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## Also by Drs. Michael and Mary Dan Eades

The following books are available at bookstores nationwide and online:

*Protein Power* (Bantam Books, 1996)

*The Protein Power LifePlan* (Warner Books, 2000)

*The Protein Power LifePlan Gram Counter* (Warner Books, 2000)

*The Slow Burn Fitness Revolution* (Broadway, 2003)

*The 30-Day Low-Carb Diet Solution* (Wiley, 2003)

*The Low-Carb Comfort Food Cookbook* (Wiley, 2003)

Beginning in April 2005, tune in each week to catch the Drs. Eades in the kitchen on their new PBS cooking series, *Low-Carb CookwoRx*. To find out more, visit us online at [www.lowcarbcookworx.com](http://www.lowcarbcookworx.com).

For supplement information, related sources, recommended reading, health and nutrition tips, an online body-fat calculator, low-carbers' bulletin board and support groups, and more, visit us online at the official Drs. Eades Web site, [www.proteinpower.com](http://www.proteinpower.com).

For more information about the Pentabosol weight loss supplement, visit [www.pentabosol.com](http://www.pentabosol.com).