



Index

• A •

- abuse, sexual, 332
- abusive behavior,
 - reporting, 178–179, 197–198, 339
- accounts
 - e-mail, 92–97, 250
 - mobile phone, 229–231
- Add to Favorites tool,
 - Internet Explorer, 43, 74–75, 147
- address
 - e-mail, 94, 189
 - IP, 27–28
 - street, 17, 53, 141
- address bar, 69, 72
- ads
 - banner, 82–83
 - links in, 37
 - search terms, 84
 - sponsored links, 83–84
- Advanced Options
 - setting, Windows Defender, 318
- adware, 301, 303–304, 313, 347
- AIM (AOL Instant Messenger), 156
- aliases, e-mail, 44–46, 97–100
- Allow All Incoming Connections option,
 - Mac, 312
- Allow Everyone to See My Last Name check box,
 - Windows Live Hotmail, 100
- alternate e-mail addresses, 94
- Amazon, 81
- American Heart Association, 296
- AnnualCreditReport.com, 272
- anonymity, online,
 - 12–14, 184
- anti-adware software, 304
- antiphishing tool, 111
- anti-spam filter, 90, 110–113
- anti-spyware software, 59, 267, 304
- anti-virus software
 - defined, 347
 - with firewall protection, 311
 - overview, 304
 - sweepstakes and contest sites, 59
 - updating, 111, 267
- Anywho, 140, 146
- AOL Games, 198–199
- AOL Instant Messenger (AIM), 156
- Apple Operating System, 328
- Apple Safari browser, 64
- Approved Sites tab,
 - Internet Explorer, 324
- asynchronous discussion board, 149
- attachments, e-mail, 37, 91, 103–107
- auctions, online,
 - 260–262
- Audio Video Interleave (AVI) format, 135
- Automatically Scan My Computer check box,
 - Windows Defender, 316
- avatar, 156, 158, 349
- AVG Free anti-virus software, 304
- AVI (Audio Video Interleave) format, 135

• B •

- Back button, browser, 70
- bait-and-switch technique, 250
- banking. *See also* finances, online
 - account and routing numbers, 249
 - online, 265–267
- banner ads, 82–83
- BBB (Better Business Bureau), 56, 60, 251, 296, 325

- Bcc: (Blind Carbon Copy)
 - line, 40, 103, 118
- bills, paying online, 265
- BizRate, 251
- Block All Incoming
 - Connections option,
Mac, 312
- blog handle, 350
- blogging
 - defined, 17, 19, 347
 - malware, 174
 - meeting online contacts,
176
 - overview, 163–165
 - privacy, 174–176, 224
 - protecting children,
222–225
 - quizzes and surveys,
176–178
 - reporting abuse,
178–179
 - safety, 166–170
- Bluetooth, 329
- bookmarking, 66, 74, 146
- bots, 347
- browser
 - bookmarks feature, 66,
74, 146
 - choosing, 64–65
 - content filtering, 243
 - defined, 347, 355
 - favorites feature, 43, 66,
74–76
 - history feature, 31, 66,
76–78, 322
 - home page, 72–73
 - navigation process, 65,
68–71
 - personalization, 67
 - security and safety
settings, 64, 66, 87–88
 - setting up, 65
 - speed of, 65
 - tabs, 71–72
 - tools, 65, 67
- buddies, 159–160, 347
- buddy search, 347
- C**
- camera phone, 128
- CAN-SPAM (Controlling
the Assault of Non-
Solicited Pornography
and Marketing) Act,
115–116, 335–336
- capitalization, 79
- car information, 17, 142
- carelessness, 11
- casinos, online, 205–207
- cell phone
 - gaming, 202–203
 - protecting children,
227–231
 - safety, 328–330
- chain e-mail, 39–41
- challenge response
feature, 94–95
- Change Settings link
Windows Defender, 316
Windows Update, 305,
310
- Charles Schwab
company, 263
- chat, 151–153, 196
- chat room, 151, 348
- Check Availability
button, Windows Live
Hotmail, 93
- Check for Updated
Definitions before
Scanning check box,
Windows Defender,
317
- Check for Updates But Let
Me Choose Whether
to Download and
Install Them option,
Windows Update, 306
- Check for Updates setting,
Windows Update, 307
- Check This Computer's
Security Status setting,
Windows Firewall, 310
- ChemoCoach, 281
- children, protecting
 - blogging, 222–225
 - content filtering, 243
 - criminal grooming,
241–242
 - cyberbullying, 234–239
 - e-mail, 216–217
 - gaming, 232–234
 - instant messages,
217–219
 - mobile phones,
227–229
 - overview, 211
 - parental controls, 243
 - protecting self, 244
 - quizzes and surveys,
225–226
 - responsibility for,
343–344
 - safety checklist, 213–216
 - at school, 231–232
 - sexual abuse, 242–243,
332
 - sexual predators,
239–241
 - social networking sites,
219–221
 - texting, 227–229
 - use of Internet, 212–213
- classified sites, 255–259

- Close button, browser
tab, 72
- clubs, information
exposure via, 20, 127,
139, 144
- collection agencies,
333–334
- .com crash, 24
- communication, online
e-mail
accounts, creating,
92–97
aliases, 44–46, 97–100
attachments, 37, 91,
103–107
Bcc: line, 118
considering content, 92
dating online, 189
defined, 348
downloading photos
and videos, 117–118
forwarding, 40,
107–109
hiding name in,
44–45, 99–101
links in, 37, 91,
116–117
meeting online
contacts, 92
overview, 89–90
phishing, 119–121, 264
protecting children,
216–217
replying to, 109–110
reporting
inappropriate
material, 92
restricting, 90–91
scams, 37
sending, 101–103
signature, 90, 349
spam, 110–113,
115–116
verification programs,
114–115
- instant messages
defined, 137, 350
protecting children,
217–219
safety, 158–162
sending and receiving,
155–158
spam, 160
- community file-sharing
program, 86
- Connecticut Council on
Problem Gambling,
206
- console games, 200–201
- consumer protection
standards, 12
- Consumer Reports, 286
- Contact Us link, 146
- Content Advisor, Internet
Explorer, 323–325
- content filtering, 243,
321, 348
- contests, 37, 58–60
- Continue Shopping link,
254
- Controlling the Assault of
Non-Solicited
Pornography and
Marketing (CAN-
SPAM) Act, 115–116,
335–336
- cookie, 28, 66, 320, 322,
348
- copyright infringement,
123, 132–133, 209
- coupons, 254
- credit card, 250, 275
- credit disclosure, 272
- credit freeze, 274–275
- credit history, 275–276
- credit monitoring service,
273
- credit reports, online,
268, 272–274
- credit status, 17, 142–143
- criminal grooming,
189–191, 241–242,
350
- Custom Scan option,
Windows Defender,
314–316
- customer support, 43
- cyber stalking, 235
- cyberbullying, 190,
234–239, 267
- cybercriminal, 116, 348
- cybersex, 348
- D •
- DailyStrength, 280
- data resell and retention
policies, 79
- dating online
criminal grooming,
189–191
emotional exposure,
187–189
overview, 181–183
safety, 183–185
selecting service,
186–187
- DatingForSeniors.com,
186
- Default button, Internet
Explorer, 88
- default settings, 54–56
- Defender, 302, 304,
313–318
- demographics, 29–31

Department of Health and Human Services, 270
Department of Justice, 178
digital camera, 128
directories, online, 44, 99, 140–141
Disable button, Internet Explorer, 323
discussion board, 149–151, 348
Download button, 86
Download Updates But Let Me Choose Whether to Install Them option, Windows Update, 306
downloading
defined, 348
photos and videos, 117–118
safely, 86–87
theft and plagiarism via, 85–86
down-pointing arrow, 70
drugs, buying online, 36, 284–286, 292–297

● **E** ●

E*TRADE, 263
eBay, 260
Edit Your Account Profile link, Windows Live Mail, 44–45
e-mail
accounts, creating, 92–97
aliases, 44–46, 97–100
attachments, 37, 91, 103–107
Bcc: line, 118
considering content, 92
dating online, 189

defined, 348
downloading photos and videos, 117–118
forwarding, 40, 107–109
hiding name in, 44–45, 99–101
links in, 37, 91, 116–117
meeting online contacts, 92
overview, 89–90
phishing, 119–121, 264
protecting children, 216–217
replying to, 109–110
reporting inappropriate material, 92
restricting, 90–91
scams, 37
sending, 101–103
signature, 90, 349
spam, 110–113, 115–116
verification programs, 114–115
emoticon, 156, 349
employer/employee information, 20, 51, 138
encryption, 302, 326, 328
entertainment, online
gambling, 205–207
gaming
chats and messages, 196
console games, 200–201
defined, 350
handheld devices, 202
massively multiplayer online games, 203–205
mobile phone, 202–203
overview, 193–195
profiles, 196
protecting children, 232–234

rating, 196
reporting abuse, 197–198
reputable sites and software, 196
selecting sites, 198–200
Terms and Conditions, 196
music, 207–209
videos, 207–209
Entertainment Software Rating Board (ESRB), 196
Eons, 13, 170–173
Epinions, 251
Equifax, 272
ESRB (Entertainment Software Rating Board), 196
e-stores
overview, 27, 247–250
payment services, 259–260
purchasing, 253–255
selecting sites, 250–253
ethnic identifiers, 98
Exceptions button, Firefox, 322
.exe extension, 107
executable file, 107
Experian, 272

● **F** ●

Facebook, 33
family members. *See also*
grandchildren,
protecting
information exposure
via, 139
names of, 141–142

- Favorites Center button, Internet Explorer, 74–76
- favorites feature, browser, 43, 66, 74–76
- FDA (Food and Drug Administration), 284–285
- Federal Trade Commission (FTC)
 - advice from, 284–285, 288–290, 333
 - CAN-SPAM Act, 116, 336
 - credit card purchases, 249
 - identity theft complaints by age, 271
 - Identity Theft Resource Center, 268, 276, 334
- File Download dialog box, 86, 106
- file extension, 107
- file sharing, 85–86, 105, 349
- File Upload dialog box, Windows Live Hotmail, 104
- filtering
 - content, 243, 321, 348
 - e-mail, 90
 - mobile phone, 329
- Filters and Reporting link, Windows Live Hotmail, 112
- finances, online
 - banking, 265–267
 - credit reports, 268, 272–274
 - freezing credit, 274–275
 - health records, 270–271
 - identity theft
 - protecting against, 267–268, 275–277
 - risk of, 271–272
 - investing, 263–265
 - overview, 23–25
- Find dialog box, Internet Explorer, 81
- fingerprint identification, 186
- Firefox browser, 64–65, 145, 322–323
- firewall
 - defined, 302, 304, 349
 - Mac, 312–313
 - Windows Firewall, 309–311
- Food and Drug Administration (FDA), 284–285
- Forget My Password option, 92
- for-pay items, 349
- Forward button
 - Internet Explorer, 70
 - Windows Live Hotmail, 107
- forwarding e-mail, 107–109
- fraud alert, 275
- Fraud and Scams link, Snopes.com, 40
- freezing credit, 274–275
- friends, information
 - exposure via, 139
- Friends of friends privacy setting, 174
- Friends only privacy setting, 174
- FTC (Federal Trade Commission)
 - advice from, 284–285, 288–290, 333
 - CAN-SPAM Act, 116, 336
 - credit card purchases, 249
 - identity theft complaints by age, 271
 - Identity Theft Resource Center, 268, 276, 334
 - Full Scan option, Windows Defender, 314
- **G** •
- gambling online, 205–207
- game console, 200, 349
- gamer tag, 349, 354
- gaming
 - chats and messages, 196
 - console games, 200–201
 - defined, 350
 - handheld devices, 202
 - massively multiplayer online games, 203–205
 - mobile phone, 202–203
 - overview, 193–195
 - profiles, 196
 - protecting children, 232–234
 - rating, 196
 - reporting abuse, 197–198
 - reputable sites and software, 196
 - selecting sites, 198–200
 - Terms and Conditions, 196
 - genealogy sites, 17
- GIF (graphics interchange format), 135
- Global Positioning System (GPS), 156, 227, 329

- Global System for Mobile communications (GSM), 350
- Go to Inbox link, Windows Live Hotmail, 95–96
- Google, 145
- government
 - download theft, 85
 - financial insurance programs, 264
 - information exposure via, 16, 138–139
 - privacy, 342–344
 - responsibilities of, 344–345
- government-issued photo identification card, 333
- GPS (Global Positioning System), 156, 227, 329
- grandchildren, protecting
 - blogging, 222–225
 - content filtering, 243
 - criminal grooming, 241–242
 - cyberbullying, 234–239
 - e-mail, 216–217
 - gaming, 232–234
 - instant messages, 217–219
 - mobile phones, 227–229
 - overview, 211
 - parental controls, 243
 - protecting self, 244
 - quizzes and surveys, 225–226
 - responsibility for, 343–344
 - safety checklist, 213–216
 - at school, 231–232
 - sexual abuse, 242–243, 332
 - sexual predators, 239–241
 - social networking sites, 219–221
 - texting, 227–229
 - use of Internet, 212–213
- graphics interchange format (GIF), 135
- grooming, criminal, 189–191, 241–242, 350
- GSM (Global System for Mobile communications), 350
- **H** ●
 - handheld game devices, 202
 - handle, 350
 - harassment, 161–162, 228, 235, 330
 - Health Insurance Portability and Accountability Act (HIPAA), 287
 - Health on the Net Foundation (HON), 282–283
 - health quiz, 35
 - healthcare
 - connecting with others about, 280–282
 - drugs, buying online, 36, 284–286, 292–297
 - fraud, 288–290, 292–297
 - medical advice, 282–284
 - medical identity theft, 269, 286–288
 - online records, 270–271
 - overview, 279
 - prescriptions, 284–286
 - surveys, 290–292
 - HIPAA (Health Insurance Portability and Accountability Act), 287
 - History button
 - Internet Explorer, 76
 - Windows Defender, 315
 - History dialog box, Windows Defender, 316
 - history feature, browser, 31, 66, 76–78, 322
 - Home icon, Internet Explorer, 73
 - home page, 65, 72–73
 - HON (Health on the Net Foundation), 282–283
 - hosting, Web, 355
 - Hotmail
 - attachments, 103–107
 - creating accounts, 92–97
 - forwarding e-mail, 107–109
 - hiding name in e-mail, 44–45, 99–100
 - replying to e-mail, 109–110
 - sending e-mail, 100–103
 - spam filters, 111–113
 - Hotmail Options page, Windows Live Hotmail, 112–113
 - hotspot, 327
 - https: prefix, 252, 319
 - Hulu, 207–208

• 1 •

- I Don't Want to Join
 - Microsoft Spynet At This Time radio button, Windows Defender, 316
- identifying information.
 - See also* identity theft
 - blogging, 170
 - classified sites, 256
 - dating online, 184
 - e-mail aliases, 97
 - overview, 53
 - passwords, 47
 - photo sharing, 128
- identity theft (ID theft)
 - complaints by age, 271
 - defined, 350
 - medical, 269, 280, 286–288
 - protecting against, 267–268, 275–277
 - reporting, 276
 - risk of, 271–272
 - victims' rights, 333–335
- Identity Theft Resource Center, 268, 276, 334
- Identity Theft Risk Assessment Quiz, 272
- IE (Internet Explorer), 320–321. *See also* browser
- image-altering software, 125
- images
 - downloading, 117–118
 - overview, 123
 - posting, 124–133
 - profile, 184
 - saving in different formats, 134–136
 - sharing, 53, 128
 - Web cams, 133–134
- IMs. *See* instant messages
- Inbox link, Windows Live Hotmail, 101–102
- information
 - accumulation of, 18–20
 - chat, 151–153
 - discussion boards, 149–151
 - exposure of, 11–12, 16–17, 27–29, 51–52, 138–141, 148–149
 - financial, 250
 - finding yourself online, 145–147
 - health-related, 287
 - identifiable, 97
 - from images, 124
 - instant messages, 155–162
 - location, 98
 - medical conditions, 280
 - overview, 137–138
 - permanence of, 20–21
 - privacy, 18, 34–37
 - required, 94, 170
 - respecting, 147–148
 - risks of abuse, 17
 - search engines, 31–32
 - selling, 30–32
 - sexual or physical, 98
 - sharing, 19–20, 32–33, 52–53
 - social journaling sites, 153–155
 - types of, 25–26, 52–53, 141–143
 - used against you, 26–27
 - why wanted by others, 143–145
- Install Updates
 - Automatically option, Windows Update, 306
- instant messages (IMs)
 - defined, 137, 350
 - protecting children, 217–219
 - safety, 158–162
 - sending and receiving, 155–158
 - spam, 160
- insurance policy number, 287
- interactive gaming
 - chats and messages, 196
 - console games, 200–201
 - defined, 350
 - handheld devices, 202
 - massively multiplayer online games, 203–205
 - mobile phone, 202–203
 - overview, 193–195
 - profiles, 196
 - protecting children, 232–234
 - rating, 196
 - reporting abuse, 197–198
 - reputable sites and software, 196
 - selecting sites, 198–200
 - Terms and Conditions, 196
- Internet, defined, 350
- Internet Crime Complaint Center, 259
- Internet Explorer (IE), 320–321. *See also* browser

Internet Options dialog
box, Internet Explorer,
72, 321

Internet Options link, 318

Internet Safety Education
for Teens factsheet,
241

Internet service provider
(ISP), 92, 238, 323

intranet, 20

investing online,
263–265

IP address, 27–28

iPod, 257

ISP (Internet service
provider), 92, 238,
323

• J •

Joint Photographic
Experts Group (JPEG)
format, 135

junk e-mail, 110–112, 353

• K •

keystroke logging, 351

• L •

laughing out loud (LOL),
157

law enforcement,
344–345

Limit Incoming
Connections to
Specific Services and
Applications option,
Mac, 312–313

links, 37, 41–43, 91,
116–117

Live Hotmail
attachments, 103–107
creating accounts, 92–97
forwarding e-mail,
107–109
hiding name in e-mail,
44–45, 99–100
replying to e-mail,
109–110
sending e-mail, 100–103
spam filters, 111–113

Live Messenger, 156–157,
160–162

location application, 351

location information, 16,
98

lock symbol, 252

LOL (laughing out loud),
157

• M •

Mac firewall, 312–313

malware
blogging, 174
defined, 351
e-mail, 107
identifying, 36, 56
mobile phones, 203
social networks, 174
types of, 303

Manage Your Account
section, Windows Live
Hotmail, 99

mapping service, 16, 129

marital status, 184

massively multiplayer
online games
(MMOGs), 203–205

Match Case option,
Internet Explorer, 81

Match Whole Word Only
option, Internet
Explorer, 81

Mayo Clinic, 283

McAfee anti-virus
software, 304

McAfee SiteAdvisor, 67–68,
83–84, 145, 199

medical advice, 282–284

medical identity theft,
269, 286–288

medical quiz, 291–292

medical records, 270

medical survey, 35

meeting online contacts,
92, 176, 185

Microsoft Internet
Explorer (IE),
320–321. *See also*
browser

Microsoft Service
Agreement and
Privacy Statement, 95

Microsoft SpyNet, 315

Microsoft Windows
Defender, 302, 304,
313–318

Microsoft Windows
Firewall, 309–311

Microsoft Windows Live
Hotmail
attachments, 103–107
creating accounts,
92–97
forwarding e-mail,
107–109
hiding name in e-mail,
44–45, 99–100
replying to e-mail,
109–110
sending e-mail, 100–103
spam filters, 111–113

- Microsoft Windows Live
 Messenger, 156–157,
 160–162
- Microsoft Windows
 operating system, 69
- Microsoft Windows
 Photo Gallery, 129
- Microsoft Windows
 Security Center,
 310–311
- Microsoft Windows
 Update, 305–309
- Microsoft Windows Vista
 taskbar, 69
- Microsoft Xbox, 200, 232
- minors, protecting
 blogging, 222–225
 content filtering, 243
 criminal grooming,
 241–242
 cyberbullying, 234–239
 e-mail, 216–217
 gaming, 232–234
 instant messages,
 217–219
 mobile phones,
 227–229
 overview, 211
 parental controls, 243
 protecting self, 244
 quizzes and surveys,
 225–226
 responsibility for,
 343–344
 safety checklist, 213–216
 at school, 231–232
 sexual abuse, 242–243,
 332
 sexual predators, 239–241
 social networking sites,
 219–221
 texting, 227–229
 use of Internet, 212–213
- MMOGs (massively
 multiplayer online
 games), 203–205
- MMS (Multimedia
 Messaging Services),
 351
- mobile computing, 351
- mobile phone
 children, 227–231
 gaming, 202–203
 safety, 328–330
- moblog, 128
- mood disorder, 281
- MOV (QuickTime movie)
 format, 136
- Moving Picture Experts
 Group (MPEG)
 format, 135
- Mozilla Firefox browser,
 64–65, 145, 322–323
- MSN Zones, 198
- Multimedia Messaging
 Services (MMS), 351
- music, accessing online,
 207–209
- MySpace, 13, 344
- **N** •
- names
 of family members,
 141–142
 hiding in e-mail, 44–45,
 99–101
- National Arthritis
 Foundation, 296
- National Association of
 Boards of Pharmacy,
 284
- National Center for
 Missing and Exploited
 Children, 242
- National Fraud Informa-
 tion Center, The, 251
- navigating safely. *See also*
 browser
 ads, 82–84
 downloading, 85–87
 overview, 63–64
 privacy policy, 68
 searching, 78–82
 Web site rating services,
 67
- Netflix, 207
- Network and Internet link,
 Windows Vista, 326
- Network and Sharing
 Center link, Windows
 Vista, 326
- Never Check for Updates
 option, Windows
 Update, 306–307
- New Folder button,
 Internet Explorer, 75
- New Tab button, Internet
 Explorer, 71–72
- newspapers, information
 exposure via, 139
- nickname, 354
- Nintendo Wii, 200
- no-risk money-back
 guarantee, 290
- Notice of Privacy
 Practices, 270
- **O** •
- operating system, 2, 69,
 303, 328
- Opinion Research
 Corporation, 279
- Options dialog box
 Firefox browser, 322
 Windows Defender, 316

- Options page, Windows
 - Live Hotmail, 99
- Or Choose A Security Question for Password Reset link, Windows Live Hotmail, 94
- organizations, information exposure via, 20, 139
- Organize Favorites dialog box, Internet Explorer, 75
- **p** ●
- paper clip icon, 105
- parental controls, 243, 352
- password
 - Content Advisor, 325
 - hints, 50–51, 94
 - strong, 48–49
 - using wisely, 46–47
 - weak, 47–48
 - wireless router, 326
- patches, 302
- PatientsLikeMe, 281
- PayDirect, 259
- payment service, 249, 259–260
- PayPal, 249, 259
- PC Tools Spyware Doctor, 304
- PDA (personal digital assistant), 257, 352
- peer-to-peer, 352
- PerfectMatch.com, 186
- permission settings, 174–175
- persona, 352
- personal digital assistant (PDA), 257, 352
- Personal Health Record (PHR), 270
- PharmacyChecker, 286
- phishing
 - defined, 8, 89, 352
 - identifying, 119–121
 - overview, 14–15, 264–265
- phone number, 17, 53, 141
- Photo Gallery, 129
- photo-editing tool, 129
- photos
 - downloading, 117–118
 - overview, 123
 - posting, 124–133
 - profile, 184
 - saving in different formats, 134–136
 - sharing, 53, 128
 - Web cams, 133–134
- PHR (Personal Health Record), 270
- Picture box, Windows Live Hotmail, 94–95
- piggybacking, 216
- Pin the Favorites Center button, Internet Explorer, 74
- plagiarism, 85–86, 132, 209
- plus sign (+), 79
- Pop-Up Blocker, 70–71
- pornography, 126, 130, 162, 242
- posting images
 - copyright infringement, 132–133
 - defined, 352
 - overview, 123
- photos, 128–130
- risks of, 124–128
- saving in different formats, 134–136
- videos, 130–132
- Web cams, 133–134
- predator
 - blame, 332
 - defined, 352
 - sexual, 239–241
- pre-paid phone accounts, 229–231
- prescriptions, online, 284–286, 295–296
- privacy
 - dating online, 188
 - holding government accountable, 342–344
 - protecting, 36–37
- privacy policy, 57–58, 67–68, 338–339
- privacy settings
 - blogs, 174–176
 - Firefox browser, 322–323
 - Internet Explorer, 320–321
 - social networks, 174–176
- Privacy tab, Internet Explorer, 87–88, 320–321
- privacy tax, 140, 276
- Private privacy setting, 175–176
- profile, 27, 54, 184, 196
- Profile Details dialog box, Windows Live Hotmail, 99
- promotional codes, 254
- property records, 276

- proprietary payment service, 259
- public access, 189
- public computer safety, 92
- Public privacy setting, 174
- **Q** •
- Quick Scan option, Windows Defender, 313
- Quicken, 266
- QuickTime movie (MOV) format, 136
- quiz, 34–36, 176–178, 225–226, 291
- **R** •
- Rape, Abuse, and Incest National Network (RAINN), 178
- ratings
- game, 196
 - Web site, 56, 67
- Ratings tab, Content Advisor, 324
- real time interactions, 152
- RealVideo format, 136
- reboots, 306
- Recommended Updates
- check box, Windows Update, 306
- recreation, online
- gambling, 205–207
 - gaming
 - chats and messages, 196
 - console games, 200–201
 - defined, 350
 - handheld devices, 202
 - massively multiplayer online games, 203–205
 - mobile phone, 202–203
 - overview, 193–195
 - profiles, 196
 - protecting children, 232–234
 - rating, 196
 - reporting abuse, 197–198
 - reputable sites and software, 196
 - selecting sites, 198–200
 - Terms and Conditions, 196
 - music, 207–209
 - videos, 207–209
- Refresh button, Internet Explorer, 70
- Remember My Password option, 92
- remote access, 352
- Remove button, Windows Live Hotmail, 108
- Reply All button, Windows Live Hotmail, 109
- Reply button, Windows Live Hotmail, 109
- replying to e-mail, 109–110
- Report Abuse function, 162
- reporting
- abusive behavior, 178–179, 197–198, 339
 - cyberbullying, 238, 330
 - harassment, 228, 330
 - identity theft, 276
 - junk e-mail, 112
 - offensive, inappropriate, and illegal material, 92, 132
 - protecting children, 216, 233–234
 - sexual abuse, 242–243
 - theft of cell phone, 329–330
- reporting agencies, 334–335
- Require Server Verification (https:) for All Sites in This Zone check box, Trusted Sites dialog box, 319
- resolution, photo, 129
- restricted access, 189
- Restricted Sites feature, 318–320
- resumes, 19, 143
- rights
- blame, 332
 - demanding more from online companies, 340–342
 - holding government accountable, 342–344
 - identity theft victims, 333–335
 - Internet bill of rights, 336–339
 - law enforcement and government agencies, 344–345
 - overview, 331
 - spam, 335–336
- risk aversion threshold, 336
- risk landscape
- accumulation of information, 18–20

- risk landscape (*continued*)
 - anonymity, online, 12–14
 - carelessness, 11
 - consumer protection standards, 12
 - criminal acts, 12
 - exposure of
 - information, 11–12, 16–17
 - overview, 7–8
 - permanence of online information, 21
 - privacy, 18
 - skills, lack of, 9
 - trust, 9
- risk tolerance threshold, 336
- Rxaminer, 286
- **S** •
- Safari browser, 64
- safety messaging, 12
- safety policy, 338–339
- Save As dialog box
 - Internet Explorer, 86
 - Windows Live Hotmail, 106
- saving photos and videos, 134–136
- scam, defined, 353
- Scan dialog box, Windows Defender, 314
- school, 231–232
- search engine, 31–32, 78, 353
- search terms, 79, 84
- Search text box, Internet Explorer, 78
- Search This Site feature, 81
- searching
 - Internet, 78–80
 - within Web pages, 80–82
- Securities and Exchange Commission (SEC), 264
- security and safety
 - settings, 66, 87–88, 243, 352
- Security Center, Windows, 310–311
- Security dialog box
 - Mac, 313
 - Windows, 318
- Security tab, 318
- Select Drives and Folders
 - option, Windows Defender, 314
- Select Scan Options
 - dialog box, Windows Defender, 314
- Send button, Windows Live Hotmail, 108
- sending
 - e-mail, 101–103
 - instant messages, 155–158
- senior social networking site, 170, 177
- Set Up a Connection or Network link, Windows Vista, 326
- Set Up a Wireless Router or Access Point link, Windows Vista, 326
- Settings button, Internet Explorer, 323
- Settings slider, Internet Explorer, 87
- sexual abuse, 242–243, 332
- sexual predators, 239–241
- shipping methods, 250, 290
- shopping cart, 253–254
- shopping online
 - auctions, 260–262
 - classified sites, 255–259
 - overview, 27, 247–250
 - payment services, 259–260
 - purchasing, 253–255
 - selecting sites, 250–253
- Short Message Service (SMS), 353
- Show Cookies button, Firefox browser, 322
- Sign Up link, Windows Live Hotmail, 93
- signature, e-mail, 90, 349
- SIM card (Subscriber Identity Module), 353
- single player game, 202
- SiteAdvisor, 67–68, 83–84, 145, 199
- skills, lack of, 9
- smart phone, 327, 353
- SMS (Short Message Service), 353
- Snopes.com, 40, 119
- SoberCircle, 280
- social journaling sites, 137, 153–155
- social networking
 - defined, 353
 - information exposure via, 20, 147–148
 - malware, 174, 224
 - meeting online contacts, 176

- overview, 12–13, 163–166
 - privacy settings, 174–176
 - profile settings, 54–55
 - protecting children, 219–221, 228
 - quizzes and surveys, 176–178
 - reporting abuse, 178–179
 - safety, 153
 - signing up for, 170–173
 - social security number, 17
 - spam
 - defined, 28, 89, 353
 - filtering, 90, 111–113
 - identifying, 56
 - managing, 110–111
 - reporting, 115–116
 - social networks and
 - blogging, 174
 - targeted, 36
 - Spam Arrest, 114–115
 - spim, 160, 353
 - splog, 174, 353
 - sponsored ad links, 83
 - sponsored site, 199
 - spyware, 301, 303–304, 313, 353
 - Spyware Doctor, 304
 - Stop button, Internet Explorer, 70
 - storage media, 87
 - strong password, 46, 48–49, 145, 267
 - student information, 52
 - Subscriber Identity Module (SIM card), 353
 - Sudoku, 202
 - Supervisor Can Type a Password to Allow Viewers to View Restricted Content check box, Internet Explorer, 325
 - surfing, 63, 353
 - surveys, 34–37, 176–178, 225–226, 290–292
 - sweepstakes, 58–60
 - Symantec, 304
 - System Preferences window, Mac, 312
- T •**
- tabbed browsing, 71–72
 - tagged image file format (TIFF), 135
 - target audience, 8
 - technology, safety
 - Content Advisor, 323–325
 - firewalls, 302, 304, 309–313, 349
 - mobile phones, 328–330
 - overview, 301–302
 - privacy settings, 320–323
 - security programs, 302–305
 - Trusted and Restricted Sites feature, 318–320
 - Windows Defender, 302, 304, 313–318
 - Windows Update, 305–309
 - wireless network security, 326–328
 - Terms and Conditions, 32–34, 196
 - Tetris, 202
 - text messaging, 155, 217, 227–229, 354
 - text size, 69
 - This Zone check box, Trusted Sites feature, 319
 - thread, 151
 - thumbnail, 67
 - TIFF (tagged image file format), 135
 - Tracfone, 330
 - TransUnion, 272
 - Trend Micro, 304
 - trust, 9, 36
 - Trusted Sites feature, 318–320
 - TruthOrFiction.com, 40
 - Twitter, 155
- U •**
- Uniform Resource Locator (URL), defined, 354
 - unique identifier, 27–28
 - Update, Windows, 305
 - uploading, defined, 354
 - URAC, 282
 - Urban Legends, 116
 - URL (Uniform Resource Locator), defined, 354
 - Use Blank preset option button, Internet Explorer, 73
 - Use Current preset option button, Internet Explorer, 72
 - Use Default preset option button, Internet Explorer, 73

Use Microsoft Update
check box, 307

Use Windows Defender
check box, 317

user account, 244

User Accounts and
Family Safety settings,
Windows Vista, 244,
310

username, 196, 313, 354

• U •

vehicle identification
number (VIN), 17

verification programs,
114–115

Verified Internet Pharmacy
Practice Sites (VIPPS)
program, 284

victims, 237–238,
332–335

videocam, 354

videos
accessing online,
207–209

downloading, 117–118

overview, 123

posting, 124–128,
130–133

saving in different
formats, 134–136

View and Edit Your
Personal Information
link, Windows Live
Hotmail, 44, 99

View Available Updates
link, Windows
Update, 307

VIN (vehicle
identification
number), 17

VIPPS (Verified Internet
Pharmacy Practice
Sites) program, 284

virus, 301, 303, 354

Vista taskbar, 69

Voice over Internet
Protocol (VoIP), 354

volunteer information,
11, 16, 20, 139, 154

• W •

weak password, 47–48

Web (World Wide Web),
defined, 355

Web browser
bookmarks feature, 66,
74, 146

choosing, 64–65

content filtering, 243

defined, 347, 355

favorites feature, 43, 66,
74–76

history feature, 31, 66,
76–78, 322

home page, 72–73

navigation process, 65,
68–71

personalization, 67

security and safety
settings, 64, 66,
87–88

setting up, 65

speed of, 65

tabs, 71–72

tools, 65, 67

Web cam, 133–134, 161,
354

Web gaming
chats and messages, 196

console games, 200–201

defined, 350

handheld devices, 202

massively multiplayer
online games,
203–205

mobile phone, 202–203

overview, 193–195

profiles, 196

protecting children,
232–234

rating, 196

reporting abuse,
197–198

reputable sites and
software, 196

selecting sites, 198–200

Terms and Conditions,
196

Web hosting, 355

Web logs
defined, 17, 19, 347

malware, 174

meeting online contacts,
176

overview, 163–165

privacy, 174–176, 224

protecting children,
222–225

quizzes and surveys,
176–178

reporting abuse,
178–179

safety, 166–170

Web site rating services,
56, 67

Web sites
addictions, 280

Amazon, 81

Apple, 328

author's, 111, 119, 194,
224, 241

Bebo, 33

- CCPG, 206
 ChemoCoach, 281
 Consumer Reports, 286
 credit reports, 272
 defined, 355
 Department of Health and Human Services, 270
 Department of Justice, 178
 directories, 140, 146
 discussion board, 150
 Eons, 170
 ESRB, 194
 e-store reviews, 251
 Facebook, 33
 FDA, 296
 FTC, 116, 276, 334, 336
 Google, 145
 Hulu, 207
 Identity Theft Resource Center, 268
 instant messaging, 156
 Internet Crime Complaint Center, 259
 Internet Safety Education for Teens factsheet, 241
 Mayo Clinic, 283
 medical scams, 296
 National Association of Boards of Pharmacy, 284
 National Center for Missing and Exploited Children, 242
 online dating, 186
 PatientsLikeMe, 281
 PharmacyChecker, 286
 RAINN, 178
 Rxaminer, 286
 SEC, 264
 Snopes, 40, 111, 116, 119
 Spam Arrest, 114
 Tracfone, 330
 Truth or Fiction, 116
 Urban Legends, 116
 WebMD, 280
 Wi-FiRV, 327
 Windows Live, 93, 101
 World Privacy Forum, 269
 Webkinz, 219
 WebMD, 280
 White Pages, 140, 146
 Wi-FiRV, 327
 Wii, 200
 Wiki, 164, 355
 Wikipedia, 164
 Windows Defender, 302, 304, 313–318
 Windows Firewall, 309–311
 Windows Live Hotmail attachments, 103–107
 creating accounts, 92–97
 forwarding e-mail, 107–109
 hiding name in e-mail, 44–45, 99–100
 replying to e-mail, 109–110
 sending e-mail, 100–103
 spam filters, 111–113
 Windows Live ID box, Windows Live Hotmail, 93
 Windows Live Messenger, 156–157, 160–162
 Windows operating system, 69
 Windows Photo Gallery, 129
 Windows Security Center, 310–311
 Windows Update, 305–309
 Windows Vista taskbar, 69
 wink, 349
 Wireless Network Properties dialog box, Windows Vista, 326
 wireless network security, 326–328
 work descriptor, 98
 work history, 17, 142–143
 World Privacy Forum, 269
 World Wide Web (Web), defined, 355
- X •
 Xbox, 200, 232
- Y •
 Yahoo! Games, 198
 Yahoo! Messenger, 156
 Yahoo! payment services, 259
 YouTube, 130