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Sense Making with Stories	
Facilitator's Guide to Helping Others Make Sense of Their Stories	
Chapter Summary and Key Points	

## **PART TWO**

### **Story-Based Activities for Developing Breakthrough**

#### **Communication Skills**

**51**

The introduction explains how the activities are structured, provides suggestions for how to work with them, and two charts you can use to help you decide what activity is best suited for your needs.

Structure of Activities

Suggestions on How to Work with Some Common Concepts and Terms Used in Activities

Guidelines for Selecting an Activity

Invitation

#### **Children's Book**

**67**

The deceptive simplicity of a children's book is used to develop and strengthen people's powers of observations, instill openness and receptivity to new perspectives, and help people increase their focus and concentration.

#### **Concepts Made Easy**

**73**

Shows people how to communicate complex concepts, thoughts, feeling, and ideas through stories by increasing their sensitivity to other people's language and knowledge and utilizing analogies and metaphors.

#### **Cookie Jar**

**79**

This story-based "What did you learn?" activity helps people to recall significant recent stories and reflect on them, relate stories to topics being discussed, and provide learning prompts to expand debriefing discussion and visit multiple people's perspectives on it.

#### **Expand and Collapse**

**87**

People work with stories to adjust the amount of detail when telling a story, develop situational awareness to determine what details to include and how much, and learn how to transform long stories into succinct sound bites.

#### **Guided Journey**

**93**

Guided visualization is used to engage people's imagination to envision new possibilities, stimulate reflection, uncover organizational and personal challenges, and promote the discovery of creative solutions.

#### **Listening As an Ally™**

**103**

Questions are used to help people experience listening to someone's story in a non-judgmental way, enable a speaker to communicate with honesty and authenticity, and experience compassion.

#### **The Magic Three**

**109**

Three inter-related stories provide a structured activity to guide people through an experience of reflection, practice authentic communication, and create a connection with listeners.

#### **Mirror**

**117**

Difficult and contentious conversation topics are used to communicate diverse perspectives with stories, practice entering other people's frames of reference, and generate out-of-the-box thinking.

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Newspaper and magazine articles are used to help people experience how stories can be triggered by any stimuli, practice selecting relevant experiences to share when communicating, and develop the ability to scan new information and find personal connections.	
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Mission statements are used to trigger stories and connections, increase awareness of how words can be used to index stories, and encourage associations and linkages between people and ideas.	
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A three-minute sound byte is used to create a space of listening that helps people slow down, penetrate below the surface to hear new shades of meaning, and participate in a dialogue invigorated by deep listening.	
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Communication is broken down into three channels to develop stronger active listening skills, synthesize information from multiple channels to draw conclusions and guide communications with others, and connect with others on a deeper and more fundamental level.	
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This chapter deals with the mechanics of storytelling. It begins with some tips and techniques for telling stories. Next the chapter offers ideas on how to select a story. The chapter ends with ten storytelling exercises that are easy and fun to do and that are guaranteed to energize any group.	

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## *Activity-Related Materials*

Guided Journey—Sample Relaxation Scripts  
Story Collage™—Blank Story Collage™ Form  
Story Collage™—Sample Story Collage™ #1  
Story Collage™—Sample Story Collage™ #2  
Story Collage™—Text for Sample Story Collage™ #1  
Story Collage™—Text for Sample Story Collage™ #2  
Storytelling Energizers—Selecting a Story Tip Sheet  
Storytelling Energizers—How to Tell a Story Tip Sheet  
Take Three—Audio

## *Chapter-Related Materials*

### *Chapter 1*

Nine Functions of Stories and Their Effects—Handout

### *Chapter 2*

Description of Story-Based Communication Competency Model—Handout  
Story-Based Communication Competency Model (black and white)—Handout  
Story-Based Communication Competency Model (color)—Handout  
Animated Competency Model—Flash File

### *Chapter 3*

The Three Questions—Audio

## *Bonus Files*

The Man with No Story—Audio  
Interview on Sky Radio with Terrence Gargiulo—Audio  
Synopsis Tryillias Opera Engraved Score

