	13
5 The Best Pousadas	10	10 The Best Shopping	14
		11 The Best Offbeat Trips	15

2 Planning Your Trip to Portugal 17

1 Regions in Brief	17	11 The Active Vacation Planner	37
2 Visitor Information & Maps	19	12 Sustainable Tourism/Ecotourism	39
3 Entry Requirements & Customs	19	13 Staying Connected	40
4 When to Go	20	14 Packages for the Independent Traveler	41
<i>Portugal Calendar of Events</i>	21	15 Escorted General-Interest Tours	42
5 Getting There	23	<i>Shopping Tips</i>	43
6 Money & Costs	29	16 Special-Interest Tours	44
<i>Portuguese Dollar Conversion Chart</i>	30	<i>Shipping Tips</i>	45
7 Travel Insurance	31	17 Getting Around Portugal	46
8 Health	32	18 Tips on Accommodations	48
9 Safety	33	<i>Fast Facts: Portugal</i>	50
10 Specialized Travel Resources	34		

3 Suggested Portugal Itineraries 56

1 Portugal in 1 Week	56	3 Portugal for Families	61
2 The Best of Portugal in 2 Weeks	59	4 The Algarve in 1 Week	64

4 Settling into Lisbon 69

1 Essentials	72	<i>Fast Facts: Lisbon</i>	78
<i>Neighborhoods in Brief</i>	74	3 Where to Stay	80
2 Getting Around	75	4 Where to Dine	94

5	Exploring Lisbon	113
1	Suggested Itineraries	113
2	The Top Attractions: The Alfama, Belém & Museums	114
	<i>Secrets of Lisbon</i>	121
3	More Attractions	123
4	Especially for Kids	128
5	City Strolls	128
	<i>Walking Tour 1: The Alfama</i>	128
	<i>Walking Tour 2: Baixa, the Center & the Chiado</i>	130
6	Organized Tours	133
7	Outdoor & Recreational Activities	134
8	Spectator Sports	135
9	Lisbon Shopping: From Antiques to Wine	136
10	Lisbon After Dark	142
	<i>Fado: The Music of Longing</i>	143
6	Estoril, Cascais & Sintra	151
1	Estoril: Playground of Royalty	152
	<i>Exploring the Palace</i>	172
2	Cascais	158
3	Guincho	168
4	Queluz	171
5	Sintra: Byron's "Glorious Eden"	173
6	Ericeira	183
7	South of the Tagus	186
1	Azeitão	186
	<i>Exploring the Mountains</i>	193
2	Sesimbra	189
	<i>The Best Beaches: Where the Locals Sun</i>	191
3	Portinho da Arrábida	192
4	Setúbal	194
	<i>Península de Tróia</i>	195
5	Palmela	198
8	Estremadura	200
1	Óbidos	200
	<i>The Beaches of Estremadura</i>	205
	<i>A Side Trip to Caldas da Rainha</i>	206
2	Alcobaça	207
	<i>Off the Beaten Path: Nature in the Raw</i>	208
3	Nazaré	210
4	Batalha	213
5	Fátima	215
9	The Algarve	219
1	Sagres: "The End of the World"	220
2	Lagos	223
3	Portimão	228
4	Silves	239
5	Albufeira	240
6	Quarteira	246

7	Almancil	251	9	Vila Real de Santo António	261
8	Faro	255			

10 Alentejo & Ribatejo 264

1	Tomar	266	3	Elvas	274
	<i>Travel Secrets of the Portuguese Plains</i>	268	4	Évora	276
2	Estremoz	271	5	Beja	281
			6	Vila Nova de Milfontes	284

11 Coimbra & the Beiras 286

1	Leiria	286	5	Luso	304
2	Figueira da Foz	290	6	Cúria	305
3	Coimbra	293	7	Aveiro	307
	<i>An Excursion to the Roman Town of Conimbriga</i>	301	8	Caramulo	312
4	Buçaco	302	9	Viseu	313

12 Porto & Environs 316

1	Porto	316	2	Espinho	344
	<i>Fast Facts: Porto</i>	320	3	Vila do Conde	346
	<i>"Porting" & Dining</i>	326	4	Ofir & Fão	349
	<i>Walking Tour: The Heart of Porto</i>	327			

13 The Minho Region & Trás-os-Montes 351

1	Guimarães	352	5	Viana do Castelo	365
2	Braga	357		<i>A Village off the Beaten Path</i>	370
3	Barcelos	362	6	Vila Real	372
4	Esposende	364	7	Bragança	375

14 Madeira & Porto Santo 379

1	Madeira Essentials	380	3	Where to Stay in Funchal	387
	<i>Frommer's Favorite Madeira Experiences</i>	382	4	Where to Dine in Funchal	395
2	Getting Around Madeira	384	5	Exploring Madeira	398
	<i>Fast Facts: Madeira</i>	385	6	Sports & Outdoor Activities on Madeira	404

7 Shopping in Madeira	405	<i>The Azores: Lost Continent</i>	
8 Madeira After Dark	407	<i>of Atlantis</i>	412
9 Porto Santo	408		

Appendix: Portugal in Depth 414

1 Portugal Today	414	4 Recommended Books, Music & Film	421
2 A Look at the Past	415	5 Portuguese Cuisine: Teeming with Seafood	423
<i>Dateline</i>	415		
3 Manuelino: Portugal's Unique Architectural Style	420		

Index 427

General Index	427	Accommodations Index	434
-------------------------	-----	--------------------------------	-----

List of Maps

Best Portugal Itineraries	57	South of the Tagus	187
Portugal for Families	63	Estremadura	201
The Algarve in 1 Week	65	The Algarve	221
Lisbon	71	Portimão	229
Lisbon Accommodations	81	Alentejo & Ribatejo	265
Lisbon Dining	95	Coimbra & the Beiras	287
Belém Attractions	117	Coimbra	295
The Bairro Alto	125	Porto	317
Walking Tour: The Alfama	129	Walking Tour: Porto	329
Walking Tour: Baixa, the Center & the Chiado	131	The Porto Region	347
Estoril & Environs	153	The Minho Region	353
Sintra	175	Madeira	381
		Funchal	389