

Contents

List of Maps

vii

What's New in Utah

1

1 The Best of Utah

- | | |
|---|---|
| 1 The Best Utah Travel Experiences3 | 8 The Best Downhill Skiing9 |
| 2 The Best Views6 | 9 The Best Places to Discover
American Indian Culture9 |
| 3 The Best Family-Vacation
Experiences6 | 10 The Best Luxury Hotels10 |
| 4 The Best Hiking Trails7 | 11 The Best Bed & Breakfasts10 |
| 5 The Best Mountain Biking7 | 12 The Best Lodges11 |
| 6 The Best Destinations for Fishing
& Watersports8 | 13 The Best Restaurants12 |
| 7 The Best Wildlife Watching8 | 14 The Best of the Performing Arts12 |

2 Planning Your Trip to Utah

- | | |
|--|---|
| 1 The Regions in Brief13 | <i>Frommers.com: The Complete
Travel Resource</i>36 |
| 2 Visitor Information & Maps17 | 12 Staying Connected36 |
| <i>Destination Utah: Pre-Departure
Checklist</i>17 | <i>Online Traveler's Toolbox</i>37 |
| 3 Entry Requirements18 | <i>Ask Before You Go</i>38 |
| 4 When to Go19 | 13 Packages for the Independent
Traveler39 |
| <i>Utah Calendar of Events</i>20 | 14 Escorted General-Interest Tours39 |
| 5 Getting There22 | 15 Getting Around Utah40 |
| 6 Money & Costs26 | 16 Tips on Accommodations42 |
| 7 Travel Insurance27 | 17 Tips on Dining44 |
| 8 Health29 | <i>Tips for Digital Travel Photography</i> . . .45 |
| 9 Safety30 | 18 Recommended Books & Films45 |
| 10 Specialized Travel Resources31 | <i>Fast Facts: Utah</i>46 |
| 11 Sustainable Tourism/Ecotourism35 | |
| <i>It's Easy Being Green</i>35 | |

3	The Active Vacation Planner	53
1	Preparing for Your Active Vacation . . .53	
2	Adventure Travel54	
3	Visiting Utah's National Parks55 <i>Passes Offer Free Admission on Most Federal Lands</i>55	
4	Outdoor Activities A to Z56 <i>Life on the Open Road: Planning an RV or Tenting Vacation</i>58	
4	Suggested Utah Itineraries	62
1	Utah in 1 Week62	
2	Utah in 2 Weeks64	
3	Utah for Families66	
4	Utah's National Parks68	
5	Salt Lake City	71
1	Orientation71 <i>Neighborhoods in Brief</i>72	
2	Getting Around73 <i>Fast Facts: Salt Lake City</i>74	
3	Where to Stay75	
4	Where to Dine80	
5	Exploring Temple Square84	
6	More to See & Do In and Around Salt Lake City86	
7	Outdoor Pursuits & Spectator Sports96	
8	Shopping97	
9	Salt Lake City After Dark98	
10	The Great Salt Lake & Antelope Island State Park100	
6	The Northern Wasatch Front: Utah's Old West	103
1	Ogden: Utah's West at Its Wildest103 <i>Walking Tour: Historic Downtown Ogden—A Walk through the History of the American West</i>108	
2	Where East Met West: Golden Spike National Historic Site120	
3	Skiing Ogden Valley & the Northern Wasatch Front122	
4	Logan126	
7	The Southern Wasatch Front: World-Class Skiing & More	132
1	The Cottonwood Canyon Resorts: Brighton, Solitude, Alta & Snowbird132	
2	Park City: Utah's Premier Resort Town139	
	<i>Ski Them All, in Just One Day</i>144	
3	Side Trips from Park City: Heber Valley Historic Railroad, Strawberry Reservoir & Some Great State Parks155	

- 4 Sundance Resort161
*So You Wanna Be in Pictures:
 The Sundance Institute*162
- 5 Provo & Environs165
- 6 Timpanogos Cave National
 Monument173

8 Dinosauers & Natural Wonders in Utah's Northeast Corner 176

- 1 Vernal: Gateway to the Region's
 Top Recreational Areas176
- 2 Dinosaur National Monument181
- 3 Flaming Gorge National
 Recreation Area185

9 Utah's Dixie & the Colorful Southwest Corner 191

- 1 Getting Outdoors in Utah's Color
 Country191
- 2 St. George: Gateway to Southern
 Utah's Natural Wonders192
- 3 Cedar Breaks National Monument
 & Brian Head Resort204
- Renaissance Delights on the
 Colorado Plateau: The Utah
 Shakespearean Festival*207
- 4 Kanab: Movies, Sand Dunes &
 Gateway to the Grand Canyon211

10 Zion National Park 216

- How Nature Painted Zion's
 Landscape*217
- 1 Just the Facts217
- 2 Seeing the Highlights222
- 3 Exploring Zion by Shuttle or Car ...222
- 4 Outdoor Pursuits223
- 5 Camping226
- 6 Where to Stay227
- 7 Where to Dine229
- 8 What to See & Do in Nearby
 Springdale231

11 Bryce Canyon National Park 232

- 1 Just the Facts232
- 2 Seeing the Highlights236
- 3 Exploring Bryce Canyon by Car ...237
- 4 Outdoor Pursuits238
- 5 Camping240
- 6 Where to Stay241
- 7 Where to Dine244
- 8 What to See & Do Just Outside
 Bryce Canyon245
- 9 Kodachrome Basin: A Picture-
 Perfect State Park246
- 10 Grand Staircase—Escalante National
 Monument & the Highway
 12 Scenic Drive247
- Rock or Wood—What Is
 This Stuff?*252

12 Capitol Reef National Park 258

- 1 Just the Facts260
- 2 Seeing the Highlights by Car261
Butch Cassidy: Utah’s Most Infamous Son262
- 3 From Petroglyphs to a Pioneer Schoolhouse: Capitol Reef’s Historic Sites263
- 4 Outdoor Pursuits263
- 5 Camping266
- 6 Where to Stay267
- 7 Where to Dine269

13 Lake Powell & Glen Canyon National Recreation Area 270

- 1 Just the Facts270
- 2 Exploring Lake Powell by Boat273
- 3 What to See & Do275
- 4 Outdoor Pursuits276
- 5 Camping277
- 6 Where to Stay & Dine278

14 From Moab to Arches & Canyonlands National Parks 279

- 1 Moab: Gateway to the National Parks279
- 2 Arches National Park293
- 3 Canyonlands National Park299
- 4 North & West of the Parks307

15 The Four Corners Area 310

- 1 A Base Camp in Bluff310
- 2 Monument Valley Navajo Tribal Park313
- 3 Natural Bridges National Monument316
- 4 Hovenweep National Monument318
- 5 Four Corners Monument319
- 6 East to Colorado and an Additional Archaeological Site319

Appendix: Utah in Depth 322

- 1 History 101322
- 2 Utah Today324
- 3 A Brief Look at Modern Mormonism—or Yes, You Can Get a Drink in Utah325

Index 328

List of Maps

Utah	4	Where to Stay & Dine in Downtown Provo	167
Regions of Utah	14	The Northeast Corner	177
Utah Driving Distances & Times	41	The Southwest Corner	193
Utah in 1 Week	63	St. George & Environs	195
Utah in 2 Weeks	65	Zion National Park	218
Utah for Families	67	Bryce Canyon National Park	233
Utah's National Parks	69	Grand Staircase–Escalante National Monument	249
Salt Lake City Neighborhoods	73	Capitol Reef National Park	259
Where to Stay & Dine in Downtown Salt Lake City	77	Glen Canyon National Recreation Area	271
What to See & Do in Downtown Salt Lake City	89	Southeast Utah	281
Greater Salt Lake Valley	90	Arches National Park	295
Where to Stay & Dine in Downtown Ogden	105	Canyonlands National Park	301
The Park City Area	141		