

Index

• A •

Acredolo, Linda (*Baby Signs*),
182, 189, 214
ADD/ADHD (Attention Deficit
Disorder/Attention Deficit
Hyperactivity Disorder),
182, 189
adding more signs, 177
age to begin signing, 13
AIRPLANE, 138–140
ALLIGATOR, 135
alphabet song, 207–208
American Sign Language (ASL)
alphabet, 219–225
colors, 231–242
expressiveness of, 190
facial expressions in, 98
numbers, 227–230
Web site, 211
ANGRY, 81–82
animals
ALLIGATOR, 135
BIRD, 121–122
CAT, 119–120
CHICKEN, 127–128
COW, 123–124
DOG, 118–119
DUCK, 128–129
ELEPHANT, 133–134
FISH, 120–121
FROG, 129–130
HORSE, 124–125
LION, 132–133
MONKEY, 131–132
PIG, 126–127
SHEEP (LAMB), 125–126, 206–207
TIGER, 133, 134

Anthony, Michelle (Signing Smart
program founder), 12, 212
APPLE, 56
ASL (American Sign Language)
alphabet, 219–225
colors, 231–242
expressiveness of, 190
facial expressions in, 98
numbers, 227–230
Web site, 211
ASLPro.com, 211
Attention Deficit Disorder/Attention
Deficit Hyperactivity Disorder
(ADD/ADHD), 182, 189

• B •

Baa, Baa Black Sheep (song),
206–207
BABY, 43–44
Baby Hands Productions
(Web site), 215
baby signing. *See also* beginning
baby signing; benefits of baby
signing
described, 9–10
ten signs every baby and toddler
should know, 193–202
when baby might sign back,
18, 20–21, 33
when to begin, 13
when to stop, 13–14
when you don't know the
appropriate sign, 143
Baby Signs (Acredolo and
Goodwyn), 182, 189, 214
baby voice, talking to baby with, 20
BabyEinstein.com, 212

- BabySigns.com, 10, 214
- babysitter signing with baby, 22.
See also caregivers
- backyard. *See also* community park (playground); outdoors
 - DIRT, 158–159
 - FLOWER, 156–157
 - TREES, 156, 157, 174
- BALL
 - PLAY BALL, 169–170, 171
 - recognizing baby’s signing, 174–175
 - signing, 153
- BANANA, 56–57
- basic signs. *See also* ten signs baby should know
 - BABY, 43–44
 - beginning with, 19
 - BYE-BYE, 39
 - CUP, 48–49
 - DADA, 43
 - DIAPER, 46–47
 - GRANDMA, 44–45
 - GRANDPA, 45–46
 - HELLO, 38
 - I LOVE YOU, 39–40
 - MAMA, 42–43
 - POTTY, 47–48
 - THANK YOU, 41, 201–202
- bath time
 - BATH, 92–93
 - BUBBLES, 94, 95
 - MORE BUBBLES, 166, 167
 - SPLASH, 94–96
 - WATER, 93–94
- bedtime
 - BEAR, 101–102
 - BED, 98–99, 193–194
 - BLANKET, 102, 103
 - BOOK, 100–101
 - LIGHTS, 102–103, 174
 - SLEEP, 99–100
 - TIRED, 97–98
 - TOOTHBRUSH, 96–97
- beginning baby signing. *See also* basic signs; benefits of baby signing; do’s and don’ts
 - age to begin signing, 13
 - after baby speaks, 31
 - choosing words to sign, 14–15, 19, 32
 - consistency and, 20
 - correcting your baby, 33
 - focusing on a few signs, 19
 - hand shapes, 24–29
 - introducing signs, 17–20
 - looking for teachable moments, 19–20, 31
 - number of signs to work on, 19, 32, 173–174
 - recognizing what baby is signing, 174–175
 - signing as a family, 21–22, 30
 - simplicity of signing, 15
 - skills needed to teach baby, 15, 18
 - when baby might sign back, 18, 20–21
 - when to sign sentences, 164–165
- benefits of baby signing
 - adventure of, 191–192
 - brain stimulation, 11
 - expressing emotions and, 181
 - gaining priceless moments, 190
 - giving baby a voice, 1, 10
 - higher IQ scores, 10–11, 181–182
 - improving communication skills, 188
 - improving language arts skills, 180–181
 - parental self-improvement, 191
 - providing extra fun, 31–32, 189–190

- reducing ADD/ADHD, 182, 189
 reducing frustration, 10, 187–188
 self-esteem improvements, 181
 silent parental influence and,
 190–191
 for speaking, 12, 178
 strengthening family
 relationships, 182–183, 188–189
 student skills enhanced, 180
 bent-3 hand shape, 28, 29
 bent-5 (claw-5) hand shape, 26–27
 BERRY, 58–59
 BICYCLE, 140–141
 BIRD, 121–122
 birthday parties
 monkey-themed, 131
 snow-themed, 114–115
 BLACK
 Baa, Baa Black Sheep (song),
 206–207
 signing, 239
 BLANKET, 102, 103
 BLUE, 236–237
 BOAT
 Row, Row, Row Your Boat
 (song), 205
 signing, 142–144
 BOOK, 100–101
 books. *See also* resources
 Baby Signs, 182, 189, 214
 Dancing with Words, 180, 189
 reading and signing with your
 child, 100
 Signing Smart program, 212–213
 brain, stimulated by signing, 11
 BROWN, 238–239
 BUBBLES
 MORE BUBBLES, 166, 167
 signing, 94, 95
 BYE-BYE, 39
- C •
- C hand shape, 25–26
 CAKE, 68–69
 CAR, 137–138
 CAREFUL, 76
 caregivers
 babysitters signing with
 baby, 22
 choosing not to sign, 30, 175
 signing with baby, 22, 30
 CARROT, 60
 CAT, 119–120
 CEREAL, 65–66
 CHEESE, 64, 65
 CHICKEN, 127–128
 children teaching baby signing, 21
 choosing not to sign, 30, 175
 choosing words to sign, 14–15,
 19, 32
 classes and seminars
 Baby Signs curriculum, 214
 Gymboree's Sign & Play
 classes, 214
 ImaginationSigners.com, 211
 music and signing, 213
 MyBabyFingers.com, 214
 Signing Smart program, 213
 TinyFingers.com, 214
 Web sites, 212
 claw-C hand shape, 25–26
 claw-5 (bent-5) hand shape,
 26–27
 climate
 COLD, 73–74
 HOT, 72
 RAIN, 144–145
 SNOW, 145–146
 WIND, 146–147
 closed-5 hand shape, 24–25

clothing

- COAT, 113–114
- DIAPER, 46–47
- HAT, 113
- MITTENS OR GLOVES, 114–115
- PANTS, 109, 110
- SHIRT, 108
- SHOES, 111–112
- SOCKS, 109–111

COLD, 73–74

colors

- BLACK, 206–207, 239
- BLUE, 236–237
- BROWN, 238–239
- COLORS, 240–241
- GREEN, 235–236
- “I spy. . .” game for, 231
- ORANGE, 233–234
- PINK, 232–233
- PURPLE, 237–238
- RAINBOW, 241–242
- RED, 231–232
- WHITE, 240
- YELLOW, 234–235

comfort in expressing

- emotions, 181

common questions

- can I really do this, 15–16
- should I use ASL or make up my own signs, 12
- what is sign language for babies, 9–10
- what should I sign with my baby, 14–15
- when should I start, 13
- when should I stop signing, 13–14
- when will baby sign back, 13
- why should I sign with my baby, 10–12

communication skills improved with signing, 188

community park (playground)

- BALL, 153, 169–170, 171, 174–175
- DIRT, 158–159
- FLOWER, 156–157
- PLAY, 152
- SLIDE, 154–155
- SWING, 153–154
- TREES, 156, 157, 174

consistency

- in coaching a baby, 30
- where to begin and, 20

COOKIE

- EAT COOKIE, 168, 169
- signing, 69–70

CORN, 61–62

correcting your baby’s signs, 33

COW, 123–124

CRACKER, 66–67

CRY, 89–90

CUP, 48–49

• D •

DADA (daddy), 43

daily needs

- CUP, 48–49
- DIAPER, 46–47
- POTTY, 47–48

dairy products

- CHEESE, 64, 65
- MILK, 63–64, 197–198

Daniels, Marilyn (author)

- on brain stimulation, 11
- Dancing with Words*, 180, 189
- Web site, 180

delay in speaking, 11, 177–178

dessert

CAKE, 68–69

COOKIE, 69–70, 168, 169

DIAPER, 46–47

diaper rash, 80

directions

UNDER, 143

UP, 206

DIRT, 158–159

DOG, 118–119

do's and don'ts

do continue signing after baby speaks, 31

do get others involved, 30

do have fun, 31–32, 189–190

do look for teachable moments, 19–20, 31

do stick with it, 30

don't be surprised when baby takes off, 33

don't expect perfection, 32–33

don't listen to skeptics, 34

don't overwhelm baby, 19, 32, 173–174

DRINK, 53

drinks

MILK, 63–64, 197–198

MORE DRINK PLEASE, 170, 172

WATER, 93–94

DUCK, 128–129

DVDs and videos

Baby Einstein, 212

Baby Hands Productions, 215

Kiddies Signs series, 214*Signing Smart Treasure Chest* videos, 213*Signing Time* series, 213• **E** •EAT. *See also* food; mealtime

EAT COOKIE, 168, 169

signing, 52–53, 194–195

signing EAT sentences, 166, 168

EIGHT, 229

ELEPHANT, 133–134

emotions

ANGRY, 81–82

comfort in expressing, 181

CRY, 89–90

HAPPY, 82–83

LAUGH, 88–89

SAD, 83–84

SAFE, 85–86

SCARED, 84–85

SMILE, 87–88

SORRY, 86–87

everyday needs

CUP, 48–49

DIAPER, 46–47

POTTY, 47–48

expressiveness of sign

language, 190

• **F** •

facial expressions in American Sign

Language (ASL), 98

family members

BABY, 43–44

DADA, 43

GRANDMA, 44–45

GRANDPA, 45–46

MAMA, 42–43

siblings teaching baby to sign, 21

signing together, 21–22, 30

strengthening relationships

through signing, 182–183, 188–189

farm animals. *See also* animals

- CHICKEN, 127–128
- COW, 123–124
- DUCK, 128–129
- FROG, 129–130
- HORSE, 124–125
- Old MacDonald (song), 205
- PIG, 126–127
- SHEEP (LAMB), 125–126, 206–207
- visiting a farm, 122–123

feelings

- ANGRY, 81–82
- CRY, 89–90
- HAPPY, 82–83
- LAUGH, 88–89
- SAD, 83–84
- SAFE, 85–86
- SCARED, 84–85
- SMILE, 87–88
- SORRY, 86–87
- TIRED, 97–98

field trips, 122–123

FINISHED, 54–55, 195–196

FISH, 120–121

FIVE, 228

flat-F hand shape, 27–28

flat-O hand shape, 28, 29

FLOWER, 156–157

food. *See also* mealtime

- APPLE, 56
- BANANA, 56–57
- BERRY, 58–59
- CAKE, 68–69
- CARROT, 60
- CEREAL, 65–66
- CHEESE, 64, 65
- COOKIE, 69–70, 168, 169
- CORN, 61–62
- CRACKER, 66–67
- GRAPES, 57–58

LETTUCE, 62–63

MILK, 63–64, 197–198

PEACH, 58, 59

PEAS, 61

SPAGHETTI, 67–68

WATER, 93–94

FOUR, 228

frequently asked questions

- can I really do this, 15–16
- should I use ASL or make up my own signs, 12
- what is sign language for babies, 9–10
- what should I sign with my baby, 14–15
- when should I start, 13
- when should I stop signing, 13–14
- when will baby sign back, 13
- why should I sign with my baby, 10–12

friends, signing with, 22, 30

FROG, 129–130

fruits

- APPLE, 56
- BANANA, 56–57
- BERRY, 58–59
- GRAPES, 57–58
- PEACH, 58, 59

frustration, reducing, 10, 187–188

fun, having, 31–32, 189–190

• G •

games, “I spy. . . .” 231

Garcia, Joseph (baby signing pioneer), 212

gender, signing and, 3

getting started. *See also* basic signs; benefits of baby signing; do’s and don’ts

age to begin signing, 13
 after baby speaks, 31
 choosing words to sign, 14–15,
 19, 32
 consistency and, 20
 correcting your baby, 33
 focusing on a few signs, 19
 hand shapes, 24–29
 introducing signs, 19–20
 looking for teachable moments,
 19–20, 31
 number of signs to work on,
 19, 32, 173–174
 recognizing what baby is signing,
 174–175
 signing as a family, 21–22, 30
 simplicity of signing and, 15
 skills needed for, 15, 18
 when baby might sign back,
 18, 20–21, 33
 when to begin signing, 17–20
 when to sign sentences, 164–165
 GLOVES OR MITTENS, 114–115
 Goodwyn, Sarah (*Baby Signs*),
 182, 189, 214
 grains
 CEREAL, 65–66
 CRACKER, 66–67
 SPAGHETTI, 67–68
 GRANDMA, 44–45
 GRANDPA, 45–46
 GRAPES, 57–58
 GREEN, 235–236
 greetings and meetings
 BYE-BYE, 39
 HELLO, 38
 I LOVE YOU, 39–40
 THANK YOU, 41, 201–202
 Gymboree's Sign & Play
 classes, 214

• H •

hand shapes
 bent-3, 28, 29
 claw-C, 25–26
 claw-5 (bent-5), 26–27
 closed-5, 24–25
 flat-F, 27–28
 flat-O, 28, 29
 open-5, 24
 HandSpeak.com, 214–215
 HAPPY, 82–83
 HAT, 113
 HELLO, 38
 HELP
 recognizing baby's signing, 174
 signing, 77–78, 196
 HORSE, 124–125
 HOT, 72
 “How do I feel today?”
 ANGRY, 81–82
 CRY, 89–90
 HAPPY, 82–83
 LAUGH, 88–89
 SAD, 83–84
 SAFE, 85–86
 SCARED, 84–85
 SMILE, 87–88
 SORRY, 86–87
 HURT, 76–77, 197

• I •

I LOVE YOU, 39–40
 “I spy. . .” game, 231
 illness
 COLD, 73–74
 HOT, 72
 HURT, 76–77, 197
 MEDICINE, 79–80
 SICK, 78–79

ImaginationSigners.com, 211
interests of baby, 14, 174
introducing signs
 based on baby's interests, 14, 174
 overview, 17–20
 while singing, 148
inventing hand gestures, 10, 12
IQ scores of signing versus
 non-signing babies, 10–11,
 181–182
The Itsy Bitsy Spider (song),
 204–205
I've Been Working on the Railroad
 (song), 208–209

• K •

KiddiesSigns.com, 214
Kindermusik, 213
kinesthetic brain, stimulating, 11

• L •

LAMB (SHEEP)
 Baa, Baa Black Sheep (song),
 206–207
 Mary Had a Little Lamb
 (song), 207
 signing, 125–126
language arts skills, 180–181.
 See also speaking
LAUGH, 88–89
LETTUCE, 62–63
LIGHTS, 102–103, 174
Lindert, Reyna (Signing Smart
 program founder), 12
LION, 132–133
LittleSigners.com, 212
love, I LOVE YOU, 39–40

• M •

making up signs, 10, 12
MAMA, 42–43
manners
 PLEASE, 170, 172, 199–200
 SORRY, 86–87
 THANK YOU, 41, 201–202
Mary Had a Little Lamb (song), 207
mealtime. *See also* food
 CUP, 48–49
 dairy products, 63–64
 desserts, 68–70
 DRINK, 53
 EAT, 52–53, 194–195
 FINISHED, 54–55, 195–196
 fruits, 55–59
 grains, 64–68
 MORE, 54, 198–199
 veggies, 59–63
MEDICINE, 79–80
meetings and greetings
 BYE-BYE, 39
 HELLO, 38
 I LOVE YOU, 39–40
 THANK YOU, 41, 201–202
MILK, 63–64, 197–198
mindset. *See* do's and don'ts
MITTENS OR GLOVES, 114–115
MONKEY, 131–132
MOON, 149–150
MORE
 MORE BUBBLES, 166, 167
 MORE DRINK PLEASE, 170, 172
 signing, 54, 198–199
 signing sentences, 165–166, 172
motions versus signs, learning, 203
music and signing classes, 213
MyBabyCanTalk.com, 215
MyBabyFingers.com, 214

• N •

nature. *See also* animals; outdoors;

weather

DIRT, 158–159

FLOWER, 156–157

MOON, 149–150

RAINBOW, 241–242

STARS, 150–151

SUN, 148–149

TREES, 156, 157, 174

NINE, 230

number of signs to work on,

32, 173–174

numbers

EIGHT, 229

FIVE, 228

FOUR, 228

NINE, 230

ONE, 227

SEVEN, 229

SIX, 229

TEN, 230

THREE, 228

TWO, 227

• O •

Old MacDonald (song), 205

ONE, 227

open-5 hand shape, 24

ORANGE, 233–234

ounce-of-prevention signs

CAREFUL, 76

COLD, 73–74

HELP, 77–78, 174, 196

HOT, 72

HURT, 76–77, 197

MEDICINE, 79–80

SICK, 78–79

STOP, 14, 74, 200–201

WAIT, 75

outdoors

AIRPLANE, 138–140

BALL, 153, 169–170, 171, 174–175

BICYCLE, 140–141

BOAT, 142–144

CAR, 137–138

DIRT, 158–159

FLOWER, 156–157

MOON, 149–150

PLAY, 152

RAIN, 144–145

RAINBOW, 241–242

SLIDE, 154–155

SNOW, 145–146

STARS, 150–151

SUN, 148–149

SWING, 153–154

TRAIN, 141–142, 143

TREES, 156, 157, 174

WIND, 146–147

overwhelming the baby, how to

avoid, 19, 32, 173–174

• P •

PANTS, 109, 110

parents

DADA, 43

MAMA, 42–43

self-improvement for, 191

silent influence of, 190–191

parks

BALL, 153, 169–170, 171, 174–175

DIRT, 158–159

FLOWER, 156–157

PLAY, 152

SLIDE, 154–155

SWING, 153–154

TREES, 156, 157, 174

- PEACH, 58, 59
 - PEAS, 61
 - people
 - BABY, 43–44
 - DADA, 43
 - GRANDMA, 44–45
 - GRANDPA, 45–46
 - MAMA, 42–43
 - perfection, 32–33
 - pets. *See also* animals
 - BIRD, 121–122
 - CAT, 119–120
 - DOG, 118–119
 - FISH, 120–121
 - PIG, 126–127
 - PINK, 232–233
 - play. *See also* playwear; songs
 - to sign
 - Gymboree’s Sign & Play classes, 214
 - “I spy. . . .” with (game), 231
 - PLAY, 152
 - PLAY sentences, 168–170
 - playground (community park)
 - BALL, 153, 169–170, 171, 174–175
 - DIRT, 158–159
 - FLOWER, 156–157
 - PLAY, 152
 - SLIDE, 154–155
 - SWING, 153–154
 - TREES, 156, 157, 174
 - playwear. *See also* clothing
 - PANTS, 109, 110
 - SHIRT, 108
 - SHOES, 111–112
 - SOCKS, 109–111
 - PLEASE
 - MORE DRINK PLEASE, 170, 172
 - signing, 199–200
 - signing sentences, 170, 172
 - POTTY, 47–48
 - prevention signs
 - CAREFUL, 76
 - COLD, 73–74
 - HELP, 77–78, 174, 196
 - HOT, 72
 - HURT, 76–77, 197
 - MEDICINE, 79–80
 - SICK, 78–79
 - STOP, 14, 74, 200–201
 - WAIT, 75
 - preverbal babies signing, 215
 - priceless moments, 190
 - problems
 - baby isn’t signing back, 173–175, 176
 - baby signs but doesn’t talk, 177–178
 - baby uses the same sign for everything, 175–176
 - not knowing the appropriate sign, 143
 - only one person signs with baby, 175
 - overwhelming the baby, 19, 32, 173–174
 - when to add more signs, 177
 - PURPLE, 237–238
- 0 •
- questions frequently asked
 - can I really do this, 15–16
 - should I use ASL or make up my own signs, 12
 - what is sign language for babies, 9–10
 - what should I sign with my baby, 14–15
 - when should I start, 13
 - when should I stop signing, 13–14
 - when will baby sign back, 13
 - why should I sign with my baby, 10–12

• R •

RAIN, 144–145
 RAINBOW, 241–242
 reading and signing with your
 child, 100
 recognizing what baby is signing,
 174–175
 RED, 231–232
 relationships, strengthening through
 signing, 182–183, 188–189
 repertoire
 based on baby's interests, 14, 174
 choosing words to sign, 14–15,
 19, 32
 increasing, 180
 resources. *See also* books; classes
 and seminars; DVDs and videos
 ASLPro.com, 211
 BabyEinstein.com, 212
 BabySigns.com, 214
 HandSpeak.com, 214–215
 ImaginationSigners.com, 211
 KiddiesSigns.com, 214
 Kindermusik, 213
 LittleSigners.com, 212
 music and signing classes, 213
 MyBabyCanTalk.com, 215
 MyBabyFingers.com, 214
 SigningBaby.com, 212
 SigningSmart.com, 12, 212–213
 SigningTime.com, 213
 Sign2Me.com, 212
 TinyFingers.com, 214
 Row, Row, Row Your Boat
 (song), 205

• S •

SAD, 83–84
 SAFE, 85–86

safe-and-sound signs
 CAREFUL, 76
 COLD, 73–74
 HELP, 77–78, 174, 196
 HOT, 72
 HURT, 76–77, 197
 MEDICINE, 79–80
 SICK, 78–79
 STOP, 14, 74, 200–201
 WAIT, 75
 SCARED, 84–85
 scooter, 140
 screaming, reducing, 46, 187
 self-esteem, 181
 self-improvement for parents, 191
 seminars and classes
Baby Signs curriculum, 214
 Gymboree's Sign & Play
 classes, 214
 ImaginationSigners.com, 211
 music and signing, 213
 MyBabyFingers.com, 214
 Signing Smart program, 213
 TinyFingers.com, 214
 Web sites, 212
 sentences, signing
 EAT sentences, 166, 168
 MORE sentences, 165–166, 172
 overview, 163–164
 PLAY sentences, 168–170
 PLEASE sentences, 170, 172
 when to begin, 164–165
 SEVEN, 229
 SHEEP (LAMB)
 Baa, Baa Black Sheep (song),
 206–207
 Mary Had a Little Lamb
 (song), 207
 signing, 125–126
 SHIRT, 108
 SHOES, 111–112

- sickness
 - COLD, 73–74
 - HOT, 72
 - HURT, 76–77, 197
 - MEDICINE, 79–80
 - SICK, 78–79
- sign language for babies. *See also*
 - beginning baby signing;
 - benefits of baby signing
 - described, 9–10
 - ten signs every baby and toddler should know, 193–202
 - when baby might sign back, 18, 20–21, 33
 - when to begin, 13
 - when to stop, 13–14
 - when you don't know the appropriate sign, 143
- signing back
 - baby stops signing, 173–175, 176
 - recognizing baby's signing, 174–175
 - slow periods and fast periods, 33
 - when to expect, 18, 20–21, 33
- signing sentences
 - EAT sentences, 166, 168
 - MORE sentences, 165–166, 172
 - overview, 163–164
 - PLAY sentences, 168–170
 - PLEASE sentences, 170, 172
 - when to begin, 164–165
- Signing Smart Treasure Chest* videos, 213
- SigningBaby.com, 212
- SigningTime.com, 213
- SigningSmart.com, 12, 212–213
- Sign2Me.com, 212
- simplicity of signing, 15
- singing and signing, 148. *See also*
 - songs to sign
- SIX, 229
- skeptics, 34
- skills needed to teach baby, 15, 18
- sky signs
 - MOON, 149–150
 - RAINBOW, 241–242
 - STARS, 150–151
 - SUN, 148–149
- SLEEP, 99–100
- SLIDE, 154–155
- SMILE, 87–88
- SNOW, 145–146
- snow-themed birthday party, 114–115
- SOCKS, 109–111
- songs to sign. *See also* play
 - The Alphabet Song, 207–208
 - Baa, Baa Black Sheep, 206–207
 - The Itsy Bitsy Spider, 204–205
 - I've Been Working on the Railroad, 208–209
 - learning motions versus signs, 203
 - Mary Had a Little Lamb, 207
 - Old MacDonald, 205
 - Row, Row, Row Your Boat, 205
 - Twinkle, Twinkle Little Star, 206
- SORRY, 86–87
- SPAGHETTI, 67–68
- speaking
 - baby signs but doesn't talk, 177–178
 - benefits of signing for, 12, 178
 - delay in, 11, 177–178
 - reason babies don't, 10
 - signing after baby speaks, 31
 - using a baby voice to talk with baby, 20
- spelling proficiency, 180
- SPIDER
 - The Itsy Bitsy Spider (song), 204–205
 - signing, 204

SPLASH, 94–96
 spotlight, owning, 191
 STARS
 signing, 150–151
 Twinkle, Twinkle Little Star
 (song), 206
 STOP, 14, 74, 200–201
 stopping signing
 baby doesn't sign anymore,
 173–175, 176
 when to, 13–14
 strengthening relationships
 through signing, 182–183,
 188–189
 students, signing babies as, 180
 stumbling blocks
 baby isn't signing back,
 173–175, 176
 baby signs but doesn't talk,
 177–178
 baby uses the same sign for
 everything, 175–176
 not knowing the appropriate
 sign, 143
 only one person signs with
 baby, 175
 overwhelming the baby, 19, 32,
 173–174
 when to add more signs, 177
 subway, signing, 143
 success stories
 ANGRY takes over, 81
 helpful sibling relationships, 183
 need for MEDICINE, 80
 riding the subway, 143
 signing BATH, 93
 signing I LOVE YOU, 40
 using ASL, 12
 SUN, 148–149
 SWING, 153–154

• T •

talking
 baby signs but doesn't talk,
 177–178
 benefits of signing for, 12, 178
 delay in, 11, 177–178
 reason babies don't talk, 10
 signing after baby speaks, 31
 using a baby voice to talk with
 baby, 20
 teachable moments, looking for,
 19–20, 31
 teaching skills, 15, 18
 TEDDY BEAR, 101–102
 temperature. *See also* weather
 COLD, 73–74
 HOT, 72
 TEN, 230
 ten signs baby should know.
 See also basic signs
 BED, 98–99, 193–194
 EAT, 52–53, 194–195
 FINISHED, 54–55, 195–196
 HELP, 77–78, 174, 196
 HURT, 76–77, 197
 MILK, 63–64, 197–198
 MORE, 54, 198–199
 PLEASE, 199–200
 STOP, 14, 74, 200–201
 THANK YOU, 41, 201–202
 THREE, 228
 TIGER, 133, 134
 TinyFingers.com, 214
 TIRED, 97–98
 TOOTHBRUSH, 96–97
 toys, TEDDY BEAR, 101–102

TRAIN

- I've Been Working on the Railroad (song), 208–209
- signing, 141–142
- subway as, 143
- transportation
 - AIRPLANE, 138–140
 - BICYCLE, 140–141
 - BOAT, 142–144
 - CAR, 137–138
 - TREES, 156, 157, 174
- tricycle, 140
- Twinkle, Twinkle Little Star (song), 206
- TWO, 227

• U •

- UNDER, 143
- UP, 206

• V •

- veggies
 - CARROT, 60
 - CORN, 61–62
 - LETTUCE, 62–63
 - PEAS, 61
- videos and DVDs
 - Baby Einstein, 212
 - Baby Hands Productions, 215
 - Kiddies Signs* series, 214
 - Signing Smart Treasure Chest* videos, 213
 - Signing Time* series, 213
- vocabulary
 - based on baby's interests, 14, 174
 - choosing words to sign, 14–15, 19, 32
 - increasing, 180

• W •

- WAIT, 75
- WATER, 93–94
- Watson, Jennifer (mother and author)
 - classes and seminars, 211
 - ImaginationSigners.com, 6, 211
- weather
 - COLD, 73–74
 - HOT, 72
 - RAIN, 144–145
 - SNOW, 145–146
 - WIND, 146–147
- Web sites
 - American Sign Language (ASL), 211
 - Baby Hands Productions, 215
 - BabyEinstein, 212
 - BabySigns, 10, 214
 - Gymboree's Sign & Play classes, 214
 - HandSpeak, 214–215
 - ImaginationSigners, 6, 211
 - Jennifer Watson, 6, 211
 - KiddiesSigns, 214
 - Kindermusik, 213
 - LittleSigners, 212
 - Marilyn Daniels, 180
 - MyBabyCanTalk, 215
 - MyBabyFingers, 214
 - preverbal babies signing, 215
 - Signing Smart program, 12, 212–213
 - SigningBaby, 212
 - SigningTime, 213
 - Sign2Me, 212
 - TinyFingers, 214
- WHAT?, 16
- WHITE, 240

WIND, 146–147
WORK, 208–209

• **Y** •

YELLOW, 234–235
YES, 206

• **Z** •

zoo animals. *See also* animals

ALLIGATOR, 135
ELEPHANT, 133–134
LION, 132–133
MONKEY, 131–132
TIGER, 133, 134

